

Apex Sports Chiltern League Division One 2013/2014 Round 5

Held at Milton Keynes (Campbell Park) on 08 February 2014

Senior/Junior/Veteran Men

1 S. NAYLOR (BEDFORD & C).....	26.27	M	1	30 N. PACEY (SILSON).....	32.31	M50	2	121 J. COMERFORD (MILTON K).....	36.07	M	59
2 C. LAMBERT (MILTON K).....	27.10	M	2	61 K. GILFEDDER (WYCOMBE).....	32.32	M20	14	122 R. THETFORD (HEADINGTON).....	36.12	M50	13
3 M. JAMES (BEDFORD & C).....	27.31	M	3	62 N. BUNN (TRING).....	32.33	M40	13	123 J. GRIFFITHS (HEADINGTON).....	36.28	M50	14
4 L. HUMPHREYS (BEDFORD & C).....	28.02	M	4	63 J. WOODS (HEADINGTON).....	32.38	M	34	124 S. DEARMAN (WATFORD).....	36.40	M50	15
5 I. WILLIAMSON (BIR) N/S.....	28.07	M		64 R. ASHBY (HEADINGTON).....	32.43	M	35	125 D. BREINGAN (CHILTERN H.).....	36.46	M40	33
6 M. HARRISON (BEDFORD & C).....	28.11	M20	1	65 R. SKILBECK (HEADINGTON).....	32.44	M40	14	126 N. WASHINGTON (MILTON K).....	36.47	M	60
7 M. CAREY (HARROW).....	28.13	M	5	66 A. BROWN (HARROW).....	32.46	M20	15	127 J. PRYOR (WYCOMBE).....	36.52	M50	16
8 J. DOUGLAS (BEDFORD & C).....	28.16	M20	2	67 D. MAISEY (AYLESBURY).....	32.47	M40	15	128 D. WEBB (LEIGHTON B).....	36.54	M	61
9 S. TUTTLE (MILTON K).....	28.16	M	6	68 A. HAYLOCK (LEIGHTON B).....	32.54	M	36	129 M. BURLING (MILTON K).....	37.01	M50	17
10 C. DETTMAR (HEADINGTON).....	28.19	M40	1	69 J. REPPER (CHILTERN H.).....	32.55	M40	16	130 J. MANNING (TRING).....	37.02	M60	2
11 A. INSKIP (BEDFORD & C).....	28.27	M	7	70 B. GRAY (SILSON).....	33.09	M40	17	131 A. ROBERTS (AYLESBURY).....	37.03	M40	34
12 S. PENCOLE (WINDSOR).....	28.44	M	8	71 S. LONG (TRING).....	33.10	M50	3	132 V. NEBOLSIN (WYCOMBE).....	37.15	M	62
13 M. BRAY (BEDFORD & C).....	28.59	M20	3	72 C. FINILL (HARROW).....	33.13	M50	4	133 R. ANSELL (TRING).....	37.21	M50	18
14 J. COOPER (HARROW).....	29.01	M40	2	73 M. WOOTTON (SILSON).....	33.16	M	37	134 G. MAYOH (WATFORD).....	37.24	M40	35
15 R. ISAACSON (BEDFORD & C).....	29.10	M20	4	74 N. HARRIS (WATFORD).....	33.18	M	38	135 C. MAHON (MILTON K).....	37.35	M40	36
16 A. WRAY (HARROW).....	29.18	M40	3	75 J. DARCY (SILSON).....	33.20	M40	18	136 K. CONCANNON (HARROW).....	37.47	M50	19
17 S. BENNETT (BEDFORD & C).....	29.25	M	9	76 C. BRAYBROOK (STAL).....	33.24	M50	5	137 M. TAYLOR (WYCOMBE).....	37.50	M40	37
18 A. MCMULKIN (LUTON).....	29.31	M	10	77 T. INCHLEY (LEIGHTON B).....	33.25	M	39	138 F. HANSEN (MILTON K).....	37.58	M40	38
19 P. MACKRELL (LEIGHTON B).....	29.34	M	11	78 Z. MCDONOUGH (WATFORD).....	33.27	M	40	139 K. SMITH (MILTON K).....	38.09	M60	3
