

# Apex Sports Chiltern League Division Two 2010/2011 Round 5

Held at Wing on 12 February 2011

## Senior/Junior/Veteran Men

1	D. POULTON (STEVENAGE).....	35.19	M	1	35	A. DELNEVO (DACORUM).....	42.31	M40	11	70	S. ALLEN (BEARBROOK).....	47.10	M40	22
2	J. PARLOW (DACORUM).....	35.29	M	2	36	T. O'CALLAGHAN (BEARBROOK).....	42.34	M	19	71	T. BARROWS (BEARBROOK).....	48.23	M50	19
3	P. FARMER (AMPTHILL & F).....	36.05	M	3	37	J. PEAKE (WHITE HORSE).....	42.35	M40	12	72	B. HENDRIE (BANBURY).....	48.56	M60	1
4	A. SEARLE (STEVENAGE).....	36.11	M	4	38	S. BARNETT (TRING).....	42.47	M	20	73	R. GALE (THAME).....	49.24	M60	2
5	F. FULCHER (HANDY CROSS).....	36.31	M40	1	39	A. GALLIGAN (Q.P.H.).....	42.52	M	21	74	N. HENSON (PURPLE PATCH).....	49.31	M50	20
6	T. WRIGHT (BANBURY).....	36.47	M	5	40	A. ANGUS (Q.P.H.).....	43.09	M50	5	75	M. ROOKLEY (BUCKINGHAM).....	49.59	M40	23
7	R. LANGLEY (TRING).....	37.27	M	6	41	C. HOBBS (THAME).....	43.17	M40	13	76	A. ALLEN (DACORUM).....	50.02	M60	3
8	J. HISCOX (THAME).....	37.34	M	7	42	I. NEEDLEMAN (DACORUM).....	43.18	M50	6	77	G. SMITH (BANBURY).....	50.04	M60	4
9	A. BYERLEY (THAME).....	38.03	M40	2	43	W. HERRIDGE (STEVENAGE).....	43.25	M20	3	78	R. DAVIES (Q.P.H.).....	50.10	M40	24
10	G. O'CALLAGHAN (TRING).....	38.18	M	8	44	M. LEMON (BEARBROOK).....	43.36	M40	14	79	N. CAIRNS (HANDY CROSS).....	50.15	M40	25
11	S. FERGUSON (RADLEY).....	38.35	M20	1	45	T. LARK (TRING).....	43.56	M40	15	80	P. HEARN (BEARBROOK).....	51.31	M40	26
12	G. SHORLEY (AMPTHILL & F).....	38.37	M	9	46	C. DONALD (PURPLE PATCH).....	44.05	M40	16	81	D. SAWYER (TRING).....	51.53	M40	27
13	D. OLNEY (AMPTHILL & F).....	38.38	M40	3	47	S. NORTH (WYCOMBE).....	44.21	M50	7	82	P. DOVEY (BEARBROOK).....	51.58	M60	5
14	N. BUNN (TRING).....	38.39	M40	4	48	A. TWISSELL (BEARBROOK).....	44.30	M40	17	83	G. TAYLOR (BEARBROOK).....	52.03	M50	21
15	J. MOORE (AMPTHILL & F).....	39.10	M	10	49	J. DOOEY (HANDY CROSS).....	44.32	M50	8	84	D. STRINGFELLOW (WHH).....	52.23	M50	22
16	O. BYRNE (BEARBROOK).....	39.39	M40	5	50	M. EMMETT (THAME).....	44.32	M40	18	85	P. HIGGINS (STAL).....	53.25	M50	23
17	S. WILSON (BEARBROOK).....	40.16	M	11	51	C. COHEN (TRING).....	44.40	M50	9	86	S. GRAHAM (THAME).....	53.58	M60	6
