

Apex Sports Chiltern League Division Two 2010/2011 Round 4

Held at Luton (Stopsley) on 15 January 2011

Senior/Junior/Veteran Men

1 M. SALT (DACORUM).....30.16 M20 1	30 A. GALLIGAN (Q.P.H.).....37.37 M 15	60 N. GODLEMAN (Q.P.H.).....41.16 M 21
2 W. LANGLEY (WYCOMBE).....30.32 M20 2	31 A. DELNEVO (DACORUM).....37.41 M40 9	61 A. BENJAMIN (HANDY CROSS).....41.19 M50 14
3 A. CRACKNELL (DACORUM).....30.59 M 1	32 G. EVANS (STEVENAGE).....37.44 M20 7	62 R. LAVERS (THAME).....41.23 M50 15
4 R. LANGLEY (TRING).....32.11 M 2	33 T. O'CALLAGHAN (BEARBROOK).....37.51 M 16	63 T. BARROWS (BEARBROOK).....41.46 M50 16
5 J. CORNISH (WHITE HORSE).....32.13 M20 3	34 B. MILLER (Q.P.H.).....37.58 M40 10	64 S. HASSALL (BEARBROOK).....41.52 M40 20
6 F. FULCHER (HANDY CROSS).....32.35 M40 1	35 M. CRANE (BEARBROOK).....38.07 M40 11	65 G. CONBOY (Q.P.H.).....42.19 M 22
7 T. WRIGHT (BANBURY).....32.45 M 3	36 D. BROOKS (WYCOMBE).....38.08 M 17	66 N. CAIRNS (HANDY CROSS).....42.55 M40 21
8 J. HILLIER (WYCOMBE).....32.58 M 4	37 H. TAYLOR (HANDY CROSS).....38.10 M50 2	67 R. GALE (THAME).....42.58 M60 1
9 G. MILLER (RADLEY).....33.39 M20 4	38 C. DONALD (PURPLE PATCH).....38.10 M40 12	68 N. HENSON (PURPLE PATCH).....42.59 M50 17
10 A. SEARLE (STEVENAGE).....34.08 M 5	39 D. MEANEY (DACORUM).....38.11 M50 3	69 M. ARNOLD (DACORUM).....43.06 M40 22
11 J. HISCOX (THAME).....34.18 M 6	40 M. EMMETT (THAME).....38.16 M40 13	70 A. ALLEN (DACORUM).....43.08 M60 2
12 J. COX (ST. ALBANS STR.).....34.26 M 7	41 F. NOLAN (Q.P.H.).....38.18 M50 4	71 G. WHITE (DACORUM).....43.22 M 23
13 S. WILSON (BEARBROOK).....34.28 M 8	42 R. ANSELL (TRING).....38.23 M50 5	72 P. HEARN (BEARBROOK).....44.23 M40 23
14 A. BYERLEY (THAME).....34.43 M40 2	43 D. STANLEY (THAME).....38.29 M40 14	73 R. DAVIES (Q.P.H.).....44.36 M40 24
15 G. O'CALLAGHAN (TRING).....34.45 M 9	44 I. NEEDLEMAN (DACORUM).....38.32 M50 6	74 A. SMITH (Q.P.H.).....44.48 M 24
16 K. HARDING (TRING).....34.52 M50 1	45 M. LEMON (BEARBROOK).....38.52 M40 15	75 P. DOVEY (BEARBROOK).....45.02 M60 3
17 N. BUNN (TRING).....35.17 M40 3	46 P. COY (BANBURY).....38.57 M50 7	76 P. HIGGINS (STAL).....45.36 M50 18
18 O. BYRNE (BEARBROOK).....35.40 M40 4	47 C. HOBBS (THAME).....39.07 M40 16	77 G. TAYLOR (BEARBROOK).....46.09 M50 19
19 S. ROBERTS (HANDY CROSS).....35.41 M40 5	48 M. HILL (Q.P.H.).....39.23 M40 17	78 J. COOPER (DACORUM).....46.38 M60 4
20 P. ALLAN (TRING).....35.57 M40 6	49 S. BLAKENEY (HANDY CROSS).....39.25 M 18	79 A. AIREY (THAME).....46.53 M60 5
21 W. HERRIDGE (STEVENAGE).....36.11 M20 5	50 J. DOOEY (HANDY CROSS).....39.31 M50 8	80 P. RANCE (BEARBROOK).....47.31 M60 6
22 T. SLOAN (STEVENAGE).....36.20 M20 6	51 C. COHEN (TRING).....39.35 M50 9	81 A. KILCOYNE (Q.P.H.).....47.50 M 25
23 M. HADAWAY (TRING).....36.28 M 10	52 A. PARRY (THAME).....39.47 M40 18	82 S. SHAW (DACORUM).....48.40 M40 25
24 J. MARLOW (DACORUM).....36.30 M 11	53 J. MANNING (TRING).....39.59 M50 10	83 P. WOODAGE (BEARBROOK).....49.01 M60 7
25 G. SMITH (BEARBROOK).....36.33 M40 7	54 J. POWELL (BEARBROOK).....39.59 M 19	84 A. BUTLER (BEARBROOK).....49.58 M40 26
26 P. JONES (WYCOMBE).....36.38 M40 8	55 R. CLAESSENS (WYCOMBE).....40.01 M50 11	85 B. LAYTON (TRING).....50.18 M50 20
27 S. BARNETT (TRING).....37.05 M 12	56 P. WHITE (THAME).....40.03 M50 12	86 P. DOLMAN (DACORUM).....50.45 M50 21
28 D. ROSE (BANBURY).....37.07 M 13	57 N. RICHARDS (THAME).....40.15 M40 19	87 F. MILLS (DACORUM).....51.48 M60 8
29 R. YEATES (BEARBROOK).....37.21 M 14	58 J. RUDGE (BEARBROOK).....40.30 M 20	88 P. BAILEY (DACORUM).....51.50 M60 9
	59 M. HOLLIS (HANDY CROSS).....40.36 M50 13	89 J. SLACK (DACORUM).....52.56 M60 10

