

Apex Sports Chiltern League Mob Match 2009/2010 Round 4

Held at Shuttleworth on 16 January 2010

Senior/Junior/Veteran Men

1	D. DEED (BEDFORD & C)	25.17	M	1	81	O. BYRNE (BEARBROOK)	31.33	M40	31	168	A. ANGUS (Q.P.H.)	35.13	M40	55
2	T. COMERFORD (MILTON K)	26.32	M	2	82	A. BIERTON (AMPTHILL & F)	31.36	M	40	169	M. SPENCER (SILSON)	35.15	M40	56
3	O. EDWARDS (SHAFTESBURY)	26.42	M	3	83	D. CHESHIRE (BEDFORD & C)	31.37	M40	32	170	A. WRIGHT (GADE VALLEY)	35.17	M	79
4	R. HEANEY (BEDFORD & C)	26.48	M	4	84	M. BURGESS (TRING)	31.42	M40	33	171	P. JONES (WYCOMBE)	35.22	M40	57
5	E. O'GORMAN (CHILTERN H.)	26.52	M	5	85	S. BLOFELD (LEIGHTON B)	31.47	M	41	172	P. KEAN (LUTON)	35.23	M40	58
6	S. TUTTLE (BEDFORD & C)	26.53	M	6	86	H. PAPWORTH (THAME)	31.49	M50	3	173	K. SMITH (MILTON K)	35.26	M60	3
7	D. BRANFOOT (HARROW)	27.18	M	7	87	M. CRANE (BEARBROOK)	31.52	M	42	174	A. NORTON (GADE VALLEY)	35.27	M	80
8	M. BENNETT (CHILTERN H.)	27.26	M	8	88	A. WADELL (MILTON K)	31.53	M	43	175	D. PITTS (BIGGLESWADE)	35.29	M	81
9	J. COOPER (HARROW)	27.28	M	9	89	P. FOULKES (LEIGHTON B)	31.54	M	44	176	R. LAVERS (THAME)	35.31	M50	22
10	C. MAY (AYLESBURY)	27.33	M	10	90	A. PHELPS (HEADINGTON)	32.00	M40	34	177	S. WEST (BIGGLESWADE)	35.36	M40	59
11	C. LAMBERT (MILTON K)	27.34	M20	1	91	S. BEEDELL (CHILTERN H.)	32.01	M	45	178	M. LEMMON (BEARBROOK)	35.41	M	82
	S. FISHER (ABINGDON) N/S	27.35	M		92	C. MCKECHNIE (STEVENAGE)	32.04	M20	10	179	M. CRAWSHAW (STAL)	35.43	M40	60
12	J. CRITCHLOW (HARROW)	27.40	M40	1	93	B. GREENE (Q.P.H.)	32.05	M	46	180	J. FOSTER (HEADINGTON)	35.47	M	83
13	M. SALT (DACORUM)	27.41	M20	2	94	P. FRENCH (BEDFORD & C)	32.08	M	47	181	F. WATT (LEIGHTON B)	35.49	M60	4
14	C. HEARN (MILTON K)	27.51	M	11	95	S. BARNETT (TRING)	32.11	M	48	182	J. BALLARD (BIGGLESWADE)	35.52	M	84
15	D. WOODGATE (LUTON)	27.55	M20	3	96	D. CROSSLAND (MAIDENHEAD)	32.12	M50	4	183	P. COY (BANBURY)	36.00	M50	23
16	T. BEEDELL (CHILTERN H.)	27.57	M	12	97	M. KLEANTHOUS (LEIGHTON B)	32.13	M40	35	184	C. HOBBS (THAME)	36.02	M40	61
17	T. CORBETT (BEDFORD & C)	27.58	M20	4	98	G. O'CALLAGHAN (TRING)	32.14	M	49	185	J. STARKEY (BRACKNELL)	36.08	M40	62
18	R. POWELL (BEDFORD & C)	28.16	M40	2	99	T. INCHLEY (LEIGHTON B)	32.14	M	50	186	P. OWENS (CHILTERN H.)	36.10	M50	24
19	R. LARSEN (BRACKNELL)	28.19	M	13	100	B. HAWES (GADE VALLEY)	32.15	M40	36	187	T. KEECH (SILSON)	36.13	M50	25
20	D. HAMBLIN (AYLESBURY)	28.24	M	14	101	R. SLATER (THAME)	32.18	M	51	188	N. WASHINGTON (MILTON K)	36.18	M	85
21	P. JEGOU (WHITE HORSE)	28.29	M	15	102	R. MOLLOY (DACORUM)	32.18	M20	11	189	A. MCCORMACK (CHILTERN H.)	36.19	M40	63
22	J. ROBERTSON (OXFORD)	28.35	M	16	103	T. OSBORNE (BUCKINGHAM)	32.19	M20	12	190	M. HOLLIS (HANDY CROSS)	36.23	M50	26
23	T. HUNTER (HANDY CROSS)	28.37	M40	3	104	S. THORP (OXFORD)	32.19	M50	5	191	A. HARRISON (MILTON K)	36.23	M50	27
24	S. EARLEY (BEDFORD & C)	28.40	M40	4	105	L. HURMAN (HEADINGTON)	32.19	M50	6	192	J. TAYLOR (CHILTERN H.)	36.30	M	86
	S. COOMBES (LB) N/S	28.40	M		106	R. GRANT (OXFORD)	32.23	M50	7	193	J. GRIFFITHS (HEADINGTON)	36.54	M50	28
25	A. SEARLE (STEVENAGE)	28.41	M	17	107	N. CLAY (LEIGHTON B)	32.24	M40	37	194	D. FINDELL-HAWKINS (MK)	36.56	M50	29
26	R. GLASONBURY (WINDSOR)	28.45	M20	5	108	J. FAWCETT (CHILTERN H.)	32.26	M	52	195	M. BIRD (GADE VALLEY)	36.57	M	87
27	M. CURSONS (HARROW)	28.45	M40	5	109	A. GALLIGAN (Q.P.H.)	32.30	M	53	196	S. HASSALL (BEARBROOK)	36.59	M40	64
28	J. RICHARDSON (OXFORD)	28.50	M40	6	110	J. SINCLAIR (Q.P.H.)	32.31	M	54	197	M. FOLKARD (CHILTERN H.)	37.04	M50	30
29	C. FINILL (HARROW)	28.58	M50	1	111	L. POPPLEWELL (STAL)	32.36	M	55	198	C. JEFFS (TRING)	37.05	M	88
	J. ABYEO (OXFORD) N/S	29.02	M		112	M. LEPPS (HARROW)	32.37	M50	8	199	N. WOOLVEN (WYCOMBE)	37.07	M50	31
30	L. MCNABOLA (LUTON)	29.05	M	18	113	M. BRADLEY (WATFORD)	32.38	M50	9	200	H. TAYLOR (HANDY CROSS)	37.17	M50	32
31	A. CROSS (BEDFORD & C)	29.10	M	19	114	A. KIRK (SILSON)	32.39	M	56	201	M. NICHOLLS (SILSON)	37.23	M40	65
32	A. PACEY (SILSON)	29.25	M40	7	115	D. COATES (SILSON)	32.41	M50	10	202	M. TRAVERS (GADE VALLEY)	37.31	M40	66
33	B. GREEN (OXFORD)	29.29	M50	2	116	V. ELLERBY (GADE VALLEY)	32.41	M40	38	203	R. KOSTER (THAME)	37.35	M50	33
34	P. BENEDICTER JNR (LUTON)	29.31	M20	6	117	M. O'CONNOR (AYLESBURY)	32.46	M50	11	204	N. GREGORY (BIGGLESWADE)	37.40	M40	67
35	G. HARRIS (HEADINGTON)	29.31	M	20	118	K. REBOUL (SILSON)	32.49	M40	39	205	G. SMITH (BANBURY)	37.50	M60	5
36	S. STALL (LUTON)	29.34	M40	8	119	I. THOMPSON (AYLESBURY)	32.51	M40	40	206	S. FIELD (CHILTERN H.)	37.51	M50	34
37	F. FULCHER (HANDY CROSS)	29.35	M40	9	120	J. YARNALL (BEARBROOK)	32.52	M	57	207	S. THURKETTLE (BEARBROOK)	37.54	M40	68
38	P. NORRIS (HARROW)	29.36	M	21	121	S. PERKIN (CHILTERN H.)	32.54	M40	41	208	R. ENGBERS (CHILTERN H.)	37.56	M40	69
39	A. ROLT (AYLESBURY)	29.38	M40	10	122	H. EDWARDS-EVANS (AY)	32.56	M40	42	209	S. BRIGHT (GADE VALLEY)	37.57	M40	70
	M. CLARKE (MILTON K) N/S	29.43	M		123	J. HURLEY (LEIGHTON B)	33.02	M50	12	210	P. MARSHALL (OXFORD)	38.00	M40	71
	NO. 1084 (MET POLICE) N/S	29.48	M		124	R. TREADWELL (OXFORD)	33.06	M60	1	211	M. CHILDS (MILTON K)	38.04	M40	72
40	N. PACEY (SILSON)	29.49	M40	11	125	D. VANNEN (WATFORD)	33.12	M	58	212	B. THOMPSON (BEDFORD & C)	38.04	M60	6
41	Z. RANDALL (WYCOMBE)	29.54	M20	7	126	P. SPENCER (BEARBROOK)	33.16	M40	43	213	J. BEEDELL (CHILTERN H.)	38.08	M40	73
42	A. WRAY (HARROW)	29.56	M	22	127	S. BROOYERSON (Q.P.H.)	33.17	M40	44	214	N. BLOOM (BIGGLESWADE)	38.13	M60	7
43	S. HERRING (MILTON K)	30.02	M40	12	128	J. DOOEY (HANDY CROSS)	33.18	M50	13	215	P. HEARN (BEARBROOK)	38.20	M40	74
44	P. DALY (BRACKNELL)	30.03	M40	13	129	C. BRIMCOMBE (GADE)	33.18	M	59		K. MARTIN (BED) N/S	38.28	M20	
45	R. COLES (GADE VALLEY)	30.05	M	23	130	B. FULLER (WINDSOR)	33.19	M40	45	216	D. STRINGFELLOW (WVH)	38.31	M50	35
46	V. ZVEREV (OXFORD)	30.06	M40	14	131	D. MEANEY (DACORUM)	33.22	M50	14	217	D. RANDALL (WYCOMBE)	38.36	M40	75
47	R. LANGLEY (TRING)	30.08	M	24	132	A. DARBYSHIRE (HEADINGTON)	33.27	M40	46	218	S. HOWSON (AYLESBURY)	38.38	M	89
48	C. BRAYBROOK (STAL)	30.11	M40	15	133	C. NICHOLSON (MILTON K)	33.39	M	60	219	C. BROLAIR (BIGGLESWADE)	38.44	M	90
49	C. SMART (WINDSOR)	30.14	M20	8	134	R. YEATES (BEARBROOK)	33.39	M	61	220	C. HAMLET (WATFORD)	38.51	M60	8
	P. DOUGLAS (LB) N/S	30.16	M40		135	C. THOMPSON (LEIGHTON B)	33.41	M	62	221	B. KEERS (SILSON)	39.12	M40	76
50	K. NANTON (CHILTERN H.)	30.17	M	25	136	C. NORMAN (LEIGHTON B)	33.48	M	63	222	J. MILLER (MILTON K)	39.22	M60	9
51	M. RICHARDS (AYLESBURY)	30.18	M	26	137	A. WRIGHT (BEARBROOK)	33.49	M	64	223	S. L. WOOD (HARROW)	39.32	M	91
52	R. THREFFALL (MILTON K)	30.21	M	27	138	J. REDSHAW (STAL)	33.50	M	65	224	D. ALBORN (BIGGLESWADE)	39.36	M40	77
53	A. MOURIDIAN (BRACKNELL)	30.31	M	28	139	R. PALMER (BEARBROOK)	33.50	M	66	225	P. GRIMSDALE (OXFORD)	39.53	M50	36
54	G. WOOLLETT (GADE VALLEY)	30.33	M40	16	140	I. ROBINSON (BANBURY)	33.51	M	67	226	J. WORTH (HEADINGTON)	40.08	M40	78
55	R. HUDSON (LUTON)	30.35	M40	17	141	T. MCINTYRE (HARROW)	33.51	M50	15	227	J. COOPER (DACORUM)	40.13	M60	10
56	J. SMITH (GADE VALLEY)	30.35	M	29	142	K. CONCANNON (HARROW)	33.53	M50	16	228	S. DANIEL (WATFORD)	40.29	M40	79
57	J. DARCY (SILSON)	30.36	M40	18	143	J. EXLEY (OXFORD)	33.54	M60	2	229	A. NEWING (GADE VALLEY)	40.42	M40	80
58	R. THETFORD (HEADINGTON)	30.36	M40	19	144	J. ROBERTS (GADE VALLEY)	33.55	M	68	230	T. BRAUN (CHILTERN H.)	40.52	M60	11
59	D. MAISEY (AYLESBURY)	30.39	M	30	145	D. MARTIN (BEARBROOK)	33.56	M	69	231	S. GRAHAM (THAME)	40.54	M60	12
60	M. WHELBAW (MILTON K)	30.44	M	31	146	D. TAYLOR (SILSON)	34.05	M	70	232	N. JONES (SILSON)	41.00	M40	81
61	S. WOODWARD (SILSON)	30.45	M	32	147	L. TURTON (MILTON K)	34.06	M40	47	233	R. INCHLEY (LEIGHTON B)	41.03	M60	13
62	A. GLEESON (OXFORD)	30.49	M40	20	148	M. BURLING (MILTON K)	34.12	M50	17	234	G. SANDERS (BEARBROOK)	41.19	M60	14
63	R. JAMES (MILTON K)	30.50	M	33	149	M. EMMETT (THAME)	34.22	M40	48	235	A. AIREY (THAME)	41.30	M60	15
64	L. TURTON (WINDSOR)	30.51	M20	9	150	A. VORALIA (MILTON K)	34.23	M	71	236	P. BROOKS (LUTON)	41.36	M40	82
65	M. CRANWELL (HARROW)	30.51	M	34	151	P. JACOB (LUTON)	34.24	M40	49	237	A. SMITH (Q.P.H.)	42.21	M	92
66	A. ATKINS (MILTON K)	30.52	M	35	152	L. DAWSON (BEARBROOK)	34.27	M	72	238	P. BEVIS (BANBURY)	42.39	M60	16
67	I. LAMB (MILTON K)	30.55	M40	21	153	M. COMBEY (Q.P.H.)	34.29	M	73	239	D. WOOD (MILTON K)	42.56	M50	37
68	V. PLOSKEY (BIGGLESWADE)	30.56	M	36	154	G. WALFORD (CHILTERN H.)	34.34	M40	50	240	A. BRODIE (Q.P.H.)	43.29	M50	38
69	R. DOWSWELL (MILTON K)	30.58	M40	22	155	A. ROBERTS (AYLESBURY)	34.35	M40	51	241	B. O'CONNOR (Q.P.H.)	43.45	M60	17
70	C. MAHON (MILTON K)	31.04	M40	23	156	N. GOSLING (MILTON K)	34.37	M	74	242	P. WATKINS (LEIGHTON B)	44.08	M50	39
	S. FAWCETT (BIGG) N/S	31.05	M		157	D. HUCK (WINDSOR)	34.41	M40	52	243	R. CHERRY (HEADINGTON)	44.22	M40	83
71	K. COLE (BEARBROOK)	31.06	M40	24	158	J. MANNING (TRING)	34.46	M50	18	244	P. WOODAGE (BEARBROOK)	44.31	M50	40
72	S. LONG (TRING)	31.08	M40	25	159	A. TAYLOR (SILSON)	34.48	M	75	245	A. LOCK (SILSON)	44.32	M60	18
73	M. ADCOCK (WATFORD)	31.11	M40	26	160	D. SANDERSON (HANDY CROSS)	34.49	M50	19	246	P. RANCE (BEARBROOK)	46.12	M60	19
74	A. INCHLEY (LEIGHTON B)	31.15	M	37	161	T. O'CALLAGHAN (BEARBROOK)	34.54	M	76	247	C. HARRIS (BIGGLESWADE)	46.50	M60	20
75	A. BYERLEY (THAME)	31.20	M40	27	162	D. PRESTON (BEARBROOK)	34.55	M40	53	248	M. HAYNES (MILTON K)	47.17	M60	21
76	S. WILLIAMSON (TRING)	31.25	M40	28	163	M. BRYANT (LEIGHTON B)	34.58	M	77	249	D. IVES (DACORUM)	47.35	M60	22
77	A. METCALFE (BEDFORD & C)	31.28	M	38	164	S. NEWING (GADE VALLEY)	34.59	M	78	250	J. LAWRENCE (MILTON K)	49.13	M50	41
78	G. WEST (ST. ALBANS STR)	31.29	M40	29	165	S. JAMES (MILTON K)	35.00	M40	54	251	T. BUSH (HARROW)	49.29	M60	23
79	M. DUNMORE (HEADINGTON)	31.30	M	39	166	A. HOARE (SILSON)	35.03	M50	20	252	M. CARTWRIGHT (CHIL)	50.44	M60	24
80	D. WATKINS (HARROW)	31.32	M40	30	167	M. MCPHEAT (MILTON K)	35.06	M50	21	253	C. BILLINGHURST (GADE)	56.47	M	93

