

# Apex Sports Chiltern League Division Two 2009/2010 Round 3

Held at Slough (Upton Court Park) on 05 December 2009

## Senior/Junior/Veteran Men

1 W. LANGLEY (WYCOMBE).....29.24 M20 1	35 R. SLATER (THAME).....34.39 M 19	70 B. MCKEOWN (THAME).....38.16 M 33
2 E. BLAKE (ST. ALBANS STR).....29.47 M 1	36 J. WOODISSE (HANDY CROSS).....35.00 M 20	71 S. ISLAM (MAIDENHEAD).....38.17 M40 21
3 S. COOMBES (LB) N/S.....30.04 M	37 P. SPENCER (BEARBROOK).....35.02 M40 11	72 N. BARLOW (THAME).....38.25 M 34
4 T. HUNTER (HANDY CROSS).....30.12 M40 1	38 F. NOLAN (Q.P.H.).....35.06 M50 4	73 M. BANNISTER (AMPT).....38.26 M 35
5 T. WRIGHT (BANBURY).....30.16 M 2	39 N. CAMPBELL (STAL).....35.14 M 21	74 R. DAVIES (Q.P.H.).....38.32 M40 22
6 A. SEARLE (STEVENAGE).....30.17 M 3	40 J. REDSHAW (STAL).....35.15 M 22	75 L. DAWSON (BEARBROOK).....38.39 M 36
7 F. FULCHER (HANDY CROSS).....30.53 M40 2	41 A. WRIGHT (BEARBROOK).....35.16 M 23	76 A. BENJAMIN (HANDY CROSS).....38.44 M50 12
8 Z. RANDALL (WYCOMBE).....30.58 M20 2	42 B. MILLER (Q.P.H.).....35.30 M40 12	77 S. WICKHAM (BEARBROOK).....38.58 M50 13
9 P. JEGOU (WHITE HORSE).....31.07 M 4	43 J. OLIVER (MAIDENHEAD).....35.33 M 24	78 M. LEMMON (BEARBROOK).....39.19 M 37
10 G. WOOLLETT (GADE VALLEY).....31.27 M40 3	44 T. SPENCER (WYCOMBE).....35.35 M 25	79 M. DAVIS (BEARBROOK).....39.39 M 38
11 M. DAVENPORT (MAIDENHEAD).....31.35 M 5	45 L. RICHARDSON (MAIDENHEAD).....35.40 M40 13	80 M. STEVENS (STAL).....39.51 M 39
12 A. INCHLEY (LEIGHTON B).....31.55 M 6	46 J. YARNALL (BEARBROOK).....35.40 M 26	81 P. BARK (MAIDENHEAD).....40.03 M50 14
13 R. MCEWAN (MAIDENHEAD).....32.20 M 7	47 R. LAVERS (THAME).....35.49 M50 5	82 S. THURKETTLE (BEARBROOK).....40.16 M40 23
14 K. COLE (BEARBROOK).....32.42 M40 4	48 A. ANGUS (Q.P.H.).....36.07 M40 14	83 G. SMITH (BANBURY).....40.30 M60 3
15 J. SMITH (GADE VALLEY).....32.43 M 9	49 M. EMMETT (THAME).....36.12 M40 15	84 M. BIRD (GADE VALLEY).....40.38 M 40
16 J. HISCOX (THAME).....32.44 M 10	50 C. MCKECHNIE (STEVENAGE).....36.15 M20 4	85 P. HEARN (BEARBROOK).....40.42 M40 24
17 D. CROSSLAND (MAIDENHEAD).....33.01 M50 1	51 J. ROBERTS (GADE VALLEY).....36.15 M 27	86 S. ALLEN (BURNHAM J.) N/S.....40.47 M50
18 S. ROBERTS (HANDY CROSS).....33.06 M40 5	52 R. HILLER (WYCOMBE).....36.19 M50 6	87 S. GRAHAM (THAME).....40.57 M60 4
19 C. BRIMACOMBE (GADE).....33.07 M 11	53 I. ROBINSON (BANBURY).....36.26 M 28	88 S. BRIGHT (GADE VALLEY).....40.57 M40 25
20 A. BYERLEY (THAME).....33.07 M40 6	54 P. JONES (WYCOMBE).....36.27 M40 16	89 C. TAUTZ (BEARBROOK).....41.04 M 41
21 S. BOYD (GADE VALLEY).....33.11 M 7	55 H. TAYLOR (HANDY CROSS).....36.31 M50 7	90 A. AIREY (THAME).....41.06 M60 5
22 H. PAPWORTH (THAME).....33.20 M50 2	56 D. SANDERSON (HANDY CROSS).....36.34 M50 8	91 D. STRINGFELLOW (WHH).....41.22 M40 26
23 P. ESSINK (RADLEY).....33.32 M20 3	57 P. CAIRNIE (BEARBROOK).....36.35 M40 17	92 R. INCHLEY (LEIGHTON B).....42.11 M60 6
24 P. FOULKES (LEIGHTON B).....33.32 M 12	58 B. HENDRIE (BANBURY).....36.38 M60 1	93 G. SANDERS (BEARBROOK).....42.44 M60 7
25 A. GALLIGAN (Q.P.H.).....33.39 M 13	59 C. HOBBS (THAME).....36.39 M40 18	94 A. NEWING (GADE VALLEY).....42.46 M40 27
26 P. NEWELL (BANBURY).....33.41 M 14	60 J. POWELL (BEARBROOK).....37.06 M 29	95 S. ORLANDO (LEIGHTON B).....43.10 M40 28
27 O. BYRNE (BEARBROOK).....33.46 M40 8	61 D. PRESTON (BEARBROOK).....37.14 M40 19	96 P. BEVIS (BANBURY).....43.48 M60 8
28 J. HOBBS (LEIGHTON B).....33.52 M 15	62 P. WHITE (THAME).....37.20 M50 9	97 R. COLEMAN (BURN) N/S.....43.56 M50
29 M. CRANE (BEARBROOK).....33.59 M 16	63 W. ROYE (Q.P.H.).....37.26 M 30	98 S. PICKETT (STEVENAGE).....44.00 M40 29
30 N. CLAY (LEIGHTON B).....34.01 M40 9	64 P. COY (BANBURY).....37.30 M50 10	99 P. WOODAGE (BEARBROOK).....46.07 M50 15
31 P. SOMMERS (HANDY CROSS).....34.02 M40 10	65 T. O'CALLAGHAN (BEARBROOK).....37.39 M 31	100 N. PARKINS (GADE VALLEY).....46.42 M 42
32 T. INCHLEY (LEIGHTON B).....34.28 M 17	66 F. WATT (LEIGHTON B).....37.57 M60 2	101 C. BILLINGHURST (GADE).....47.02 M 43
33 A. JONES (HANDY CROSS).....34.28 M50 3	67 M. HOLLIS (HANDY CROSS).....38.03 M50 11	102 B. O'CONNOR (Q.P.H.).....47.17 M60 9
34 J. SINCLAIR (Q.P.H.).....34.28 M 18	68 D. MARTIN (BEARBROOK).....38.05 M 32	103 P. RANCE (BEARBROOK).....47.32 M60 10
	69 S. HASSALL (BEARBROOK).....38.13 M40 20	104 J. ADAM (LEIGHTON B).....48.12 M60 11