TEAM RESULT

1 TRING RUNNING CLUB	556	4	15	16	17	20	23	27	42
2 BEARBROOK JOGGERS	468	13	18	25	29	33	35	45	54
3 DACORUM & TRING	439	1	3	24	31	39	44	69	70
4 THAME RUNNERS	400	11	14	40	43	47	52	56	57
5 HANDY CROSS	373	6	19	37	49	50	59	61	66
6 WYCOMBE PHOENIX	323	2	8	26	36	55			
7 QUEENS PARK H.	295	30	34	41	48	60	65	73	74
8 STEVENAGE & NH	275	10	21	22	32				
9 BANBURY	189	7	28	46					
10 ST. ALBANS STRIDERS	92	12	76						
11 WHITE HORSE	85	5							
12 RADLEY A.C.	81	9							
13 PURPLE PATCH RUNNING	74	38	68						

DIVISION RESULT

1 TRING RUNNING CLUB	2536	619	773	588	556
2 BEARBROOK JOGGERS	2205	594	665	478	468
3 THAME RUNNERS	2092	573	664	455	400
4 DACORUM & TRING	1839	479	672	249	439
5 WYCOMBE PHOENIX	1574	475	452	324	323
6 HANDY CROSS	1522	312	553	284	373
7 QUEENS PARK H.	1510	335	480	400	295
8 STEVENAGE & NH	1438	503	404	256	275
9 MAIDENHEAD	1350	433	613	304	
10 BANBURY	1263	332	353	389	189
11 PURPLE PATCH RUNNING	743	45	413	211	74
12 RADLEY A.C.	582	201	115	185	81
13 ST. ALBANS STRIDERS	504		272	140	92
14 WHITE HORSE	303	169	26	23	85
15 AMPHILL & FLITWICK	42			42	
16 BUCKINGHAM & STOWE	19			19	

Veteran Mens Race

1 TRING RUNNING CLUB	265	16	17	20	42
2 HANDY CROSS	248	6	19	37	50
3 BEARBROOK JOGGERS	237	18	25	35	45
4 THAME RUNNERS	216	14	40	43	47
5 DACORUM & TRING	177	31	39	44	69
6 QUEENS PARK H.	164	34	41	48	73
7 WYCOMBE PHOENIX	99	26	55		
8 PURPLE PATCH RUNNING	74	38	68		
9 BANBURY	44	46			
10 ST. ALBANS STRIDERS	14	76			

