

Apex Sports Chiltern League Division Two 2011/2012 Round 1

Held at Luton (Wigmore Valley) on 08 October 2011

Senior/Junior/Veteran Men

1	M. SALT (DACORUM)	29.04	M20	1
2	A. CRACKNELL (DACORUM)	29.07	M	1
3	H. MITCHELL (BRACKNELL)	29.26	M	2
4	W. LANGLEY (WYCOMBE)	29.52	M	3
5	P. FARMER (AMPTHILL & F)	30.21	M	4
6	R. LARSEN (BRACKNELL)	30.27	M	5
7	L. NEWELL (ABINGDON)	30.36	M	6
8	C. HILTON (STEVENAGE)	30.40	M20	2
9	D. POULTON (STEVENAGE)	30.44	M	7
10	J. PARSLow (DACORUM)	31.18	M	8
11	A. BYERLEY (THAME)	31.27	M40	1
12	D. MARTIN (WATFORD)	31.41	M	9
13	F. FULCHER (HANDY CROSS)	31.41	M40	2
14	T. CHISNALL (WYCOMBE)	32.03	M	10
15	T. OFFORD (BANBURY)	32.14	M	11
16	F. HALE (TEAM BALANCISE)	32.17	M40	3
17	R. MCEWAN (MAIDENHEAD)	32.30	M	12
18	B. LOVELL (TEAM BALANCISE)	32.40	M	13
19	O. GLYN (DACORUM)	32.48	M20	3
20	P. DALY (BRACKNELL)	32.51	M40	4
21	D. DOHERTY (TBAL)	32.59	M	14
22	M. DMITRZAK (Q.P.H.)	33.16	M	15
23	N. HARRIS (WATFORD)	33.25	M	16
24	W. WANLEY (MAIDENHEAD)	33.37	M	17
25	P. JONES (WYCOMBE)	33.48	M40	5
26	P. GEORGE (BANBURY)	33.50	M	18
27	J. MITCHEL (BRACKNELL)	33.55	M20	4
28	B. LAWTON (THAME)	33.58	M	19
29	J. HUMPHREYS (RADLEY)	34.04	M20	5
30	M. BOOTH (WYCOMBE)	34.12	M	20
31	J. MARLOW (DACORUM)	34.16	M	21
32	Z. MCDONOUGH (WATFORD)	35.00	M	22
33	A. GARDNER (DACORUM)	35.06	M	23
34	G. WEST (ST. ALBANS STR)	35.13	M40	6
35	B. BRACKSTONE (BRACKNELL)	35.15	M40	7
36	N. JEFF (TEAM BALANCISE)	35.17	M40	8
37	R. SLATER (THAME)	35.36	M	24
38	A. GALLIGAN (Q.P.H.)	35.39	M	25
39	S. SHAW (DACORUM)	35.40	M40	9
40	D. VANNEN (WATFORD)	35.43	M40	10
41	S. POULTON (STEVENAGE)	35.52	M	26
42	C. ELLIS (WATFORD)	36.11	M	27
43	M. HAMILTON (TBAL)	36.15	M40	11
44	C. MCEWEN (MAIDENHEAD)	36.23	M	28
45	H. TAYLOR (HANDY CROSS)	36.38	M50	1
46	F. NOLAN (Q.P.H.)	36.43	M50	2
47	S. NORTH (WYCOMBE)	36.50	M50	3
48	T. BIRKETT (WATFORD)	36.54	M40	12
49	J. GRAY (MAIDENHEAD)	36.59	M	29
50	B. SKOV (ST. ALBANS STR)	37.04	M	30
51	I. NEEDLEMAN (DACORUM)	37.04	M50	4
52	M. COTTON (BANBURY)	37.14	M	31
53	P. DINEEN (HANDY CROSS)	37.15	M40	13
54	J. COOMBS (MAIDENHEAD)	37.20	M	32
55	D. RANDALL (WYCOMBE)	37.25	M40	14
56	R. BROWN (TEAM BALANCISE)	37.36	M	33
57	A. MURPHY (BIGGLESWADE)	37.39	M20	6
58	B. MILLER (Q.P.H.)	38.00	M40	15
59	D. BURROW-NEWTON (MAID)	38.03	M20	7
60	L. KEEBLE (STEVENAGE)	38.10	M20	8
61	M. EMMETT (THAME)	38.12	M40	16
62	S. BOWDEN (BRACKNELL)	38.15	M40	17
63	R. CLAESSENS (WYCOMBE)	38.27	M50	5
64	B. HENDRIE (BANBURY)	38.30	M60	1
65	M. HILL (MAIDENHEAD)	38.42	M50	6
66	W. ROYE (Q.P.H.)	38.43	M	34
67	S. DEARMAN (WATFORD)	38.47	M40	18
68	J. PEERLESS (HANDY CROSS)	38.55	M50	7
69	G. CONBOY (Q.P.H.)	39.05	M	35
70	I. MARKWELL (STAL)	39.08	M40	19
71	M. HOLLIS (HANDY CROSS)	39.12	M50	8
72	A. PARRY (THAME)	39.20	M40	20
73	S. WEBSTER (STAL)	39.22	M	36
74	I. ROBINSON (BANBURY)	39.23	M40	21
75	M. DEWEY (HANDY CROSS)	39.41	M	37
76	P. EAMES (STEVENAGE)	39.43	M50	9
77	J. AINSWORTH (Q.P.H.)	39.51	M50	10
78	S. HILLS (TEAM BALANCISE)	40.01	M40	22
79	C. SHARP (PURPLE PATCH)	40.53	M	38
80	N. FRAPE (BANBURY)	41.00	M40	23
81	G. SMITH (BANBURY)	41.11	M60	2
82	A. ALLEN (DACORUM)	41.37	M60	3
83	C. HULL (ST. ALBANS STR)	41.50	M50	11
84	P. MULCAHY (STAL)	42.01	M40	24
85	A. BARTLETT (BANBURY)	42.10	M50	12
86	S. DANIEL (WATFORD)	42.32	M50	13
87	D. STRINGFELLOW (WHH)	43.09	M50	14
88	R. DAVIES (Q.P.H.)	43.57	M40	25
89	G. GILFEDDER (WYCOMBE)	44.04	M40	26
90	K. PERRY (DACORUM)	44.45	M60	4
91	A. SMITH (Q.P.H.)	45.24	M	39
92	J. COOPER (DACORUM)	46.30	M60	5
93	P. GLYN (DACORUM)	46.40	M40	27
94	J. SLACK (DACORUM)	47.17	M60	6
95	J. GULLIVER (THAME)	47.21	M40	28
96	M. SARGENT (DACORUM)	47.29	M60	7
97	M. HICKMAN (HANDY CROSS)	48.45	M60	8
98	C. DOWNS (THAME)	49.20	M	40
99	F. MILLS (DACORUM)	50.06	M60	9