### TEAM RESULT non scorers excluded

1 HANDY CROSS	586	3	6	18	31	33	36	55	56
2 GADE VALLEY	525	9	13	15	19	21	51	84	87
3 THAME RUNNERS	514	16	20	22	35	47	49	59	62
4 BEARBROOK JOGGERS	513	14	27	29	37	41	46	57	60
5 LEIGHTON BUZZARD	448	11	24	28	30	32	66	91	94
6 MAIDENHEAD	442	10	12	17	43	45	71	81	
7 QUEENS PARK H.	400	25	34	38	42	48	63	74	100
8 WYCOMBE PHOENIX	357	1	7	44	52	54			
9 BANBURY	338	4	26	53	58	64	83	95	
10 ST. ALBANS STRIDERS	251	2	39	40	80				
11 STEVENAGE & NH	158	5	50	96					
12 WHITE HORSE	108	8	90						
13 RADLEY A.C.	80	23							
14 AMPHILL & FLITWICK	30	73							

### DIVISION RESULT

1 GADE VALLEY	1754	528	701	525
2 HANDY CROSS	1655	492	577	586
3 THAME RUNNERS	1617	523	580	514
4 LEIGHTON BUZZARD	1603	442	713	448
5 WYCOMBE PHOENIX	1569	594	618	357
6 QUEENS PARK H.	1534	559	575	400
7 BEARBROOK JOGGERS	1503	483	507	513
8 MAIDENHEAD	1459	463	554	442
9 BANBURY	955	253	364	338
10 ST. ALBANS STRIDERS	789	66	472	251
11 STEVENAGE & NH	670	313	199	158
12 WHITE HORSE	269	147	14	108
13 RADLEY A.C.	172	92		80
14 AMPHILL & FLITWICK	121		91	30