DIVISION RESULT

1 TRING RUNNING CLUB	1299	334	390	310	265
2 HANDY CROSS	1168	270	366	284	248
3 THAME RUNNERS	1104	289	333	266	216
4 BEARBROOK JOGGERS	942	255	232	218	237
5 QUEENS PARK H.	823	171	256	232	164
6 DACORUM & TRING	626	178	230	41	177
7 MAIDENHEAD	543	243	217	83	
8 BANBURY	524	123	210	147	44
9 WYCOMBE PHOENIX	505	116	142	148	99
10 PURPLE PATCH RUNNING	502	45	264	119	74
11 ST. ALBANS STRIDERS	149		135	14	
12 WHITE HORSE	70	21	26	23	
13 AMPHILL & FLITWICK	42			42	
14 BUCKINGHAM & STOWE	19			19	
15 STEVENAGE & NH	9		9		

Under 17 Men

1 J. MCMURRAY (ST. ALBANS).....19.05 M17 1	4 O. POULAIN (ST. ALBANS).....21.34 M17 4	8 L. CLITHEROE (BANBURY).....23.39 M17 8
2 C. HILTON (STEVENAGE).....20.57 M17 2	5 A. MILLS (WHITE HORSE).....21.46 M17 5	9 P. SPICER (STEVENAGE).....23.39 M17 9
3 O. GLYN (DACORUM).....20.59 M17 3	6 J. HUMPHREYS (RADLEY).....21.58 M17 6	10 L. HEAD (DACORUM).....27.55 M17 10
	7 T. SMITH (STEVENAGE).....23.28 M17 7	11 T. KINSELLA (STEVENAGE).....00 M17 11

TEAM RESULT

1 ST. ALBANS A.C.	19	1	4
2 STEVENAGE & NH	18	2	7 9
3 DACORUM & TRING	11	3	10
4 WHITE HORSE	7	5	
5 RADLEY A.C.	6	6	
6 BANBURY	4	8	

DIVISION RESULT

1 ST. ALBANS A.C.	111	20	39	33	19
2 DACORUM & TRING	92	50	15	16	11
3 STEVENAGE & NH	83	25	26	14	18
4 WYCOMBE PHOENIX	73	39	27	7	
5 BUCKINGHAM & STOWE	59	26		33	
6 WHITE HORSE	50	43			7
7 BANBURY	32	8	10	10	4
8 RADLEY A.C.	30	13		11	6
9 BIGGLESWADE	22	16		6	
10 MAIDENHEAD	20	6	9	5	

Under 15 Boys

1 C. HEWITT (RADLEY).....15.00 M15 1	7 A. WHEATCROFT (ST. ALBANS).....16.45 M15 7	13 I. UDEN (WYCOMBE).....18.13 M15 13
2 J. DOWN (ST. ALBANS).....16.10 M15 2	8 M. MARDLE (STEVENAGE).....17.05 M15 8	14 R. BELL (BANBURY).....18.31 M15 14
3 J. ROBERTS (WYCOMBE).....16.23 M15 3	J. JONES (ST. ALBANS) N/S.....17.14 M15	15 J. BAYER (DACORUM).....18.58 M15 15
4 S. JONES (ST. ALBANS).....16.26 M15 4	9 L. KELLING (BANBURY).....17.31 M15 9	16 S. GOLDFINCH (MAIDENHEAD).....20.48 M15 16
5 J. TAYLOR (BIGGLESWADE).....16.28 M15 5	10 J. QUORELL (DACORUM).....17.46 M15 10	17 D. SPICER (STEVENAGE).....21.23 M15 17
6 M. SIMPSON (DACORUM).....16.32 M15 6	11 R. ALLAN (ST. ALBANS).....18.13 M15 11	18 J. BRADSHAW (MAIDENHEAD).....21.24 M15 18
	12 T. JACKSON (WYCOMBE).....18.13 M15 12	19 J. GLADMAN (STEVENAGE).....25.38 M15 19

TEAM RESULT non scorers excluded

1 ST. ALBANS A.C.	47	2	4	7
2 WYCOMBE PHOENIX	32	3	12	13
3 DACORUM & TRING	29	6	10	15
4 RADLEY A.C.	19	1		
5 BANBURY	17	9	14	
6 STEVENAGE & NH	16	8	17	19
7 BIGGLESWADE	15	5		
8 MAIDENHEAD	6	16	18	