20 N. DITTON (WINDSOR).....	29.37	M	12	79 K. LOUIES (HEADINGTON).....	33.32	M40	19	140 N. MARSH (CHILTERN H.).....	38.15	M	63
21 S. GREEN (MILTON K).....	29.38	M	13	80 M. RICHARDS (AYLESBURY).....	33.35	M40	20	141 T. ROBERTS (BEDFORD & C).....	38.36	M	64
22 M. CLARKE (MILTON K).....	29.43	M	14	81 J. LYMAN (MILTON K).....	33.37	M	41	142 A. TAYLOR (SILSON).....	38.39	M	65
23 J. MCGINN (WATFORD).....	29.44	M	15	82 K. REBOUL (SILSON).....	33.43	M50	6	143 N. ANDREWS (HARROW).....	38.52	M40	39
24 J. DAVIS (AYLESBURY).....	29.56	M20	5	83 T. POOLE (CHILTERN H.).....	33.47	M	42	144 P. KEANE (LUTON).....	39.09	M50	20
25 L. SMITH (MILTON K).....	29.59	M20	6	84 T. INCHLEY (LEIGHTON B).....	33.50	M	43	145 A. JELLEY (SILSON).....	39.19	M40	40
26 S. BEDELL (CHILTERN H.).....	30.01	M	16	85 C. REYNOLDS (MILTON K).....	33.53	M40	21	146 D. COATES (SILSON).....	39.24	M50	21
27 K. WYEE (WINDSOR).....	30.01	M20	7	86 M. WHELMBAND (MILTON K).....	34.01	M	44	147 I. PHEASEY (MILTON K).....	39.46	M	66
28 G. JONES (MILTON K).....	30.09	M	17	87 M. DUINMORE (HEADINGTON).....	34.05	M	45	148 P. ROSE (SILSON).....	40.04	M40	41
29 R. THREFFALL (MILTON K).....	30.10	M	18	88 NO. 779 (ST. ALBANS STR).....	34.15	M	46	149 R. DERRICK (STAL).....	40.11	M50	22
30 M. JUDDSON (HARROW).....	30.13	M	19	89 E. HIND (LEIGHTON B).....	34.17	M	47	150 A. HARWOOD (WATFORD).....	40.18	M40	42
31 S. BUCKLE (ST. ALBANS STR).....	30.17	M	20	90 J. BELL (LEIGHTON B).....	34.17	M40	22	151 C. DIMMOCK (LEIGHTON B).....	40.36	M40	43
32 R. BURLING (MILTON K).....	30.21	M20	8	91 P. WOOTTON (CHILTERN H.).....	34.19	M40	23	152 P. KING (SILSON).....	40.42	M	67
33 T. PHELPS (SILSON).....	30.22	M	21	92 S. BLOFFELD (LEIGHTON B).....	34.28	M	48	153 A. STEWART (CHILTERN H.).....	40.47	M50	23
34 A. PACEY (SILSON).....	30.22	M40	4	93 S. NORRIS (HARROW).....	34.29	M	49	154 M. TRAVERS (STAL).....	40.53	M50	24
35 E. WINTER (MILTON K).....	30.30	M	22	94 J. PETERS (MILTON K).....	34.31	M	50	155 M. DONOVAN (STAL).....	41.01	M50	25
36 M. SLIWINSKI (WYCOMBE).....	30.33	M20	9	95 K. HARDING (TRING).....	34.32	M50	7	156 T. BARNES (SILSON).....	41.03	M50	26
37 C. WOOD (SILSON).....	30.38	M	23	96 J. ABBISS (ST. ALBANS STR).....	34.32	M20	16	157 G. BIRD (LEIGHTON B).....	41.04	M40	44
38 N. HUGHES (CHILTERN H.).....	30.39	M40	5	97 R. HUDSON (LUTON).....	34.38	M40	24	158 B. SCOTT (ST. ALBANS STR).....	41.14	M	68
39 A. INCHLEY (LEIGHTON B).....	30.40	M	24	98 S. DEATHE (MILTON K).....	34.39	M	51	159 T. MITCHELL (LUTON).....	41.21	M40	45
40 R. LANGLEY (TRING).....	30.51	M	25	99 A. FIELD (SILSON).....	34.45	M40	25	160 R. POWNALL (MILTON K).....	41.26	M50	27