TEAM RESULT

1	DACORUM & TRING	614	1	2	10	19	31	33	39	51
2	WYCOMBE PHOENIX	473	4	14	25	30	47	55	63	89
3	WATFORD	450	12	23	32	40	42	48	67	86
4	BRACKNELL	447	3	6	20	27	35	62		
5	TEAM BALANCISE	432	16	18	21	36	43	56	78	
6	MAIDENHEAD	388	17	24	44	49	54	59	65	
7	QUEENS PARK H.	336	22	38	46	58	66	69	77	88
8	BANBURY	323	15	26	52	64	74	80	81	85
9	STEVENAGE & NH	306	8	9	41	60	76			
10	THAME RUNNERS	298	11	28	37	61	72	95	98	
11	HANDY CROSS	278	13	45	53	68	71	75	97	
12	ST. ALBANS STRIDERS	206	34	50	70	73	83	84		
13	AMPTHILL & FLITWICK	95	5							
14	ABINGDON AMBLERS	93	7							
15	RADLEY A.C.	71	29							
16	BIGGLESWADE	43	57							
17	PURPLE PATCH RUNNERS	21	79							
18	WHITE HORSE	13	87							

DIVISION RESULT

1	DACORUM & TRING	614	614
2	WYCOMBE PHOENIX	473	473
3	WATFORD	450	450
4	BRACKNELL	447	447
5	TEAM BALANCISE	432	432
6	MAIDENHEAD	388	388
7	QUEENS PARK H.	336	336
8	BANBURY	323	323
9	STEVENAGE & NH	306	306
10	THAME RUNNERS	298	298
11	HANDY CROSS	278	278
12	ST. ALBANS STRIDERS	206	206
13	AMPTHILL & FLITWICK	95	95
14	ABINGDON AMBLERS	93	93
15	RADLEY A.C.	71	71
16	BIGGLESWADE	43	43
17	PURPLE PATCH RUNNERS	21	21
18	WHITE HORSE	13	13

Veteran Mens Race

1	TEAM BALANCISE	227	16	36	43	78
2	HANDY CROSS	221	13	45	53	68
3	WYCOMBE PHOENIX	210	25	47	55	63
4	BRACKNELL	183	20	35	62	
5	THAME RUNNERS	161	11	61	72	95
6	WATFORD	159	40	48	67	86
7	DACORUM & TRING	138	39	51	82	90
8	QUEENS PARK H.	131	46	58	77	88
9	ST. ALBANS STRIDERS	129	34	70	83	84
10	BANBURY	101	64	74	80	81
11	MAIDENHEAD	35	65			
12	STEVENAGE & NH	24	76			
13	WHITE HORSE	13	87			