DIVISION RESULT

1 ST. ALBANS A.C.	175	58	30	40	47
2 WYCOMBE PHOENIX	163	55	45	31	32
3 RADLEY A.C.	141	39	67	16	19
4 STEVENAGE & NH	129	49	55	9	16
5 BANBURY	121	62	15	27	17
6 DACORUM & TRING	111	39	43		29
7 BUCKINGHAM & STOWE	91	37	41	13	
8 BIGGLESWADE	69	9	39	6	15
9 MAIDENHEAD	45	12	27		6

Under 13 Boys

1 H. SUTHERLAND (WYCOMBE).....12.34 M13 1	9 J. WILLIAMSON (DACORUM).....14.07 M13 9	18 C. DUFF (AMPTHILL & F).....15.09 M13 18
2 C. TRUDGILL (BIGGLESWADE).....12.46 M13 2	10 J. THRUSH (WYCOMBE).....14.19 M13 10	19 M. ANDELL (TRING).....15.30 M13 19
3 J. WAGERLEIGH (DACORUM).....13.15 M13 3	11 R. SHAW-HAWKINS (S&NH).....14.24 M13 11	20 A. PRITCHARD (ST. ALBANS).....15.48 M13 20
4 R. BOLTON (STEVENAGE).....13.30 M13 4	12 S. HOWELL (DACORUM).....14.37 M13 12	21 D. DUKE (STEVENAGE).....15.52 M13 21
5 A. WILMSHURST (ST. ALBANS).....13.33 M13 5	13 J. BLYTH (WYCOMBE).....14.40 M13 13	22 O. TRUDGILL (BIGGLESWADE).....16.16 M13 22
6 N. LIVESEY (STEVENAGE).....13.38 M13 6	14 M. BELL (ST. ALBANS).....14.48 M13 14	23 M. WILLIS (ST. ALBANS).....16.23 M13 23
7 J. KINGSTON (WYCOMBE).....13.47 M13 7	15 R. WARD (AMPTHILL & F).....14.52 M13 15	24 B. STONE (STEVENAGE).....16.57 M13 24
8 L. GLYN (DACORUM).....13.48 M13 8	16 C. ROONEY (WYCOMBE).....14.55 M13 16	25 D. MACEY (DACORUM).....17.15 M13 25
	17 R. NEEDLEMAN (DACORUM).....14.59 M13 17	

TEAM RESULT

1 WYCOMBE PHOENIX	60	1	7	10
2 DACORUM & TRING	58	3	8	9
3 STEVENAGE & NH	57	4	6	11
4 ST. ALBANS A.C.	39	5	14	20
5 BIGGLESWADE	28	2	22	
6 AMPTHILL & FLITWICK	19	15	18	
7 TRING RUNNING CLUB	7	19		

DIVISION RESULT

1 DACORUM & TRING	249	68	75	48	58
2 WYCOMBE PHOENIX	218	44	72	42	60
3 ST. ALBANS A.C.	209	45	75	50	39
4 STEVENAGE & NH	198	27	83	31	57
5 BIGGLESWADE	196	55	73	40	28
6 BANBURY	39	15	16	8	
7 WHITE HORSE	38	38			
8 TRING RUNNING CLUB	22			15	7
9 AMPTHILL & FLITWICK	21		1	1	19
10 MAIDENHEAD	20	10		10	
11 RADLEY A.C.	19	19			

