

Apex Sports Chiltern League Division One 2009/2010 Round 3

Held at Slough (Upton Court Park) on 05 December 2009

Senior/Junior/Veteran Men

1	J. McDONNELL (LUTON).....	27.43	M20	1	58	D. MAISEY (AYLESBURY).....	32.35	M	29	114	I. LICIETIS (MILTON K).....	37.28	M50	16
2	D. DALMEDO (BEDFORD & C).....	27.55	M	1	59	C. THOMPSON (OXFORD).....	32.37	M40	15	115	K. SAUNDERS (WINDSOR).....	37.34	M50	17
3	N. WHITE (WINDSOR).....	28.14	M20	2	60	C. PRINCE (HEADINGTON).....	32.38	M40	16	116	T. BARNES (SILSON).....	37.37	M50	18
4	M. FUDALEJ (MILTON K).....	28.26	M	2	61	R. JAMES (MILTON K).....	32.49	M	30	117	P. KEAN (LUTON).....	37.40	M40	38
5	T. COMERFORD (MILTON K).....	28.42	M	3	62	S. LOWE (BRACKNELL).....	32.52	M	31	118	G. HEAD (TRING).....	37.42	M40	39
6	T. BEEDELL (CHILTERN H.).....	29.00	M	4	63	M. ADCOCK (WATFORD).....	32.54	M40	17	119	T. KEECH (SILSON).....	37.44	M50	19
7	J. COOPER (HARROW).....	29.06	M	5	64	R. FRANCIS (HARROW).....	32.55	M40	18	120	K. SMITH (MILTON K).....	37.47	M60	2
8	C. MAY (AYLESBURY).....	29.18	M	6	65	R. THETFORD (HEADINGTON).....	33.03	M40	19	121	M. BIGLIN (HEADINGTON).....	37.50	M40	40
9	A. TURNBULL (BEDFORD & C).....	29.21	M40	1	66	M. CRANWELL (HARROW).....	33.05	M	32	122	P. ILLING (WATFORD).....	37.50	M40	41
10	E. O'GORMAN (CHILTERN H.).....	29.24	M	7	67	I. LAMB (MILTON K).....	33.14	M40	20	123	P. OWENS (CHILTERN H.).....	38.00	M50	20
11	I. MAY (WINDSOR).....	29.25	M	8	68	S. BRADLEY (MILTON K).....	33.19	M	33	124	N. WASHINGTON (MILTON K).....	38.05	M	47
12	F. DOWNS (CHILTERN H.).....	29.31	M	9	69	D. VANNEN (WATFORD).....	33.22	M	34	125	M. LEE (BRACKNELL).....	38.13	M50	21
13	C. LAMBERT (MILTON K).....	29.34	M20	3	70	A. WASDELL (MILTON K).....	33.24	M	35	126	D. BREINGAN (CHILTERN H.).....	38.18	M40	42
14	J. ASHTON (BRACKNELL).....	29.37	M	10	71	M. WILKINS (WATFORD).....	33.32	M	36	127	G. ADDISON (LUTON).....	38.19	M50	22
15	P. ERWOOD (MILTON K).....	29.39	M	11	72	C. MAHON (MILTON K).....	33.38	M40	21	128	J. SMITH (TRING).....	38.20	M	48
16	S. TUTTLE (BEDFORD & C).....	29.41	M	12	73	S. THORP (OXFORD).....	33.40	M50	3	129	D. FINDELL-HAWKINS (MK).....	38.35	M50	23
17	J. CRITCHLOW (HARROW).....	29.44	M40	2	74	L. HURMAN (HEADINGTON).....	33.44	M50	4	130	B. THOMPSON (BEDFORD & C).....	38.36	M60	3
18	R. LARSEN (BRACKNELL).....	29.48	M	13		R. BRADLEY (OXFORD) N/S.....	33.45	M40		131	T. RUBERY (TRING).....	38.41	M50	24
19	A. WRAY (HARROW).....	29.50	M	14	75	M. BURGESS (TRING).....	33.52	M40	22	132	J. MILLER (MILTON K).....	38.46	M60	4
20	T. CORBETT (BEDFORD & C).....	29.53	M20	4	76	A. GRIBBEN (HARROW).....	33.53	M20	14	133	J. FOSTER (HEADINGTON).....	38.47	M	49
21	E. WINTER (MILTON K).....	30.02	M20	5	77	B. FULLER (WINDSOR).....	33.54	M40	23	134	P. JACOB (LUTON).....	38.55	M40	43
22	R. GLASONBURY (WINDSOR).....	30.09	M20	6	78	S. PERKIN (CHILTERN H.).....	33.55	M40	24	135	J. STARKEY (BRACKNELL).....	39.08	M40	44
23	C. RILEY (BEDFORD & C).....	30.10	M	15	79	J. HAYNES (SILSON).....	33.56	M50	5	136	C. JEFFS (TRING).....	39.08	M	50
24	C. HEARN (MILTON K).....	30.14	M	16	80	J. FAWCETT (CHILTERN H.).....	33.58	M	37	137	P. ASHBY (WINDSOR).....	39.09	M40	45
25	M. CURSONS (HARROW).....	30.18	M40	3	81	A. KIRK (SILSON).....	34.14	M	38	138	W. WESSELY (WINDSOR).....	39.13	M60	5
26	P. BOND (MILTON K).....	30.24	M	17	82	R. GRANT (OXFORD).....	34.23	M50	6	139	G. MAYOH (WATFORD).....	39.17	M40	46
27	C. FINILL (HARROW).....	30.32	M50	1	83	R. TREADWELL (OXFORD).....	34.26	M60	1	140	T. DOWN (MILTON K).....	39.20	M50	25
28	N. LINGLEY (WINDSOR).....	30.34	M20	7	84	S. BARNETT (TRING).....	34.30	M	39	141	S. FIELD (CHILTERN H.).....	39.24	M50	26