DIVISION RESULT

1	TEAM BALANCISE	227	227
2	HANDY CROSS	221	221
3	WYCOMBE PHOENIX	210	210
4	BRACKNELL	183	183
5	THAME RUNNERS	161	161
6	WATFORD	159	159
7	DACORUM & TRING	138	138
8	QUEENS PARK H.	131	131
9	ST. ALBANS STRIDERS	129	129
10	BANBURY	101	101
11	MAIDENHEAD	35	35
12	STEVENAGE & NH	24	24
13	WHITE HORSE	13	13

Under 17 Men

1	J. MCMURRAY (ST. ALBANS)	19.09	M17	1
2	M. AXE (WYCOMBE)	19.32	M17	2
3	S. HALSTEAD (BRACKNELL)	20.05	M17	3
4	M. SEDDON (BRACKNELL)	20.14	M17	4
5	T. BIEGEL (BANBURY)	20.16	M17	5
6	B. SUTHERLAND (WYCOMBE)	20.16	M17	6
7	B. ROCHFORD (WATFORD)	20.18	M17	7
8	K. GILFEDDER (WYCOMBE)	21.04	M17	8
9	M. SLIWINSKI (WYCOMBE)	21.07	M17	9
10	A. VESSEY (ABINGDON)	21.26	M17	10
11	M. LOMAS (WHITE HORSE)	21.27	M17	11
12	O. POULAIN (ST. ALBANS)	21.27	M17	12
13	J. ROBERTS (WYCOMBE)	21.53	M17	13
14	L. DORMAN (BANBURY)	22.05	M17	14
15	T. FABES (ABINGDON)	23.00	M17	15
16	L. BARTHOLOMEW (BRACKNELL)	23.06	M17	16
17	J. QUORELL (DACORUM)	23.35	M17	17
18	J. BRANNAN (BRACKNELL)	23.50	M17	18
19	R. ALLAN (ST. ALBANS)	23.50	M17	19
20	L. CLITHEROE (BANBURY)	23.54	M17	20
21	P. D'ATH (STEVENAGE)	24.30	M17	21
22	A. KEYS (MAIDENHEAD)	24.45	M17	22
23	S. GOLDFINCH (MAIDENHEAD)	25.57	M17	23

TEAM RESULT

1	WYCOMBE PHOENIX	56	2	6	8
2	BRACKNELL	49	3	4	16
3	ST. ALBANS A.C.	40	1	12	19
4	BANBURY	33	5	14	20
5	ABINGDON AMBLERS	23	10	15	
6	WATFORD	17	7		
7	WHITE HORSE	13	11		
8	DACORUM & TRING	7	17		
9	STEVENAGE & NH	3	21		
10	MAIDENHEAD	3	22	23	

DIVISION RESULT

1	WYCOMBE PHOENIX	56	56
2	BRACKNELL	49	49
3	ST. ALBANS A.C.	40	40
4	BANBURY	33	33
5	ABINGDON AMBLERS	23	23
6	WATFORD	17	17
7	WHITE HORSE	13	13
8	DACORUM & TRING	7	7
9	STEVENAGE & NH	3	3
10	MAIDENHEAD	3	3

Under 15 Boys

1	J. GENTLE (ST. ALBANS)	14.27	M15	1
2	C. VON EITZEN (RADLEY)	15.06	M15	2
3	D. RIDINGTON (BRACKNELL)	15.36	M15	3
4	J. DOWN (ST. ALBANS)	15.37	M15	4
5	B. LAWRENCE (WYCOMBE)	15.59	M15	5
6	T. BURNS (BRACKNELL)	16.00	M15	6
7	T. WAPSHARE (WYCOMBE)	16.07	M15	7
8	J. WAGERLEIGH (DACORUM)	16.15	M15	8
9	M. FABES (ABINGDON)	16.19	M15	9
10	S. JONES (ST. ALBANS)	16.22	M15	10
11	J. BLYTH (WYCOMBE)	16.22	M15	11
12	C. HEALEY (Q.P.H.)	16.27	M15	12
13	J. THRUSH (WYCOMBE)	16.33	M15	13
14	C. KEANE (WATFORD)	16.36	M15	14
15	W. COOPER (BRACKNELL)	16.40	M15	15
16	A. ROBINSON (BRACKNELL)	16.46	M15	16
17	C. TRUDGILL (BIGGLESWADE)	16.54	M15	17
18	J. JONES (ST. ALBANS)	16.57	M15	18
19	M. LIVESEY (STEVENAGE)	16.58	M15	19
20	R. BOLTON (STEVENAGE)	17.05	M15	20
21	M. SIMPSON (DACORUM)	17.15	M15	21
22	J. TAYLOR (BIGGLESWADE)	17.45	M15	22
23	P. MARLOW (BRACKNELL)	17.49	M15	23
24	M. LITCHFIELD-WILLIAMS (BK)	18.00	M15	24
25	L. GLYN (DACORUM)	18.14	M15	25
26	J. NORTH (WYCOMBE)	18.27	M15	26
27	C. ROONEY (WYCOMBE)	18.28	M15	27
28	L. YOUNG (MAIDENHEAD)	18.28	M15	28
29	M. SELICK (BIGGLESWADE)	18.38	M15	29
30	J. GLADMAN (STEVENAGE)	19.11	M15	30
31	D. SPICER (STEVENAGE)	21.00	M15	31