Senior/Veteran Ladies

1 R. KELLING (BANBURY).....23.19 F45 1	14 L. MAYER (BEARBROOK).....27.17 F35 9	28 R. RUTT (TRING).....29.42 F45 8
2 M. BARTLETT (BANBURY).....24.11 F35 1	15 J. YOUNG (Q.P.H.).....27.18 F 2	29 M. BYLES (PURPLE PATCH).....30.10 F35 15
3 M. ALLEN (WYCOMBE).....24.36 F35 2	16 E. HAYNES (HANDY CROSS).....27.19 F45 4	30 S. ROBERTS (HANDY CROSS).....30.47 F 6
4 C. DAVIES (DACORUM).....24.46 F45 2	17 M. WARD (TRING).....27.27 F35 10	31 D. GATESMAN (HANDY CROSS).....30.56 F35 16
5 C. DOHERTY (BEARBROOK).....25.14 F35 3	18 B. ORTH (THAME).....27.28 F45 5	32 N. HENRY (DACORUM).....31.25 F35 17
6 H. MULHALL (BEARBROOK).....25.54 F35 4	19 L. BENTHAM (STAL).....27.37 F35 11	33 S. FALLON (THAME).....31.35 F45 9
7 J. COULCHER (THAME).....26.22 F35 5	20 N. HANDLEY (RADLEY).....27.43 F 3	34 L. DANIEL (TRING).....31.37 F45 10
8 L. DETHICK (BEARBROOK).....26.30 F35 6	21 A. CROUGHTON (THAME).....28.03 F45 6	35 J. ROGERS (THAME).....32.14 F35 18
9 A. HARDING (TRING).....26.32 F45 3	22 M. COLWELL (TRING).....28.04 F35 12	36 J. PORTEOUS (TRING).....32.24 F45 11
10 D. CHANNER (BEARBROOK).....26.45 F35 7	23 K. BARNETT (TRING).....28.14 F 4	37 C. COOK (BEARBROOK).....32.45 F 7
11 M. MOODY (HANDY CROSS).....27.02 F55 1	24 C. MURRAY (DACORUM).....28.40 F35 13	38 J. STRACHAN (DACORUM).....33.04 F35 19
12 W. STEPHENSON (DACORUM).....27.05 F35 8	25 H. PARRY (THAME).....28.58 F35 14	39 A. PALMER (HANDY CROSS).....34.12 F45 12
13 E. TWEED (TRING).....27.07 F 1	26 R. LARK (TRING).....29.27 F 5	40 G. BAKER (Q.P.H.).....37.52 F35 20
	27 H. NEEDLEMAN (DACORUM).....29.41 F45 7	

TEAM RESULT

1 BEARBROOK JOGGERS	135	5	6	8	10
2 TRING RUNNING CLUB	103	9	13	17	22
3 DACORUM & TRING	97	4	12	24	27
4 THAME RUNNERS	93	7	18	21	25
5 BANBURY	79	1	2		
6 HANDY CROSS	76	11	16	30	31
7 WYCOMBE PHOENIX	38	3			
8 QUEENS PARK H.	27	15	40		
9 ST. ALBANS STRIDERS	22	19			
10 RADLEY A.C.	21	20			
11 PURPLE PATCH RUNNING	12	29			

DIVISION RESULT

1 BEARBROOK JOGGERS	596	142	168	151	135
2 DACORUM & TRING	456	129	108	122	97
3 BANBURY	434	111	126	118	79
4 THAME RUNNERS	404	89	108	114	93
5 TRING RUNNING CLUB	396	62	110	121	103
6 ST. ALBANS STRIDERS	282	43	122	95	22
7 WYCOMBE PHOENIX	270	66	85	81	38
8 HANDY CROSS	264	75	48	65	76
9 DAVID LLOYD PACERS	169	28	141		
10 PURPLE PATCH RUNNING	153	41	82	18	12
11 MAIDENHEAD	107	46	61		
12 RADLEY A.C.	87	30	36		21
13 QUEENS PARK H.	72		44	1	27
14 STEVENAGE & NH	21	21			
15 BUCKINGHAM & STOWE	7			7	
16 WHITE HORSE	6	6			

Veteran Ladies Race

1 BEARBROOK JOGGERS	135	5	6	8	10
2 DACORUM & TRING	97	4	12	24	27
3 THAME RUNNERS	93	7	18	21	25
4 TRING RUNNING CLUB	88	9	17	22	28
5 BANBURY	79	1	2		
6 HANDY CROSS	67	11	16	31	39
7 WYCOMBE PHOENIX	38	3			
8 ST. ALBANS STRIDERS	22	19			
9 PURPLE PATCH RUNNING	12	29			
10 QUEENS PARK H.	1	40			