18	K. HARDING (TRING).....	40.23	M50	1	52	A. PARRY (THAME).....	44.41	M40	19	87	P. RANCE (BEARBROOK).....	54.32	M60	7
19	P. NEWELL (BANBURY).....	40.24	M	12	53	J. MANNING (TRING).....	44.55	M50	10	88	J. COOPER (DACORUM).....	55.02	M60	8
20	H. PAPWORTH (THAME).....	40.27	M50	2	54	N. RICHARDS (THAME).....	45.01	M50	11	89	B. LAYTON (TRING).....	55.09	M50	24
21	G. SMITH (BEARBROOK).....	40.29	M40	6	55	P. COY (BANBURY).....	45.02	M50	12	90	A. BARTLETT (BANBURY).....	55.38	M50	25
22	M. HADAWAY (TRING).....	40.33	M	13	56	J. RUDGE (BEARBROOK).....	45.11	M	22	91	P. GLYN (DACORUM).....	56.35	M40	28
23	P. JONES (WYCOMBE).....	40.37	M40	7	57	R. CLAESSENS (WYCOMBE).....	45.26	M50	13	92	P. BEVIS (BANBURY).....	56.50	M60	9
24	N. MAUGER (THAME).....	40.41	M40	8	58	J. PRYOR (WYCOMBE).....	45.38	M50	14	93	M. HICKMAN (HANDY CROSS).....	56.57	M60	10
25	T. SLOAN (STEVENAGE).....	41.00	M20	2	59	R. BROWN (TRING).....	45.39	M50	15	94	C. POWELL (BEARBROOK).....	57.01	M60	11
26	M. BURGESS (TRING).....	41.08	M40	9	60	P. WHITE (THAME).....	45.45	M50	16	95	R. WHITE (TRING).....	57.09	M50	26
27	R. YEATES (BEARBROOK).....	41.13	M	14	61	J. POWELL (BEARBROOK).....	45.55	M	23	96	B. O'CONNOR (Q.P.H.).....	58.15	M60	12
28	G. WEST (ST. ALBANS STR).....	41.16	M40	10	62	S. BLAKENEY (HANDY CROSS).....	46.01	M	24	97	P. BAILEY (DACORUM).....	58.23	M60	13
29	D. BROOKS (WYCOMBE).....	41.29	M	15	63	N. GODLEMAN (Q.P.H.).....	46.10	M	25	98	F. MILLS (DACORUM).....	58.45	M60	14
30	G. COOKE (BANBURY).....	41.32	M	16	64	M. HOLLIS (HANDY CROSS).....	46.21	M50	17	99	P. WOODAGE (BEARBROOK).....	58.52	M60	15
31	C. FINES-ALLEN (BEARBROOK).....	42.05	M	17	65	S. HASSALL (BEARBROOK).....	46.22	M40	20	100	P. DOLMAN (DACORUM).....	59.05	M50	27
32	D. ROSE (BANBURY).....	42.11	M	18	66	R. LAVERS (THAME).....	46.26	M50	18	101	M. SARGENT (DACORUM).....	59.42	M60	16
33	F. NOLAN (Q.P.H.).....	42.28	M50	3	67	G. CONBOY (Q.P.H.).....	46.29	M	26	102	J. SLACK (DACORUM).....	61.29	M60	17
34	D. MEANEY (DACORUM).....	42.29	M50	4	68	J. SMITH (TRING).....	46.43	M	27	103	A. BRODIE (Q.P.H.).....	71.14	M50	28
					69	I. MARKWELL (STAL).....	47.00	M40	21					