29	S. EARLEY (BEDFORD & C).....	30.35	M40	4	85	A. BOAST (BEDFORD & C).....	34.32	M50	7	142	A. MCCORMACK (CHILTERN H.).....	39.28	M40	47
30	P. BENEDICTER JNR (LUTON).....	30.41	M20	8	86	D. BRUMBY (MILTON K).....	34.39	M	40	143	J. BEEDLE (CHILTERN H.).....	39.35	M40	48
31	J. ROBERTSON (OXFORD).....	30.44	M	18	87	H. EDWARDS-EVANS (AY).....	34.39	M40	25	144	C. FALLAIZE (AYLESBURY).....	39.49	M50	27
32	G. HARRIS (HEADINGTON).....	30.47	M	19	88	G. O'CALLAGHAN (TRING).....	34.40	M	41	145	C. HAMLET (WATFORD).....	40.46	M60	6
33	J. RICHARDSON (OXFORD).....	31.02	M40	5	89	D. COATES (SILSON).....	34.49	M50	8	146	P. DANCER (BEDFORD & C).....	41.01	M50	28
34	M. SUMMERFIELD (AYLESBURY).....	31.04	M40	6	90	M. TURNEY (CHILTERN H.).....	34.49	M40	26	147	J. RALPH (CHILTERN H.).....	41.01	M50	29
35	J. MOSS (WINDSOR).....	31.10	M20	9	91	M. LEPPS (HARROW).....	34.54	M50	9	148	J. VAN WEERT (CHILTERN H.).....	41.04	M	51
36	J. SMITH (HEADINGTON).....	31.13	M	20	92	T. MCINTYRE (HARROW).....	34.57	M50	10	149	B. KEERS (SILSON).....	41.12	M40	49
37	A. ROLT (AYLESBURY).....	31.19	M40	7	93	T. BIRKETT (WATFORD).....	34.58	M40	27	150	S. LOW (HARROW).....	41.23	M	52
38	A. BLAIR (BEDFORD & C).....	31.32	M40	8	94	A. DARBYSHIRE (HEADINGTON).....	35.05	M40	28	151	J. WORTH (HEADINGTON).....	41.34	M40	50
39	S. LONG (TRING).....	31.36	M40	9	95	D. MEANEY (DACORUM).....	35.13	M50	11	152	B. DANIELS (MILTON K).....	41.39	M60	7
40	L. TURTON (WINDSOR).....	31.38	M20	10	96	D. WALKER (WATFORD).....	35.28	M40	29	153	C. BALDWIN (MILTON K).....	41.52	M50	30
41	S. DEATHE (MILTON K).....	31.43	M20	11	97	P. NORTON (MILTON K).....	35.30	M40	30	154	S. HUDSON (CHILTERN H.).....	42.06	M40	51
42	K. NANTON (CHILTERN H.).....	31.46	M	21	98	A. DELNEVO (DACORUM).....	35.34	M40	31	155	R. MCPHERSON (MILTON K).....	42.10	M50	31
43	S. STILL (LUTON).....	31.54	M40	10	99	R. WEBSTER (OXFORD).....	35.36	M40	32	156	S. DANIEL (WATFORD).....	42.21	M40	52
44	M. JUDSON (HARROW).....	32.02	M	22	100	I. THOMPSON (AYLESBURY).....	35.37	M40	33		B. COULSON (WINDSOR) N/S.....	43.07	M50	
45	J. PHILP (WINDSOR).....	32.04	M20	12	101	P. FEIST (MILTON K).....	35.39	M40	34	157	T. BROWN (CHILTERN H.).....	43.23	M60	8
46	R. LANGLEY (TRING).....	32.07	M	23	102	M. HILL (WINDSOR).....	35.45	M50	12	158	J. COOPER (DACORUM).....	43.37	M60	9
47	M. RICHARDS (AYLESBURY).....	32.07	M	24	103	A. ROBERTS (AYLESBURY).....	35.50	M40	35	159	P. GRIMSDALE (OXFORD).....	44.28	M50	32
48	S. GARDNER (WINDSOR).....	32.07	M	25	104	T. RICHARDSON (CHIL).....	36.08	M50	13	160	R. WINTER (MILTON K).....	44.38	M60	10
49	A. PACEY (SILSON).....	32.08	M40	11	105	S. PURCHON (HEADINGTON).....	36.15	M40	36	161	P. BROOKS (LUTON).....	44.50	M40	53
50	C. SMART (WINDSOR).....	32.10	M20	13	106	M. BURLING (MILTON K).....	36.15	M50	14	162	T. GIBSON (BRACKNELL).....	46.07	M	53
51	S. WOODWARD (SILSON).....	32.14	M	26	107	Z. MCDONOUGH (WATFORD).....	36.15	M	42	163	A. LOCK (SILSON).....	46.36	M60	11
52	J. DARCY (SILSON).....	32.15	M40	12	108	J. MANNING (TRING).....	36.32	M50	15	164	J. LAWRENCE (MILTON K).....	48.47	M50	33
53	A. GLEESON (OXFORD).....	32.26	M40	13	109	L. LURTON (MILTON K).....	36.39	M40	37	165	M. CARTWRIGHT (CHIL).....	49.13	M60	12
54	R. HUDSON (LUTON).....	32.27	M40	14	110	D. TAYLOR (SILSON).....	36.44	M	43	166	D. IVES (DACORUM).....	50.07	M60	13
55	K. HARDING (TRING).....	32.28	M50	2	111	N. GOSLING (MILTON K).....	36.56	M	44	167	R. ABRAHAM (CHILTERN H.).....	50.37	M50	34
56	N. HARRIS (WATFORD).....	32.29	M	27	112	P. ROGERS (WATFORD).....	37.00	M	45	168	S. SOHAL (WINDSOR).....	51.19	M50	35
57	R. THRE FALL (MILTON K).....	32.31	M	28	113	T. WILLIAMS (WATFORD).....	37.11	M	46	169	J. MCKELLAR (MILTON K).....	53.20	M60	14