DIVISION RESULT

1 BEARBROOK JOGGERS	596	142	168	151	135
2 BANBURY	434	111	126	118	79
3 THAME RUNNERS	404	89	108	114	93
4 DACORUM & TRING	362	72	106	87	97
5 TRING RUNNING CLUB	342	62	91	101	88
6 ST. ALBANS STRIDERS	282	43	122	95	22
7 WYCOMBE PHOENIX	270	66	85	81	38
8 HANDY CROSS	212	62	32	51	67
9 DAVID LLOYD PACERS	169	28	141		
10 PURPLE PATCH RUNNING	153	41	82	18	12
11 QUEENS PARK H.	12		10	1	1
12 BUCKINGHAM & STOWE	7			7	
13 WHITE HORSE	6	6			

Junior/U17 Ladies

1 P. WOOLVEN (WYCOMBE).....16.04 F20 1	5 M. STEER (ST. ALBANS).....17.33 F17 3	10 K. ATKINS (WYCOMBE).....20.45 F17 7
2 G. BRIDGE (RADLEY).....16.56 F20 2	6 C. MCMILLAN (BANBURY).....17.36 F17 4	11 C. BAIRD (STEVENAGE).....20.46 F17 8
3 H. DEWHURST (STEVENAGE).....17.05 F17 1	7 R. PRITCHARD (ST. ALBANS).....18.20 F17 5	12 S. PIKE (STEVENAGE).....20.56 F17 9
4 G. RUSSELL (WYCOMBE).....17.13 F17 2	8 H. HULL (ST. ALBANS).....18.34 F17 6	13 S. GROVER (DACORUM).....21.05 F17 10
	9 C. BRADLEY (BANBURY).....18.45 F20 3	

TEAM RESULT

1 WYCOMBE PHOENIX	27	1	4	10
2 ST. ALBANS A.C.	22	5	7	8
3 STEVENAGE & NH	16	3	11	12
4 BANBURY	13	6	9	
5 RADLEY A.C.	12	2		
6 DACORUM & TRING	1	13		

DIVISION RESULT

1 WYCOMBE PHOENIX	130	43	39	21	27
2 ST. ALBANS A.C.	114	42	36	14	22
3 STEVENAGE & NH	71	23	22	10	16
4 BANBURY	63	24	12	14	13
5 RADLEY A.C.	46	18	16		12
6 DACORUM & TRING	21	9	6	5	1
7 THAME RUNNERS	6		4	2	

Under 15 Girls

1 S. LLOYD (WHITE HORSE).....16.43 F15 1	6 R. HARRIS (STEVENAGE).....17.34 F15 6	11 A. MULCAHY (ST. ALBANS).....18.14 F15 11
2 A. SMITH (ST. ALBANS).....16.44 F15 2	7 M. HOBBS (ST. ALBANS).....17.36 F15 7	12 S. FEELY (STEVENAGE).....19.03 F15 12
3 C. WILLIS (STEVENAGE).....16.47 F15 3	8 S. NEEDLEMAN (DACORUM).....17.41 F15 8	13 F. LEAKE (MAIDENHEAD).....19.24 F15 13
4 P. BAILEY (ST. ALBANS).....17.02 F15 4	9 J. LATCHFORD (STEVENAGE).....17.47 F15 9	14 E. CERVI (STEVENAGE).....19.34 F15 14
5 S. WEST (ST. ALBANS).....17.16 F15 5	10 K. HARPER (ST. ALBANS).....18.10 F15 10	15 F. BROWN (AMPTHILL & F).....22.08 F15 15

TEAM RESULT

1 ST. ALBANS A.C.	37	2	4	5
2 STEVENAGE & NH	30	3	6	9
3 WHITE HORSE	15	1		
4 DACORUM & TRING	8	8		
5 MAIDENHEAD	3	13		
6 AMPTHILL & FLITWICK	1	15		

DIVISION RESULT

1 ST. ALBANS A.C.	154	40	45	32	37
2 STEVENAGE & NH	113	29	31	23	30
3 WHITE HORSE	29	14			15
4 DACORUM & TRING	22	9	1	4	8
5 BANBURY	13			13	
6 MAIDENHEAD	5	2			3
7 AMPTHILL & FLITWICK	1				1
8 WYCOMBE PHOENIX	1	1			