## TEAM RESULT

1	TRING RUNNING CLUB	652	7	10	14	18	22	26	38	45
2	BEARBROOK JOGGERS	592	16	17	21	27	31	36	44	48
3	THAME RUNNERS	574	8	9	20	24	41	50	52	54
4	BANBURY	451	6	19	30	32	55	72	77	90
5	AMPTHILL & FLITWICK	373	3	12	13	15				
6	DACORUM & TRING	367	2	34	35	42	76	88	91	97
7	STEVENAGE & NH	343	1	4	25	43				
8	QUEENS PARK H.	313	33	39	40	63	67	78	96	103
9	WYCOMBE PHOENIX	306	23	29	47	57	58			
10	HANDY CROSS	272	5	49	62	64	79	93		
11	ST. ALBANS STRIDERS	130	28	69	85					
12	RADLEY A.C.	93	11							
13	PURPLE PATCH RUNNING	88	46	74						
14	WHITE HORSE	87	37	84						
15	BUCKINGHAM & STOWE	29	75							

## DIVISION RESULT

1	TRING RUNNING CLUB	3188	619	773	588	556	652
2	BEARBROOK JOGGERS	2797	594	665	478	468	592
3	THAME RUNNERS	2666	573	664	455	400	574
4	DACORUM & TRING	2206	479	672	249	439	367
5	WYCOMBE PHOENIX	1880	475	452	324	323	306
6	QUEENS PARK H.	1823	335	480	400	295	313
7	HANDY CROSS	1794	312	553	284	373	272
8	STEVENAGE & NH	1781	503	404	256	275	343
9	BANBURY	1714	332	353	389	189	451
10	MAIDENHEAD	1350	433	613	304		
11	PURPLE PATCH RUNNING	831	45	413	211	74	88
12	RADLEY A.C.	675	201	115	185	81	93
13	ST. ALBANS STRIDERS	634	272	140	92	130	
14	AMPTHILL & FLITWICK	415		42		373	
15	WHITE HORSE	390	169	26	23	85	87
16	BUCKINGHAM & STOWE	48			19		29

## Veteran Mens Race

1	THAME RUNNERS	322	9	20	24	41
2	TRING RUNNING CLUB	313	14	18	26	45
3	BEARBROOK JOGGERS	287	16	21	44	48
4	WYCOMBE PHOENIX	231	23	47	57	58
5	DACORUM & TRING	229	34	35	42	76
6	HANDY CROSS	219	5	49	64	79
7	QUEENS PARK H.	169	33	40	78	96
8	ST. ALBANS STRIDERS	130	28	69	85	
9	BANBURY	122	55	72	77	90
10	AMPTHILL & FLITWICK	91	13			
11	PURPLE PATCH RUNNING	88	46	74		
12	WHITE HORSE	87	37	84		
13	BUCKINGHAM & STOWE	29	75			

## DIVISION RESULT

1	TRING RUNNING CLUB	1612	334	390	310	265	313
2	THAME RUNNERS	1426	289	333	266	216	322
3	HANDY CROSS	1387	270	366	284	248	219
4	BEARBROOK JOGGERS	1229	255	232	218	237	287
5	QUEENS PARK H.	992	171	256	232	164	169
6	DACORUM & TRING	855	178	230	41	177	229
7	WYCOMBE PHOENIX	736	116	142	148	99	231
8	BANBURY	646	123	210	147	44	122
9	PURPLE PATCH RUNNING	590	45	264	119	74	88
10	MAIDENHEAD	543	243	217	83		
11	ST. ALBANS STRIDERS	279		135		14	130
12	WHITE HORSE	157	21	26	23		87
13	AMPTHILL & FLITWICK	133			42		91
14	BUCKINGHAM & STOWE	48			19		29
15	STEVENAGE & NH	9			9		

## Under 17 Men

1	J. MCMURRAY (ST. ALBANS).....	21.28	M17	1	4	O. GLYN (DACORUM).....	23.56	M17	4	8	T. CLAESSENS (WYCOMBE).....	26.29	M17	8
2	C. HILTON (STEVENAGE).....	23.12	M17	2	5	A. MILLS (WHITE HORSE).....	23.57	M17	5	9	K. GILFEDDER (WYCOMBE).....	26.38	M17	9
3	O. POULAIN (ST. ALBANS).....	23.23	M17	3	6	L. DORMAN (BANBURY).....	24.28	M17	6	10	T. SMITH (STEVENAGE).....	27.20	M17	10
					7	C. HILTON (ST. ALBANS).....	24.36	M17	7	11	R. AUTHUR (MAIDENHEAD).....	27.43	M17	11

## TEAM RESULT

1	ST. ALBANS A.C.	25	1	3	7
2	STEVENAGE & NH	12	2	10	
3	DACORUM & TRING	8	4		
4	WYCOMBE PHOENIX	7	8	9	
5	WHITE HORSE	7	5		
6	BANBURY	6	6		
7	MAIDENHEAD	1	11		

## DIVISION RESULT

1	ST. ALBANS A.C.	136	20	39	33	19	25
2	DACORUM & TRING	100	50	15	16	11	8
3	STEVENAGE & NH	95	25	26	14	18	12
4	WYCOMBE PHOENIX	80	39	27	7		7
5	BUCKINGHAM & STOWE	59	26		33		
6	WHITE HORSE	57	43			7	7
7	BANBURY	38	8	10	10	4	6
8	RADLEY A.C.	30	13		11	6	
9	BIGGLESWADE	22	16		6		
10	MAIDENHEAD	21	6	9	5		1