TEAM RESULT non scorers excluded

1	MARSHALL MILTON KEYNES	1433	4	5	13	15	21	24	26	41	57	61
2	WINDSOR SE&H	1341	3	11	22	28	35	40	45	48	50	77
3	HARROW A.C.	1264	7	17	19	25	27	44	64	66	76	91
4	BEDFORD & COUNTY	1202	2	9	16	20	23	29	38	85	130	146
5	CHILTERN HARRIERS	1029	6	10	12	42	78	80	90	104	123	126
6	VALE OF AYLESBURY	912	8	34	37	47	58	87	100	103	144	
7	OXFORD CITY	858	31	33	53	59	73	82	83	99	159	
8	HEADINGTON R.R.	829	32	36	60	65	74	94	105	121	133	151
9	TRING RUNNING CLUB	828	39	46	55	75	84	88	108	118	128	131
10	SILSON JOGGERS	805	49	51	52	79	81	89	110	116	119	149
11	WATFORD	798	56	63	69	71	93	96	107	112	113	122
12	LUTON A.C.	693	1	30	43	54	117	127	134	161		
13	BRACKNELL	504	14	18	62	125	135	162				
14	DACORUM & TRING	163	95	98	158	166						

Veteran Mens Race

1	HARROW A.C.	547	17	25	27	64
2	BEDFORD & COUNTY	519	9	29	38	85
3	OXFORD CITY	462	33	53	59	73
4	VALE OF AYLESBURY	422	34	37	87	100
5	SILSON JOGGERS	411	49	52	79	89
6	TRING RUNNING CLUB	403	39	55	75	108
7	HEADINGTON R.R.	387	60	65	74	94
8	MARSHALL MILTON KEYNES	343	67	72	97	101
9	LUTON A.C.	339	43	54	117	127
10	WATFORD	306	63	93	96	122
11	CHILTERN HARRIERS	285	78	90	104	123
12	WINDSOR SE&H	249	77	102	115	137
13	DACORUM & TRING	163	95	98	158	166
14	BRACKNELL	80	125	135		

Junior Men

1	WINDSOR SE&H	457	3	22	28
2	MARSHALL MILTON KEYNES	435	13	21	41
3	LUTON A.C.	309	1	30	
4	BEDFORD & COUNTY	150	20		
5	HARROW A.C.	94	76		

DIVISION RESULT

1	MARSHALL MILTON KEYNES	4768	1511	1824	1433
2	HARROW A.C.	4598	1579	1755	1264
3	BEDFORD & COUNTY	3882	1118	1562	1202
4	VALE OF AYLESBURY	3580	1218	1450	912
5	CHILTERN HARRIERS	3464	1182	1253	1029
6	HEADINGTON R.R.	3366	1166	1371	829
7	LUTON A.C.	3341	827	1821	693
8	WINDSOR SE&H	3327	1076	910	1341
9	OXFORD CITY	3232	1237	1137	858
10	SILSON JOGGERS	3139	1027	1307	805
11	TRING RUNNING CLUB	3015	874	1313	828
12	WATFORD	2942	1052	1092	798
13	BRACKNELL	2708	1169	1035	504
14	DACORUM & TRING	1082	265	654	163

DIVISION RESULT

1	HARROW A.C.	1730	500	683	547
2	VALE OF AYLESBURY	1623	569	632	422
3	OXFORD CITY	1616	572	582	462
4	TRING RUNNING CLUB	1514	507	604	403
5	HEADINGTON R.R.	1492	525	580	387
6	BEDFORD & COUNTY	1364	196	649	519
7	SILSON JOGGERS	1314	399	504	411
8	M				

Under 17 Men

1 M. WHITE (BRACKNELL).....18.48 M17 1	12 J. BENNINGTON (WINDSOR).....20.25 M17 12	24 W. FLETCHER (CHILTERN H.).....21.10 M17 24
2 T. ATKINS (AYLESBURY).....18.59 M17 2	13 M. MALCOLM (MILTON K).....20.29 M17 13	25 J. DRY (WINDSOR).....21.12 M17 25
3 M. BERGIN (BEDFORD & C).....19.22 M17 3	14 A. HOLLIMAN (HARROW).....20.32 M17 14	26 D. KITLEY (MILTON K).....21.18 M17 26
4 N. DITTON (WINDSOR).....19.30 M17 4	15 S. STILL (LUTON).....20.32 M17 15	27 N. COCKLE (WINDSOR).....21.40 M17 27
5 T. MEAD (LUTON).....19.38 M17 5	16 P. STEWART (BEDFORD & C).....20.36 M17 16	28 C. VINE (WINDSOR).....21.42 M17 28
6 A. GOODALL (WINDSOR).....19.43 M17 6	17 Z. CURRAN (WINDSOR).....20.38 M17 17	29 B. HALL (CHILTERN H.).....21.43 M17 29
7 E. WOOLMER (WINDSOR).....19.45 M17 7	18 O. GLYN (DACORUM).....20.39 M17 18	30 S. STREETER (WINDSOR).....21.44 M17 30
K. AL-ABAIY (WINDSOR) N/S.....19.46 M17 7	19 D. LOACH (CHILTERN H.).....20.48 M17 19	31 T. REILLY (LUTON).....21.57 M17 31
8 W. GURTON (AYLESBURY).....19.47 M17 8	20 M. NICHOLSON (BEDFORD & C).....20.50 M17 20	32 A. BROWN (HARROW).....21.59 M17 32
9 R. BURLING (MILTON K).....20.00 M17 9	21 S. BENNET (BEDFORD & C).....20.56 M17 21	33 G. BROWN (WINDSOR).....22.13 M17 33
10 L. ANGELL (BEDFORD & C).....20.17 M17 10	22 J. TIDD (WINDSOR).....20.58 M17 22	34 C. THORNLEY (BEDFORD & C).....22.45 M17 34
11 H. ROBERTSON (OXFORD).....20.19 M17 11	23 G. BURKITT (BEDFORD & C).....21.06 M17 23	35 J. HOLLAND (BEDFORD & C).....23.55 M17 35

TEAM RESULT non scorers excluded

1 WINDSOR SE&H	115	4	6	7	12
2 BEDFORD & COUNTY	95	3	10	16	20
3 VALE OF AYLESBURY	62	2	8		
4 MARSHALL MILTON KEYNES	60	9	13	26	
5 LUTON A.C.	57	5	15	31	
6 CHILTERN HARRIERS	36	19	24	29	
7 BRACKNELL	35	1			
8 HARROW A.C.	26	14	32		
9 OXFORD CITY	25	11			
10 DACORUM & TRING	18	18			

DIVISION RESULT

1 BEDFORD & COUNTY	407	156	156	95
2 WINDSOR SE&H	400	149	136	115
3 VALE OF AYLESBURY	314	119	133	62
4 BRACKNELL	253	83	135	35
5 LUTON A.C.	199	95	47	57
6 MARSHALL MILTON KEYNES	190	63	67	60
7 OXFORD CITY	146	54	67	25
8 HARROW A.C.	125	40	59	26
9 CHILTERN HARRIERS	124	61	27	36
10 DACORUM & TRING	62		44	18