## Veteran Mens Race

1 HANDY CROSS	354	3	6	18	31
2 BEARBROOK JOGGERS	277	14	27	37	57
3 THAME RUNNERS	274	20	22	47	49
4 QUEENS PARK H.	210	38	42	48	74
5 GADE VALLEY	202	9	21	87	93
6 MAIDENHEAD	198	17	45	71	81
7 LEIGHTON BUZZARD	131	30	66	91	94
8 BANBURY	112	58	64	83	95
9 WYCOMBE PHOENIX	100	52	54		
10 WHITE HORSE	13	90			
11 STEVENAGE & NH	7	96			

### DIVISION RESULT

1 HANDY CROSS	1062	327	381	354
2 THAME RUNNERS	874	277	323	274
3 BEARBROOK JOGGERS	809	278	254	277
4 GADE VALLEY	720	216	302	202
5 MAIDENHEAD	587	152	237	198
6 QUEENS PARK H.	544	177	157	210
7 LEIGHTON BUZZARD	477	101	245	131
8 BANBURY	362	81	169	112
9 WYCOMBE PHOENIX	324	100	124	100
10 ST. ALBANS STRIDERS	90		90	
11 STEVENAGE & NH	88	71	10	7
12 WHITE HORSE	37	10	14	13

## Under 17 Men

1 G. MILLER (RADLEY).....19.26 M17 1	4 T. CLAESSANS (WYCOMBE).....21.38 M17 4	8 I. BRUNT (MAIDENHEAD).....22.20 M17 8
2 S. FERGUSON (RADLEY).....20.34 M17 2	5 J. HUMPHREYS (RADLEY).....21.42 M17 5	9 L. LANGLEY (STEVENAGE).....22.24 M17 9
3 L. KEEBLE (STEVENAGE).....21.29 M17 3	6 G. EVANS (STEVENAGE).....21.49 M17 6	10 T. SLOAN (STEVENAGE).....24.24 M17 10
	7 W. HERRIDGE (STEVENAGE).....22.10 M17 7	11 D. PICKETT (STEVENAGE).....24.38 M17 11

### TEAM RESULT

1 RADLEY A.C.	28	1	2	5
2 STEVENAGE & NH	20	3	6	7
3 WYCOMBE PHOENIX	8	4		
4 MAIDENHEAD	4	8		

### DIVISION RESULT

1 RADLEY A.C.	92	41	23	28
2 STEVENAGE & NH	81	25	36	20
3 WYCOMBE PHOENIX	30	18	4	8
4 WHITE HORSE	21	21		
5 ST. ALBANS A.C.	15	15		
6 BIGGLESWADE	6		6	
7 MAIDENHEAD	4			4
8 BUCKINGHAM & STOWE	3	3		

## Under 15 Boys

1 J. MCMURRAY (ST. ALBANS).....12.45 M15 1	8 B. FOULGER (LEIGHTON B).....14.37 M15 8	15 I. HILL (WYCOMBE).....15.34 M15 15
2 C. HILTON (ST. ALBANS).....13.26 M15 2	9 C. DICKINSON (BUCKINGHAM).....14.47 M15 9	16 K. GILFEDDER (WYCOMBE).....15.45 M15 16
3 O. POULAIN (ST. ALBANS).....13.47 M15 3	10 S. DELGADO (WYCOMBE).....14.49 M15 10	17 L. HITCHCOCK (BUCKINGHAM).....16.28 M15 17
4 J. DICKINSON (BUCKINGHAM).....13.53 M15 4	11 S. SMITH (BIGGLESWADE).....14.53 M15 11	18 R. AUTHUR (MAIDENHEAD).....16.39 M15 18
5 S. JAMIESON-WEST (SAGD).....13.55 M15 5	12 A. WELHAM (BIGGLESWADE).....14.57 M15 12	19 W. SCRASE (BUCKINGHAM).....16.49 M15 19
6 K. ENGLAND-ARCHIBALD (WYC).....14.24 M15 6	13 M. SLEWINSKI (WYCOMBE).....14.59 M15 13	20 A. KEYS (MAIDENHEAD).....16.52 M15 20
7 B. MEAD (LEIGHTON B).....14.25 M15 7	14 L. ROONEY (WYCOMBE).....15.06 M15 14	21 L. VOOGHT (STEVENAGE).....17.49 M15 21

### TEAM RESULT

1 ST. ALBANS A.C.	60	1	2	3
2 WYCOMBE PHOENIX	37	6	10	13
3 BUCKINGHAM & STOWE	36	4	9	17
4 LEIGHTON BUZZARD	29	7	8	
5 BIGGLESWADE	21	11	12	
6 MAIDENHEAD	6	18	20	
7 STEVENAGE & NH	1	21		