TEAM RESULT

1	ST. ALBANS A.C.	81	1	4	10
2	WYCOMBE PHOENIX	73	5	7	11
3	BRACKNELL	72	3	6	15
4	DACORUM & TRING	42	8	21	25
5	RADLEY A.C.	30	2		
6	BIGGLESWADE	28	17	22	29
7	STEVENAGE & NH	27	19	20	30
8	ABINGDON AMBLERS	23	9		
9	QUEENS PARK H.	20	12		
10	WATFORD	18	14		
11	MAIDENHEAD	4	28		

DIVISION RESULT

1	ST. ALBANS A.C.	81	81
2	WYCOMBE PHOENIX	73	73
3	BRACKNELL	72	72
4	DACORUM & TRING	42	42
5	RADLEY A.C.	30	30
6	BIGGLESWADE	28	28
7	STEVENAGE & NH	27	27
8	ABINGDON AMBLERS	23	23
9	QUEENS PARK H.	20	20
10	WATFORD	18	18
11	MAIDENHEAD	4	4

Under 13 Boys

1	A. CLAYTON (BRACKNELL)	10.34	M13	1
2	S. HOWELL (DACORUM)	10.51	M13	2
3	A. WILMSHURST (ST. ALBANS)	10.55	M13	3
4	S. BARTON (BIGGLESWADE)	11.04	M13	4
5	R. JAMES (ST. ALBANS)	11.13	M13	5
6	E. DUNCAN (DACORUM)	11.33	M13	6
7	R. WARD (AMPTHILL & F)	11.43	M13	7
8	J. ALDERSON (DACORUM)	11.47	M13	8
9	A. MASON (STEVENAGE)	11.48	M13	9
10	D. WEATHERS (WYCOMBE)	11.51	M13	10

11	B. MITCHELL (ST. ALBANS)	11.53	M13	11
12	M. DURAN (ST. ALBANS)	12.06	M13	12
13	A. SHAW (ST. ALBANS)	12.10	M13	13
14	G. KELLING (BANBURY)	12.15	M13	14
15	J. ANDERSON (ST. ALBANS)	12.16	M13	15
16	E. TATTERSALL (BRACKNELL)	12.16	M13	16
17	D. MACEY (DACORUM)	12.19	M13	17
18	J. ROGERS (AMPTHILL & F)	12.29	M13	18
19	D. JOHAL (WATFORD)	12.32	M13	19
20	D. DUKE (STEVENAGE)	12.36	M13	20

21	J. BALL (BRACKNELL)	12.55	M13	21
22	C. WOODALL (DACORUM)	12.59	M13	22
23	O. TRUDGILL (BIGGLESWADE)	13.04	M13	23
24	G. MARVEL (STEVENAGE)	13.18	M13	24
25	A. SPILLING (ST. ALBANS)	13.20	M13	25
26	J. PRYOR (WYCOMBE)	13.53	M13	26
27	D. HOPPER (DACORUM)	15.09	M13	27
28	O. DEARMAN (WATFORD)	15.31	M13	28
29	A. KOWLING (AMPTHILL & F)	16.18	M13	29
30	P. QUINN (ST. ALBANS)	16.36	M13	30

TEAM RESULT

1	DACORUM & TRING	77	2	6	8
2	ST. ALBANS A.C.	74	3	5	11
3	BRACKNELL	55	1	16	21
4	STEVENAGE & NH	40	9	20	24
5	AMPTHILL & FLITWICK	39	7	18	29
6	BIGGLESWADE	35	4	23	
7	WYCOMBE PHOENIX	26	10	26	
8	BANBURY	17	14		
9	WATFORD	15	19	28	

DIVISION RESULT

1	DACORUM & TRING	77	77
2	ST. ALBANS A.C.	74	74
3	BRACKNELL	55	55
4	STEVENAGE & NH	40	40
5	AMPTHILL & FLITWICK	39	39
6	BIGGLESWADE	35	35
7	WYCOMBE PHOENIX	26	26
8	BANBURY	17	17
9	WATFORD	15	15