Under 15 Boys

1 R. HARVE (WINDSOR).....12.48 M15 1	17 R. MALIK (HARROW).....13.49 M15 17	33 R. LEWIS (LUTON).....14.51 M15 33
2 B. ALCOCK (BEDFORD & C).....12.53 M15 2	18 J. TACK (OXFORD).....13.50 M15 18	34 J. DAVIES (CHILTERN H.).....14.54 M15 34
3 S. REDDING (MILTON K).....13.00 M15 3	19 B. WHITNEY (CHILTERN H.).....13.54 M15 19	35 A. JOHNSON (CHILTERN H.).....15.02 M15 35
4 M. SEDDON (BRACKNELL).....13.12 M15 4	20 G. WARD (LUTON).....13.56 M15 20	36 L. BARTHOLMEW (BRACKNELL).....15.02 M15 36
5 R. ISAACSON (BEDFORD & C).....13.14 M15 5	21 L. HAWKINS (HARROW).....14.00 M15 21	37 R. FULLER (BEDFORD & C).....15.07 M15 37
6 A. WIMBLETON (BRACKNELL).....13.18 M15 6	22 L. MCDONALD (CHILTERN H.).....14.02 M15 22	38 J. BENEDICTER (BED).....15.08 M15 38
7 M. GODDARD (CHILTERN H.).....13.20 M15 7	23 A. BEVAN (DACORUM).....14.12 M15 23	39 D. HENSON (BEDFORD & C).....15.09 M15 39
8 K. WYE (WINDSOR).....13.21 M15 8	24 S. COX (MILTON K).....14.18 M15 24	40 C. WRIGHT (HARROW).....15.24 M15 40
9 D. MCGUIGAN (HARROW).....13.29 M15 9	25 J. SAUNDERS (BEDFORD & C).....14.20 M15 25	41 G. SMITH (HARROW).....15.37 M15 41
10 B. CHURCHMAN (BEDFORD & C).....13.31 M15 10	26 J. DUTTON (CHILTERN H.).....14.22 M15 26	42 K. MISTRY (HARROW).....15.57 M15 42
11 G. GILLINGWATER (CHIL).....13.33 M15 11	27 T. COX (MILTON K).....14.23 M15 27	43 J. FRANCIS (HARROW).....16.04 M15 43
12 P. TAYLOR (AYLESBURY).....13.34 M15 12	28 O. HURCUM (HARROW).....14.32 M15 28	44 J. COLLIER (HARROW).....16.12 M15 44
13 J. DOUGLAS (BEDFORD & C).....13.42 M15 13	29 G. BAYNHAM (WINDSOR).....14.33 M15 29	45 S. HEAD (DACORUM).....16.36 M15 45
14 B. BRADLEY (WINDSOR).....13.44 M15 14	30 J. LAMMING (BRACKNELL).....14.35 M15 30	46 C. FENTON (MILTON K).....17.18 M15 46
15 J. WATSON (WINDSOR).....13.46 M15 15	31 M. BRAY (BEDFORD & C).....14.43 M15 31	47 K. SUGAWARA (HARROW).....17.24 M15 47
16 S. HALSTEAD (BRACKNELL).....13.48 M15 16	32 J. KNIGHT (MILTON K).....14.45 M15 32	48 R. TURNLEY (WATFORD).....18.38 M15 48

TEAM RESULT

1 BEDFORD & COUNTY	166	2	5	10	13
2 WINDSOR SE&H	158	1	8	14	15
3 BRACKNELL	140	4	6	16	30
4 CHILTERN HARRIERS	137	7	11	19	22
5 HARROW A.C.	121	9	17	21	28
6 MARSHALL MILTON KEYNES	110	3	24	27	32
7 LUTON A.C.	45	20	33		
8 VALE OF AYLESBURY	37	12			
9 OXFORD CITY	31	18			
10 DACORUM & TRING	30	23	45		
11 WATFORD	1	48			

DIVISION RESULT

1 BEDFORD & COUNTY	545	173	206	166
2 WINDSOR SE&H	514	174	182	158
3 CHILTERN HARRIERS	499	172	190	137
4 BRACKNELL	437	152	145	140
5 MARSHALL MILTON KEYNES	370	109	151	110
6 HARROW A.C.	355	105	129	121
7 DACORUM & TRING	236	75	131	30
8 OXFORD CITY	200	73	96	31
9 VALE OF AYLESBURY	138	4	97	37
10 LUTON A.C.	118	31	42	45
11 WATFORD	3		2	1

Under 13 Boys

1 T. VERBENA (WATFORD).....9.47 M13 1	18 H. MORTON (MILTON K).....10.42 M13 18	35 C. ROBINSON (DACORUM).....11.16 M13 35
2 H. O'BRYEN (WATFORD).....9.49 M13 2	19 K. HAMMOND (HARROW).....10.48 M13 19	36 H. LANDER (LUTON).....11.19 M13 36
3 G. COCKLE (WINDSOR).....9.54 M13 3	20 G. ROBINSON (WINDSOR).....10.49 M13 20	37 A. OWENS (CHILTERN H.).....11.32 M13 37
4 B. HUGHES (CHILTERN H.).....10.02 M13 4	21 C. REID-JONES (CHIL).....10.50 M13 21	38 T. BIRCHENOUGH (CHIL).....11.39 M13 38
5 G. POPPLEWELL (WINDSOR).....10.06 M13 5	22 T. HERDMAN-SMITH (MK).....10.52 M13 22	39 J. DAVIES (WATFORD).....11.43 M13 39
6 T. COE (WINDSOR).....10.08 M13 6	23 L. GLYN (DACORUM).....10.53 M13 23	40 E. LUCK (AYLESBURY).....11.47 M13 40
7 L. CLARKE (MILTON K).....10.08 M13 7	24 J. GAMMELL (HARROW).....10.54 M13 24	41 R. ANGELL (BEDFORD & C).....11.51 M13 41
8 G. GATHERCOLE (WINDSOR).....10.08 M13 8	25 J. HILL (HARROW).....10.57 M13 25	42 J. SHEPHERD (SILSON).....11.54 M13 42
9 K. MCQUE (BEDFORD & C).....10.14 M13 9	26 W. COOPER (BRACKNELL).....10.58 M13 26	43 H. BARNES (SILSON).....11.57 M13 43
10 S. BUTCHER (CHILTERN H.).....10.16 M13 10	27 J. WILLIAMSON (DACORUM).....10.59 M13 27	44 D. STEVENS (DACORUM).....12.01 M13 44
11 J. CUMINS (WINDSOR).....10.20 M13 11	28 O. HURCUM (HARROW).....10.59 M13 28	45 J. ROWLANDS (HARROW).....12.04 M13 45
12 K. LINDARS (AYLESBURY).....10.23 M13 12	29 C. KEANE (WATFORD).....11.04 M13 29	46 M. HARDING (HARROW).....12.05 M13 46
13 B. HORGAN (BRACKNELL).....10.28 M13 13	30 A. HEPBURN (BEDFORD & C).....11.05 M13 30	47 V. PRATLEY (SILSON).....12.07 M13 47
14 M. SIMPSON (DACORUM).....10.31 M13 14	31 J. TREANOR (CHILTERN H.).....11.08 M13 31	48 T. SUGAWARA (HARROW).....12.31 M13 48
15 C. NEAL (CHILTERN H.).....10.33 M13 15	32 T. JONES (CHILTERN H.).....11.11 M13 32	49 W. ROBERTS (WINDSOR).....12.36 M13 49
16 J. WAGERLEIGH (DACORUM).....10.36 M13 16	33 E. MARSH (WATFORD).....11.12 M13 33	50 K. SETHI (HARROW).....12.45 M13 50
17 L. HARRIS (BRACKNELL).....10.41 M13 17	34 T. HOLLAND (BEDFORD & C).....11.13 M13 34	51 R. NEEDLEMAN (DACORUM).....13.10 M13 51