### DIVISION RESULT

1 ST. ALBANS A.C.	192	73	59	60
2 BUCKINGHAM & STOWE	130	54	40	36
3 WYCOMBE PHOENIX	110	42	31	37
4 LEIGHTON BUZZARD	74	31	14	29
5 RADLEY A.C.	60	44	16	
6 BIGGLESWADE	57	15	21	21
7 BANBURY	46	31	15	
8 WHITE HORSE	39	39		
9 STEVENAGE & NH	21	3	17	1
10 MAIDENHEAD	17	11		6
11 SHAFTESBURY BARNET	11	11		
12 AMPHILL & FLITWICK	6			6

<b>Under 13 Boys</b>				6 J. THOMAS (BIGGLESWADE).....10.56 <i>M13</i> 6				12 H. SUTHERLAND (WYCOMBE)..... 11.23 <i>M13</i> 12			
1 C. VON EITZEN (RADLEY).....9.40 <i>M13</i> 1	7 J. KINGSTON (WYCOMBE).....11.06 <i>M13</i> 7	13 C. ROONEY (WYCOMBE).....11.23 <i>M13</i> 13	2 T. WARSHARE (WYCOMBE).....10.04 <i>M13</i> 2	8 J. CLAY (LEIGHTON B).....11.07 <i>M13</i> 8	14 M. ALDRIDGE (MAIDENHEAD).....11.45 <i>M13</i> 14	15 C. HOYLAND (WYCOMBE).....12.43 <i>M13</i> 15	3 J. DOWN (ST. ALBANS).....10.22 <i>M13</i> 3	9 C. MILLER (RADLEY).....11.14 <i>M13</i> 9	15 C. HOYLAND (WYCOMBE).....12.43 <i>M13</i> 15	16 L. YOUNG (MAIDENHEAD).....12.51 <i>M13</i> 16	17 S. SMYTH (ST. ALBANS).....12.54 <i>M13</i> 17
4 M. MARDLE (STEVENAGE).....10.35 <i>M13</i> 4	10 J. IRVINE (LEIGHTON B).....11.17 <i>M13</i> 10	16 B. ORTH (THAME).....26.08 <i>F45</i> 4	5 J. MCGARRY (LEIGHTON B).....10.38 <i>M13</i> 5	11 L. MILLIKEN (LEIGHTON B).....11.19 <i>M13</i> 11	17 N. ANDREWS (STEVENAGE).....26.27 <i>F</i> 7	31 V. MORTON (WYCOMBE).....30.30 <i>F</i> 15					

**TEAM RESULT**

1 WYCOMBE PHOENIX	33	2	7	12
2 LEIGHTON BUZZARD	31	5	8	10
3 RADLEY A.C.	26	1	9	
4 ST. ALBANS A.C.	16	3	17	
5 STEVENAGE & NH	14	4		
6 BIGGLESWADE	12	6		
7 MAIDENHEAD	6	14	16	

**DIVISION RESULT**

1 LEIGHTON BUZZARD	107	27	49	31
2 WYCOMBE PHOENIX	92	26	33	33
3 RADLEY A.C.	88	34	28	26
4 BIGGLESWADE	79	26	41	12
5 STEVENAGE & NH	76	22	40	14
6 LINCROFT MIDDLE SCHOOL	72		72	
7 ST. ALBANS A.C.	57	41	16	
8 MAIDENHEAD	17	11	6	
9 WHITE HORSE	15	15		