## Under 15 Boys

1	M. AXE (WYCOMBE).....	15.21	M15	1	5	M. SIMPSON (DACORUM).....	17.04	M15	5	10	R. ALLAN (ST. ALBANS).....	19.26	M15	10
2	C. HEWITT (RADLEY).....	15.51	M15	2	6	J. ROBERTS (WYCOMBE).....	17.09	M15	6	11	B. SANDALL (WYCOMBE).....	19.35	M15	11
3	C. VON EITZEN (RADLEY).....	16.36	M15	3	7	T. BIEGEL (BANBURY).....	17.14	M15	7	12	S. GOLDFINCH (MAIDENHEAD).....	20.34	M15	12
4	J. DOWN (ST. ALBANS).....	16.42	M15	4	8	A. WHEATCROFT (ST. ALBANS).....	17.18	M15	8	13	J. GRIFFITHS (MAIDENHEAD).....	21.34	M15	13
					9	J. QUORELL (DACORUM).....	18.38	M15	9	14	C. CORLO (MAIDENHEAD).....	22.11	M15	14

## TEAM RESULT

1	WYCOMBE PHOENIX	27	1	6	11
2	RADLEY A.C.	25	2	3	
3	ST. ALBANS A.C.	23	4	8	10
4	DACORUM & TRING	16	5	9	
5	BANBURY	8	7		
6	MAIDENHEAD	6	12	13	14

## DIVISION RESULT

1	ST. ALBANS A.C.	198	58	30	40	47	23
2	WYCOMBE PHOENIX	190	55	45	31		

<b>Under 13 Boys</b>											
1	J. GENTLE (ST. ALBANS)	11.34	M13 1	9	L. GLYN (DACORUM)	13.02	M13 9	18	A. PRITCHARD (ST. ALBANS)	14.12	M13 18
2	C. TRUDGILL (BIGGLESWADE)	11.58	M13 2	10	R. SHAW-HAWKINS (S&NH)	13.12	M13 10	19	J. NORTH (WYCOMBE)	14.18	M13 19
3	R. BOLTON (STEVENAGE)	12.36	M13 3	11	J. WILLIAMSON (DACORUM)	13.25	M13 11	20	S. HOWELL (DACORUM)	14.34	M13 20
4	S. BARTOIN (BIGGLESWADE)	12.46	M13 4	12	C. ROONEY (WYCOMBE)	13.36	M13 12	21	M. WILLIS (ST. ALBANS)	15.00	M13 21
5	M. LIVESY (STEVENAGE)	12.50	M13 5	13	J. BLYTH (WYCOMBE)	13.43	M13 13	22	R. WARD (AMPTHILL & F)	15.07	M13 22
6	H. SUTHERLAND (WYCOMBE)	12.55	M13 6	14	B. PATTISON (ST. ALBANS)	13.46	M13 14	23	E. ANDERS (ST. ALBANS)	15.11	M13 23
7	A. WILMSHURST (ST. ALBANS)	12.58	M13 7	15	D. DUKE (STEVENAGE)	13.51	M13 15	24	R. NEEDLEMAN (DACORUM)	16.04	M13 24
8	J. THRUSH (WYCOMBE)	13.00	M13 8	16	L. YOUNG (MAIDENHEAD)	13.58	M13 16	25	J. GOODE (AMPTHILL & F)	17.29	M13 25

<b>TEAM RESULT</b>				
1	STEVENAGE & NH	60	3	5 10
2	ST. ALBANS A.C.	56	1	7 14
3	WYCOMBE PHOENIX	52	6	8 12
4	BIGGLESWADE	46	2	4
5	DACORUM & TRING	38	9	11 20
6	AMPTHILL & FLITWICK	14	17	22 25
7	MAIDENHEAD	10	16	

<b>DIVISION RESULT</b>					
1	DACORUM & TRING	287	68	75	48 58 38
2	WYCOMBE PHOENIX	270	44	72	42 60 52
3	ST. ALBANS A.C.	265	45	75	50 39 56
4	STEVENAGE & NH	258	27	83	31 57 60
5	BIGGLESWADE	242	55	73	40 28 46
6	BANBURY	39	15	16	8
7	WHITE HORSE	38	38		
8	AMPTHILL & FLITWICK	35		1	1 19 14
9	MAIDENHEAD	30	10		10 10
10	TRING RUNNING CLUB	22		15	7
11	RADLEY A.C.	19	19		

