

Under 15 Boys														
1	M. FABES (ABINGDON)	12.55	M15	1	6	J. DAVIDSON (STEVENAGE)	13.56	M15	6	12	B. PARKES (AMPTHILL & F)	15.41	M15	12
2	C. TRUDGILL (BIGGLESWADE)	13.01	M15	2	7	R. BOLTON (STEVENAGE)	13.57	M15	7	13	A. SPALTER (WATFORD)	15.50	M15	13
3	S. BARTOIN (BIGGLESWADE)	13.13	M15	3	8	M. SELICK (BIGGLESWADE)	13.58	M15	8	14	D. DUKE (STEVENAGE)	15.53	M15	14
4	A. ROBINSON (BRACKNELL)	13.13	M15	4	9	E. ANDERS (ST. ALBANS STR)	14.44	M15	9	15	T. PURKISS (AMPTHILL & F)	16.03	M15	15
5	W. COOPER (BRACKNELL)	13.13	M15	5	10	R. WARD (AMPTHILL & F)	14.46	M15	10	16	O. DEARMAN (WATFORD)	17.55	M15	16
					11	D. JOHAL (WATFORD)	14.56	M15	11	17	J. KEUTZ (STEVENAGE)	18.59	M15	17

TEAM RESULT

1	BIGGLESWADE	41	2	3	8
2	BRACKNELL	27	4	5	
3	STEVENAGE & NH	27	6	7	14
4	ABINGDON AMBLERS	17	1		
5	AMPTHILL & FLITWICK	17	10	12	15
6	WATFORD	14	11	13	16
7	ST. ALBANS STRIDERS	9	9		

DIVISION RESULT

1	BIGGLESWADE	75	34	41
2	STEVENAGE & NH	49	22	27
3	ST. ALBANS STRIDERS	41	32	9
4	BRACKNELL	34	7	27
5	ABINGDON AMBLERS	31	14	17
6	AMPTHILL & FLITWICK	17		17
7	WATFORD	16	2	14
8	WHITE HORSE	12	12	
9	RADLEY A.C.	8	8	
10	BANBURY	4	4	

Under 13 Boys														
1	J. DALY (BRACKNELL)	9.35	M13	1	9	J. LUMB (ST. ALBANS STR)	10.15	M13	9	18	A. SHAW (ST. ALBANS STR)	10.51	M13	18
2	T. ROBINSON (BRACKNELL)	9.46	M13	2	10	H. BENTLEY (STAL)	10.26	M13	10	19	L. MATTA (STEVENAGE)	10.52	M13	19
3	S. HUDSON (BRACKNELL)	9.47	M13	3	11	B. JOHAL (WATFORD)	10.30	M13	11	20	T. LIVESEY (STEVENAGE)	11.03	M13	20
4	C. WALSH (ST. ALBANS STR)	9.53	M13	4	12	C. MCCALLION (STAL)	10.38	M13	12	21	L. GREGORY (STEVENAGE)	12.06	M13	21
5	H. DIGBY (BRACKNELL)	10.01	M13	5	13	O. DAVIS (ST. ALBANS STR)	10.41	M13	13	22	R. DALY (ST. ALBANS STR)	12.24	M13	22
6	N. WILTSHIRE (ABINGDON)	10.02	M13	6	14	O. WATHEN (BIGGLESWADE)	10.41	M13	14	23	C. MCCREADY (AMPTHILL & F)	13.14	M13	23
7	A. MASON (STEVENAGE)	10.13	M13	7	15	J. ROGERS (AMPTHILL & F)	10.42	M13	15	24	T. LOCKE (STEVENAGE)	13.57	M13	24
8	R. JAMES (ST. ALBANS STR)	10.14	M13	8	16	B. MITCHELL (STAL)	10.44	M13	16	25	C. CLARK (WATFORD)	14.38	M13	25
					17	F. STEWART (BRACKNELL)	10.45	M13	17	26	J. HARE (AMPTHILL & F)	15.13	M13	26