Under 13 Girls

1 M. HUMPHREYS (RADLEY).....11.24 F13 1	9 O. HAZEL (STEVENAGE).....12.38 F13 9	18 B. HARLEY (STEVENAGE).....13.54 F13 18
2 E. DELGADO (WYCOMBE).....11.32 F13 2	10 M. STYLES (WYCOMBE).....12.41 F13 10	19 B. DEAN (STEVENAGE).....14.09 F13 19
3 A. WEST (ST. ALBANS).....12.03 F13 3	11 C. DUKE (STEVENAGE).....12.47 F13 11	20 J. EDWARDS (ST. ALBANS).....14.15 F13 20
4 T. WEDDELL (ST. ALBANS).....12.03 F13 4	12 N. BAKER (ST. ALBANS).....12.57 F13 12	21 L. COLWELL (TRING).....14.17 F13 21
A. BENTLEY (SAGD) N/S.....12.06 F13	13 J. BARNES (ST. ALBANS).....13.02 F13 13	22 E. HACK (ST. ALBANS).....14.22 F13 22
5 C. BAXTER (DACORUM).....12.20 F13 5	14 L. ECKLEY (ST. ALBANS).....13.07 F13 14	23 I. BICKNELL (ST. ALBANS).....14.23 F13 23
6 M. DORAN (STEVENAGE).....12.23 F13 6	15 M. HERRIDGE (STEVENAGE).....13.37 F13 15	24 L. MARKWELL (ST. ALBANS).....14.25 F13 24
7 L. EDWARDS (ST. ALBANS).....12.30 F13 7	16 J. ALLEN (ST. ALBANS).....13.43 F13 16	25 R. PICKARD (STEVENAGE).....14.35 F13 25
8 R. COOK (STEVENAGE).....12.31 F13 8	17 P. BOYD (DACORUM).....13.46 F13 17	26 L. BARBER (STEVENAGE).....15.08 F13 26

TEAM RESULT non scorers excluded

1 ST. ALBANS A.C.	67	3	4	7
2 STEVENAGE & NH	58	6	8	9
3 WYCOMBE PHOENIX	42	2	10	
4 DACORUM & TRING	32	5	17	
5 RADLEY A.C.	26	1		
6 TRING RUNNING CLUB	6	21		

DIVISION RESULT

1 ST. ALBANS A.C.	229	58	54	50	67
2 STEVENAGE & NH	214	47	61	48	58
3 WYCOMBE PHOENIX	130	38	16	34	42
4 DACORUM & TRING	94	21	37	4	32
5 RADLEY A.C.	90	43		21	26
6 BANBURY	37	9	17	11	
7 TRING RUNNING CLUB	6				6
8 AMPHILL & FLITWICK	2		1	1	

Total Overall Score

1 DACORUM & TRING	675	537	138
2 TRING RUNNING CLUB	672	563	109
3 BEARBROOK JOGGERS	603	468	135
4 WYCOMBE PHOENIX	522	415	107
5 THAME RUNNERS	493	400	93
6 STEVENAGE & NH	470	366	104
7 HANDY CROSS	449	373	76
8 QUEENS PARK H.	322	295	27
9 BANBURY	302	210	92
10 ST. ALBANS A.C.	231	105	126
11 RADLEY A.C.	165	106	59
12 ST. ALBANS STRIDERS	114	92	22
13 WHITE HORSE	107	92	15
14 PURPLE PATCH RUNNING	86	74	12
15 BIGGLESWADE	43	43	
16 AMPHILL & FLITWICK	20	19	1
17 MAIDENHEAD	9	6	3

DIVISION RESULT

1 TRING RUNNING CLUB	2960	681	883	724	672
2 DACORUM & TRING	2884	804	957	448	675
3 BEARBROOK JOGGERS	2801	736	833	629	603
4 WYCOMBE PHOENIX	2559	761	736	540	522
5 THAME RUNNERS	2502	662	776	571	493
6 STEVENAGE & NH	2267	724	682	391	470
7 BANBURY	2002	561	549	590	302
8 HANDY CROSS	1786	387	601	349	449
9 QUEENS PARK H.	1582	335	524	401	322
10 MAIDENHEAD	1547	509	710	319	9
11 RADLEY A.C.	995	363	234	233	165
12 ST. ALBANS A.C.	992	263	279	219	231
13 PURPLE PATCH RUNNING	896	86	495	229	86
14 ST. ALBANS STRIDERS	786	43	394	235	114
15 WHITE HORSE	426	270	26	23	107
16 BIGGLESWADE	287	80	112	52	43
17 BUCKINGHAM & STOWE	176	63	41	72	
18 DAVID LLOYD PACERS	169	28	141		
19 AMPHILL & FLITWICK	66		2	44	20