TEAM RESULT non scorers excluded

1	BEDFORD & COUNTY	1854	1	4	6	17	18	24	31	77
2	HARROW A.C.	1803	7	9	12	27	29	38	42	65
3	MARSHALL MILTON KEYNES	1721	2	11	14	43	52	60	63	66
4	OXFORD CITY	1507	22	28	33	46	62	104	106	124
5	VALE OF AYLESBURY	1495	10	20	39	51	59	117	119	122
6	CHILTERN HARRIERS	1479	5	8	16	50	91	108	121	154
7	SILSON JOGGERS	1349	32	40	57	61	114	115	118	146
8	LUTON A.C.	1303	15	30	34	36	55	151	172	236
9	GADE VALLEY	1224	45	54	56	100	116	129	144	164
10	LEIGHTON BUZZARD	1223	74	85	89	97	99	107	123	135
11	TRING RUNNING CLUB	1204	47	72	76	84	95	98	158	198
12	HEADINGTON R.R.	1160	35	58	79	90	105	132	180	193
13	BEARBROOK JOGGERS	1137	71	81	87	120	126	134	137	139
14	WINDSOR SE&H	844	26	49	64	130	157			
15	THAME RUNNERS	827	75	86	101	149	176	184	203	231
16	QUEENS PARK H.	795	93	109	110	127	153	168	237	240
17	HANDY CROSS	786	23	37	128	160	190	200		
18	ST. ALBANS STRIDERS	716	48	78	111	138	179			
19	BRACKNELL	715	19	44	53	185				
20	BIGGLESWADE	569	68	175	177	182	204	214	219	224
21	DACORUM & TRING	548	13	102	131	227	249			
22	WATFORD	511	73	113	125	220	228			
23	STEVENAGE & NH	391	25	92						
24	WYCOMBE PHOENIX	388	41	171	199	217				
25	WHITE HORSE	271	21	216						
26	SHAFTESBURY BARNET	251	3							
27	BANBURY	250	140	183	205	238				
28	AMPTHILL & FLITWICK	172	82							
29	MAIDENHEAD	158	96							
30	BUCKINGHAM & STOWE	151	103							