TEAM RESULT

1	BRACKNELL	75	1	2	3
2	ST. ALBANS STRIDERS	60	4	8	9
3	STEVENAGE & NH	35	7	19	20
4	ABINGDON AMBLERS	21	6		
5	WATFORD	18	11	25	
6	AMPTHILL & FLITWICK	17	15	23	26
7	BIGGLESWADE	13	14		

DIVISION RESULT

1	BRACKNELL	126	51	75
2	ST. ALBANS STRIDERS	109	49	60
3	STEVENAGE & NH	70	35	35
4	WATFORD	39	21	18
5	ABINGDON AMBLERS	38	17	21
6	AMPTHILL & FLITWICK	17		17
7	BIGGLESWADE	13		13
8	WHITE HORSE	3	3	

Senior/Veteran Ladies														
1	L. WATERLOW (STAL)	25.12	F	1	22	R. BIEGEL (BANBURY)	29.28	F45	5	44	H. PARRY (THAME)	33.17	F35	16
2	E. CURTIS-SMITH (BEAR)	25.27	F	2	23	W. WALSH (ST. ALBANS STR)	29.37	F35	10	45	A. PUTKO (WATFORD)	33.22	F	16
3	R. CAVE (TEAM BALANCISE)	25.39	F	3	24	E. FULCHER (HANDY CROSS)	29.40	F45	6	46	S. ROBERTS (HANDY CROSS)	33.33	F45	11
4	V. BROADBENT (BEARBROOK)	25.53	F	4	25	A. HALFORD (WATFORD)	29.43	F35	11	47	E. NASH (GADE VALLEY)	33.40	F	17
5	D. STEER (ST. ALBANS STR)	26.00	F45	1	26	C. ING (HANDY CROSS)	29.56	F	9	48	C. MOONEY (ST. ALBANS STR)	33.42	F45	12
6	R. KELLING (BANBURY)	26.18	F45	2	27	K. PERREAU (Q.P.H.)	30.11	F	10		T. HOBBS (STAL) N/S	33.47	F	
7	M. BARTLETT (BANBURY)	26.34	F35	1	28	K. CLARKE (BANBURY)	30.24	F	11	49	B. WARNER (LEIGHTON B TRI)	34.02	F35	17
8	L. MCKIE (ST. ALBANS STR)	26.46	F35	2	29	L. WALLS (ST. ALBANS STR)	30.27	F55	1	50	NO. 487 (WATFORD)	34.25	F	18
9	H. MULHALL (BEARBROOK)	27.20	F35	3	30	L. BENTHAM (STAL)	30.39	F35	12	51	P. SPRINZ (THAME)	34.32	F	19
10	W. WEBSTER (STAL)	27.25	F	5	31	M. ATTREE (ST. ALBANS STR)	30.44	F45	7	52	T. BRIGHT (THAME)	34.35	F35	18
11	H. JOHAL (WATFORD)	27.31	F35	4	32	D. SANDOVER (LBTR)	31.18	F55	2	53	M. ROYO (ST. ALBANS STR)	35.00	F	20
12	N. WICKINGS (WATFORD)	27.39	F	6	33	M. MOODY (HANDY CROSS)	31.34	F55	3	54	C. SHARP (ST. ALBANS STR)	35.51	F45	13
13	J. WARGENT (TBAL)	27.41	F35	5	34	L. POWELL (ST. ALBANS STR)	31.49	F45	8	55	S. RANSOM (TEAM BALANCISE)	36.52	F35	19
14	E. O'SULLIVAN (TBAL)	27.44	F45	3	35	M. BOOTH (HANDY CROSS)	31.50	F45	9	56	D. ROBSON (ST. ALBANS STR)	37.42	F45	14
15	L. CROFT (WATFORD)	27.47	F35	6	36	L. ANSELL (BANBURY)	31.59	F35	13	57	M. BOND (TEAM BALANCISE)	37.46	F45	15
16	T. ENGLISH (GADE VALLEY)	28.22	F35	7	37	C. FEELY (STEVENAGE)	32.02	F45	10	58	S. SMITH (BANBURY)	38.03	F55	4
17	A. EBBAGE (BIGGLESWADE)	28.24	F	7	38	S. BUX (HANDY CROSS)	32.16	F	12	59	J. ROGERS (THAME)	38.16	F35	20
18	V. CRAWLEY (GADE VALLEY)	28.46	F	8	39	K. MACKEN (Q.P.H.)	32.17	F	13	60	C. DEARMAN (WATFORD)	38.32	F45	16
19	C. MCDONNELL (GADE VALLEY)	28.57	F35	8	40	L. COX (ST. ALBANS STR)	32.21	F35	14	61	K. WOODARD (BEARBROOK)	38.36	F	21
20	J. COULCHER (THAME)	29.00	F45	4	41	G. WEST (BEARBROOK)	32.39	F	14	62	E. BOND (TEAM BALANCISE)	38.59	F	22
21	G. JUBB (ST. ALBANS STR)	29.03	F35	9	42	A. BERWICK (GADE VALLEY)	32.50	F35	15	63	B. STEDMAN (WATFORD)	39.47	F35	21
					43	S. IVIN (GADE VALLEY)	33.04	F	15	64	T. BRAYFORD (TBAL)	40.23	F	23