<b>Senior/Veteran Ladies</b>											
1	R. KELLING (BANBURY)	26.01	F45 1	13	B. ORTH (THAME)	30.33	F45 4	26	N. HENRY (DACORUM)	33.50	F35 12
2	M. BARTLETT (BANBURY)	26.34	F35 1	14	E. TWEED (TRING)	30.35	F 2	27	R. RUTT (TRING)	34.13	F45 8
3	C. DAVIES (DACORUM)	27.27	F45 2	15	J. YOUNG (Q.P.H.)	30.43	F 3	28	M. BYLES (PURPLE PATCH)	34.35	F35 13
4	M. ALLEN (WYCOMBE)	28.06	F35 2	16	E. HAYNES (HANDY CROSS)	30.45	F45 5	29	J. PORTEOUS (TRING)	34.53	F45 9
5	C. DOHERTY (BEARBROOK)	28.43	F35 3	17	K. BARNETT (TRING)	30.49	F 4	30	A. ELY (TRING)	36.04	F 7
6	J. COULCHER (THAME)	28.49	F35 4	18	N. HANDLEY (RADLEY)	30.52	F 5	31	J. STRACHAN (DACORUM)	36.07	F35 14
7	M. WARD (TRING)	28.56	F35 5	19	M. MOODY (HANDY CROSS)	31.13	F55 1	32	M. COOK (TRING)	36.44	F45 10
8	H. MULHALL (BEARBROOK)	28.58	F35 6	20	R. BIEGEL (BANBURY)	31.16	F45 6	33	J. ROGERS (THAME)	36.54	F35 15
9	L. MAYER (BEARBROOK)	29.19	F35 7	21	L. BENTHAM (STAL)	31.20	F35 9	34	C. MACDONALD (TRING)	37.13	F 8
10	D. CHANNER (BEARBROOK)	29.28	F35 8	22	L. DETHICK (BEARBROOK)	31.36	F35 10	35	L. MERCHANT (DACORUM)	37.55	F 9
11	S. CAYGILL (DACORUM)	30.00	F 1	23	H. NEEDLEMAN (DACORUM)	32.38	F45 7	36	C. CRAWLEY (DACORUM)	38.38	F45 11
12	A. HARDING (TRING)	30.26	F45 3	24	R. LARK (TRING)	32.43	F 6	37	S. SMITH (BANBURY)	40.14	F55 2
				25	H. PARRY (THAME)	33.29	F35 11				

<b>TEAM RESULT</b>				
1	BEARBROOK JOGGERS	120	5	8 9 10
2	TRING RUNNING CLUB	102	7	12 14 17
3	BANBURY	92	1	2 20 37
4	DACORUM & TRING	89	3	11 23 26
5	THAME RUNNERS	75	6	13 25 33
6	HANDY CROSS	41	16	19
7	WYCOMBE PHOENIX	34	4	
8	QUEENS PARK H.	23	15	
9	RADLEY A.C.	20	18	
10	ST. ALBANS STRIDERS	17	21	
11	PURPLE PATCH RUNNING	10	28	

<b>DIVISION RESULT</b>					
1	BEARBROOK JOGGERS	716	142	168	151 135 120
2	DACORUM & TRING	545	129	108	122 97 89
3	BANBURY	526	111	126	118 79 92
4	TRING RUNNING CLUB	498	62	110	121 103 102
5	THAME RUNNERS	479	89	108	114 93 75
6	HANDY CROSS	305	75	48	65 76 41
7	WYCOMBE PHOENIX	304	66	85	81 38 34
8	ST. ALBANS STRIDERS	299	43	122	95 22 17
9	DAVID LLOYD PACERS	169	28	141	
10	PURPLE PATCH RUNNING	163	41	82	18 12 10
11	MAIDENHEAD	107	46	61	
12	RADLEY A.C.	107	30	36	21 20
13	QUEENS PARK H.	95		44	1 27 23
14	STEVENAGE & NH	21	21		
15	BUCKINGHAM & STOWE	7			7
16	WHITE HORSE	6	6		