**Senior/Veteran Ladies**

1 J. DIXON (BANBURY).....22.28 <i>F35</i> 1	15 E. PADOVAN (MAIDENHEAD).....26.00 <i>F</i> 6	29 A. PEERLESS (HANDY CROSS) ....29.53 <i>F55</i> 1
2 D. STEER (ST. ALBANS STR).....22.48 <i>F45</i> 1	16 B. ORTH (THAME).....26.08 <i>F45</i> 4	30 N. PITTAN (BEARBROOK).....30.21 <i>F45</i> 6
3 G. DUCKWORTH (LEIGHTON B).....22.52 <i>F45</i> 2	17 N. ANDREWS (STEVENAGE).....26.27 <i>F</i> 7	31 V. MORTON (WYCOMBE).....30.30 <i>F</i> 15
4 M. BARTLETT (BANBURY).....23.25 <i>F35</i> 2	18 J. COULCHER (THAME).....26.35 <i>F35</i> 7	32 A. SMITH (BEARBROOK).....30.43 <i>F</i> 16
5 M. RUSSELL (BEARBROOK).....24.26 <i>F</i> 1	19 A. INCHLEY (LEIGHTON B).....26.42 <i>F</i> 8	33 P. COOK (GADE VALLEY).....30.48 <i>F45</i> 7
6 K. BURWOOD (MAIDENHEAD).....24.33 <i>F</i> 2	20 K. HOGAN (GADE VALLEY).....26.50 <i>F</i> 9	34 B. YOUNG (MAIDENHEAD).....30.48 <i>F</i> 17
7 G. JUBB (ST. ALBANS STR).....24.41 <i>F35</i> 3	21 T. SCHEUBER (STEVENAGE).....26.55 <i>F</i> 10	35 J. ESKERDALE (GADE VALLEY).....31.16 <i>F45</i> 8
8 V. CUNNINGTON (BANBURY).....24.52 <i>F</i> 3	22 E. HAYNES (HANDY CROSS).....27.29 <i>F35</i> 8	36 H. TERRY (GADE VALLEY).....31.17 <i>F</i> 18
9 C. MCDONNELL (GADE VALLEY).....24.58 <i>F35</i> 4	23 A. CROUGHTON (THAME).....27.38 <i>F35</i> 9	37 T. SEARLE (GADE VALLEY).....31.27 <i>F45</i> 9
10 L. DETHICK (BEARBROOK).....25.02 <i>F35</i> 5	24 S. MCEWAN (MAIDENHEAD).....27.46 <i>F45</i> 5	38 C. MACDONALD (GADE VALLEY).....33.05 <i>F35</i> 10
11 S. HEATH (SHAFTESBURY).....25.20 <i>F45</i> 3	25 S. IVIN (GADE VALLEY).....28.03 <i>F</i> 11	39 D. KNOTT (AMPTHILL & F).....33.30 <i>F35</i> 11
12 J. FORDE (STEVENAGE).....25.21 <i>F</i> 4	26 J. YOUNG (Q.P.H.).....28.05 <i>F</i> 12	40 N. BLACK (GADE VALLEY).....34.48 <i>F</i> 19
13 C. MURRAY (THAME).....25.34 <i>F</i> 5	27 K. INGRAM (BEARBROOK).....28.11 <i>F</i> 13	41 P. SANNOH (Q.P.H.).....35.35 <i>F</i> 20
14 D. CHANNER (BEARBROOK).....25.58 <i>F35</i> 6	28 C. EDEINTON (BANBURY).....28.13 <i>F</i> 14	42 M. BROOKS (GADE VALLEY).....36.11 <i>F</i> 21

**TEAM RESULT**

1 BANBURY	131	1	4	8	28
2 BEARBROOK JOGGERS	116	5	10	14	27
3 THAME RUNNERS	102	13	16	18	23
4 MAIDENHEAD	93	6	15	24	34
5 GADE VALLEY	85	9	20	25	33
6 STEVENAGE & NH	79	12	17	21	
7 ST. ALBANS STRIDERS	77	2	7		
8 LEIGHTON BUZZARD	64	3	19		
9 HANDY CROSS	35	22	29		
10 SHAFTESBURY BARNET	32	11			
11 QUEENS PARK H.	19	26	41		
12 WYCOMBE PHOENIX	12	31			
13 AMPHILL & FLITWICK	4	39			

**DIVISION RESULT**

1 BANBURY	414	103	180	131
2 BEARBROOK JOGGERS	388	106	166	116
3 THAME RUNNERS	342	94	146	102
4 ST. ALBANS STRIDERS	299	71	151	77
5 MAIDENHEAD	283	83	107	93
6 GADE VALLEY	269	55	129	85
7 LEIGHTON BUZZARD	249	62	123	64
8 STEVENAGE & NH	223	42	102	79
9 HANDY CROSS	206	61	110	35
10 DAVID LLOYD PACERS	166	55	111	
11 QUEENS PARK H.	42	20	3	19
12 WYCOMBE PHOENIX	41		29	12
13 SHAFTESBURY BARNET	32			32
14 BIGGLESWADE	11	11		
15 AMPHILL & FLITWICK	4			4

**Veteran Ladies Race**

1 BANBURY	81	1	4		
2 ST. ALBANS STRIDERS	77	2	7		
3 BEARBROOK JOGGERS	75	10	14	30	
4 THAME RUNNERS	72	16	18	23	
5 GADE VALLEY	58	9	33	35	37
6 LEIGHTON BUZZARD	40	3			
7 HANDY CROSS	35	22	29		
8 SHAFTESBURY BARNET	32	11			
9 MAIDENHEAD	19	24			
10 AMPHILL & FLITWICK	4	39			