TEAM RESULT non scorers excluded

1	ST. ALBANS STRIDERS	236	1	5	8	10
2	BEARBROOK JOGGERS	204	2	4	9	41
3	WATFORD	197	11	12	15	25
4	BANBURY	197	6	7	22	28
5	TEAM BALANCISE	175	3	13	14	55
6	GADE VALLEY	165	16	18	19	42
7	HANDY CROSS	142	24	26	33	35
8	THAME RUNNERS	93	20	44	51	52
9	QUEENS PARK H.	64	27	39		
10	LEIGHTON BUZZ TRIATHLON	49	32	49		
11	BIGGLESWADE	48	17			
12	STEVENAGE & NH	28	37			

DIVISION RESULT

1	ST. ALBANS STRIDERS	400	164	236
2	BEARBROOK JOGGERS	390	186	204
3	BANBURY	341	144	197
4	WATFORD	311	114	197
5	GADE VALLEY	285	120	165
6	HANDY CROSS	248	106	142
7	TEAM BALANCISE	215	40	175
8	THAME RUNNERS	177	84	93
9	QUEENS PARK H.	87	23	64
10	LEIGHTON BUZZ TRIATHLON	78	29	49
11	BIGGLESWADE	48		48
12	STEVENAGE & NH	44	16	28
13	MAIDENHEAD	40	40	
14	BRACKNELL	24	24	
15	ABINGDON AMBLERS	12	12	

Veteran Ladies Race									
1	ST. ALBANS STRIDERS	203	5	8	21	23	559	64	
2	BANBURY	189	6	7	22	36			
3	WATFORD	149	11	15	25	60			
4	HANDY CROSS	122	24	33	35	46			
5	TEAM BALANCISE	121	13	14	55	57			
6	GADE VALLEY	118	16	19	42				
7	THAME RUNNERS	85	20	44	52	59			
8	BEARBROOK JOGGERS	56	9						
9	LEIGHTON BUZZ TRIATHLON	49	32	49					
10	STEVENAGE & NH	28	37						

DIVISION RESULT

1	BANBURY	333	144	189
2	ST. ALBANS STRIDERS	327	124	203
3	WATFORD	225	76	149
4	HANDY CROSS	199	77	122
5	GADE VALLEY	186	68	118
6	TEAM BALANCISE	158	37	121
7	BEARBROOK JOGGERS	150	94	56
8	THAME RUNNERS	144	59	85
9	LEIGHTON BUZZ TRIATHLON	78	29	49
10	STEVENAGE & NH	44	16	28
11	MAIDENHEAD	40	40	
12	ABINGDON AMBLERS	12	12	