Veteran Mens Race

1	HARROW A.C.	868	12	27	29	80				
2	OXFORD CITY	847	28	33	46	62				
3	SILSON JOGGERS	772	32	40	57	115				
4	MARSHALL MILTON KEYNES	767	43	67	69	70				
5	BEDFORD & COUNTY	679	18	24	83	212				
6	HANDY CROSS	668	23	37	128	160				
7	HEADINGTON R.R.	631	58	90	105	132				
8	TRING RUNNING CLUB	626	72	76	84	158				
9	VALE OF AYLESBURY	619	39	117	119	122				
10	LUTON A.C.	602	36	55	151	172				
11	BEARBROOK JOGGERS	576	71	81	126	162				
12	GADE VALLEY	544	54	100	116	202				
13	THAME RUNNERS	530	75	86	149	176				

14	LEIGHTON BUZZARD	508	97	107	123	181				
15	ST. ALBANS STRIDERS	457	48	78	179					
16	WATFORD	382	73	113	220	228				
17	CHILTERN HARRIERS	366	121	154	186	189				
18	BRACKNELL	279	44	185						
19	QUEENS PARK H.	240	127	168	240	241				
20	WINDSOR SE&H	221	130	157						
21	BIGGLESWADE	197	177	204	214	224				
22	WYCOMBE PHOENIX	175	171	199	217					
23	MAIDENHEAD	158	96							
24	DACORUM & TRING	155	131	227	249					
25	BANBURY	136	183	205	238					
26	WHITE HORSE	38	216							

Junior Men

1	WINDSOR SE&H	623	26	49	64					
2	LUTON A.C.	459	15	34						
3	DACORUM & TRING	393	13	102						
4	MARSHALL MILTON KEYNES	243	11							

5	BEDFORD & COUNTY	237	17							
6	WYCOMBE PHOENIX	213	41							
7	STEVENAGE & NH	162	92							
8	BUCKINGHAM & STOWE	151	103							

Under 17 Men

1	J. GOODWIN (BEDFORD & C)	17.26	M17	1						
2	Z. SEDDON (BRACKNELL)	17.30	M17	2						
3	M. BERGIN (BEDFORD & C)	18.06	M17	3						
4	S. STILL (LUTON)	18.28	M17	4						
5	T. ATKINS (AYLESBURY)	18.34	M17	5						
6	E. WOOLMER (WINDSOR)	18.35	M17	6						
7	T. MEAD (LUTON)	18.43	M17	7						
8	A. GOODALL (WINDSOR)	18.50	M17	8						
9	N. DITTON (WINDSOR)	18.51	M17	9						
10	G. MILLER (RADLEY)	19.02	M17	10						
11	A. WATSON (CHILTERN H.)	19.06	M17	11						
12	L. ANGELL (BEDFORD & C)	19.12	M17	12						
	K. AL-ABADY (WINDSOR) N/S	19.13	M17							
13	H. ROBERTSON (OXFORD)	19.19	M17	13						
14	R. BURLING (MILTON K)	19.24	M17	14						

15	Z. CURRAN (WINDSOR)	19.50	M17	15						
16	G. BURKITT (BEDFORD & C)	19.54	M17	16						
17	S. BENNET (BEDFORD & C)	19.55	M17	17						
18	D. LOACH (CHILTERN H.)	19.57	M17	18						
19	A. HOLLIMAN (HARROW)	19.59	M17	19						
20	M. NICHOLSON (BEDFORD & C)	20.00	M17	20						
21	J. BENNINGTON (WINDSOR)	20.04	M17	21						
22	D. ABBOT (SHAFTESBURY)	20.05	M17	22						
23	P. STEWART (BEDFORD & C)	20.06	M17	23						
24	L. KEEBLE (STEVENAGE)	20.13	M17	24						
25	J. HUMPHREYS (RADLEY)	20.19	M17	25						
26	M. MALCOLM (MILTON K)	20.25	M17	26						
27	O. GYLL (DACORUM)	20.31	M17	27						
28	J. TIDD (WINDSOR)	20.39	M17	28						
29	T. REILLY (LUTON)	20.41	M17	29						

30	D. JOHNSON (LUTON)	20.41	M17	30						
31	G. EVANS (STEVENAGE)	20.44	M17	31						
32	G. BROWN (WINDSOR)	20.46	M17	32						
33	J. BENNEWITH (AYLESBURY)	20.58	M17	33						
34	B. HALL (CHILTERN H.)	21.11	M17	34						
35	A. BROWN (HARROW)	21.13	M17	35						
36	C. HILTON (STEVENAGE)	21.32	M17	36						
37	D. COE (WINDSOR)	21.55	M17	37						
38	J. VILLAR (BUCKINGHAM)	22.13	M17	38						
39	C. THORNLEY (BEDFORD & C)	22.24	M17	39						
40	M. TILLEY (LUTON)	22.35	M17	40						
41	T. SLOAN (STEVENAGE)	23.07	M17	41						
42	T. HUGHES (CHILTERN H.)	23.09	M17	42						
43	J. HOLLAND (BEDFORD & C)	23.36	M17	43						
44	A. MURPHY (BIGGLESWADE)	23.04	M17	44						

TEAM RESULT non scorers excluded

1	BEDFORD & COUNTY	119	1	3	12					
2	WINDSOR SE&H	112	6	8	9					
3	LUTON A.C.	95	4	7	29					
4	CHILTERN HARRIERS	72	11	18	34					
5	RADLEY A.C.	55	10	25						
6	VALE OF AYLESBURY	52	5	33						
7	MARSHALL MILTON KEYNES	50	14	26						
8	STEVENAGE & NH	44	24	31	36					

9	BRACKNELL	43	2							
10	HARROW A.C.	36	19	35						
11	OXFORD CITY	32	13							
12	SHAFTESBURY BARNET	23	22							
13	DACORUM & TRING	18	27							
14	BUCKINGHAM & STOWE	7	38							
15	BIGGLESWADE	1	44							

Under 15 Boys

1	M. MCLAUGHLIN (SB)	13.30	M15	1						
2	B. ALCOCK (BEDFORD & C)	13.33	M15	2						
3	J. MCMURRAY (ST. ALBANS)	13.53	M15	3						
4	S. REDDING (MILTON K)	13.57	M15	4						
5	R. ISAACSON (BEDFORD & C)	13.59	M15	5						
6	K. WYE (WINDSOR)	14.00	M15	6						
7	NO. 303 (BRACKNELL)	14.02	M15	7						
8	B. BRADLEY (WINDSOR)	14.09	M15	8						
9	M. SEDDON (BRACKNELL)	14.14	M15	9						
10	M. GODDARD (CHILTERN H.)	14.18	M15	10						
	S. WYLLIE (BRACKNELL) N/S	14.18	M15							
11	M. CALLEBARI (SHAFTESBURY)	14.28	M15	11						
12	R. TAYLOR (DACORUM)	14.31	M15	12						
13	M. HARRISON (BEDFORD & C)	14.39	M15	13						
14	J. DUTTON (CHILTERN H.)	14.43	M15	14						
15	J. DOUGLAS (BEDFORD & C)	14.48	M15	15						
16	P. TAYLOR (AYLESBURY)	14.48	M15	16						
17	M. MARSHALL (OXFORD)	14.49	M15	17						
18	D. BARRACLOUGH (CHIL)	14.50	M15	18						
19	C. DICKINSON (BUCKINGHAM)	14.53	M15	19						
20	O. POULAIN (ST. ALBANS)	14.57	M15	20						
21	J. TACK (OXFORD)	14.58	M15	21						
22	G. GILLINGWATER (CHIL)	15.00	M15	22						

23	B. CHURCHMAN (BEDFORD & C)	15.03	M15	23						
24	J. KNIGHT (MILTON K)	15.10	M15	24						
	N. DOYLE (HERTS P) N/S	15.13	M15							
25	J. DICKINSON (BUCKINGHAM)	15.14	M15	25						
26	A. BEVAN (DACORUM)	15.19	M15	26						
27	G. WARD (LUTON)	15.20	M15	27						
28	T. BIEGEL (BANBURY)	15.21	M15	28						
29	K. ENGLAND-ARCHIBALD (WYC)	15.21	M15	29						
30	S. PROCTOR (BEDFORD & C)	15.26	M15	30						

TEAM RESULT non scorers excluded

1	BEDFORD & COUNTY	187	2	5	13
2	CHILTERN HARRIERS	165	10	14	18
3	SHAFTESBURY BARNET	152	1	11	43
4	ST. ALBANS A.C.	145	3	20	39
5	MARSHALL MILTON KEYNES	139	4	24	40
6	BRACKNELL	132	7	9	59
7	WINDSOR SE&H	124	6	8	
8	DACORUM & TRING	117	12	26	52
9	BUCKINGHAM & STOWE	101	19	25	62
10	OXFORD CITY	100	17	21	

11	LUTON A.C.	97	27	32	51
12	WYCOMBE PHOENIX	93	29	37	48
13	VALE OF AYLESBURY	81	16	41	
14	BIGGLESWADE	58	33	47	
15	BANBURY	41	28		
16	STEVENAGE & NH	34	35		
17	LEIGHTON BUZZARD	25	44		
18	HARROW A.C.	13	60	65	
19	AMPTHILL & FLITWICK	3	66		