Senior/Veteran Ladies

1	L. ROGERS (WYCOMBE)	23.08	F	1
2	R. KELLING (BANBURY)	23.32	F45	1
3	H. HALL (BRACKNELL)	23.40	F	2
4	M. BARTLETT (BANBURY)	23.56	F35	1
5	C. DAVIES (DACORUM)	24.18	F45	2
6	K. BURWOOD (MAIDENHEAD)	24.27	F35	2
7	M. ALLEN (WYCOMBE)	24.31	F35	3
8	Z. LOWE (ST. ALBANS STR)	24.42	F45	3
9	E. O'SULLIVAN (TBAL)	25.10	F45	4
10	J. COULCHER (THAME)	26.10	F35	4
11	J. YOUNG (Q.P.H.)	26.22	F	3
12	R. CAVE (TEAM BALANCISE)	26.33	F	4
13	E. ROBERTS (DACORUM)	26.35	F	5
14	R. BIEGEL (BANBURY)	26.40	F45	5
15	T. STRACEY (HANDY CROSS)	26.52	F	6
16	C. ING (HANDY CROSS)	26.59	F	7
17	E. FULCHER (HANDY CROSS)	27.01	F45	6

18	W. PEARSON (DACORUM)	27.04	F35	5
19	M. MOODY (HANDY CROSS)	27.11	F55	1
20	E. WALLS (ST. ALBANS STR)	27.35	F45	7
21	A. HALFORD (WATFORD)	28.01	F	8
22	N. POULAIN (STAL)	28.10	F45	8
23	A. CROUGHTON (THAME)	28.17	F45	9
24	C. MURRAY (DACORUM)	28.24	F35	6
25	L. MCGREGOR (MAIDENHEAD)	28.27	F	9
26	A. PUTKO (WATFORD)	28.43	F	10
27	N. HANLEY (RADLEY)	28.45	F	11
28	S. MCEWAN (MAIDENHEAD)	29.09	F55	2
29	S. BUX (HANDY CROSS)	29.21	F	12
30	N. ECONOMU (WATFORD)	29.28	F35	7
31	H. PARRY (THAME)	29.45	F35	8
32	L. ANSELL (BANBURY)	30.28	F35	9
33	S. CASTRO (THAME)	30.31	F35	10
34	H. NEEDLEMAN (DACORUM)	30.36	F45	10

35	E. COOMBS (MAIDENHEAD)	30.39	F	13
36	R. GALLIGAN (Q.P.H.)	30.49	F	14
37	A. PEERLESS (HANDY CROSS)	30.49	F55	3
38	J. BAXTER (DACORUM)	31.04	F45	11
39	C. SUMNER (TEAM BALANCISE)	31.07	F35	11
40	S. KIRKBRIDE (TBAL)	31.10	F45	12
41	R. MAHIL (DACORUM)	31.15	F35	12
42	L. MERCHANT (DACORUM)	31.45	F	15
43	S. DAVIDSON (PURPLE PATCH)	32.24	F	16
44	K. BYERLY (THAME)	33.33	F35	13
45	S. SMITH (BANBURY)	33.39	F55	4
46	J. ROGERS (THAME)	33.47	F35	14
47	C. DEARMAN (WATFORD)	33.59	F45	13
48	J. STRACHAN (DACORUM)	34.45	F35	15
49	I. HILLIER (WYCOMBE)	34.52	F	17
50	D. BOLTON (HANDY CROSS)	36.28	F	18
51	J. RYAN (HANDY CROSS)	38.54	F45	14

TEAM RESULT

1	BANBURY	156	2	4	14	32
2	DACORUM & TRING	148	5	13	18	24
3	HANDY CROSS	141	15	16	17	19
4	MAIDENHEAD	114	6	25	28	35
5	THAME RUNNERS	111	10	23	31	33
6	TEAM BALANCISE	108	9	12	39	40
7	ST. ALBANS STRIDERS	106	8	20	22	
8	WYCOMBE PHOENIX	99	1	7	49	
9	WATFORD	84	21	26	30	47
10	QUEENS PARK H.	57	11	36		
11	BRACKNELL	49	3			
12	RADLEY A.C.	25	27			
13	PURPLE PATCH RUNNERS	9	43			

DIVISION RESULT

1	BANBURY	156	156
2	DACORUM & TRING	148	148
3	HANDY CROSS	141	141
4	MAIDENHEAD	114	114
5	THAME RUNNERS	111	111
6	TEAM BALANCISE	108	108
7	ST. ALBANS STRIDERS	106	106
8	WYCOMBE PHOENIX	99	99
9	WATFORD	84	84
10	QUEENS PARK H.	57	57
11	BRACKNELL	49	49
12	RADLEY A.C.	25	25
13	PURPLE PATCH RUNNERS	9	9

Veteran Ladies Race

1	BANBURY	156	2	4	14	32
2	DACORUM & TRING	127	5	18	24	34
3	THAME RUNNERS	111	10	23	31	33
4	ST. ALBANS STRIDERS	106	8	20	22	
5	HANDY CROSS	84	17	19	37	51
6	MAIDENHEAD	70	6	28		
7	TEAM BALANCISE	68	9	39	40	
8	WYCOMBE PHOENIX	45	7			
9	WATFORD	27	30	47		