41 R. LEWIS (LUTON).....	30.57	M20	10	100 G. STRATFORD (LEIGHTON B).....	34.46	M40	26	161 A. HOARE (SILSON).....	41.29	M50	28
42 C. HEARN (MILTON K).....	31.05	M	26	101 M. BURGESS (TRING).....	34.50	M50	8	162 A. MAHER (ST. ALBANS STR).....	41.41	M40	46
43 R. TAYLOR (AYLESBURY).....	31.07	M	27	102 J. BLACK (BEDFORD & C).....	35.01	M40	27	163 M. SPENCER (SILSON).....	42.04	M40	47
44 A. BOWDEN (MILTON K).....	31.07	M40	6	103 T. CASTLE (SILSON).....	35.01	M	52	164 R. POPIEL (SILSON).....	42.21	M50	29
45 G. LABER (MILTON K).....	31.09	M40	7	104 T. BIRKETT (WATFORD).....	35.04	M40	28	165 J. ROUSE (WATFORD).....	42.58	M40	48
46 G. SMITH (ST. ALBANS STR).....	31.14	M40	8	105 A. COX (MILTON K).....	35.11	M40	29	166 M. HAYNES (LEIGHTON B).....	43.22	M	69
47 I. GRIMSHAW (LEIGHTON B).....	31.23	M40	9	106 A. WALTON (HEADINGTON).....	35.22	M	53	167 S. FIELD (CHILTERN H.).....	43.24	M60	4
48 J. VICK (MILTON K).....	31.24	M	28	107 P. NORRIS (HARROW).....	35.25	M	54	168 P. HIGGINS (STAL).....	43.41	M50	30
49 D. WEBBER (MILTON K).....	31.30	M	29	108 A. NICOLSON (STAL).....	35.28	M40	30	169 F. WATT (LEIGHTON B).....	43.57	M60	5
50 S. WOODWARD (SILSON).....	31.34	M40	10	109 L. HURMAN (HEADINGTON).....	35.29	M50	9	170 B. KELLAM (SILSON).....	45.13	M	70
51 M. GODDARD (CHILTERN H.).....	31.55	M20	11	110 C. ELLIS (WATFORD).....	35.30	M	55	171 J. WORTH (HEADINGTON).....	45.20	M40	49
52 L. MEREDITH (AYLESBURY).....	32.04	M	30	111 S. SHEARS (SILSON).....	35.44	M	56	172 K. COOK (MILTON K).....	45.26	M60	6
53 M. PALSER (MILTON K).....	32.05	M	31	112 N. BAKER (HEADINGTON).....	35.51	M60	1	173 M. JACK (ST. ALBANS STR).....	47.26	M50	31
54 L. HAWKINS (HARROW).....	32.07	M20	12	113 A. DARBYSHIRE (HEADINGTON).....	35.54	M50	10	174 A. LOCK (SILSON).....	47.29	M60	7
55 G. FOSTER (ST. ALBANS STR).....	32.10	M50	1	114 W. ROSE (LEIGHTON B).....	35.56	M40	31	175 G. NEAL (WATFORD).....	47.51	M50	32
56 C. NORMAN (LEIGHTON B).....	32.20	M	32	115 D. WALKER (WATFORD).....	35.57	M50	11	176 B. LAYTON (TRING).....	48.31	M60	8
57 M. GREENER (MILTON K).....	32.25	M20	13	116 N. MCWILLIAMS (STAL).....	35.58	M	57	177 P. BROOKS (LUTON).....	48.33	M50	33
58 J. TAYLOR (CHILTERN H.).....	32.28	M	33	117 D. DANIELBRUMBY (MILTON K).....	35.58	M	58	178 T. BRAUN (CHILTERN H.).....	51.17	M60	9
59 J. SMITH (HEADINGTON).....	32.29	M40	11	118 S. NORTH (WYCOMBE).....	35.59	M50	12	179 J. LAWRENCE (MILTON K).....	60.02	M50	34
60 R. BROOKLING (WINDSOR).....	32.30	M40	12	119 H. EDWARDES-EVANS (AY).....	35.59	M40	32	180 M. CARTWRIGHT (CHIL).....	61.39	M60	10