**DIVISION RESULT**

1 BANBURY	343	82	180	81
2 ST. ALBANS STRIDERS	299	71	151	77
3 BEARBROOK JOGGERS	285	77	133	75
4 THAME RUNNERS	278	70	136	72
5 HANDY CROSS	198	61	102	35
6 GADE VALLEY	154	22	74	58
7 LEIGHTON BUZZARD	147	36	71	40
8 DAVID LLOYD PACERS	127	55	72	
9 MAIDENHEAD	59	12	28	19
10 SHAFTESBURY BARNET	32			32
11 AMPHILL & FLITWICK	4			4

**Junior/U17 Ladies**

1 P. WOOLVEN (WYCOMBE).....17.26 <i>F17</i> 1	4 H. DEWHURST (STEVENAGE).....18.59 <i>F17</i> 3	8 R. PRITCHARD (ST. ALBANS).....21.04 <i>F17</i> 6
2 J. BLACKSTOCK (WYCOMBE).....18.10 <i>F20</i> 1	5 C. STEWART (SHAFTESBURY).....19.27 <i>F17</i> 4	9 S. PIKE (STEVENAGE).....21.13 <i>F17</i> 7
3 L. FARRAR (ST. ALBANS).....18.44 <i>F17</i> 2	6 Y. WING-SMART (SB).....20.29 <i>F17</i> 5	10 T. FAJOBI (STEVENAGE).....22.30 <i>F17</i> 8
	7 Z. LEWVIN (SHAFTESBURY).....20.40 <i>F20</i> 2	11 C. BAIRD (STEVENAGE).....22.35 <i>F17</i> 9

**TEAM RESULT**

1 WYCOMBE PHOENIX	21	1	2	
2 SHAFTESBURY BARNET	18	5	6	7
3 ST. ALBANS A.C.	13	3	8	
4 STEVENAGE & NH	13	4	9	10

**DIVISION RESULT**

1 SHAFTESBURY BARNET	88	36	34	18
2 ST. ALBANS A.C.	77	33	31	13
3 STEVENAGE & NH	62	20	29	13
4 WYCOMBE PHOENIX	43	6	16	21
5 BANBURY	19	9	10	
6 WHITE HORSE	10	10		
7 QUEENS PARK H.	1	1		

**Under 15 Girls**

1 G. RUSSELL (WYCOMBE).....10.36 <i>F15</i> 1	5 H. HULL (ST. ALBANS).....11.22 <i>F15</i> 5	10 S. SATO (SHAFTESBURY).....11.56 <i>F15</i> 10
2 C. MCMILLAN (BANBURY).....10.36 <i>F15</i> 2	6 H. HOLLIS (SHAFTESBURY).....11.24 <i>F15</i> 6	11 A. GATES (STEVENAGE).....12.09 <i>F15</i> 11
3 M. STEER (ST. ALBANS).....10.38 <i>F15</i> 3	7 K. ATKINS (WYCOMBE).....11.25 <i>F15</i> 7	12 M. PEREVERZINA (SB).....12.48 <i>F15</i> 12
4 F. LENTON (SHAFTESBURY).....10.57 <i>F15</i> 4	8 G. HAZELL (STEVENAGE).....11.32 <i>F15</i> 8	13 G. JACKSON-VIRK (SB).....13.16 <i>F15</i> 13
	9 R. GRAHAM (SHAFTESBURY).....11.52 <i>F15</i> 9	

**TEAM RESULT**

1 SHAFTESBURY BARNET	23	4	6	9
2 WYCOMBE PHOENIX	20	1	7	
3 ST. ALBANS A.C.	20	3	5	
4 BANBURY	12	2		
5 STEVENAGE & NH	9	8	11	

**DIVISION RESULT**

1 SHAFTESBURY BARNET	96	28	45	23
2 ST. ALBANS A.C.	82	23	39	20
3 WYCOMBE PHOENIX	60	14	26	20
4 STEVENAGE & NH	45	9	27	9
5 BANBURY	25	13	12	
6 WHITE HORSE	9	9		
7 LEIGHTON BUZZARD	1		1	