Junior/U17 Ladies														
1	F. BRERETON (BRACKNELL)	20.31	F20	1	6	C. WILLIS (STEVENAGE)	22.02	F17	3	11	C. DEARMAN (WATFORD)	23.25	F17	7
2	H. RIDLEY (BIGGLESWADE)	21.03	F17	1	7	M. STEER (ST. ALBANS STR)	22.06	F20	4	12	S. WEST (ST. ALBANS STR)	23.56	F20	5
3	R. TURTON (BRACKNELL)	21.05	F20	2	8	R. HARRIS (STEVENAGE)	22.34	F17	4	13	C. SIMMONS (AMPTHILL & F)	24.29	F17	8
4	P. BOWDEN (BRACKNELL)	21.11	F20	3	9	J. LATCHFORD (STEVENAGE)	22.52	F17	5	14	M. MARKWELL (WATFORD)	24.39	F20	6
5	P. BAILEY (ST. ALBANS STR)	21.28	F17	2	10	P. SMITH (WATFORD)	23.18	F17	6	15	S. FEELY (STEVENAGE)	26.47	F17	9

TEAM RESULT

1	BRACKNELL	40	1	3	4
2	STEVENAGE & NH	25	6	8	9
3	ST. ALBANS STRIDERS	24	5	7	12
4	BIGGLESWADE	14	2		
5	WATFORD	13	10	11	14
6	AMPTHILL & FLITWICK	3	13		

DIVISION RESULT

1	BRACKNELL	53	13	40
2	STEVENAGE & NH	49	24	25
3	ST. ALBANS STRIDERS	35	11	24
4	WATFORD	28	15	13
5	BIGGLESWADE	26	12	14
6	BANBURY	7	7	
7	AMPTHILL & FLITWICK	3		3

Under 15 Girls

1 G. GODDARD (BRACKNELL).....13.20 F15 1	7 S. COLL (ST. ALBANS STR).....15.51 F15 7	13 A. CLARK (ST. ALBANS STR).....17.11 F15 13
2 H. GODDARD (BRACKNELL).....13.33 F15 2	8 L. ECKLEY (ST. ALBANS STR).....15.53 F15 8	14 R. PICKARD (STEVENAGE).....18.24 F15 14
3 S. RAYMENT (BRACKNELL).....13.58 F15 3	9 E. LIVERSEIDGE (BRACKNELL).....15.54 F15 9	15 B. HARLEY (STEVENAGE).....18.34 F15 15
4 C. DUKE (STEVENAGE).....14.53 F15 4	10 M. HERRIDGE (STEVENAGE).....15.54 F15 10	16 L. BARBER (STEVENAGE).....19.03 F15 16
5 A. WEST (ST. ALBANS STR).....15.32 F15 5	11 L. MARKWELL (STAL).....15.59 F15 11	17 J. BADGERY (AMPTHILL & F).....19.06 F15 17
6 O. COLL (ST. ALBANS STR).....15.39 F15 6	12 E. ECONOMU (WATFORD).....16.43 F15 12	18 K. O'SULLIVAN (STEVENAGE).....19.44 F15 18

TEAM RESULT

1 BRACKNELL	51	1	2	3
2 ST. ALBANS STRIDERS	39	5	6	7
3 STEVENAGE & NH	29	4	10	14
4 WATFORD	7	12		
5 AMPHILL & FLITWICK	2	17		

DIVISION RESULT

1 BRACKNELL	147	96	51
2 ST. ALBANS STRIDERS	112	73	39
3 STEVENAGE & NH	76	47	29
4 ABINGDON AMBLERS	75	75	
5 WATFORD	19	12	7
6 AMPHILL & FLITWICK	2		2
7 WHITE HORSE	1	1	