TEAM RESULT non scorers excluded

1 BEDFORD & COUNTY	1636	1	3	4	5	7	10	12	14	16	102
2 MARSHALL MILTON KEYNES	1574	2	8	20	21	24	27	28	31	34	41
3 HARROW A.C.	1220	6	13	15	29	53	66	72	93	107	136
4 SILSON JOGGERS	1201	32	33	36	49	60	70	73	75	82	99
5 LEIGHTON BUZZARD	1153	18	38	46	55	68	77	84	89	90	92
6 HEADINGTON R.R.	1058	9	58	63	64	65	79	87	106	109	112
7 CHILTERN HARRIERS	980	25	37	50	57	69	83	91	125	140	153
8 ST. ALBANS STRIDERS	894	30	45	54	76	88	96	108	116	149	154
9 VALE OF AYLESBURY	754	23	42	51	67	80	119	131			
10 WATFORD	734	22	74	78	104	110	115	124	134	150	165
11 TRING RUNNING CLUB	641	39	62	71	95	101	130	133	176		
12 WINDSOR SE&H	609	11	19	26	59						
13 WYCOMBE PHOENIX	476	35	61	118	127	132	137				
14 LUTON A.C.	452	17	40	97	144	159	177				

DIVISION RESULT

1 BEDFORD & COUNTY	9654	2036	2228	2030	1724	1636
2 MARSHALL MILTON KEYNES	9014	2018	1993	1768	1661	1574
3 HARROW A.C.	8617	2096	2036	1744	1521	1220
4 CHILTERN HARRIERS	7459	1672	1682	1681	1444	980
5 ST. ALBANS STRIDERS	7189	1697	1709	1569	1320	894
6 LEIGHTON BUZZARD	6659	1556	1378	1244	1328	1153
7 HEADINGTON R.R.	6151	1011	1651	1295	1136	1058
8 WINDSOR SE&H	6100	1223	1367	1381	1520	609
9 SILSON JOGGERS	6056	1172	1210	1200	1273	1201
10 VALE OF AYLESBURY	5805	1690	1212	1013	1136	754
11 WATFORD	5107	1442	1182	822	927	734
12 LUTON A.C.	4786	1360	879	1491	604	452
13 TRING RUNNING CLUB	4694	1536	1127	830	560	641
14 WYCOMBE PHOENIX	4088	1095	906	722	889	476

Veteran Mens Race

1 HEADINGTON R.R.	513	9	58	65	79
2 SILSON JOGGERS	512	33	49	60	70
3 HARROW A.C.	488	13	15	72	136
4 MARSHALL MILTON KEYNES	447	43	44	85	105
5 ST. ALBANS STRIDERS	441	45	54	76	108
6 CHILTERN HARRIERS	402	37	69	91	125
7 TRING RUNNING CLUB	395	62	71	95	101
8 LEIGHTON BUZZARD	374	46	90	100	114
9 VALE OF AYLESBURY	327	67	80	119	131
10 WATFORD	247	104	115	124	134
11 WYCOMBE PHOENIX	161	118	127	137	
12 LUTON A.C.	147	97	144	159	177
13 WINDSOR SE&H	122	59			
14 BEDFORD & COUNTY	79	102			

DIVISION RESULT

1 CHILTERN HARRIERS	3311	779	764	736	630	402
2 HEADINGTON R.R.	2865	539	685	531	597	513
3 SILSON JOGGERS	2779	601	550	550	566	512
4 HARROW A.C.	2765	696	664	536	381	488
5 ST. ALBANS STRIDERS	2749	637	685	586	400	441
6 VALE OF AYLESBURY	2394	638	562	436	431	327
7 MARSHALL MILTON KEYNES	2307	449	525	493	393	447
8 LEIGHTON BUZZARD	2271	475	422	515	485	374
9 WATFORD	2161	610	458	440	406	247
10 TRING RUNNING CLUB	1896	455	381	372	293	395
11 BEDFORD & COUNTY	1491	627	373	316	96	79
12 LUTON A.C.	1488	493	367	359	122	147
13 WYCOMBE PHOENIX	1081	107	335	149	329	161
14 WINDSOR SE&H	376	27		216	11	122

DIVISION RESULT

1 BEDFORD & COUNTY	3072	684	683	621	565	519	6 HARROW A.C.	1435	330	178	425	259	243
2 MARSHALL MILTON KEYNES	2007	467	578	254	276	432	7 CHILTERN HARRIERS	1355	363	350	341	170	131
3 WINDSOR SE&H	1653	417	326	427	328	155	8 VALE OF AYLESBURY	1070	392	368		152	158
4 WYCOMBE PHOENIX	1474	648	206	185	169	266	9 ST. ALBANS STRIDERS	841	115	257	179	205	85
5 LUTON A.C.	1451	345	300	524	141	141	10 LEIGHTON BUZZARD	160	160				

Under 17 Men

1 J. JAMES (BEDFORD & C)	19.41	M17	1	11 W. COOPER (BEDFORD & C)	21.58	M17	11	22 D. CLARK (WYCOMBE)	22.43	M17	22
2 J. WAGER-LEIGH (CHIL)	20.15	M17	2	12 J. MEDLEY (BEDFORD & C)	21.59	M17	12	23 C. MEAD (LEIGHTON B)	22.49	M17	23
3 S. HEADLEY (BEDFORD & C)	20.20	M17	3	13 M. SIMPSON (CHILTERN H.)	22.13	M17	13	24 T. SMITH (CHILTERN H.)	22.50	M17	24
4 O. SEAMARK (MILTON K)	20.40	M17	4	14 S. FENN (HARROW)	22.15	M17	14	25 T. HERDMAN-SMITH (MK)	23.16	M17	25
5 A. HEADLEY (BEDFORD & C)	20.54	M17	5	15 M. CARR (ST. ALBANS STR)	22.16	M17	15	26 NO. 482 (WATFORD)	23.17	M17	26
6 J. CLAY (LEIGHTON B)	21.28	M17	6	16 G. GLINSKI (MILTON K)	22.22	M17	16	27 F. CRYAN (HARROW)	23.18	M17	27
7 T. HOLLAND (BEDFORD & C)	21.43	M17	7	17 J. HINE (ST. ALBANS STR)	22.24	M17	17	28 C. WHEELER (MILTON K)	23.34	M17	28
8 H. MORTON (MILTON K)	21.47	M17	8	18 J. HILL (HARROW)	22.28	M17	18	29 G. WHEELER (MILTON K)	23.36	M17	29
9 A. RIPPIN (MILTON K)	21.55	M17	9	19 J. WILLIAMSON (CHIL)	22.29	M17	19	30 J. BLYTH (WYCOMBE)	23.46	M17	30
10 B. SENDALL (WYCOMBE)	21.57	M17	10	20 J. KINGSTON (WYCOMBE)	22.36	M17	20	31 W. OLEKSIUK (CHILTERN H.)	26.03	M17	31
				21 H. LANDER (LUTON)	22.38	M17	21				