**Under 13 Girls**

1	N. CONNOR (SHAFTESBURY).....	8.45	F13	1	12	A. MULCAHY (ST. ALBANS).....	9.54	F13	12	23	C. GOODSON (SHAFTESBURY) ....	10.44	F13	23
2	M. HUMPHREYS (RADLEY).....	9.04	F13	2	13	O. HAZEL (STEVENAGE).....	10.00	F13	13	24	C. BROOKE (ST. ALBANS).....	10.47	F13	24
3	D. MURPHY (STEVENAGE).....	9.12	F13	3	14	M. HOBBS (ST. ALBANS).....	10.03	F13	14	25	F. LEAKE (MAIDENHEAD).....	10.48	F13	25
4	M. GARDEN (SHAFTESBURY).....	9.16	F13	4	15	N. BAKER (ST. ALBANS).....	10.05	F13	15	26	A. FEATHERSTONE-CLARK (WYC).....	11.01	F13	26
5	J. LATCHFORD (STEVENAGE).....	9.27	F13	5	16	S. PHILLIPS (BANBURY).....	10.06	F13	16	27	E. BOWLES (WYCOMBE).....	11.03	F13	27
6	N. QUINN (ST. ALBANS).....	9.32	F13	6	17	M. DORAN (STEVENAGE).....	10.06	F13	17	28	C. NEALE (WYCOMBE).....	11.12	F13	28
7	P. BAILEY (ST. ALBANS).....	9.41	F13	7	18	E. CERVI (STEVENAGE).....	10.09	F13	18	29	L. PHILLIPS (STEVENAGE).....	11.37	F13	29
8	S. HARWOOD (WYCOMBE).....	9.44	F13	8	19	R. DOIDGE (ST. ALBANS).....	10.10	F13	19	30	L. PARKER (LEIGHTON B).....	12.06	F13	30
9	L. EDWARDS (ST. ALBANS).....	9.44	F13	9	20	B. TIPPITE (LEIGHTON B).....	10.14	F13	20	31	K. INGRAM (STEVENAGE).....	12.23	F13	31
10	E. DELGADO (WYCOMBE).....	9.47	F13	10	21	S. FEELY (STEVENAGE).....	10.20	F13	21	32	K. SHEFFERD (LEIGHTON B).....	12.37	F13	32
11	C. THOMPSON (BANBURY).....	9.53	F13	11	22	S. KEEBLE (STEVENAGE).....	10.38	F13	22	33	H. SMITH (BANBURY).....	12.53	F13	33

**TEAM RESULT**

1	STEVENAGE & NH	81	3	5	13
2	ST. ALBANS A.C.	80	6	7	9
3	SHAFTESBURY BARNET	74	1	4	23
4	WYCOMBE PHOENIX	58	8	10	26
5	BANBURY	42	11	16	33
6	RADLEY A.C.	32	2		
7	LEIGHTON BUZZARD	20	20	30	32
8	MAIDENHEAD	9	25		

**DIVISION RESULT**

1	ST. ALBANS A.C.	257	63	114	80
2	STEVENAGE & NH	236	54	101	81
3	SHAFTESBURY BARNET	192	61	57	74
4	WYCOMBE PHOENIX	144	26	60	58
5	BANBURY	143		101	42
6	RADLEY A.C.	99	25	42	32
7	LINCROFT MIDDLE SCHOOL	91		91	
8	LEIGHTON BUZZARD	53	16	17	20
9	AMPTHILL & FLITWICK	37		37	
10	MAIDENHEAD	9			9

**Total Overall Score**

1	BEARBROOK JOGGERS	629	513	116			
2	HANDY CROSS	621	586	35			
3	THAME RUNNERS	616	514	102			
4	GADE VALLEY	610	525	85			
5	LEIGHTON BUZZARD	592	508	84			
6	MAIDENHEAD	560	458	102			
7	WYCOMBE PHOENIX	546	435	111			
8	BANBURY	523	338	185			
9	QUEENS PARK H.	419	400	19			
10	STEVENAGE & NH	375	193	182			
11	ST. ALBANS STRIDERS	328	251	77			
12	ST. ALBANS A.C.	189	76	113			
13	RADLEY A.C.	166	134	32			
14	SHAFTESBURY BARNET	147		147			
15	WHITE HORSE	108	108				
16	BUCKINGHAM & STOWE	36	36				
17	AMPTHILL & FLITWICK	34	30	4			
18	BIGGLESWADE	33	33				