Under 13 Boys

1	C. VON EITZEN (RADLEY)	9.40	M13	1
2	T. VERBENA (WATFORD)	9.48	M13	2
3	R. TESTA (LINCROFT MS)	9.53	M13	3
4	K. LINDARS (AYLESBURY)	9.58	M13	4
5	J. MCCARTHY (CHILTERN H.)	10.00	M13	5
6	B. HUGHES (CHILTERN H.)	10.01	M13	6
7	A. STENNING (CHILTERN H.)	10.02	M13	7
8	T. WARSHARE (WYCOMBE)	10.02	M13	8
9	J. JANES (BEDFORD & C)	10.03	M13	9
10	G. COCKLE (WINDSOR)	10.04	M13	10
11	J. DOWN (ST. ALBANS)	10.08	M13	11
12	D. STEVENS (STEVENAGE)	10.12	M13	12
13	T. HERDMAN-SMITH (MK)	10.15	M13	13
14	T. COE (WINDSOR)	10.16	M13	14
15	C. NEAL (CHILTERN H.)	10.18	M13	15
16	L. KELLING (BANBURY)	10.27	M13	16
17	J. COCHRANE (CHILTERN H.)	10.27	M13	17
18	J. AHERNE (CHILTERN H.)	10.28	M13	18
19	G. GATHERCOLE (WINDSOR)	10.29	M13	19
20	S. SEDDON (BRACKNELL)	10.30	M13	20
21	M. SIMPSON (DACORUM)	10.31	M13	21
22	C. TRUDGILL (BIGGLESWADE)	10.32	M13	22
23	J. MCGARRY (LEIGHTON B)	10.33	M13	23
24	G. ROBINSON (WINDSOR)	10.35	M13	24
25	S. BUTCHER (CHILTERN H.)	10.38	M13	25
26	J. WAGERLEIGH (DACORUM)	10.39	M13	26
27	H. SUTHERLAND (WYCOMBE)	10.41	M13	27
28	B. WHARTON (LINCROFT MS)	10.41	M13	28
29	L. GLYN (DACORUM)	10.42	M13	29

30	C. REID-JONES (CHIL)	10.43	M13	30
31	J. BURGIN (LINCROFT MS)	10.43	M13	31
32	T. O'NEIL (LINCROFT MS)	10.44	M13	32
33	J. HADDEN (LINCROFT MS)	10.46	M13	33
34	C. LIGHT (SHAFTESBURY)	10.47	M13	34
35	J. TREANOR (CHILTERN H.)	10.48	M13	35
36	J. THOMAS (BIGGLESWADE)	10.48	M13	36
37	H. MORTON (MILTON K)	10.49	M13	37
38	E. MARSH (WATFORD)	10.49	M13	38
39	W. COOPER (BRACKNELL)	10.50	M13	39
40	C. KEANE (WATFORD)	10.53	M13	40
41	K. HAMMOND (HARROW)	10.53	M13	41
42	A. HEPBURN (BEDFORD & C)	10.55	M13	42
43	T. JONES (CHILTERN H.)	10.55	M13	43
44	J. GAMMELL (HARROW)	10.56	M13	44
45	J. HILL (HARROW)	10.56	M13	45
46	J. CLAY (LEIGHTON B)	10.57	M13	46
47	F. JENKINS (LINCROFT MS)	10.58	M13	47
48	J. IRVINE (LEIGHTON B)	11.02	M13	48
49	S. PAYNE (BRACKNELL)	11.06	M13	49
50	J. KINGSTON (WYCOMBE)	11.08	M13	50
51	M. MARSON (BEDFORD & C)	11.09	M13	51
52	C. MILLER (RADLEY)	11.10	M13	52
53	C. ROONEY (WYCOMBE)	11.15	M13	53
54	N. REYNOLDS (WYCOMBE)	11.16	M13	54
55	H. WILSON (AMPTHILL & F)	11.21	M13	55
56	P. MORTIMER (LINCROFT MS)	11.22	M13	56
57	H. LANDER (LUTON)	11.23	M13	57
58	T. HOLLAND (BEDFORD & C)	11.25	M13	58
59	M. MARDLE (STEVENAGE)	11.28	M13	59

60	O. HURCUM (HARROW)	11.28	M13	60
61	R. ANGELL (BEDFORD & C)	11.29	M13	61
62	D. CURRAN (LINCROFT MS)	11.30	M13	62
63	M. WILLIAMS (BRACKNELL)	11.30	M13	63
64	J. EVANS (LINCROFT MS)	11.33	M13	64
65	R. HUGHES (CHILTERN H.)	11.33	M13	65
66	G. ROGERS (AMPTHILL & F)	11.34	M13	66
67	T. CAIGER (LINCROFT MS)	11.37	M13	67
68	T. DALTON (LINCROFT MS)	11.40	M13	68
69	J. CONROY (LINCROFT MS)	11.41	M13	69
70	M. DE-VINES (LINCROFT MS)	11.43	M13	70
71	O. SEAMARK (MILTON K)	11.45	M13	71
72	A. OWENS (CHILTERN H.)	11.49	M13	72
73	E. ANDERS (ST. ALBANS)	11.54	M13	73
74	N. WHITE (HARROW)	11.55	M13	74
75	J. SHEPHERD (SILSON)	11.56	M13	75
76	NO. 346 (LINCROFT MS)	12.04	M13	76
77	A. REMOND (LINCROFT MS)	12.05	M13	77
78	M. CANHAM (LUTON)	12.06	M13	78
79	L. BOUNDS (MILTON K)	12.07	M13	79
80	W. GODDARD (WINDSOR)	12.08	M13	80
81	J. DAVIES (WATFORD)	12.16	M13	81
82	C. HOYLAND (WYCOMBE)	12.17	M13	82
83	M. TIERNEY (LINCROFT MS)	12.18	M13	83
84	R. NEEDLEMAN (DACORUM)	12.57	M13	84
85	S. JAMES (AMPTHILL & F)	13.01	M13	85
86	S. LOWE (LINCROFT MS)	13.07	M13	86
87	J. URWIN (AMPTHILL & F)	13.57	M13	87
88	J. GUDGIN (BEDFORD & C)	14.30	M13	88
89	L. PRATT (LEIGHTON B)	M13	89

TEAM RESULT

1	CHILTERN HARRIERS	252	5	6	7
2	WINDSOR SE&H	227	10	14	19
3	LINCROFT MIDDLE SCHOOL	208	3	28	31
4	DACORUM & TRING	194	21	26	29
5	WATFORD	190	2	38	40
6	WYCOMBE PHOENIX	185	8	27	50
7	BEDFORD & COUNTY	168	9	42	51
8	BRACKNELL	162	20	39	49
9	LEIGHTON BUZZARD	153	23	46	48
10	MARSHALL MILTON KEYNES	149	13	37	71
11	HARROW A.C.	140	41	44	45

12	RADLEY A.C.	127	1	52
13	BIGGLESWADE	122	22	36
14	STEVENAGE & NH	109	12	59
15	ST. ALBANS A.C.	96	11	73
16	VALE OF AYLESBURY	86	4	
17	BANBURY	74	16	
18	AMPTHILL & FLITWICK	64	55	66 85
19	SHAFTESBURY BARNET	56	34	
20	LUTON A.C.	45	57	78
21	SILSON JOGGERS	15	75	

Under 11 Boys

1	W. PERKIN (CHILTERN H.)	7.41	M11	1
2	A. CLAYTON (BRACKNELL)	7.56	M11	2
3	A. WILMSHURST (ST. ALBANS)	7.57	M11	3
4	J. DALTON (LINCROFT MS)	7.59	M11	4
5	J. KEECH (BEDFORD & C)	7.59	M11	5
6	R. HALL (CHILTERN H.)	8.02	M11	6
7	D. WILLCOX (CHILTERN H.)	8.02	M11	7
8	A. DENISON-SMITH (CHIL)	8.05	M11	8
9	S. HENNING (CHILTERN H.)	8.14	M11	9
10	I. WRIGHT (LINCROFT MS)	8.15	M11	10
11	J. STENNING (CHILTERN H.)	8.16	M11	11
12	T. ANGELL (BEDFORD & C)	8.22	M11	12
13	B. PATTISON (ST. ALBANS)	8.24	M11	13
14	R. JAMES (ST. ALBANS)	8.25	M11	14
15	W. MULLINS (LINCROFT MS)	8.25	M11	15
16	S. BARTOIN (BIGGLESWADE)	8.26	M11	16
17	G. KELLING (BANBURY)	8.29	M11	17
18	A. PRITCHARD (ST. ALBANS)	8.32	M11	18
19	M. O'CONNOR (LINCROFT MS)	8.33	M11	19
20	J. COOKE (LINCROFT MS)	8.33	M11	20

21	D. LINDARS (AYLESBURY)	8.35	M11	21
22	R. SLADE (CHILTERN H.)	8.37	M11	22
23	O. TRUDGILL (BIGGLESWADE)	8.43	M11	23
24	S. HOWELL (DACORUM)	8.44	M11	24
25	J. PHILPOTT (STEVENAGE)	8.46	M11	25
26	K. TAYLOR (CHILTERN H.)	8.50	M11	26
27	M. PICONE (STEVENAGE)	8.50	M11	27
28	J. BROWN (WINDSOR)	8.51	M11	28
29	J. HUGHES (CHILTERN H.)	8.55	M11	29
30	A. ROSE-SENIOR (HARROW)	8.56	M11	30
31	J. ASTON (HARROW)	8.58	M11	31
32	W. RALSTON (AYLESBURY)	8.59	M11	32
33	A. MANN (LINCROFT MS)	9.01	M11	33
34	R. WARD (AMPTHILL & F)	9.02	M11	34
35	W. MCKINNON-AUSTIN (BED)	9.03	M11	35
36	T. DORE (CHILTERN H.)	9.03	M11	36
37	E. TATTERSALL (BRACKNELL)	9.05	M11	37
38	D. BOAKYE (LUTON)	9.07	M11	38
39	O. WRIGHT (LINCROFT MS)	9.10	M11	39
40	J. OUTTRIM (HARROW)	9.10	M11	40