TEAM RESULT

1 WINDSOR SE&H	186	3	5	6	8
2 CHILTERN HARRIERS	158	4	10	15	21
3 WATFORD	143	1	2	29	33
4 DACORUM & TRING	128	14	16	23	27
5 HARROW A.C.	112	19	24	25	28
6 MARSHALL MILTON KEYNES	109	7	18	22	
7 BRACKNELL	100	13	17	26	
8 BEDFORD & COUNTY	94	9	30	34	41
9 VALE OF AYLESBURY	52	12	40		
10 SILSON JOGGERS	24	42	43	47	
11 LUTON A.C.	16	36			

DIVISION RESULT

1 CHILTERN HARRIERS	483	156	169	158
2 WINDSOR SE&H	472	124	162	186
3 WATFORD	379	105	131	143
4 BEDFORD & COUNTY	330	100	136	94
5 DACORUM & TRING	310	71	111	128
6 MARSHALL MILTON KEYNES	307	77	121	109
7 BRACKNELL	301	60	141	100
8 HARROW A.C.	291	100	79	112
9 VALE OF AYLESBURY	102	3	47	52
10 OXFORD CITY	66	33	33	
11 LUTON A.C.	38	10	12	16
12 SILSON JOGGERS	37	7	6	24

Senior/Veteran Ladies

1 R. NEWSTEAD (BEDFORD & C).....20.36 F 1	22 L. CRIPPS (MILTON K).....24.30 F 17	44 R. RUTT (TRING).....27.26 F45 10
2 N. SYKES (BEDFORD & C).....20.56 F 2	23 S. GREEN (AYLESBURY).....24.37 F 18	45 K. BARNETT (TRING).....27.42 F 27
3 L. BROMLOW (MILTON K).....21.33 F 3	24 A. HARDING (TRING).....25.00 F45 3	46 H. FALLAIZE (AYLESBURY).....27.56 F45 11
4 H. BARNES (HEADINGTON).....21.45 F 4	25 E. ROBERTS (DACORUM).....25.01 F 19	47 L. SAMMONS (OXFORD).....28.07 F 28
5 C. SCOTT (MILTON K).....21.48 F 5	26 J. DALZELL (MILTON K).....25.03 F35 4	48 C. HILL (SILSON).....28.21 F 29
6 T. TAYLOR (MILTON K).....21.59 F 6	27 C. MCMAHON (LUTON).....25.06 F 20	49 N. ECONOMU (WATFORD).....28.28 F35 8
7 J. CRAFT (HEADINGTON).....22.14 F35 1	28 S. WRIGHT (MILTON K).....25.08 F 21	50 M. BIGNELL (SILSON).....28.30 F45 12
8 S. GIBBENS (MILTON K).....22.25 F 7	29 H. COOKE (SILSON).....25.11 F 22	51 N. KING (SILSON).....28.30 F 30
9 M. STEDMAN (WINDSOR).....22.35 F45 1	30 C. HOLDEN (CHILTERN H.).....25.22 F35 5	52 S. MAISEY (AYLESBURY).....28.39 F35 9
10 S. THOMAS (CHILTERN H.).....22.37 F 8	31 J. GRAY (CHILTERN H.).....25.40 F 23	53 M. MOUTRIE (SILSON).....28.41 F45 13
11 C. BASSILL (LUTON).....22.42 F 9	32 B. RALPH (CHILTERN H.).....25.46 F55 1	54 J. MITCHELL (TRING).....28.59 F35 10
12 J. AUSTIN (AYLESBURY).....22.50 F45 2	33 D. BALDWIN (MILTON K).....25.46 F45 4	55 J. TURNLEY (WATFORD).....28.59 F35 11
13 S. DELDERFIELD (AYLESBURY).....23.20 F 10	34 D. SHARP (OXFORD).....25.58 F45 5	56 P. HING (WINDSOR).....29.12 F 31
14 F. BURGE (HEADINGTON).....23.20 F 11	35 A. PUTKO (WATFORD).....26.18 F 24	57 R. LINGLEY (WINDSOR).....29.31 F45 14
15 J. BENHAM (MILTON K).....23.28 F 12	36 N. HENRY (DACORUM).....26.35 F35 6	58 C. CRAWLEY (DACORUM).....29.35 F45 15
16 H. FRIZZELL (BEDFORD & C).....23.32 F35 2	37 A. HALFORD (WATFORD).....26.45 F 25	59 F. CALDER (CHILTERN H.).....29.50 F 32
17 Y. EDWARDS (WINDSOR).....23.37 F 13	38 J. MADRY (AYLESBURY).....27.03 F35 7	60 L. MERCHANT (DACORUM).....29.56 F 33
18 A. MCGUIGAN (HARROW).....23.46 F 14	39 D. HINDMARCH (MILTON K).....27.04 F45 6	61 C. MOORE (CHILTERN H.).....30.00 F45 16
19 J. ORR (CHILTERN H.).....23.57 F35 3	40 J. CARD (AYLESBURY).....27.06 F 26	62 J. STRACHAN (DACORUM).....30.17 F35 12
20 C. HARRIS (HEADINGTON).....24.06 F 15	41 K. LOACH (CHILTERN H.).....27.10 F45 7	63 B. KING (CHILTERN H.).....30.59 F55 2
21 R. CAVE (BEDFORD & C).....24.20 F 16	42 I. KELLY (HEADINGTON).....27.24 F45 8	64 M. GLASSON (AYLESBURY).....31.26 F35 13
	43 J. PORTEOUS (TRING).....27.26 F45 9	65 S. SMEE (SILSON).....31.37 F45 17

66 D. TANK (CHILTERN H.).....31.45 F35 14	68 T. GADSBY (AYLESBURY).....36.43 F45 19
67 M. RUSSELL (HEADINGTON).....34.41 F45 18	69 P. CARD (AYLESBURY).....37.03 F55 3