DIVISION RESULT

1	BANBURY	156	156
2	DACORUM & TRING	127	127
3	THAME RUNNERS	111	111
4	ST. ALBANS STRIDERS	106	106
5	HANDY CROSS	84	84
6	MAIDENHEAD	70	70
7	TEAM BALANCISE	68	68
8	WYCOMBE PHOENIX	45	45
9	WATFORD	27	27

Junior/U17 Ladies

1	F. BRERETON (BRACKNELL)	20.05	F17	1
2	R. MCCLAY (BRACKNELL)	20.13	F20	1
3	B. BERGER-NORTH (BK)	20.21	F17	2
4	S. LLOYD (WHITE HORSE)	20.28	F17	3
5	M. STEER (ST. ALBANS)	20.49	F17	4
6	C. BRADLEY (BANBURY)	21.02	F17	5

7	H. DEWHURST (STEVENAGE)	21.09	F20	2
8	A. SMITH (ST. ALBANS)	21.33	F17	6
9	G. RUSSELL (WYCOMBE)	21.39	F17	7
10	R. HARRIS (STEVENAGE)	21.46	F17	8
11	C. WILLIS (STEVENAGE)	22.02	F17	9
12	N. WICKINGS (WATFORD)	22.05	F20	3
13	P. BOWDEN (BRACKNELL)	22.23	F17	10

14	H. HULL (ST. ALBANS)	22.27	F17	11
15	S. WEST (ST. ALBANS)	22.46	F17	12
16	S. NEEDLEMAN (DACORUM)	22.53	F17	13
17	S. GROVER (DACORUM)	22.58	F17	14
18	J. BARBER (STEVENAGE)	24.50	F20	4
19	K. BUTLER (ST. ALBANS)	25.03	F17	15
20	A. GATES (STEVENAGE)	25.08	F17	16

TEAM RESULT

1	BRACKNELL	57	1	2	3
2	ST. ALBANS A.C.	36	5	8	14
3	STEVENAGE & NH	35	7	10	11
4	WHITE HORSE	17	4		
5	BANBURY	15	6		
6	WYCOMBE PHOENIX	12	9		
7	WATFORD	9	12		
8	DACORUM & TRING	9	16	17	

DIVISION RESULT

1	BRACKNELL	57	57
2	ST. ALBANS A.C.	36	36
3	STEVENAGE & NH	35	35
4	WHITE HORSE	17	17
5	BANBURY	15	15
6	WYCOMBE PHOENIX	12	12
7	DACORUM & TRING	9	9
8	WATFORD	9	9

Under 15 Girls

1	S. RAYMENT (BRACKNELL)	13.22	F15	1
2	M. HUMPHREYS (RADLEY)	13.45	F15	2
3	E. DELGADO (WYCOMBE)	14.12	F15	3
4	H. RIDLEY (BIGGLESWADE)	14.25	F15	4
5	C. DEARMAN (WATFORD)	14.29	F15	5
6	P. BAILEY (ST. ALBANS)	14.33	F15	6
7	S. MARAIS (BRACKNELL)	14.39	F15	7
8	M. GEERS (ST. ALBANS)	14.42	F15	8
9	M. DORAN (STEVENAGE)	14.45	F15	9

10	A. WEST (ST. ALBANS)	14.46	F15	10
11	L. ECKLEY (ST. ALBANS)	14.51	F15	11
12	J. LATCHFORD (STEVENAGE)	15.05	F15	12
13	L. EDWARDS (ST. ALBANS)	15.05	F15	13
14	N. QUINN (ST. ALBANS)	15.05	F15	14
15	N. BAKER (ST. ALBANS)	15.05	F15	15
16	L. ECONOMU (WATFORD)	15.05	F15	16
17	H. MCCLAY (BRACKNELL)	15.27	F15	17
18	S. FEELY (STEVENAGE)	15.47	F15	18
19	C. BAXTER (DACORUM)	15.47	F15	19

20	P. SMITH (WATFORD)	15.52	F15	20
21	A. MULCAHY (ST. ALBANS)	16.03	F15	21
22	M. HARLAND (WATFORD)	16.22	F15	22
23	M. HOBBS (ST. ALBANS)	16.32	F15	23
24	A. CLARKE (WYCOMBE)	16.46	F15	24
25	E. CERVI (STEVENAGE)	17.08	F15	25
26	M. GRANGER (Q.P.H.)	17.15	F15	26
27	F. BROWN (AMPTHILL & F)	17.52	F15	27
28	R. PICKARD (STEVENAGE)	18.07	F15	28