Male Overall Score

1 TRING RUNNING CLUB	563	556		7	
2 DACORUM & TRING	537	439	11	29	58
3 BEARBROOK JOGGERS	468	468			
4 WYCOMBE PHOENIX	415	323		32	60
5 THAME RUNNERS	400	400			
6 HANDY CROSS	373	373			
7 STEVENAGE & NH	366	275	18	16	57
8 QUEENS PARK H.	295	295			
9 BANBURY	210	189	4	17	
10 RADLEY A.C.	106	81	6	19	
11 ST. ALBANS A.C.	105		19	47	39
12 WHITE HORSE	92	85	7		
13 ST. ALBANS STRIDERS	92	92			
14 PURPLE PATCH RUNNING	74	74			
15 BIGGLESWADE	43			15	28
16 AMPHILL & FLITWICK	19				19
17 MAIDENHEAD	6			6	

DIVISION RESULT

1 TRING RUNNING CLUB	2558	619	773	603	563
2 DACORUM & TRING	2291	636	805	313	537
3 BEARBROOK JOGGERS	2205	594	665	478	468
4 THAME RUNNERS	2092	573	664	455	400
5 WYCOMBE PHOENIX	2028	613	596	404	415
6 STEVENAGE & NH	1848	604	568	310	366
7 HANDY CROSS	1522	312	553	284	373
8 QUEENS PARK H.	1510	335	480	400	295
9 BANBURY	1455	417	394	434	210
10 MAIDENHEAD	1435	461	649	319	6
11 RADLEY A.C.	772	272	182	212	106
12 PURPLE PATCH RUNNING	743	45	413	211	74
13 ST. ALBANS STRIDERS	504		272	140	92
14 ST. ALBANS A.C.	495	123	144	123	105
15 WHITE HORSE	391	250	26	23	92
16 BIGGLESWADE	287	80	112	52	43
17 BUCKINGHAM & STOWE	169	63	41	65	
18 AMPHILL & FLITWICK	63		1	43	19

Female Overall Score

1 DACORUM & TRING	138	97	1	8	32
2 BEARBROOK JOGGERS	135	135			
3 ST. ALBANS A.C.	126		22	37	67
4 TRING RUNNING CLUB	109	103			6
5 WYCOMBE PHOENIX	107	38	27		42
6 STEVENAGE & NH	104		16	30	58
7 THAME RUNNERS	93	93			
8 BANBURY	92	79	13		
9 HANDY CROSS	76	76			
10 RADLEY A.C.	59	21	12		26
11 QUEENS PARK H.	27	27			
12 ST. ALBANS STRIDERS	22	22			
13 WHITE HORSE	15			15	
14 PURPLE PATCH RUNNING	12	12			
15 MAIDENHEAD	3			3	
16 AMPHILL & FLITWICK	1			1	

DIVISION RESULT

1 BEARBROOK JOGGERS	596	142	168	151	135
2 DACORUM & TRING	593	168	152	135	138
3 BANBURY	547	144	155	156	92
4 WYCOMBE PHOENIX	531	148	140	136	107
5 ST. ALBANS A.C.	497	140	135	96	126
6 STEVENAGE & NH	419	120	114	81	104
7 THAME RUNNERS	410	89	112	116	93
8 TRING RUNNING CLUB	402	62	110	121	109
9 ST. ALBANS STRIDERS	282	43	122	95	22
10 HANDY CROSS	264	75	48	65	76
11 RADLEY A.C.	223	91	52	21	59
12 DAVID LLOYD PACERS	169	28	141		
13 PURPLE PATCH RUNNING	153	41	82	18	12
14 MAIDENHEAD	112	48	61		3
15 QUEENS PARK H.	72		44	1	27
16 WHITE HORSE	35	20			15
17 BUCKINGHAM & STOWE	7			7	
18 AMPHILL & FLITWICK	3		1	1	1