TEAM RESULT

1 BEDFORD & COUNTY	112	1	3	5	7	1 BEDFORD & COUNTY	713	175	154	122	150	112
2 MARSHALL MILTON KEYNES	91	4	8	9	16	2 MARSHALL MILTON KEYNES	517	116	121	79	110	91
3 CHILTERN HARRIERS	70	2	13	19	24	3 CHILTERN HARRIERS	513	100	148	104	91	70
4 WYCOMBE PHOENIX	46	10	20	22	30	4 WINDSOR SE&H	450	113	175	128	34	
5 HARROW A.C.	37	14	18	27		5 WYCOMBE PHOENIX	366	89	93	57	81	46
6 LEIGHTON BUZZARD	35	6	23			6 ST. ALBANS STRIDERS	293	74	76	41	70	32
7 ST. ALBANS STRIDERS	32	15	17			7 LEIGHTON BUZZARD	219	58	43	37	46	35
8 LUTON A.C.	11	21				8 WATFORD	205	88	64	9	38	6
9 WATFORD	6	26				9 HARROW A.C.	202	59	60		46	37
						10 LUTON A.C.	195	103	55	20	6	11
						11 VALE OF AYLESBURY	110	64	46			
						12 SILSON JOGGERS	32	9	7	7	9	
						13 TRING RUNNING CLUB	26			10	16	

Under 15 Boys

1 W. PERKIN (CHILTERN H.)	14.32	M15	1	17 J. GODDARD (WINDSOR)	16.03	M15	17	33 J. COSTELLO (WATFORD)	17.11	M15	33
2 B. DAVIES (BEDFORD & C)	14.43	M15	2	18 L. KING (LUTON)	16.06	M15	18	34 T. KONTOS (CHILTERN H.)	17.13	M15	34
3 W. MULLINS (BEDFORD & C)	15.04	M15	3	19 H. GREEN (MILTON K)	16.24	M15	19	35 L. SEYMOUR (WYCOMBE)	17.15	M15	35
4 C. ALLMAND (WYCOMBE)	15.05	M15	4	20 M. HINDE (WINDSOR)	16.26	M15	20	36 W. RALSTON (AYLESBURY)	17.21	M15	36
5 F. AYRE (BEDFORD & C)	15.05	M15	5	21 C. GARDNER (LUTON)	16.28	M15	21	37 S. HOWELL (CHILTERN H.)	17.23	M15	37
6 T. ANGELL (BEDFORD & C)	15.22	M15	6	22 J. TRESHAM (MILTON K)	16.34	M15	22	38 D. JOHAL (WATFORD)	17.37	M15	38
7 D. HYNES (MILTON K)	15.27	M15	7	23 H. KETTLE (CHILTERN H.)	16.35	M15	23	39 C. RICHARDSON (AYLESBURY)	17.39	M15	39
8 D. PEACHEY (BEDFORD & C)	15.32	M15	8	24 J. ALDERSON (CHILTERN H.)	16.35	M15	24	40 E. FORSYTHE (MILTON K)	17.43	M15	40
9 T. RAYNER (WATFORD)	15.35	M15	9	25 D. HARFORD (MILTON K)	16.37	M15	25	41 Z. RYCROFT (SILSON)	18.06	M15	41
10 D. WEATHERS (WYCOMBE)	15.39	M15	10	26 J. COX (MILTON K)	16.38	M15	26	42 A. DOHERTY (STAL)	18.08	M15	42
11 R. WARD (BEDFORD & C)	15.45	M15	11	27 J. DAVIES (WINDSOR)	16.41	M15	27	43 J. KARMOUN (HARROW)	18.25	M15	43
12 R. SLADE (CHILTERN H.)	15.46	M15	12	28 S. MILLS (CHILTERN H.)	16.42	M15	28	44 S. TAYLOR (WYCOMBE)	18.41	M15	44
13 I. WRIGHT (BEDFORD & C)	15.50	M15	13	29 J. ROGERS (BEDFORD & C)	16.43	M15	29	45 B. JOHAL (WATFORD)	19.18	M15	45
14 W. BROWN (CHILTERN H.)	15.54	M15	14	30 A. KINGMAN (WYCOMBE)	16.48	M15	30	46 L. TYE (MILTON K)	20.01	M15	46
15 C. MULLINS (BEDFORD & C)	15.59	M15	15	31 C. MARLEY (MILTON K)	16.49	M15	31	47 D. STANTON (BEDFORD & C)	20.06	M15	47
16 B. CLARKE (ST. ALBANS STR)	16.01	M15	16	32 M. MCGEARY (HARROW)	16.50	M15	32	48 M. KINGMAN (WYCOMBE)	20.58	M15	48