<b>Veteran Ladies Race</b>				
1	BEARBROOK JOGGERS	120	5	8 9 10
2	BANBURY	92	1	2 20 37
3	TRING RUNNING CLUB	77	7	12 27 29
4	THAME RUNNERS	75	6	13 25 33
5	DACORUM & TRING	69	3	23 26 31
6	HANDY CROSS	41	16	19
7	WYCOMBE PHOENIX	34	4	
8	ST. ALBANS STRIDERS	17	21	
9	PURPLE PATCH RUNNING	10	28	

<b>DIVISION RESULT</b>					
1	BEARBROOK JOGGERS	716	142	168	151 135 120
2	BANBURY	526	111	126	118 79 92
3	THAME RUNNERS	479	89	108	114 93 75
4	DACORUM & TRING	431	72	106	87 97 69
5	TRING RUNNING CLUB	419	62	91	101 88 77
6	WYCOMBE PHOENIX	304	66	85	81 38 34
7	HANDY CROSS	301	71	48	65 76 41
8	ST. ALBANS STRIDERS	299	43	122	95 22 17
9	DAVID LLOYD PACERS	169	28	141	
10	PURPLE PATCH RUNNING	163	41	82	18 12 10
11	QUEENS PARK H.	12		10	1 1
12	BUCKINGHAM & STOWE	7			7
13	WHITE HORSE	6	6		

<b>Junior/U17 Ladies</b>											
1	P. WOOLVEN (WYCOMBE)	19.25	F20 1	3	G. RUSSELL (WYCOMBE)	21.14	F17 1	6	C. BAIRD (STEVENAGE)	26.15	F17 4
2	G. BRIDGE (RADLEY)	20.21	F20 2	4	M. STEER (ST. ALBANS)	22.38	F17 2	7	S. PIKE (STEVENAGE)	26.20	F17 5
				5	H. HULL (ST. ALBANS)	23.38	F17 3				

<b>TEAM RESULT</b>				
1	WYCOMBE PHOENIX	12	1	3
2	ST. ALBANS A.C.	7	4	5
3	RADLEY A.C.	6	2	
4	STEVENAGE & NH	3	6	7

<b>DIVISION RESULT</b>					
1	WYCOMBE PHOENIX	142	43	39	21 27 12
2	ST. ALBANS A.C.	121	42	36	14 22 7
3	STEVENAGE & NH	74	23	22	10 16 3
4	BANBURY	63	24	12	14 13
5	RADLEY A.C.	52	18	16	12 6
6	DACORUM & TRING	21	9	6	5 1
7	THAME RUNNERS	6		4	2

<b>Under 15 Girls</b>											
1	V. PRITCHARD (ST. ALBANS)	13.14	F15 1	5	R. HARRIS (STEVENAGE)	14.22	F15 5	9	J. LATCHFORD (STEVENAGE)	14.44	F15 9
2	A. SMITH (ST. ALBANS)	14.03	F15 2	6	P. BAILEY (ST. ALBANS)	14.26	F15 6	10	M. HOBBS (ST. ALBANS)	14.53	F15 10
3	C. WILLIS (STEVENAGE)	14.09	F15 3	7	M. GEERS (ST. ALBANS)	14.31	F15 7	11	S. FEELY (STEVENAGE)	15.19	F15 11
4	S. LLOYD (WHITE HORSE)	14.16	F15 4	8	S. NEEDLEMAN (DACORUM)	14.41	F15 8	12	K. HARPER (ST. ALBANS)	15.41	F15 12

<b>TEAM RESULT</b>				
1	ST. ALBANS A.C.	30	1	2 6
2	STEVENAGE & NH	22	3	5 9
3	WHITE HORSE	9	4	
4	DACORUM & TRING	5	8	

<b>DIVISION RESULT</b>					
1	ST. ALBANS A.C.	184	40	45	32 37 30
2	STEVENAGE & NH	135	29	31	23 30 22
3	WHITE HORSE	38	14		15 9
4	DACORUM & TRING	27	9	1	4 8 5
5	BANBURY	13			13
6	MAIDENHEAD	5	2		3
7	AMPTHILL & FLITWICK	1			1
8	WYCOMBE PHOENIX	1	1		