41	C. MULLINS (LINCROFT MS)	9.13	M11	41
42	J. SEARLE (LINCROFT MS)	9.17	M11	42
43	J. DAVIES (WINDSOR)	9.26	M11	43
44	D. VERBANA (WATFORD)	9.27	M11	44
45	J. STANCOMBE (LEIGHTON B)	9.27	M11	45
46	B. FADDEN (LINCROFT MS)	9.29	M11	46
47	J. ANGELL (BED) N/S	9.30	M11	
48	B. ROSI (LINCROFT MS)	9.33	M11	47
49	O. TODD (STEVENAGE)	9.35	M11	48
49	J. SMEE (SILSON)	9.38	M11	49
	J. HENSON (BED) N/S	9.39	M11	
50	L. DONALD (LINCROFT MS)	9.42	M11	50
51	J. DORE (CHILTERN H.)	9.44	M11	51
52	R. SPADACCINO (LIN)	9.45	M11	52
53	J. ROGERS (AMPTHILL & F)	9.46	M11	53
54	H. WILKINSON (CHILTERN H.)	10.00	M11	54
55	A. KOWLING (AMPTHILL & F)	10.09	M11	55
56	J. SHRIVINGTON (LIN)	10.14	M11	56
57	M. AHTERTON (AMPTHILL & F)	12.07	M11	57
58	J. BIERTON (AMPTHILL & F)	12.45	M11	58

TEAM RESULT non scorers excluded

1	CHILTERN HARRIERS	163	1	6	7
2	LINCROFT MIDDLE SCHOOL	148	4	10	15
3	ST. ALBANS A.C.	147	3	13	14
4	BEDFORD & COUNTY	125	5	12	35
5	BIGGLESWADE	79	16	23	
6	BRACKNELL	79	2	37	
7	STEVENAGE & NH	77	25	27	48
8	HARROW A.C.	76	30	31	40
9	VALE OF AYLESBURY	65	21	32	
10	WINDSOR SE&H	47	28	43	
11	BANBURY	42	17		
12	DACORUM & TRING	35	24		
13	AMPTHILL & FLITWICK	35	34	53	55
14	LUTON A.C.	21	38		
15	WATFORD	15	44		
16	LEIGHTON BUZZARD	14	45		
17	SILSON JOGGERS	10	49		

DIVISION RESULT

1	CHILTERN HARRIERS	668	130	217	158	163
2	ST. ALBANS A.C.	565	105	183	130	147
3	BEDFORD & COUNTY	492	85	175	107	125
4	HARROW A.C.	382	70	128	108	76
5	VALE OF AYLESBURY	375	55	168	87	65
6	LINCROFT MIDDLE SCHOOL	346		198		148
7	WINDSOR SE&H	296	75	108	66	47
8	LUTON A.C.	215	10	108	76	21
9	WATFORD	204		101	88	15
10	DACORUM & TRING	190	49	75	31	35
11	BIGGLESWADE	172	28	38	27	79
12	STEVENAGE & NH	151		59	15	77
13	BANBURY	151	80	19	10	42
14	LEIGHTON BUZZARD	125		100	11	14
15	BRACKNELL	98			19	79
16	AMPTHILL & FLITWICK	66		31		35
17	OXFORD CITY	55	40	15		
18	WYCOMBE PHOENIX	37			37	
19	WHITE HORSE	31	31			
20	MARSHALL MILTON KEYNES	27		27		
21	MAIDENHEAD	25	14		11	
22	SILSON JOGGERS	10				10

Senior/Veteran Ladies

1	N. SYKES (BEDFORD & C)	19.33	F	1	32	R. CAVE (BEDFORD & C)	24.04	F	19	63	A. GOOCH (MILTON K)	27.12	F	33
2	R. GIBBS (BEDFORD & C)	19.42	F	2	33	E. ROBERTS (DACORUM)	24.07	F	20	64	N. KING (SILSON)	27.16	F	34
3	R. NEWSTEAD (BEDFORD & C)	19.49	F	3	34	K. LARGE (BEDFORD & C)	24.13	F	21	65	J. PORTEOUS (TRING)	27.18	F45	10
4	H. BARNES (HEADINGTON)	20.39	F	4	35	L. DETHICK (BEARBROOK)	24.23	F35	9	66	N. MORGAN (BIGGLESWADE)	27.19	F	35
5	J. CRAFT (HEADINGTON)	20.57	F35	1	36	D. CHANNER (BEARBROOK)	24.25	F35	10	67	K. INGRAM (BEARBROOK)	27.25	F	36
6	L. BROMLOW (MILTON K)	21.10	F	5	37	J. FORDE (STEVENAGE)	24.29	F	22	68	C. MARSHALL (OXFORD)	27.25	F35	20
7	R. KELLING (BANBURY)	21.23	F45	1	38	C. MURRAY (THAME)	24.32	F	23	69	C. BASELEY (HANDY CROSS)	27.26	F	37
8	T. TAYLOR (MILTON K)	21.29	F	6	39	J. ROGERS (BEDFORD & C)	24.37	F	24	70	A. HALFORD (WATFORD)	27.32	F	38
9	S. GIBBENS (MILTON K)	21.45	F	7	40	L. LYTOLLIS (SILSON)	25.18	F35	11	71	A. INCHLEY (LEIGHTON B)	27.33	F	39
10	N. GOODERHAM (MILTON K)	21.46	F	8	41	H. COOKE (SILSON)	25.18	F	25	72	C. TODD (SILSON)	27.43	F45	11
11	S. THOMAS (CHILTERN H.)	21.51	F	9	42	L. BURGOINE (OXFORD)	25.26	F	26	73	M. FISCHER (HEADINGTON)	27.48	F45	12
12	G. DUCKWORTH (LEIGHTON B)	22.00	F45	2	43	N. HENRY (DACORUM)	25.29	F35	12	74	C. GRIERSON (OXFORD)	28.03	F	40
13	J. DIXON (BANBURY)	22.02	F35	2	44	H. FOLKARD (CHILTERN H.)	25.32	F35	13	75	M. BIGNELL (SILSON)	28.20	F45	13
14	J. AUSTIN (AYLESBURY)	22.04	F45	3	45	D. HINDMARCH (MILTON K)	25.34	F45	6	76	J. TURNLEY (WATFORD)	28.34	F35	21
15	D. STEER (ST. ALBANS STR)	22.05	F45	4	46	B. RALPH (CHILTERN H.)	25.41	F55	1	77	P. SPRINZ (THAME)	28.38	F	41
16	M. BARTLETT (BANBURY)	22.08	F35	3	47	N. ANDREWS (STEVENAGE)	25.42	F	27	78	P. COOK (GADE VALLEY)	29.00	F45	14
17	T. PATMORE (BIGGLESWADE)	22.10	F35	4	48	K. HOGAN (GADE VALLEY)	25.43	F	28	79	S. MOGAN (GADE VALLEY)	29.04	F35	22
18	L. KYTE (HEADINGTON)	22.36	F	10	49	B. ORTH (THAME)	25.46	F45	7	80	C. CRAWLEY (DACORUM)	29.13	F45	15
19	A. YOUNG (CHILTERN H.)	22.50	F35	5	50	J. MADRY (AYLESBURY)	26.04	F35	14	81	U. GHALEB (MILTON K)	30.01	F55	3
20	V. CUNNINGHAM (BANBURY)	22.58	F	11	51	E. HAYNES (HANDY CROSS)	26.05	F35	15	82	B. KING (CHILTERN H.)	30.08	F55	4
21	H. FRIZZELL (BEDFORD & C)	22.59	F35	6	52	P. CALLINGHAM (WINDSOR)	26.07	F	29	83	L. MERCHANT (DACORUM)	31.36	F	42
22	V. CRAWLEY (GADE VALLEY)	23.07	F	12	53	H. PARRY (THAME)	26.11	F35	16	84	T. SEARLE (GADE VALLEY)	31.42	F45	16
23	S. DELDERFIELD (AYLESBURY)	23.19	F	13	54	T. SCHEUBER (STEVENAGE)	26.12	F	30	85	S. WESTON (BEARBROOK)	32.22	F35	23
24	S. WRIGHT (MILTON K)	23.23	F	14	55	H. TURLEY (HEADINGTON)	26.18	F55	2	86	S. SMEE (SILSON)	33.00	F45	17
25	M. RUSSELL (BEARBROOK)	23.29	F	15	56	K. BARNETT (TRING)	26.23	F	31	87	C. KLEANTHOS (LEIGHTON B)	33.25	F45	18
26	C. HARRIS (HEADINGTON)	23.31	F	16	57	A. PUTKO (WATFORD)	26.29	F	32	88	P. SANNOH (Q.P.H.)	34.51	F	43
27	A. HOPKINS (HEADINGTON)	23.32	F	17	58	R. RUTT (TRING)	26.32	F45	8	89	P. CARD (AYLESBURY)	36.20	F55	5
28	J. ORR (CHILTERN H.)	23.36	F35	7	59	C. MURRAY (DACORUM)	26.38	F35	17	90	M. RUSSELL (HEADINGTON)	36.45	F45	19
29	C. LATHWELL (LUTON)	23.50	F	18	60	H. FALLAIZE (AYLESBURY)	26.46	F45	9	91	C. DEBNEY (SILSON)	37.01	F55	6
30	C. DAVIES (DACORUM)	23.54	F45	5	61	V. SHELDON (AYLESBURY)	26.48	F35	18	92	H. WALSH (BEARBROOK)	37.16	F	44
31	C. MCDONNELL (GADE VALLEY)	23.58	F35	8	62	R. BIEGEL (BANBURY)	26.57	F35	19	93	C. TERRY (GADE VALLEY)	39.41	F	45