TEAM RESULT					DIVISION RESULT					
1 MARSHALL MILTON KEYNES	258	3	5	6	8	1 BEDFORD & COUNTY	903	329	334	240
2 BEDFORD & COUNTY	240	1	2	16	21	2 MARSHALL MILTON KEYNES	883	312	313	258
3 HEADINGTON R.R.	235	4	7	14	20	3 HEADINGTON R.R.	770	294	241	235
4 VALE OF AYLESBURY	194	12	13	23	38	4 CHILTERN HARRIERS	704	258	256	190
5 CHILTERN HARRIERS	190	10	19	30	31	5 VALE OF AYLESBURY	686	228	264	194
6 WINDSOR SE&H	141	9	17	56	57	6 WINDSOR SE&H	532	143	248	141
7 TRING RUNNING CLUB	124	24	43	44	45	7 DACORUM & TRING	448	176	171	101
8 WATFORD	104	35	37	49	55	8 SILSON JOGGERS	431	183	146	102
9 LUTON A.C.	102	11	27			9 TRING RUNNING CLUB	380	107	149	124
10 SILSON JOGGERS	102	29	48	50	51	10 WATFORD	374	81	189	104
11 DACORUM & TRING	101	25	36	58	60	11 OXFORD CITY	369	180	130	59
12 OXFORD CITY	59	34	47			12 LUTON A.C.	347	54	191	102
13 HARROW A.C.	52	18				13 HARROW A.C.	210	90	68	52
						14 BRACKNELL	126	59	67	

Veteran Ladies Race					DIVISION RESULT					
1 CHILTERN HARRIERS	158	19	30	32	41	1 CHILTERN HARRIERS	614	228	228	158
2 VALE OF AYLESBURY	132	12	38	46	52	2 VALE OF AYLESBURY	485	186	167	132
3 TRING RUNNING CLUB	115	24	43	44	54	3 TRING RUNNING CLUB	360	107	138	115
4 MARSHALL MILTON KEYNES	112	26	33	39		4 MARSHALL MILTON KEYNES	318	83	123	112
5 HEADINGTON R.R.	94	7	42	67		5 DACORUM & TRING	310	124	132	54
6 WINDSOR SE&H	74	9	57			6 SILSON JOGGERS	283	146	95	42
7 BEDFORD & COUNTY	54	16				7 OXFORD CITY	283	152	95	36
8 DACORUM & TRING	54	36	58	62		8 HEADINGTON R.R.	267	173		94
9 SILSON JOGGERS	42	50	53	65		9 WINDSOR SE&H	244	94	76	74
10 WATFORD	36	49	55			10 BEDFORD & COUNTY	144	77	13	54
11 OXFORD CITY	36	34				11 WATFORD	98		62	36
						12 HARROW A.C.	19	19		

Junior/U17 Ladies					DIVISION RESULT				
1 E. WALLBANK (BEDFORD & C).....17.05 F17 1	13 E. RELTON (BEDFORD & C).....19.16 F17 9	22 R. GOYDER-SMITH (MILTON K)....20.30 F17 18							
2 M. HAWTIN (OXFORD).....17.18 F17 2	12 B. MYERS (WINDSOR).....19.35 F20 3	23 A. SPITZER (WINDSOR).....20.53 F17 19							
3 L. LATTIMORE (HARROW).....17.30 F20 1	13 N. WICKINGS (WATFORD).....19.42 F17 10	24 L. RAYMENT (BRACKNELL).....20.57 F17 20							
4 B. SWORDS (MILTON K).....17.40 F17 3	14 A. MADRY (AYLESBURY).....19.45 F17 11	25 H. WILLIAMS (BEDFORD & C).....21.28 F17 21							
5 M. REYNOLDS (WINDSOR).....17.56 F20 2	15 E. BOAST (BEDFORD & C).....19.50 F17 12	26 T. FOLEY (BRACKNELL).....22.07 F17 22							
6 M. WOOD (MILTON K).....18.01 F17 4	16 L. BROWN (DACORUM).....20.00 F17 13	27 J. WILKINSON (WINDSOR).....22.28 F20 5							
7 E. ROCHE (MILTON K).....18.23 F17 5	17 J. SWEENEY (MILTON K).....20.02 F17 14	28 C. MAYES (WINDSOR).....22.54 F17 23							
8 M. HAYNES (WINDSOR).....18.29 F17 6	18 D. SEDDON (BRACKNELL).....20.07 F17 15	29 Z. FRANKLAND (MILTON K).....23.15 F17 24							
9 A. BURGIN (BEDFORD & C).....18.41 F17 7	19 R. MCCLAY (BRACKNELL).....20.15 F17 16	30 E. WILKINSON (WINDSOR).....23.21 F17 25							
10 E. ROW (BRACKNELL).....18.53 F17 8	20 L. BARROW (WINDSOR).....20.16 F17 17	31 B. HARDING (DACORUM).....24.09 F17 26							
	21 E. BLACKWELL (BEDFORD & C).....20.18 F20 4								

TEAM RESULT					DIVISION RESULT				
1 MARSHALL MILTON KEYNES	79	4	6	7	1 MARSHALL MILTON KEYNES	262	85	98	79
2 BEDFORD & COUNTY	75	1	9	11	2 BEDFORD & COUNTY	235	84	76	75
3 WINDSOR SE&H	71	5	8	12	3 WINDSOR SE&H	192	44	77	71
4 BRACKNELL	49	10	18	19	4 OXFORD CITY	178	67	81	30
5 OXFORD CITY	30	2			5 BRACKNELL	130	24	57	49
6 HARROW A.C.	29	3			6 DACORUM & TRING	108	34	57	17
7 WATFORD	19	13			7 HARROW A.C.	103	29	45	29
8 VALE OF AYLESBURY	18	14			8 VALE OF AYLESBURY	70	11	41	18
9 DACORUM & TRING	17	16	31		9 WATFORD	58	34	5	19
					10 LUTON A.C.	15	15		