**Under 13 Girls**

1	M. HUMPHREYS (RADLEY).....	10.51	F13	1	7	M. STYLES (WYCOMBE).....	12.03	F13	7	14	L. MARKWELL (ST. ALBANS).....	13.13	F13	14	
2	E. DELGADO (WYCOMBE).....	11.24	F13	2	8	R. COOK (STEVENAGE).....	12.15	F13	8	15	P. BOYD (DACORUM).....	13.40	F13	15	
3	A. WEST (ST. ALBANS).....	11.29	F13	3	9	C. DUKE (STEVENAGE).....	12.22	F13	9	16	M. HERRIDGE (STEVENAGE).....	13.41	F13	16	
4	T. WEDDELL (ST. ALBANS).....	11.33	F13	4	10	N. BAKER (ST. ALBANS).....	12.29	F13	10	17	L. DORMAN (BANBURY).....	13.41	F13	17	
	A. BENTLEY (SAGD) N/S.....	11.40	F13			11	L. EDWARDS (ST. ALBANS).....	12.33	F13	11	18	B. DEAN (STEVENAGE).....	14.10	F13	18
5	C. BAXTER (DACORUM).....	11.48	F13	5	12	L. ECKLEY (ST. ALBANS).....	12.43	F13	12	19	E. HACK (ST. ALBANS).....	14.12	F13	19	
6	G. ROBINS (ST. ALBANS).....	11.49	F13	6	13	J. BARNES (ST. ALBANS).....	13.12	F13	13	20	L. BARBER (STEVENAGE).....	14.58	F13	20	

**TEAM RESULT non scorers excluded**

1	ST. ALBANS A.C.	50	3	4	6
2	WYCOMBE PHOENIX	33	2	7	
3	STEVENAGE & NH	30	8	9	16
4	DACORUM & TRING	22	5	15	
5	RADLEY A.C.	20	1		
6	BANBURY	4	17		

**DIVISION RESULT**

1	ST. ALBANS A.C.	279	58	54	50	67	50
2	STEVENAGE & NH	244	47	61	48	58	30
3	WYCOMBE PHOENIX	163	38	16	34	42	33
4	DACORUM & TRING	116	21	37	4	32	22
5	RADLEY A.C.	110	43		21	26	20
6	BANBURY	41	9	17	11		4
7	TRING RUNNING CLUB	6					6
8	AMPTHILL & FLITWICK	2		1	1		

**Total Overall Score**

1	TRING RUNNING CLUB	754	652	102	
2	BEARBROOK JOGGERS	712	592	120	
3	THAME RUNNERS	649	574	75	
4	BANBURY	561	465	96	
5	DACORUM & TRING	545	429	116	
6	WYCOMBE PHOENIX	471	392	79	
7	STEVENAGE & NH	470	415	55	
8	AMPTHILL & FLITWICK	387	387		
9	QUEENS PARK H.	336	313	23	
10	HANDY CROSS	313	272	41	
11	ST. ALBANS A.C.	191	104	87	
12	RADLEY A.C.	164	118	46	
13	ST. ALBANS STRIDERS	147	130	17	
14	WHITE HORSE	103	94	9	
15	PURPLE PATCH RUNNING	98	88	10	
16	BIGGLESWADE	46	46		
17	BUCKINGHAM & STOWE	29	29		
18	MAIDENHEAD	17	17		

**DIVISION RESULT**

1	TRING RUNNING CLUB	3714	681	883	724	672	754
2	BEARBROOK JOGGERS	3513	736	833	629	603	712
3	DACORUM & TRING	3429	804	957	448	675	545
4	THAME RUNNERS	3151	662	776	571	493	649
5	WYCOMBE PHOENIX	3030	761	736	540	522	471
6	STEVENAGE & NH	2737	724	682	391	470	470
7	BANBURY	2563	561	549	590	302	561
8	HANDY CROSS	2099	387	601	349	449	313
9	QUEENS PARK H.	1918	335	524	401	322	336
10	MAIDENHEAD	1564	509	710	319	9	17
11	ST. ALBANS A.C.	1183	263	279	219	231	191
12	RADLEY A.C.	1159	363	234	233	165	164
13	PURPLE PATCH RUNNING	994	86	495	229	86	98
14	ST. ALBANS STRIDERS	933	43	394	235	114	147
15	WHITE HORSE	529	270	26	23	107	103
16	AMPTHILL & FLITWICK	453	2	44	20	387	
17	BIGGLESWADE	333	80	112	52	43	46
18	BUCKINGHAM & STOWE	205	63	41	72		29
19	DAVID LLOYD PACERS	169	28	141			