TEAM RESULT

1	BEDFORD & COUNTY	349	1	2	3	21	12	STEVENAGE & NH	144	37	47	54
2	MARSHALL MILTON KEYNES	343	6	8	9	10	13	LEIGHTON BUZZARD	112	12	71	87
3	HEADINGTON R.R.	323	4	5	18	26	14	BIGGLESWADE	105	17	66	
4	BANBURY	320	7	13	16	20	15	TRING RUNNING CLUB	103	56	58	65
5	CHILTERN HARRIERS	274	11	19	28	44	16	OXFORD CITY	98	42	68	74
6	VALE OF AYLESBURY	229	14	23	50	60	17	ST. ALBANS STRIDERS	79	15		
7	BEARBROOK JOGGERS	213	25	35	36	67	18	WATFORD	79	57	70	76
8	DACORUM & TRING	211	30	33	43	59	19	HANDY CROSS	68	51	69	
9	GADE VALLEY	197	22	31	48	78	20	LUTON A.C.	65	29		
10	SILSON JOGGERS	159	40	41	64	72	21	WINDSOR SE&H	42	52		
11	THAME RUNNERS	159	38	49	53	77	22	QUEENS PARK H.	6	88		

Veteran Ladies Race

1	BANBURY	278	7	13	16	62	10	THAME RUNNERS	86	49	53
2	CHILTERN HARRIERS	239	19	28	44	46	11	ST. ALBANS STRIDERS	79	15	
3	VALE OF AYLESBURY	191	14	50	60	61	12	BIGGLESWADE	77	17	
4	DACORUM & TRING	164	30	43	59	80	13	BEDFORD & COUNTY	73	21	
5	HEADINGTON R.R.	153	5	55	73	90	14	TRING RUNNING CLUB	65	58	65
6	BEARBROOK JOGGERS	126	35	36	85		15	MARSHALL MILTON KEYNES	62	45	81
7	GADE VALLEY	104	31	78	79	84	16	HANDY CROSS	43	51	
8	SILSON JOGGERS	103	40	72	75	86	17	OXFORD CITY	26	68	
9	LEIGHTON BUZZARD	89	12	87			18	WATFORD	18	76	

Junior/U17 Ladies

1	H. WALKER (DACORUM)	16.49	F20	1	11	L. FARRAR (ST. ALBANS)	19.01	F17	10	22	E. BURNS (OXFORD)	20.43	F17	19
2	E. WALLBANK (BEDFORD & C)	17.07	F17	1	12	E. ROW (BRACKNELL)	19.08	F17	11	23	J. SWEENEY (MILTON K)	21.01	F17	20
3	B. SWORDS (MILTON K)	17.12	F17	2	13	H. DEWHURST (STEVENAGE)	19.15	F17	12	24	R. PRITCHARD (ST. ALBANS)	21.07	F17	21
4	P. WOOLVEN (WYCOMBE)	17.25	F17	3	14	C. STEWART (SHAFTESBURY)	19.30	F17	13	25	B. FIELDEN (BEDFORD & C)	21.15	F17	22
5	M. WOOD (MILTON K)	17.40	F17	4	15	N. WICKINGS (WATFORD)	19.38	F17	14	26	C. BAIRD (STEVENAGE)	21.52	F17	23
6	S. CONNOR (SHAFTESBURY)	18.01	F17	5	16	G. BIRCH (CHILTERN H.)	19.39	F20	2	27	S. PIKE (STEVENAGE)	22.01	F17	24
7	E. ROCHE (MILTON K)	18.10	F17	6	17	A. MADRY (AYLESBURY)	19.48	F17	15	28	H. HUTCHINSON (BIGG)	22.18	F20	4
8	A. BURGIN (BEDFORD & C)	18.11	F17	7	18	N. BARBOUR (WINDSOR)	19.53	F17	16	29	R. FLORY (BEDFORD & C)	22.41	F17	25
9	E. RELTON (BEDFORD & C)	18.52	F17	8	19	R. GOYDER-SMITH (MILTON K)	20.04	F17	17	30	H. WILLIAMS (BEDFORD & C)	22.49	F17	26
10	M. HAYNES (WINDSOR)	18.55	F17	9	20	D. SEDDON (BRACKNELL)	20.13	F17	18	31	C. WEBB (STEVENAGE)	23.39	F17	27
					21	B. MYERS (WINDSOR)	20.27	F20	3	32	L. WOOD (BUCKINGHAM)	23.52	F20	5

TEAM RESULT

1	MARSHALL MILTON KEYNES	84	3	5	7	9	9	WYCOMBE PHOENIX	29	4		
2	BEDFORD & COUNTY	80	2	8	9		10	WATFORD	18	15		
3	WINDSOR SE&H	50	10	18	21		11	CHILTERN HARRIERS	17	16		
4	SHAFTESBURY BARNET	46	6	14			12	VALE OF AYLESBURY	16	17		
5	BRACKNELL	34	12	20			13	OXFORD CITY	11	22		
6	STEVENAGE & NH	33	13	26	27		14	BIGGLESWADE	5	28		
7	DACORUM & TRING	32	1				15	BUCKINGHAM & STOWE	1	32		
8	ST. ALBANS A.C.	31	11	24								

Under 15 Girls

1	R. MURRAY (BEDFORD & C)	15.17	F15	1	22	M. SHREEVES (BEDFORD & C)	17.12	F15	22	43	M. ANGELL (BEDFORD & C)	18.01	F15	43
2	S. DRAPER (HARROW)	15.29	F15	2	23	E. BOUSFIELD (MILTON K)	17.15	F15	23	44	A. SCHMID (WINDSOR)	18.02	F15	44
3	B. BERGER-NORTH (BK)	15.31	F15	3	24	A. WILLS (WINDSOR)	17.15	F15	24	45	S. WEST (ST. ALBANS)	18.03	F15	45
4	I. KEMPTON (OXFORD)	15.34	F15	4	25	E. WALLIS (WINDSOR)	17.15	F15	25	46	C. WILLIS (STEVENAGE)	18.05	F15	46
5	E. STILL (LUTON)	15.37	F15	5	26	S. BILLINGTON (LUTON)	17.21	F15	26	47	R. ADAMS (WINDSOR)	18.12	F15	47
6	S. SWAN (WATFORD)	15.40	F15	6	27	L. KEIGHLEY (MILTON K)	17.24	F15	27	48	K. ATKINS (WYCOMBE)	18.25	F15	48
7	E. HEMMING (BEDFORD & C)	15.56	F15	7	28	N. HODSON (ST. ALBANS)	17.25	F15	28	49	C. TETLAW (HILLINGDON) N/S	18.30	F15	
8	A. HARRIS (BEDFORD & C)	16.04	F15	8	29	G. HAZELL (STEVENAGE)	17.25	F15	29	50	S. NEEDLEMAN (DACORUM)	18.31	F15	49
9	C. MCMILLAN (BANBURY)	16.09	F15	9	30	R. RICHES (WINDSOR)	17.25	F15	30	51	R. GRAHAM (SHAFTESBURY)	18.49	F15	50
10	H. FARMER (LUTON)	16.12	F15	10	31	H. HULL (ST. ALBANS)	17.27	F15	31	52	N. SMART (HARROW)	18.50	F15	51
11	G. RUSSELL (WYCOMBE)	16.15	F15	11	32	L. CRAWFORD (AYLESBURY)	17.29	F15	32	53	N. SWAIN (SHAFTESBURY)	19.03	F15	52
12	F. LENTON (SHAFTESBURY)	16.21	F15	12	33	H. HOLLIS (SHAFTESBURY)	17.29	F15	33		E. STALLARD (HILL) N/S	19.05	F15	
13	R. TURTON (BRACKNELL)	16.25	F15	13		R. MILES (HILLINGDON) N/S	17.29	F15		54	S. EDWARDSON (HARROW)	19.06	F15	53
14	J. LEGGITT (MILTON K)	16.33	F15	14	34	G. COLLINS (BRACKNELL)	17.33	F15	34	55	A. LAGNADO (SHAFTESBURY)	19.12	F15	54
15	M. STEER (ST. ALBANS)	16.42	F15	15	35	A. HARRIS (CHILTERN H.)	17.35	F15	35	56	Y. YEWIT SMART (SB)	19.12	F15	55
16	E. CROFT (WINDSOR)	16.45	F15	16	36	D. NEWMAN (SHAFTESBURY)	17.37	F15	36	57	R. HOWARD (BRACKNELL)	19.17	F15	56
17	L. RELTON (BEDFORD & C)	16.50	F15	17	37	S. STREET (WINDSOR)	17.40	F15	37	58	E. ROSE-SENIOR (HARROW)	19.31	F15	57
18	E. CLARKE (OXFORD)	16.50	F15	18	38	K. PARTINGTON (AYLESBURY)	17.42	F15	38	59	H. WARDLEY (CHILTERN H.)	19.40	F15	58
19	R. BYREN (OXFORD)	16.55	F15	19	39	C. ALLEN (CHILTERN H.)	17.48	F15	39	60	L. HORAN (BUCKINGHAM)	20.24	F15	59
20	P. CUTTER (CHILTERN H.)	17.09	F15	20	40	N. SHAH (SHAFTESBURY)	17.54	F15	40	61	A. LOVE (BRACKNELL)	20.43	F15	60
21	M. PATCH (SHAFTESBURY)	17.11	F15	21	41	S. SATO (SHAFTESBURY)	17.57	F15	41	62	C. BENTLEY (WATFORD)	21.42	F15	61
					42	G. KEANE (LUTON)	17.57	F15	42		E. KLEINWORT (BUCKINGHAM)	22.25	F15	62