Under 15 Girls					DIVISION RESULT				
1 S. SWAN (WATFORD).....9.58 F15 1	13 G. COLLINS (BRACKNELL).....10.51 F15 13	26 R. ADAMS (WINDSOR).....11.39 F15 26							
2 R. MURRAY (BEDFORD & C).....10.02 F15 2	14 E. CROFT (WINDSOR).....10.53 F15 14	27 G. KEANE (LUTON).....11.46 F15 27							
3 S. DRAPER (HARROW).....10.10 F15 3	15 M. SHREEVES (BEDFORD & C).....11.03 F15 15	28 M. ANGELL (BEDFORD & C).....11.47 F15 28							
4 L. HAWTIN (OXFORD).....10.12 F15 4	16 E. CLARKE (OXFORD).....11.08 F15 16	29 A. HEINEL (CHILTERN H.).....11.53 F15 29							
5 R. WALCOTT-NOLAN (LUTON).....10.13 F15 5	17 J. FALLON (WINDSOR).....11.13 F15 17	30 H. WARDLEY (CHILTERN H.).....12.06 F15 30							
6 E. HEMMING (BEDFORD & C).....10.14 F15 6	18 E. JONES (CHILTERN H.).....11.14 F15 18	31 L. TROY (WINDSOR).....12.08 F15 31							
7 B. BERGER-NORTH (BK).....10.17 F15 7	19 S. STREET (WINDSOR).....11.17 F15 19	32 R. HOWARD (BRACKNELL).....12.14 F15 32							
8 E. STILL (LUTON).....10.24 F15 8	20 L. RELTON (BEDFORD & C).....11.19 F15 20	33 S. GROVER (DACORUM).....12.15 F15 33							
9 I. KEMPTON (OXFORD).....10.26 F15 9	21 R. RICHES (WINDSOR).....11.23 F15 21	34 S. EDWARDSON (HARROW).....12.16 F15 34							
10 R. TURTON (BRACKNELL).....10.27 F15 10	22 E. WALLIS (WINDSOR).....11.30 F15 22	35 V. ASHLEY (MILTON K).....12.33 F15 35							
11 F. BRERETON (BRACKNELL).....10.28 F15 11	23 F. YULL (MILTON K).....11.34 F15 23	36 N. SMART (HARROW).....12.39 F15 36							
12 R. BYREN (OXFORD).....10.50 F15 12	24 F. GERMAN (SILSON).....11.37 F15 24	37 E. ROSE-SENIOR (HARROW).....12.52 F15 37							
	25 A. RAINSFORD (HARROW).....11.38 F15 25	38 A. LOVE (BRACKNELL).....13.22 F15 38							

TEAM RESULT					DIVISION RESULT					
1 BRACKNELL	115	7	10	11	13	1 BEDFORD & COUNTY	540	231	196	113
2 OXFORD CITY	115	4	9	12	16	2 OXFORD CITY	510	207	188	115
3 BEDFORD & COUNTY	113	2	6	15	20	3 BRACKNELL	491	196	180	115
4 WINDSOR SE&H	85	14	17	19	21	4 LUTON A.C.	417	168	172	77
5 LUTON A.C.	77	5	8	27		5 WINDSOR SE&H	359	150	124	85
6 HARROW A.C.	58	3	25	34	36	6 MARSHALL MILTON KEYNES	310	127	163	20
7 CHILTERN HARRIERS	40	18	29	30		7 CHILTERN HARRIERS	264	148	76	40
8 WATFORD	38	1				8 HARROW A.C.	258	100	100	58
9 MARSHALL MILTON KEYNES	20	23	35			9 VALE OF AYLESBURY	192	97	95	
10 SILSON JOGGERS	15	24				10 WATFORD	159	65	56	38
11 DACORUM & TRING	6	33				11 DACORUM & TRING	107	54	47	6
						12 SILSON JOGGERS	50	14	21	15

Under 13 Girls					DIVISION RESULT				
1 R. CROFT (WINDSOR).....8.38 F13 1	20 L. ECONOMU (WATFORD).....9.40 F13 20	39 C. JONES (CHILTERN H.).....10.16 F13 39							
2 B. HAWTIN (OXFORD).....8.55 F13 2	21 T. PRITCHARD (BRACKNELL).....9.41 F13 21	40 V. BARRATT (WINDSOR).....10.18 F13 40							
3 A. EDWARDS (LUTON).....9.02 F13 3	22 H. RICHES (WINDSOR).....9.41 F13 22	41 E. WILLIAMSON (DACORUM).....10.27 F13 41							
4 S. SUNDERLAND (OXFORD).....9.11 F13 4	23 A. BOTHAM (MILTON K).....9.47 F13 23	42 J. MARSHALL (WINDSOR).....10.33 F13 42							
5 A. HALL (CHILTERN H.).....9.14 F13 5	24 K. BENCH (CHILTERN H.).....9.49 F13 24	43 A. TALBOT (WINDSOR).....10.37 F13 43							
6 E. MILBOURN (WINDSOR).....9.17 F13 6	25 A. FERRARI (BRACKNELL).....9.52 F13 25	44 I. FANNING (WINDSOR).....10.45 F13 44							
7 K. DITTON (WINDSOR).....9.19 F13 7	26 L. WRAY (SILSON).....9.55 F13 26	45 K. JAKEMAN (CHILTERN H.).....10.46 F13 45							
8 A. TRAFFORD (BEDFORD & C).....9.23 F13 8	27 H. MCCLAY (BRACKNELL).....9.56 F13 27	46 R. SMART (HARROW).....10.47 F13 46							
9 E. BARRACLOUGH (CHIL).....9.25 F13 9	28 E. USHER (BEDFORD & C).....10.00 F13 28	47 F. VAFALARI (LUTON).....10.54 F13 47							
10 A. WRIGHT (AYLESBURY).....9.29 F13 10	29 L. MORONEY (LUTON).....10.00 F13 29	48 M. SMEE (SILSON).....11.00 F13 48							
11 A. EDWARDS (LUTON).....9.30 F13 11	30 J. JOBBING (BEDFORD & C).....10.00 F13 30	49 J. WILKINSON (CHILTERN H.).....11.05 F13 49							
12 K. HEALY (BEDFORD & C).....9.33 F13 12	31 T. COMPTON-STEWART (WD).....10.00 F13 31	50 A. BRAMELD (WINDSOR).....11.06 F13 50							
13 L. HACKING (MILTON K).....9.33 F13 13	32 G. SPITZER (WINDSOR).....10.03 F13 32	51 I. HEINEL (CHILTERN H.).....11.07 F13 51							
14 L. RUSSELL (BEDFORD & C).....9.34 F13 14	33 A. WALLBANK (BEDFORD & C).....10.06 F13 33	52 P. BOYD (DACORUM).....11.15 F13 52							
15 K. RODD (BEDFORD & C).....9.36 F13 15	34 B. MULVANY (OXFORD).....10.06 F13 34	53 A. RANAGHAN (HARROW).....11.39 F13 53							
16 C. HUNTER (BEDFORD & C).....9.36 F13 16	35 M. FRANKLAND (MILTON K).....10.06 F13 35	54 I. BRIGHT (WINDSOR).....11.41 F13 54							
17 F. JOHNSON (WINDSOR).....9.36 F13 17	36 C. BAXTER (DACORUM).....10.07 F13 36	55 M. HILL (HARROW).....11.56 F13 55							
18 C. DEARMAN (WATFORD).....9.38 F13 18	37 O. SALIGOI (WINDSOR).....10.08 F13 37	56 K. WELLMAN (WINDSOR).....12.42 F13 56							
19 D. WARD (BEDFORD & C).....9.40 F13 19	38 A. SHREEVES (BEDFORD & C).....10.12 F13 38	57 M. SPUR (WINDSOR).....12.44 F13 57							