Under 13 Girls

1 E. CAREY (BRACKNELL).....10.11 F13 1	12 E. JONES (BRACKNELL).....11.46 F13 12	24 H. FEENEY (BIGGLESWADE).....12.23 F13 24
2 N. HUDSON (BRACKNELL).....10.26 F13 2	13 L. MASDIN (BIGGLESWADE).....11.47 F13 13	25 G. GOLDFINCH (MAIDENHEAD).....12.37 F13 25
3 J. KENNEDY (BRACKNELL).....10.46 F13 3	14 C. ECKLEY (ST. ALBANS STR).....11.47 F13 14	26 E. BROOKES (STAL).....13.06 F13 26
4 E. ANDERS (ST. ALBANS STR).....10.53 F13 4	15 E. HARRIS (STEVENAGE).....11.51 F13 15	27 S. MCCULLOUGH (STAL).....13.21 F13 27
5 T. COLE (BRACKNELL).....11.12 F13 5	16 E. BOLTON (STEVENAGE).....11.58 F13 16	28 J. ROSEWARN (WATFORD).....13.25 F13 28
6 T. WILLIAMS (BANBURY).....11.15 F13 6	17 E. OLIVER (STEVENAGE).....12.01 F13 17	29 L. DAVIDSON (STEVENAGE).....13.29 F13 29
7 H. BARNARD (BRACKNELL).....11.20 F13 7	18 S. PYBUS (STEVENAGE).....12.08 F13 18	30 A. PICKARD (STEVENAGE).....13.39 F13 30
8 J. DOYLE (BRACKNELL).....11.26 F13 8	19 B. PRIESTMANN-BENNETT (STAL)12.13 F13 19	31 G. REID (STEVENAGE).....13.52 F13 31
9 E. HOBBS (ST. ALBANS STR).....11.27 F13 9	20 K. SAUNDERS (STEVENAGE).....12.15 F13 20	32 J. WILLIAMS (MAIDENHEAD).....14.08 F13 32
10 P. ROBERTS (BRACKNELL).....11.36 F13 10	21 C. MCPHAIL (STEVENAGE).....12.21 F13 21	33 J. BIRCUMSHAW ? (BIGG).....14.54 F13 33
11 S. STOVELL (AMPTHILL & F).....11.39 F13 11	22 Z. STEWART (BRACKNELL).....12.22 F13 22	34 J. BIRCUMSHAW (BIGG).....15.04 F13 34
	23 K. NEISH (BIGGLESWADE).....12.22 F13 23	35 O. PHILLIPS (AMPTHILL & F).....15.15 F13 35

TEAM RESULT

1 BRACKNELL	102	1	2	3
2 ST. ALBANS STRIDERS	81	4	9	14
3 STEVENAGE & NH	60	15	16	17
4 BIGGLESWADE	48	13	23	24
5 BANBURY	30	6		
6 AMPHILL & FLITWICK	26	11	35	
7 MAIDENHEAD	15	25	32	
8 WATFORD	8	28		

DIVISION RESULT

1 BRACKNELL	179	77	102
2 ST. ALBANS STRIDERS	144	63	81
3 STEVENAGE & NH	98	38	60
4 BIGGLESWADE	57	9	48
5 BANBURY	51	21	30
6 MAIDENHEAD	46	31	15
7 WATFORD	32	24	8
8 AMPHILL & FLITWICK	26		26

Total Overall Score

1 ST. ALBANS STRIDERS	1444	1064	380
2 WATFORD	920	695	225
3 GADE VALLEY	821	656	165
4 BEARBROOK JOGGERS	740	536	204
5 BANBURY	719	492	227
6 TEAM BALANCEISE	652	477	175
7 HANDY CROSS	649	507	142
8 STEVENAGE & NH	634	492	142
9 THAME RUNNERS	538	445	93
10 LEIGHTON BUZZ TRIATHLON	437	388	49
11 QUEENS PARK H.	422	358	64
12 MAIDENHEAD	413	398	15
13 BRACKNELL	403	210	193
14 BIGGLESWADE	380	270	110
15 AMPHILL & FLITWICK	67	36	31
16 PURPLE PATCH RUNNERS	42	42	
17 ABINGDON AMBLERS	38	38	
18 WHITE HORSE	20	20	