TEAM RESULT

1 BEDFORD & COUNTY	180	2	3	5	6	1 BEDFORD & COUNTY	1059	253	186	238	202	180
2 CHILTERN HARRIERS	146	1	12	14	23	2 CHILTERN HARRIERS	848	192	152	188	170	146
3 MARSHALL MILTON KEYNES	123	7	19	22	25	3 MARSHALL MILTON KEYNES	804	203	151	177	150	123
4 WYCOMBE PHOENIX	117	4	10	30	35	4 WINDSOR SE&H	632	120	170	202	57	83
5 WINDSOR SE&H	83	17	20	27		5 WYCOMBE PHOENIX	611	110	98	155	131	117
6 WATFORD	71	9	33	38	45	6 VALE OF AYLESBURY	534	157	102	150	102	23
7 LUTON A.C.	59	18	21			7 LUTON A.C.	505	165	95	111	75	59
8 ST. ALBANS STRIDERS	40	16	42			8 WATFORD	488	131	56	122	108	71
9 HARROW A.C.	23	32	43			9 ST. ALBANS STRIDERS	351	108	58	122	23	40
10 VALE OF AYLESBURY	23	36	39			10 HARROW A.C.	317	134	102	30	28	23
11 SILSON JOGGERS	8	41				11 SILSON JOGGERS	71	26	4	22	11	8
						12 TRING RUNNING CLUB	11					