**DIVISION RESULT**

1	WYCOMBE PHOENIX	2089	726	817	546
2	LEIGHTON BUZZARD	2087	578	917	592
3	GADE VALLEY	2023	583	830	610
4	THAME RUNNERS	1959	617	726	616
5	BEARBROOK JOGGERS	1891	589	673	629
6	HANDY CROSS	1861	553	687	621
7	MAIDENHEAD	1789	557	672	560
8	BANBURY	1602	409	670	523
9	QUEENS PARK H.	1577	580	578	419
10	STEVENAGE & NH	1414	488	551	375
11	ST. ALBANS STRIDERS	1088	137	623	328
12	ST. ALBANS A.C.	680	207	284	189
13	RADLEY A.C.	511	236	109	166
14	SHAFTESBURY BARNET	419	136	136	147
15	WHITE HORSE	363	241	14	108
16	AMPTHILL & FLITWICK	168		134	34
17	DAVID LLOYD PACERS	166	55	111	
18	LINCROFT MIDDLE SCHOOL	163		163	
19	BIGGLESWADE	153	52	68	33
20	BUCKINGHAM & STOWE	133	57	40	36

**Male Overall Score**

1	HANDY CROSS	586	586				
2	GADE VALLEY	525	525				
3	THAME RUNNERS	514	514				
4	BEARBROOK JOGGERS	513	513				
5	LEIGHTON BUZZARD	508	448		29	31	
6	MAIDENHEAD	458	442		4	6	6
7	WYCOMBE PHOENIX	435	357		8	37	33
8	QUEENS PARK H.	400	400				
9	BANBURY	338	338				
10	ST. ALBANS STRIDERS	251	251				
11	STEVENAGE & NH	193	158		20	1	14
12	RADLEY A.C.	134	80		28		26
13	WHITE HORSE	108	108				
14	ST. ALBANS A.C.	76			60	16	
15	BUCKINGHAM & STOWE	36			36		
16	BIGGLESWADE	33			21	12	
17	AMPTHILL & FLITWICK	30	30				

**DIVISION RESULT**

1	WYCOMBE PHOENIX	1801	680	686	435
2	LEIGHTON BUZZARD	1784	500	776	508
3	GADE VALLEY	1754	528	701	525
4	HANDY CROSS	1655	492	577	586
5	THAME RUNNERS	1617	523	580	514
6	QUEENS PARK H.	1534	559	575	400
7	BEARBROOK JOGGERS	1503	483	507	513
8	MAIDENHEAD	1497	474	565	458
9	BANBURY	1001	284	379	338
10	STEVENAGE & NH	848	363	292	193
11	ST. ALBANS STRIDERS	789	66	472	251
12	RADLEY A.C.	412	211	67	134
13	WHITE HORSE	344	222	14	108
14	ST. ALBANS A.C.	264	88	100	76
15	BIGGLESWADE	142	41	68	33
16	BUCKINGHAM & STOWE	133	57	40	36
17	AMPTHILL & FLITWICK	127		97	30
18	LINCROFT MIDDLE SCHOOL	72		72	
19	SHAFTESBURY BARNET	11	11		

**Female Overall Score**

1	BANBURY	185	131		12	42	
2	STEVENAGE & NH	182	79		13	9	81
3	SHAFTESBURY BARNET	147	32		18	23	74
4	BEARBROOK JOGGERS	116	116				
5	ST. ALBANS A.C.	113			13	20	80
6	WYCOMBE PHOENIX	111	12		21	20	58
7	THAME RUNNERS	102	102				
8	MAIDENHEAD	102	93			9	
9	GADE VALLEY	85	85				
10	LEIGHTON BUZZARD	84	64			20	
11	ST. ALBANS STRIDERS	77	77				
12	HANDY CROSS	35	35				
13	RADLEY A.C.	32				32	
14	QUEENS PARK H.	19	19				
15	AMPTHILL & FLITWICK	4	4				

**DIVISION RESULT**

1	BANBURY	601	125	291	185
2	STEVENAGE & NH	566	125	259	182
3	ST. ALBANS A.C.	416	119	184	113
4	SHAFTESBURY BARNET	408	125	136	147
5	BEARBROOK JOGGERS	388	106	166	116
6	THAME RUNNERS	342	94	146	102
7	LEIGHTON BUZZARD	303	78	141	84
8	ST. ALBANS STRIDERS	299	71	151	77
9	MAIDENHEAD	292	83	107	102
10	WYCOMBE PHOENIX	288	46	131	111
11	GADE VALLEY	269	55	129	85
12	HANDY CROSS	206	61	110	35
13	DAVID LLOYD PACERS	166	55	111	
14	RADLEY A.C.	99	25	42	32
15	LINCROFT MIDDLE SCHOOL	91		91	
16	QUEENS PARK H.	43	21	3	19
17	AMPTHILL & FLITWICK	41		37	4
18	WHITE HORSE	19		19	
19	BIGGLESWADE	11	11		