TEAM RESULT

1	WINDSOR SE&H	201	1	6	7	17
2	BEDFORD & COUNTY	183	8	12	14	15
3	CHILTERN HARRIERS	155	5	9	24	39
4	LUTON A.C.	142	3	11	29	47
5	OXFORD CITY	134	2	4	34	
6	MARSHALL MILTON KEYNES	103	13	23	35	
7	BRACKNELL	101	21	25	27	
8	WATFORD	78	18	20		
9	VALE OF AYLESBURY	48	10			
10	DACORUM & TRING	45	36	41	52	
11	SILSON JOGGERS	42	26	48		
12	HARROW A.C.	20	46	53	55	

DIVISION RESULT

1	CHILTERN HARRIERS	666	248	263	155
2	WINDSOR SE&H	658	217	240	201
3	BEDFORD & COUNTY	607	205	219	183
4	MARSHALL MILTON KEYNES	538	219	216	103
5	BRACKNELL	511	227	183	101
6	LUTON A.C.	480	157	181	142
7	OXFORD CITY	383	137	112	134
8	WATFORD	334	106	150	78
9	VALE OF AYLESBURY	164	57	59	48
10	DACORUM & TRING	119	15	59	45
11	SILSON JOGGERS	98	26	30	42
12	HARROW A.C.	98	21	57	20

Total Overall Score

1	WINDSOR SE&H	2298	1800	498		
2	MARSHALL MILTON KEYNES	2172	1712	460		
3	BEDFORD & COUNTY	2168	1557	611		
4	CHILTERN HARRIERS	1745	1360	385		
5	HARROW A.C.	1682	1523	159		
6	VALE OF AYLESBURY	1323	1063	260		
7	OXFORD CITY	1252	914	338		
8	WATFORD	1181	942	239		
9	LUTON A.C.	1132	811	321		
10	HEADINGTON R.R.	1064	829	235		
11	BRACKNELL	1044	779	265		
12	SILSON JOGGERS	988	829	159		
13	TRING RUNNING CLUB	952	828	124		
14	DACORUM & TRING	508	339	169		

DIVISION RESULT

1	MARSHALL MILTON KEYNES	7628	2503	2953	2172
2	BEDFORD & COUNTY	7449	2396	2885	2168
3	WINDSOR SE&H	6454	2077	2079	2298
4	CHILTERN HARRIERS	6204	2225	2234	1745
5	HARROW A.C.	6038	2064	2292	1682
6	VALE OF AYLESBURY	5246	1737	2186	1323
7	OXFORD CITY	5084	1988	1844	1252
8	BRACKNELL	4957	1970	1943	1044
9	LUTON A.C.	4955	1357	2466	1132
10	WATFORD	4249	1443	1625	1181
11	HEADINGTON R.R.	4136	1460	1612	1064
12	SILSON JOGGERS	3755	1257	1510	988
13	TRING RUNNING CLUB	3395	981	1462	952
14	DACORUM & TRING	2472	690	1274	508

Male Overall Score

1	WINDSOR SE&H	1800	1341	115	158	186
2	MARSHALL MILTON KEYNES	1712	1433	60	110	109
3	BEDFORD & COUNTY	1557	1202	95	166	94
4	HARROW A.C.	1523	1264	26	121	112
5	CHILTERN HARRIERS	1360	1029	36	137	158
6	VALE OF AYLESBURY	1063	912	62	37	52
7	WATFORD	942	798		1	143
8	OXFORD CITY	914	858	25	31	
9	HEADINGTON R.R.	829	829			
10	SILSON JOGGERS	829	805			24
11	TRING RUNNING CLUB	828	828			
12	LUTON A.C.	811	693	57	45	16
13	BRACKNELL	779	504	35	140	100
14	DACORUM & TRING	339	163	18	30	128

DIVISION RESULT

1	MARSHALL MILTON KEYNES	5635	1760	2163	1712
2	HARROW A.C.	5369	1824	2022	1523
3	BEDFORD & COUNTY	5164	1547	2060	1557
4	WINDSOR SE&H	4713	1523	1390	1800
5	CHILTERN HARRIERS	4570	1571	1639	1360
6	VALE OF AYLESBURY	4134	1344	1727	1063
7	BRACKNELL	3699	1464	1456	779
8	LUTON A.C.	3696	963	1922	811
9	OXFORD CITY	3644	1397	1333	914
10	HEADINGTON R.R.	3366	1166	1371	829
11	WATFORD	3324	1157	1225	942
12	SILSON JOGGERS	3176	1034	1313	829
13	TRING RUNNING CLUB	3015	874	1313	828
14	DACORUM & TRING	1690	411	940	339

Female Overall Score

1	BEDFORD & COUNTY	611	240	75	113	183
2	WINDSOR SE&H	498	141	71	85	201
3	MARSHALL MILTON KEYNES	460	258	79	20	103
4	CHILTERN HARRIERS	385	190		40	155
5	OXFORD CITY	338	59	30	115	134
6	LUTON A.C.	321	102		77	142
7	BRACKNELL	265		49	115	101
8	VALE OF AYLESBURY	260	194	18		48
9	WATFORD	239	104	19	38	78
10	HEADINGTON R.R.	235	235			
11	DACORUM & TRING	169	101	17	6	45
12	HARROW A.C.	159	52	29	58	20
13	SILSON JOGGERS	159	102		15	42
14	TRING RUNNING CLUB	124	124			

DIVISION RESULT

1	BEDFORD & COUNTY	2285	849	825	611
2	MARSHALL MILTON KEYNES	1993	743	790	460
3	WINDSOR SE&H	1741	554	689	498
4	CHILTERN HARRIERS	1634	654	595	385
5	OXFORD CITY	1440	591	511	338
6	LUTON A.C.	1259	394	544	321
7	BRACKNELL	1258	506	487	265
8	VALE OF AYLESBURY	1112	393	459	260
9	WATFORD	925	286	400	239
10	DACORUM & TRING	782	279	334	169
11	HEADINGTON R.R.	770	294	241	235
12	HARROW A.C.	669	240	270	159
13	SILSON JOGGERS	579	223	197	159
14	TRING RUNNING CLUB	380	107	149	124