TEAM RESULT

1	ST. ALBANS A.C.	63	6	8	10
2	BRACKNELL	62	1	7	17
3	STEVENAGE & NH	48	9	12	18
4	WATFORD	46	5	16	20
5	WYCOMBE PHOENIX	31	3	24	
6	RADLEY A.C.	27	2		
7	BIGGLESWADE	25	4		
8	DACORUM & TRING	10	19		
9	QUEENS PARK H.	3	26		
10	AMPTHILL & FLITWICK	2	27		

DIVISION RESULT

1	ST. ALBANS A.C.	63	63
2	BRACKNELL	62	62
3	STEVENAGE & NH	48	48
4	WATFORD	46	46
5	WYCOMBE PHOENIX	31	31
6	RADLEY A.C.	27	27
7	BIGGLESWADE	25	25
8	DACORUM & TRING	10	10
9	QUEENS PARK H.	3	3
10	AMPTHILL & FLITWICK	2	2

Under 13 Girls

1	H. GODDARD (BRACKNELL)	10.32	F13	1
2	A. BOWERS (BRACKNELL)	11.37	F13	2
3	T. WEDDELL (ST. ALBANS)	11.43	F13	3
4	E. READ (BRACKNELL)	11.45	F13	4
5	M. TOMSETT (BRACKNELL)	11.57	F13	5
6	E. HOBBS (ST. ALBANS)	11.57	F13	6
7	C. DUKE (STEVENAGE)	12.10	F13	7
8	C. ECKLEY (ST. ALBANS)	12.26	F13	8
9	P. BATSTONE (MAIDENHEAD)	12.30	F13	9
10	A. BENTLEY (ST. ALBANS)	12.30	F13	10
11	M. STYLES (WYCOMBE)	12.30	F13	11
12	S. COLL (ST. ALBANS)	12.32	F13	12

13	L. MARKWELL (ST. ALBANS)	12.45	F13	13
14	R. COOK (STEVENAGE)	12.47	F13	14
15	J. EDWARDS (ST. ALBANS)	12.50	F13	15
16	J. BARNES (ST. ALBANS)	12.52	F13	16
17	E. BANNISTER (DACORUM)	00	F13	17
18	N. SMITH (BIGGLESWADE)	00	F13	18
19	E. ECONOMU (WATFORD)	13.18	F13	19
20	S. WAGER-LEIGH (DACORUM)	13.18	F13	20
21	N. TAYLOR (WYCOMBE)	13.25	F13	21
22	R. HEALY (Q.P.H.)	13.25	F13	22
23	I. BICKNELL (ST. ALBANS)	13.32	F13	23
24	L. NICHOLS (AMPTHILL & F)	13.36	F13	24
25	E. BARDING (MAIDENHEAD)	13.39	F13	25

26	L. MADDOCK (AMPTHILL & F)	14.07	F13	26
27	B. HARLEY (STEVENAGE)	14.13	F13	27
28	E. BROOKES (ST. ALBANS)	14.16	F13	28
29	S. MCCULLOUGH (ST. ALBANS)	14.24	F13	29
30	I. BASQUILLE-TATLOW (AMPT)	14.37	F13	30
31	B. DEAN (STEVENAGE)	15.20	F13	31
32	G. GOLDFINCH (MAIDENHEAD)	15.28	F13	32
33	H. MADDOCKS (WYCOMBE)	15.56	F13	33
34	G. HALEY (WYCOMBE)	15.57	F13	34
35	L. BARBER (STEVENAGE)	16.02	F13	35
36	T. DIBLEY (MAIDENHEAD)	16.23	F13	36
37	A. BROWN (AMPTHILL & F)	17.49	F13	37

TEAM RESULT

1	BRACKNELL	107	1	2	4
2	ST. ALBANS A.C.	97	3	6	8
3	STEVENAGE & NH	66	7	14	27
4	WYCOMBE PHOENIX	49	11	21	33
5	MAIDENHEAD	48	9	25	32
6	DACORUM & TRING	39	17	20	
7	AMPTHILL & FLITWICK	34	24	26	30
8	BIGGLESWADE	20	18		
9	WATFORD	19	19		
10	QUEENS PARK H.	16	22		

DIVISION RESULT

1	BRACKNELL	107	107
2	ST. ALBANS A.C.	97	97
3	STEVENAGE & NH	66	66
4	WYCOMBE PHOENIX	49	49
5	MAIDENHEAD	48	48
6	DACORUM & TRING	39	39
7	AMPTHILL & FLITWICK	34	34
8	BIGGLESWADE	20	20
9	WATFORD	19	19
10	QUEENS PARK H.	16	16