DIVISION RESULT

1 ST. ALBANS STRIDERS	2775	1331	1444
2 WATFORD	1777	857	920
3 GADE VALLEY	1642	821	821
4 BEARBROOK JOGGERS	1602	862	740
5 BANBURY	1316	597	719
6 THAME RUNNERS	1287	749	538
7 HANDY CROSS	1132	483	649
8 BRACKNELL	1103	700	403
9 STEVENAGE & NH	992	358	634
10 TEAM BALANCEISE	881	229	652
11 LEIGHTON BUZZ TRIATHLON	832	395	437
12 QUEENS PARK H.	828	406	422
13 MAIDENHEAD	756	343	413
14 BIGGLESWADE	531	151	380
15 RADLEY A.C.	237	237	
16 ABINGDON AMBLERS	210	172	38
17 WHITE HORSE	177	157	20
18 AMPHILL & FLITWICK	67		67
19 PURPLE PATCH RUNNERS	42		42

Male Overall Score

1 ST. ALBANS STRIDERS	1064	976	19	9	60
2 WATFORD	695	630	33	14	18
3 GADE VALLEY	656	656			
4 BEARBROOK JOGGERS	536	536			
5 HANDY CROSS	507	507			
6 BANBURY	492	479	13		
7 STEVENAGE & NH	492	411	19	27	35
8 TEAM BALANCEISE	477	469	8		
9 THAME RUNNERS	445	445			
10 MAIDENHEAD	398	396	2		
11 LEIGHTON BUZZ TRIATHLON	388	388			
12 QUEENS PARK H.	358	358			
13 BIGGLESWADE	270	193	23	41	13
14 BRACKNELL	210	93	15	27	75
15 PURPLE PATCH RUNNERS	42	42			
16 ABINGDON AMBLERS	38			17	21
17 AMPHILL & FLITWICK	36	2		17	17
18 WHITE HORSE	20	20			

DIVISION RESULT

1 ST. ALBANS STRIDERS	2084	1020	1064
2 WATFORD	1387	692	695
3 GADE VALLEY	1357	701	656
4 BEARBROOK JOGGERS	1212	676	536
5 THAME RUNNERS	1110	665	445
6 BANBURY	917	425	492
7 HANDY CROSS	884	377	507
8 LEIGHTON BUZZ TRIATHLON	754	366	388
9 QUEENS PARK H.	741	383	358
10 STEVENAGE & NH	725	233	492
11 BRACKNELL	700	490	210
12 MAIDENHEAD	670	272	398
13 TEAM BALANCEISE	666	189	477
14 BIGGLESWADE	400	130	270
15 RADLEY A.C.	237	237	
16 WHITE HORSE	176	156	20
17 ABINGDON AMBLERS	123	85	38
18 PURPLE PATCH RUNNERS	42		42
19 AMPHILL & FLITWICK	36		36

Female Overall Score

1 ST. ALBANS STRIDERS	380	236	24	39	81
2 BANBURY	227	197			30
3 WATFORD	225	197	13	7	8
4 BEARBROOK JOGGERS	204	204			
5 BRACKNELL	193		40	51	102
6 TEAM BALANCEISE	175	175			
7 GADE VALLEY	165	165			
8 HANDY CROSS	142	142			
9 STEVENAGE & NH	142	28	25	29	60
10 BIGGLESWADE	110	48	14		48
11 THAME RUNNERS	93	93			
12 QUEENS PARK H.	64	64			
13 LEIGHTON BUZZ TRIATHLON	49	49			
14 AMPHILL & FLITWICK	31		3	2	26
15 MAIDENHEAD	15				15

DIVISION RESULT

1 ST. ALBANS STRIDERS	691	311	380
2 BRACKNELL	403	210	193
3 BANBURY	399	172	227
4 WATFORD	390	165	225
5 BEARBROOK JOGGERS	390	186	204
6 GADE VALLEY	285	120	165
7 STEVENAGE & NH	267	125	142
8 HANDY CROSS	248	106	142
9 TEAM BALANCEISE	215	40	175
10 THAME RUNNERS	177	84	93
11 BIGGLESWADE	131	21	110
12 ABINGDON AMBLERS	87	87	
13 QUEENS PARK H.	87	23	64
14 MAIDENHEAD	86	71	15
15 LEIGHTON BUZZ TRIATHLON	78	29	49
16 AMPHILL & FLITWICK	31		31
17 WHITE HORSE	1	1	