TEAM RESULT non scorers excluded

1	BEDFORD & COUNTY	173	1	7	8	10	10	HARROW A.C.	83	2	51	53
2	OXFORD CITY	148	4	18	19		11	WYCOMBE PHOENIX	67	11	48	
3	LUTON A.C.	148	5	10	26		12	WATFORD	59	6	61	
4	BRACKNELL	139	3	13	34		13	VALE OF AYLESBURY	56	32	38	
5	MARSHALL MILTON KEYNES	125	14									

Under 13 Girls

1	C. LEWIS (CHILTERN H.)	10.23	F13	1
2	R. CROFT (WINDSOR)	10.24	F13	2
3	N. CONNOR (SHAFTESBURY)	10.32	F13	3
4	S. CLIFFE (MILTON K)	10.36	F13	4
5	M. HUMPHREYS (RADLEY)	10.39	F13	5
6	T. MOBLEY (BANBURY)	10.42	F13	6
7	A. EDWARDS (LUTON)	10.47	F13	7
8	V. PRITCHARD (ST. ALBANS)	10.56	F13	8
9	R. FIRTH (CHILTERN H.)	11.03	F13	9
10	E. BARRACLOUGH (CHIL)	11.13	F13	10
11	A. BOTHAM (MILTON K)	11.16	F13	11
12	F. JOHNSON (WINDSOR)	11.19	F13	12
13	V. BIRCH (BRACKNELL)	11.20	F13	13
14	D. MURPHY (STEVENAGE)	11.20	F13	14
15	A. MOBLEY (BANBURY)	11.21	F13	15
16	S. KERR (BEDFORD & C)	11.23	F13	16
17	S. RAYMENT (BRACKNELL)	11.24	F13	17
18	M. GARDEN (SHAFTESBURY)	11.25	F13	18
19	K. RODD (BEDFORD & C)	11.26	F13	19
20	K. DITTON (WINDSOR)	11.27	F13	20
21	E. MILBOURN (WINDSOR)	11.28	F13	21
22	J. LATCHFORD (STEVENAGE)	11.31	F13	22
23	A. WRIGHT (AYLESBURY)	11.36	F13	23
24	L. RUSSELL (BEDFORD & C)	11.40	F13	24
25	C. HUNTER (BEDFORD & C)	11.41	F13	25
26	L. MORONEY (LUTON)	11.44	F13	26
27	K. BENCH (CHILTERN H.)	11.45	F13	27
28	A. EDWARDS (LUTON)	11.46	F13	28
29	N. QUINN (ST. ALBANS)	11.50	F13	29
30	H. RICHES (WINDSOR)	11.51	F13	30

TEAM RESULT

1	CHILTERN HARRIERS	259	1	9	10
2	WINDSOR SE&H	245	2	12	20
3	MARSHALL MILTON KEYNES	232	4	11	32
4	BEDFORD & COUNTY	220	16	19	24
5	LUTON A.C.	218	7	26	28
6	BANBURY	217	6	15	41
7	ST. ALBANS A.C.	203	8	29	39
8	BRACKNELL	200	13	17	49
9	STEVENAGE & NH	199	14	22	44
10	SHAFTESBURY BARNET	165	3	18	

31	E. REEVES (WINDSOR)	11.51	F13	31
32	L. HACKING (MILTON K)	11.53	F13	32
33	D. WARD (BEDFORD & C)	11.55	F13	33
34	C. DEARMAN (WATFORD)	11.56	F13	34
35	G. BINGHAM (CHILTERN H.)	11.59	F13	35
36	C. BAXTER (DACORUM)	12.01	F13	36
37	S. BENTLEY (WATFORD)	12.02	F13	37
38	NO. 350 (LINCROFT MS)	12.03	F13	38
39	P. BAILEY (ST. ALBANS)	12.05	F13	39
40	K. HEALY (BEDFORD & C)	12.05	F13	40
41	C. HOOD (BANBURY)	12.05	F13	41
42	L. EDWARDS (ST. ALBANS)	12.10	F13	42
43	M. DALTON (LINCROFT MS)	12.11	F13	43
44	M. DORAN (STEVENAGE)	12.12	F13	44
45	K. LATHWELL (LUTON)	12.13	F13	45
46	L. WRAY (SILSON)	12.13	F13	46
47	R. LISLE (CHILTERN H.)	12.14	F13	47
48	E. DELGADO (WYCOMBE)	12.15	F13	48
49	T. PRITCHARD (BRACKNELL)	12.20	F13	49
50	A. TURNER (WINDSOR)	12.23	F13	50
51	J. ALLEN (ST. ALBANS)	12.31	F13	51
52	A. SHREEVES (BEDFORD & C)	12.32	F13	52
53	M. SLADE (CHILTERN H.)	12.33	F13	53
54	O. HAZEL (STEVENAGE)	12.36	F13	54
55	M. HOBBS (ST. ALBANS)	12.37	F13	55
56	B. MULVANY (OXFORD)	12.39	F13	56
57	K. WATKINS (HARROW)	12.39	F13	57
58	N. BAKER (ST. ALBANS)	12.40	F13	58
59	M. LATHWELL (LUTON)	12.40	F13	59
60	S. FEELY (STEVENAGE)	12.40	F13	60
61	E. CERVI (STEVENAGE)	12.41	F13	61

62	A. BRIGHT (LUTON)	12.42	F13	62
63	S. HARWOOD (WYCOMBE)	12.51	F13	63
64	F. VAFALARI (LUTON)	12.57	F13	64
65	E. USHER (BEDFORD & C)	13.06	F13	65
66	S. HARRISON (LINCROFT MS)	13.07	F13	66
67	F. SMITH (LINCROFT MS)	13.09	F13	67
68	C. JONES (CHILTERN H.)	13.11	F13	68
69	R. SMART (HARROW)	13.13	F13	69
70	M. SMEE (SILSON)	13.14	F13	70
71	L. PHILLIPS (STEVENAGE)	13.16	F13	71
72	H. PENTLAND (LINCROFT MS)	13.17	F13	72
73	P. BOYD (DACORUM)	13.19	F13	73
74	C. BROOKE (ST. ALBANS)	13.20	F13	74
75	C. BATCHELOR (LINCROFT MS)	13.20	F13	75
76	E. CLAESSENS (WYCOMBE)	13.21	F13	76
77	A. FAWCETT (CHILTERN H.)	13.25	F13	77
78	A. FEATHERSTONE-CLARK (WYC)	13.26	F13	78
79	C. BANTON (WINDSOR)	13.38	F13	79
80	O. SUGARS (LINCROFT MS)	13.43	F13	80
81	K. SHETTY (HARROW)	13.49	F13	81
82	M. HILL (HARROW)	13.50	F13	82
83	R. PICKARD (STEVENAGE)	13.59	F13	83
84	F. BROWN (AMPTHILL & F)	14.03	F13	84
85	A. BUTTIVANT (CHILTERN H.)	14.05	F13	85
86	J. WILKINSON (CHILTERN H.)	14.06	F13	86
87	K. WILKIN (LINCROFT MS)	14.11	F13	87
88	J. DAVIES (WATFORD)	14.22	F13	88
89	C. NEALE (WYCOMBE)	14.26	F13	89
90	R. WALKER (CHILTERN H.)	14.34	F13	90
91	A. LIGGETT (DACORUM)	14.40	F13	91
92	K. INGRAM (STEVENAGE)	14.46	F13	92

11	LINCROFT MIDDLE SCHOOL	132	38	43	66
12	WATFORD	120	34	37	88
13	WYCOMBE PHOENIX	92	48	63	76
14	RADLEY A.C.	88	5		
15	DACORUM & TRING	79	36	73	91
16	HARROW A.C.	72	57	69	81
17	SILSON JOGGERS	70	46	70	
18	VALE OF AYLESBURY	70	23		
19	OXFORD CITY	37	56		
20	AMPTHILL & FLITWICK	9	84		

Under 11 Girls

1	H. GODDARD (BRACKNELL)	7.48	F11	1
2	G. GODDARD (BRACKNELL)	7.53	F11	2
3	Z. STEELES (BEDFORD & C)	8.18	F11	3
4	L. BARRACLOUGH (CHIL)	8.30	F11	4
5	A. BARBOUR (WINDSOR)	8.34	F11	5
6	M. WHITFIELD (HARROW)	8.36	F11	6
7	T. WEDDELL (ST. ALBANS)	8.40	F11	7
8	H. THEAR (CHILTERN H.)	8.41	F11	8
9	P. WILKINSON (ST. ALBANS)	8.43	F11	9
10	L. MURPHY (MILTON K)	8.43	F11	10
11	A. BENTLEY (ST. ALBANS)	8.45	F11	11
12	E. STEELES (BEDFORD & C)	8.53	F11	12
13	O. FAWCETT (CHILTERN H.)	8.55	F11	13
14	O. ALMOND (ST. ALBANS)	8.57	F11	14
15	C. BUTTIVANT (CHILTERN H.)	9.00	F11	15
16	N. FINDLAY (MILTON K)	9.01	F11	16
17	S. MORTON (CHILTERN H.)	9.02	F11	17
18	R. COOK (STEVENAGE)	9.04	F11	18