Total Overall Score

1	DACORUM & TRING	946	740	206
2	BRACKNELL	898	623	275
3	WYCOMBE PHOENIX	819	628	191
4	WATFORD	658	500	158
5	MAIDENHEAD	557	395	162
6	BANBURY	544	373	171
7	TEAM BALANCISE	540	432	108
8	STEVENAGE & NH	525	376	149
9	QUEENS PARK H.	432	356	76
10	HANDY CROSS	419	278	141
11	THAME RUNNERS	409	298	111
12	ST. ALBANS A.C.	391	195	196
13	ST. ALBANS STRIDERS	312	206	106
14	AMPTHILL & FLITWICK	170	134	36
15	RADLEY A.C.	153	101	52
16	BIGGLESWADE	151	106	45
17	ABINGDON AMBLERS	139	139	
18	WHITE HORSE	43	26	17
19	PURPLE PATCH RUNNERS	30	21	9

DIVISION RESULT

1	DACORUM & TRING	946	946
2	BRACKNELL	898	898
3	WYCOMBE PHOENIX	819	819
4	WATFORD	658	658
5	MAIDENHEAD	557	557
6	BANBURY	544	544
7	TEAM BALANCISE	540	540
8	STEVENAGE & NH	525	525
9	QUEENS PARK H.	432	432
10	HANDY CROSS	419	419
11	THAME RUNNERS	409	409
12	ST. ALBANS A.C.	391	391
13	ST. ALBANS STRIDERS	312	312
14	AMPTHILL & FLITWICK	170	170
15	RADLEY A.C.	153	153
16	BIGGLESWADE	151	151
17	ABINGDON AMBLERS	139	139
18	WHITE HORSE	43	43
19	PURPLE PATCH RUNNERS	30	30

Male Overall Score

1	DACORUM & TRING	740	614	7	42	77
2	WYCOMBE PHOENIX	628	473	56	73	26
3	BRACKNELL	623	447	49	72	55
4	WATFORD	500	450	17	18	15
5	TEAM BALANCISE	432	432			
6	MAIDENHEAD	395	388	3	4	
7	STEVENAGE & NH	376	306	3	27	40
8	BANBURY	373	323	33		17
9	QUEENS PARK H.	356	336		20	
10	THAME RUNNERS	298	298			
11	HANDY CROSS	278	278			
12	ST. ALBANS STRIDERS	206	206			
13	ST. ALBANS A.C.	195		40	81	74
14	ABINGDON AMBLERS	139	93	23	23	
15	AMPTHILL & FLITWICK	134	95			39
16	BIGGLESWADE	106	43		28	35
17	RADLEY A.C.	101	71		30	
18	WHITE HORSE	26	13	13		
19	PURPLE PATCH RUNNERS	21	21			

DIVISION RESULT

1	DACORUM & TRING	740	740
2	WYCOMBE PHOENIX	628	628
3	BRACKNELL	623	623
4	WATFORD	500	500
5	TEAM BALANCISE	432	432
6	MAIDENHEAD	395	395
7	STEVENAGE & NH	376	376
8	BANBURY	373	373
9	QUEENS PARK H.	356	356
10	THAME RUNNERS	298	298
11	HANDY CROSS	278	278
12	ST. ALBANS STRIDERS	206	206
13	ST. ALBANS A.C.	195	195
14	ABINGDON AMBLERS	139	139
15	AMPTHILL & FLITWICK	134	134
16	BIGGLESWADE	106	106
17	RADLEY A.C.	101	101
18	WHITE HORSE	26	26
19	PURPLE PATCH RUNNERS	21	21

Female Overall Score

1	BRACKNELL	275	49	57	62	107
2	DACORUM & TRING	206	148	9	10	39
3	ST. ALBANS A.C.	196		36	63	97
4	WYCOMBE PHOENIX	191	99	12	31	49
5	BANBURY	171	156	15		
6	MAIDENHEAD	162	114			48
7	WATFORD	158	84	9	46	19
8	STEVENAGE & NH	149		35	48	66
9	HANDY CROSS	141	141			
10	THAME RUNNERS	111	111			
11	TEAM BALANCISE	108	108			
12	ST. ALBANS STRIDERS	106	106			
13	QUEENS PARK H.	76	57		3	16
14	RADLEY A.C.	52	25		27	
15	BIGGLESWADE	45			25	20
16	AMPTHILL & FLITWICK	36			2	34
17	WHITE HORSE	17		17		
18	PURPLE PATCH RUNNERS	9	9			

DIVISION RESULT

1	BRACKNELL	275	275
2	DACORUM & TRING	206	206
3	ST. ALBANS A.C.	196	196
4	WYCOMBE PHOENIX	191	191
5	BANBURY	171	171
6	MAIDENHEAD	162	162
7	WATFORD	158	158
8	STEVENAGE & NH	149	149
9	HANDY CROSS	141	141
10	THAME RUNNERS	111	111
11	TEAM BALANCISE	108	108
12	ST. ALBANS STRIDERS	106	106
13	QUEENS PARK H.	76	76
14	RADLEY A.C.	52	52
15	BIGGLESWADE	45	45
16	AMPTHILL & FLITWICK	36	36
17	WHITE HORSE	17	17
18	PURPLE PATCH RUNNERS	9	9