Under 13 Boys

1 J. EDWARDS (STAL)	9.04	M13	1	27 O. MEGEARY (MILTON K)	10.01	M13	27	54 M. PEARSON (MILTON K)	11.01	M13	54
2 B. SMITH (CHILTERN H.)	9.06	M13	2	28 D. MCDUGALL (WYCOMBE)	10.03	M13	28	55 M. STEVENS (STAL)	11.02	M13	55
3 C. REID (CHILTERN H.)	9.14	M13	3	29 J. BROWN (AYLESBURY)	10.04	M13	29	56 A. BROWN (MILTON K)	11.06	M13	56
4 S. HUDSON (WINDSOR)	9.20	M13	4	30 C. TAYLOR (HARROW)	10.04	M13	30	57 P. HICKMAN (MILTON K)	11.08	M13	57
5 D. BROOKLING (WINDSOR)	9.24	M13	5	31 C. CLARK (ST. ALBANS STR)	10.04	M13	31	58 K. MACLEOD (MILTON K)	11.17	M13	58
6 O. DAVIES (BEDFORD & C)	9.28	M13	6	32 M. KNEE ROBINSON (BED)	10.05	M13	32	59 J. TERREY (MILTON K)	11.19	M13	59
7 J. LUMB (ST. ALBANS STR)	9.29	M13	7	33 O. WILLIAMS (MILTON K)	10.06	M13	33	60 A. COLLISON-HOUGH (CHIL)	11.27	M13	60
8 M. PERRY (AYLESBURY)	9.29	M13	8	34 P. PHILLIPS (WYCOMBE)	10.08	M13	34	61 R. GULLIVER (AYLESBURY)	11.30	M13	61
9 R. SAINT (LUTON)	9.33	M13	9	35 H. BRANDON (CHILTERN H.)	10.14	M13	35	62 A. LONG (SILSON)	11.34	M13	62
10 M. STRINGER (WINDSOR)	9.36	M13	10	36 E. HOSKINGS (BEDFORD & C)	10.14	M13	36	63 J. DOWSETT (MILTON K)	11.36	M13	63
11 J. MEIJER (MILTON K)	9.38	M13	11	37 M. BIRD (AYLESBURY)	10.17	M13	37	64 C. JONES (SILSON)	11.37	M13	64
12 M. MORONEY (LUTON)	9.39	M13	12	38 J. GOODWIN (BEDFORD & C)	10.19	M13	38	65 M. TCHANGWA (WINDSOR)	11.50	M13	65
13 T. HALL (CHILTERN H.)	9.40	M13	13	39 L. EDWARDS (HARROW)	10.22	M13	39	66 F. SCOTT (CHILTERN H.)	11.53	M13	66
14 J. STYLES (WYCOMBE)	9.42	M13	14	40 K. EVERISS (CHILTERN H.)	10.23	M13	40	67 A. YASBSLEY (MILTON K)	11.54	M13	67
15 M. DAINES (WINDSOR)	9.42	M13	15	41 P. EVERISS (CHILTERN H.)	10.25	M13	41	68 R. BRENSON (STAL)	11.57	M13	68
16 E. BLYTHMAN (BEDFORD & C)	9.43	M13	16	42 M. LOVELL (MILTON K)	10.29	M13	42	69 J. SPENCER (SILSON)	12.01	M13	69
17 R. EMPSON (CHILTERN H.)	9.44	M13	17	43 J. MITCHELL (LUTON)	10.30	M13	43	70 C. CLARK (WATFORD)	12.05	M13	70
18 E. KIDD (CHILTERN H.)	9.45	M13	18	44 D. GODDEN (HARROW)	10.31	M13	44	71 F. GIBBS (MILTON K)	12.06	M13	71
19 C. WALSH (ST. ALBANS STR)	9.45	M13	19	45 O. SAUNDERS (WYCOMBE)	10.31	M13	45	72 S. TYE (MILTON K)	12.08	M13	72
20 H. BENTLEY (STAL)	9.48	M13	20	46 B. ELLEDGE (LUTON)	10.32	M13	46	73 L. SANGSTER (BEDFORD & C)	12.09	M13	73
21 C. MADGIN (MILTON K)	9.48	M13	21	47 A. WOOTON (MILTON K)	10.36	M13	47	74 C. GREY (MILTON K)	12.11	M13	74
22 M. CLUTTERBUCK (WINDSOR)	9.49	M13	22	48 K. BAKCHA (BEDFORD & C)	10.41	M13	48	75 B. HARGREAVES (AYLESBURY)	12.13	M13	75
23 S. BICKERSTAFF (HARROW)	9.51	M13	23	49 C. NICHOLSON (BEDFORD & C)	10.42	M13	49	76 M. RAPSON (SILSON)	12.18	M13	76
24 R. HICKMAN (MILTON K)	9.51	M13	24	50 F. SCOTT (SILSON)	10.44	M13	50	77 S. RYCROFT (SILSON)	12.20	M13	77
25 C. SANDERS (MILTON K)	9.56	M13	25	51 T. MCELLIGOTT (MILTON K)	10.47	M13	51	78 T. HOLDEN (WYCOMBE)	12.22	M13	78
26 M. GILHESPY (BEDFORD & C)	10.01	M13	26	52 A. GRANT (MILTON K)	10.49	M13	52	79 H. SMITH (MILTON K)	12.35	M13	79
				53 B. WINFIELD (LUTON)	10.50	M13	53				

TEAM RESULT

1 WINDSOR SE&H	286	4	5	10	15	1 CHILTERN HARRIERS	1593	377	265	334	332	285
2 CHILTERN HARRIERS	285	2	3	13	17	2 ST. ALBANS STRIDERS	1586	348	288	339	338	273
3 ST. ALBANS STRIDERS	273	1	7	19	20	3 WINDSOR SE&H	1516	364	297	326	243	286
4 BEDFORD & COUNTY	240	6	16	26	32	4 BEDFORD & COUNTY	1469	350	270	313	296	240
5 MARSHALL MILTON KEYNES	239	11	21	24	25	5 MARSHALL MILTON KEYNES	1424	314	254	302	315	239
6 LUTON A.C.	210	9	12	43	46	6 WYCOMBE PHOENIX	1241	289</				