19	S. DAVIES (WINDSOR)	9.05	F11	19
20	J. KNEE-ROBINSON (LIN)	9.06	F11	20
21	E. HACK (ST. ALBANS)	9.13	F11	21
22	E. SHREEVES (BEDFORD & C)	9.14	F11	22
23	K. ROBINSON (DACORUM)	9.16	F11	23
24	E. TASWELL-FRYER (AY)	9.17	F11	24
25	S. BOTHAM (MILTON K)	9.21	F11	25
26	K. CANHAM (LUTON)	9.22	F11	26
27	S. POHLMAN (CHILTERN H.)	9.30	F11	27
28	L. CUMINO (MILTON K)	9.32	F11	28
29	M. O'NEIL (LINCROFT MS)	9.45	F11	29
30	R. WARD (CHILTERN H.)	9.50	F11	30
31	K. BILLINGTON (LUTON)	9.50	F11	31
32	A. NORMAN (STEVENAGE)	9.51	F11	32
33	A. HUNT (DACORUM)	10.00	F11	33
34	J. PITTS (AMPTHILL & F)	10.09	F11	34
35	B. HARLEY (STEVENAGE)	10.11	F11	35
36	J. EDWARDS (ST. ALBANS)	10.13	F11	36
37	O. SMYTH (WINDSOR)	10.14	F11	37

38	A. JAMES (ST. ALBANS)	10.15	F11	38
39	L. BARBER (STEVENAGE)	10.17	F11	39
40	S. MCCULLOUGH (ST. ALBANS)	10.20	F11	40
41	H. MADDOCKS (WYCOMBE)	10.21	F11	41
42	K. HENSBY (STEVENAGE)	10.38	F11	42
43	E. RUSSELL (HARROW)	10.49	F11	43
44	L. WILSON (LINCROFT MS)	10.55	F11	44
45	A. SONSINO (LINCROFT MS)	11.02	F11	45
46	C. SJURVINGTON (LIN)	11.05	F11	46
47	B. MARTE (LINCROFT MS)	11.07	F11	47
48	C. WATKINS (HARROW)	11.13	F11	48
49	A. CADMAN (CHILTERN H.)	11.25	F11	49
50	J. STIGWOOD (LINCROFT MS)	11.28	F11	50
51	I. FILBY (LINCROFT MS)	11.33	F11	51
52	J. TESTA (LINCROFT MS)	11.37	F11	52
53	A. PICKARD (STEVENAGE)	12.03	F11	53
54	H. CORNWALL (LINCROFT MS)	12.17	F11	54
55	L. BROWN (AMPTHILL & F)	13.02	F11	55

TEAM RESULT

1	CHILTERN HARRIERS	143	4	8	13
2	ST. ALBANS A.C.	141	7	9	11
3	BEDFORD & COUNTY	131	3	12	22
4	MARSHALL MILTON KEYNES	117	10	16	25
5	BRACKNELL	109	1	2	
6	WINDSOR SE&H	107	5	19	37
7	STEVENAGE & NH	83	18	32	35
8	LINCROFT MIDDLE SCHOOL	75	20	29	44
9	HARROW A.C.	71	6	43	48
10	DACORUM & TRING	56	23	33	
11	LUTON A.C.	55	26	31	
12	VALE OF AYLESBURY	32	24		
13	AMPTHILL & FLITWICK	23	34	55	
14	WYCOMBE PHOENIX	15	41		

DIVISION RESULT

1	BRACKNELL	629	181	198	141	109
2	CHILTERN HARRIERS	616	168	180	125	143
3	ST. ALBANS A.C.	579	152	176	110	141
4	WINDSOR SE&H	548	148	186	107	107
5	MARSHALL MILTON KEYNES	382	113	152		117
6	HARROW A.C.	345	118	60	96	71
7	VALE OF AYLESBURY	275	103	110	30	32
8	STEVENAGE & NH	254	46	72	53	83
9	BEDFORD & COUNTY	234	25	47	31	131
10	LUTON A.C.	220	62	99	4	55
11	DACORUM & TRING	146	36	45	9	56
12	LINCROFT MIDDLE SCHOOL	134		59		75
13	OXFORD CITY	129	85	44		
14	RADLEY A.C.	109	51	58		
15	WYCOMBE PHOENIX	64	18	18	13	15
16	MAIDENHEAD	62	15		47	
17	AMPTHILL & FLITWICK	24		1		23
18	WATFORD	12	2	4	6	

Total Overall Score

1	BEDFORD & COUNTY	3150	2328	822
2	MARSHALL MILTON KEYNES	2843	2059	784
3	CHILTERN HARRIERS	2613	1968	645
4	HARROW A.C.	2147	1992	155
5	VALE OF AYLESBURY	2085	1714	371
6	LUTON A.C.	1971	1540	431
7	OXFORD CITY	1933	1639	294
8	WINDSOR SE&H	1768	1307	461
9	SILSON JOGGERS	1593	1364	229
10	LEIGHTON BUZZARD	1513	1401	112
11	HEADINGTON R.R.	1483	1160	323
12	BRACKNELL	1425	1052	373
13	GADE VALLEY	1421	1224	197
14	BEARBROOK JOGGERS	1350	1137	213
15	TRING RUNNING CLUB	1307	1204	103
16	DACORUM & TRING	1213	877	336
17	STEVENAGE & NH	1005	578	427
18	THAME RUNNERS	986	827	159
19	WATFORD	977	701	276
20	BANBURY	956	365	591
21	BIGGLESWADE	860	750	110
22	WYCOMBE PHOENIX	854	666	188
23	HANDY CROSS	854	786	68
24	SHAFTESBURY BARNET	816	482	334
25	QUEENS PARK H.	801	795	6
26	ST. ALBANS STRIDERS	795	716	79
27	ST. ALBANS A.C.	590	241	349
28	LINCROFT MIDDLE SCHOOL	340	208	132
29	WHITE HORSE	271	271	
30	RADLEY A.C.	270	182	88
31	BUCKINGHAM & STOWE	265	259	6
32	AMPTHILL & FLITWICK	248	239	9
33	MAIDENHEAD	158	158	

Male Overall Score

1	BEDFORD & COUNTY	2328	1854	119	187	168
2	MARSHALL MILTON KEYNES	2059	1721	50	139	149
3	HARROW A.C.	1992	1803	36	13	140
4	CHILTERN HARRIERS	1968	1479	72	165	252
5	VALE OF AYLESBURY	1714	1495	52	81	86
6	OXFORD CITY	1639	1507	32	100	
7	LUTON A.C.	1540	1303	95	97	45
8	LEIGHTON BUZZARD	1401	1223		25	153
9	SILSON JOGGERS	1364	1349			15
10	WINDSOR SE&H	1307	844	112	124	227
11	GADE VALLEY	1224	1224			
12	TRING RUNNING CLUB	1204	1204			
13	HEADINGTON R.R.	1160	1160			
14	BEARBROOK JOGGERS	1137	1137			
15	BRACKNELL	1052	715	43	132	162
16	DACORUM & TRING	877	548	18	117	194
17	THAME RUNNERS	827	827			
18	QUEENS PARK H.	795	795			
19	HANDY CROSS	786	786			
20	BIGGLESWADE	750	569	1	58	122
21	ST. ALBANS STRIDERS	716	716			
22	WATFORD	701	511			190
23	WYCOMBE PHOENIX	666	388		93	185
24	STEVENAGE & NH	578	391	44	34	109
25	SHAFTESBURY BARNET	482	251	23	152	56
26	BANBURY	365	250		41	74
27	WHITE HORSE	271	271			
28	BUCKINGHAM & STOWE	259	151	7	101	
29	ST. ALBANS A.C.	241			145	96
30	AMPTHILL & FLITWICK	239	172		3	64
31	LINCROFT MIDDLE SCHOOL	208				208
32	RADLEY A.C.	182		55		127
33	MAIDENHEAD	158	158			

Female Overall Score

1	BEDFORD & COUNTY	822	349	80	173	220
2	MARSHALL MILTON KEYNES	784	343	84	125	232
3	CHILTERN HARRIERS	645	274	17	95	259
4	BANBURY	591	320		54	217
5	WINDSOR SE&H	461	42	50	124	245
6	LUTON A.C.	431	65		148	218
7	STEVENAGE & NH	427	144	33	51	199
8	BRACKNELL	373		34	139	200
9	VALE OF AYLESBURY	371	229	16	56	70
10	ST. ALBANS A.C.	349		31	115	203
11	DACORUM & TRING	336	211	32	14	79
12	SHAFTESBURY BARNET	334		46	123	165
13	HEADINGTON R.R.	323	323			
14	OXFORD CITY	294	98	11	148	37
15	WATFORD	276	79	18	59	120
16	SILSON JOGGERS	229	159			70
17	BEARBROOK JOGGERS	213	213			
18	GADE VALLEY	197	197			
19	WYCOMBE PHOENIX	188		29	67	92
20	THAME RUNNERS	159	159			
21	HARROW A.C.	155			83	72
22	LINCROFT MIDDLE SCHOOL	132				132
23	LEIGHTON BUZZARD	112	112			
24	BIGGLESWADE	110	105	5		
25	TRING RUNNING CLUB	103	103			
26	RADLEY A.C.	88				88
27	ST. ALBANS STRIDERS	79	79			
28	HANDY CROSS	68	68			
29	AMPTHILL & FLITWICK	9				9
30	QUEENS PARK H.	6	6			
31	BUCKINGHAM & STOWE	6		1	5	