**Male Overall Score**

1	TRING RUNNING CLUB	652	652			
2	BEARBROOK JOGGERS	592	592			
3	THAME RUNNERS	574	574			
4	BANBURY	465	451	6	8	
5	DACORUM & TRING	429	367	8	16	38
6	STEVENAGE & NH	415	343	12		60
7	WYCOMBE PHOENIX	392	306	7	27	52
8	AMPTHILL & FLITWICK	387	373			14
9	QUEENS PARK H.	313	313			
10	HANDY CROSS	272	272			
11	ST. ALBANS STRIDERS	130	130			
12	RADLEY A.C.	118	93			
13	ST. ALBANS A.C.	104		25	23	56
14	WHITE HORSE	94	87	7		
15	PURPLE PATCH RUNNING	88	88			
16	BIGGLESWADE	46				46
17	BUCKINGHAM & STOWE	29	29			
18	MAIDENHEAD	17		1	6	10

**DIVISION RESULT**

1	TRING RUNNING CLUB	3210	619	773	603	563	652
2	BEARBROOK JOGGERS	2797	594	665	478	468	592
3	DACORUM & TRING	2720	636	805	313	537	429
4	THAME RUNNERS	2666	573	664	455	400	574
5	WYCOMBE PHOENIX	2420	613	596	404	415	392
6	STEVENAGE & NH	2263	604	568	310	366	415
7	BANBURY	1920	417	394	434	210	465
8	QUEENS PARK H.	1823	335	480	400	295	313
9	HANDY CROSS	1794	312	553	284	373	272
10	MAIDENHEAD	1452	461	649	319	6	17
11	RADLEY A.C.	890	272	182	212	106	118
12	PURPLE PATCH RUNNING	831	45	413	211	74	88
13	ST. ALBANS STRIDERS	634	272	140	92	130	
14	ST. ALBANS A.C.	599	123	144	123	105	104
15	WHITE HORSE	485	250	26	23	92	94
16	AMPTHILL & FLITWICK	450		1	43	19	387
17	BIGGLESWADE	333	80	112	52	43	46
18	BUCKINGHAM & STOWE	198	63	41	65		29

**Female Overall Score**

1	BEARBROOK JOGGERS	120	120			
2	DACORUM & TRING	116	89	5	22	
3	TRING RUNNING CLUB	102	102			
4	BANBURY	96	92		4	
5	ST. ALBANS A.C.	87		7	30	50
6	WYCOMBE PHOENIX	79	34	12		33
7	THAME RUNNERS	75	75			
8	STEVENAGE & NH	55		3	22	30
9	RADLEY A.C.	46	20	6		20
10	HANDY CROSS	41	41			
11	QUEENS PARK H.	23	23			
12	ST. ALBANS STRIDERS	17	17			
13	PURPLE PATCH RUNNING	10	10			
14	WHITE HORSE	9			9	

**DIVISION RESULT**

1	BEARBROOK JOGGERS	716	142	168	151	135	120
2	DACORUM & TRING	709	168	152	135	138	116
3	BANBURY	643	144	155	156	92	96
4	WYCOMBE PHOENIX	610	148	140	136	107	79
5	ST. ALBANS A.C.	584	140	135	96	126	87
6	TRING RUNNING CLUB	504	62	110	121	109	102
7	THAME RUNNERS	485	89	112	116	93	75
8	STEVENAGE & NH	474	120	114	81	104	55
9	HANDY CROSS	305	75	48	65	76	41
10	ST. ALBANS STRIDERS	299	43	122	95	22	17
11	RADLEY A.C.	269	91	52	21	59	46
12	DAVID LLOYD PACERS	169	28	141			
13	PURPLE PATCH RUNNING	163	41	82	18	12	10
14	MAIDENHEAD	112	48	61		3	
15	QUEENS PARK H.	95		44	1	27	23
16	WHITE HORSE	44	20			15	9
17	BUCKINGHAM & STOWE	7			7		
18	AMPTHILL & FLITWICK	3		1	1	1	