Senior/Veteran Ladies

1 R. MURRAY (BEDFORD & C).....	22.15	F	1	30 J. WINFIELD (LUTON).....	26.53	F35	7	60 N. CHANDLER (AYLESBURY).....	30.10	F	32
2 C. FIRTH (WINDSOR).....	23.10	F	2	31 G. JUBB (ST. ALBANS STR).....	26.57	F35	8	61 J. COOPER (SILSON).....	30.33	F45	12
3 R. GIBBS (BEDFORD & C).....	23.24	F	3	32 H. GRIFFITHS (HEADINGTON).....	27.07	F	20	62 J. SHARPLES (STAL).....	30.39	F	33
4 A. BURGIN (BEDFORD & C).....	23.32	F	4	33 L. HANKERS (MILTON K).....	27.14	F	21	63 V. SHELTON (AYLESBURY).....	30.57	F45	13
5 S. THOMAS (CHILTERN H.).....	23.44	F	5	34 J. SAUER (LEIGHTON B).....	27.21	F35	9	64 G. ROGERS (SILSON).....	31.15	F	34
6 C. LATHWELL (LUTON).....	23.56	F35	1	35 R. FOULSER-PIGGOTT (HA).....	27.23	F	22	65 M. BRODIE (BEDFORD & C).....	31.26	F45	14
7 W. WEBSTER (STAL).....	23.59	F	6	36 M. WARD (TRING).....	27.31	F45	5	66 C. BUCHANAN (BEDFORD & C).....	31.28	F	35
8 W. WEBBER (MILTON K).....	24.06	F35	2	37 M. DING (HEADINGTON).....	27.34	F	23	67 S. MAISEY (AYLESBURY).....	31.32	F35	14
9 R. WALCOTT-NOLAN (LUTON).....	24.09	F	7	38 L. BODDY (LEIGHTON B).....	27.35	F35	10	68 J. PORTEOUS (TRING).....	31.39	F45	15
10 L. BROMLOW (MILTON K).....	24.17	F	8	39 A. MADRY (AYLESBURY).....	27.37	F	24	69 N. ELVIN (LEIGHTON B).....	31.41	F	36
11 D. STEER (ST. ALBANS STR).....	24.32	F45	1	40 A. MEECHAN (AYLESBURY).....	27.52	F35	11	70 F. DARLING-GLINSKI (MK).....	31.58	F45	16
12 A. INCHLEY (LEIGHTON B).....	24.43	F	9	41 C. NOAKES (HEADINGTON).....	27.58	F	25	71 M. MOUTRIE (SILSON).....	31.59	F45	17
13 E. ARMSTRONG (WINDSOR).....	24.48	F	10	42 K. ADAMS (MILTON K).....	28.00	F35	12	72 N. ECONOMU (WATFORD).....	32.00	F35	15
14 R. KEANE (LUTON).....	24.50	F	11	43 D. BALDWIN (MILTON K).....	28.04	F55	1	73 A. WILLIAMS (SILSON).....	32.03	F35	16
15 C. MULLEN (BEDFORD & C).....	24.59	F	12	44 H. HINDE (WINDSOR).....	28.14	F45	6	74 C. MOONEY (ST. ALBANS STR).....	32.13	F45	18
16 J. CONWAY (ST. ALBANS STR).....	25.21	F	13	45 V. BURGESS (TRING).....	28.18	F45	7	75 R. TODD (HEADINGTON).....	32.17	F55	5
17 E. BATES (CHILTERN H.).....	25.26	F	14	46 E. JAMES (SILSON).....	28.19	F	26	76 S. TORRANCE (SILSON).....	32.21	F45	19
18 C. HARDY (LUTON).....	25.29	F	15	47 M. WRIGHT (MILTON K).....	28.45	F	27	77 M. WRAY (SILSON).....	32.24	F45	20
19 J. AUSTIN (AYLESBURY).....	25.38	F45	2	48 H. BENNEWITH (AYLESBURY).....	28.47	F55	2	78 A. NUTTALL (SILSON).....	33.24	F	37
20 L. MCKIE (ST. ALBANS STR).....	25.49	F35	3	49 H. KIRK (SILSON).....	28.53	F	28	79 C. PROBERT (SILSON).....	33.31	F	38
21 R. IANNONE (AYLESBURY).....	25.51	F	16	50 H. PURCHAS (TRING).....	29.16	F45	8	80 M. FISCHER (HEADINGTON).....	33.54	F45	21
22 F. YULL (MILTON K).....	25.56	F	17	51 S. GREEN (AYLESBURY).....	29.18	F	29	81 L. THOMAS (SILSON).....	35.24	F35	17
23 A. HOPKINS (HEADINGTON).....	25.59	F35	4	52 R. KERR (BEDFORD & C).....	29.20	F45	9	82 J. MANNING (TRING).....	36.40	F	39
24 S. GIBBENS (MILTON K).....	26.08	F	18	53 K. HAYLOCK (LEIGHTON B).....	29.23	F	30	83 S. BREE (CHILTERN H.).....	39.05	F45	22
25 S. DITTON (WINDSOR).....	26.17	F	19	54 M. ATTREE (ST. ALBANS STR).....	29.25	F45	10	84 S. PEARSON (SILSON).....	39.43	F	40
26 W. WALSH (ST. ALBANS STR).....	26.29	F35	5	55 L. STERN (ST. ALBANS STR).....	29.32	F45	11	85 P. WALKER (CHILTERN H.).....	39.46	F55	6
27 K. ELLIOT (CHILTERN H.).....	26.33	F35	6	56 A. ATWAL (BEDFORD & C).....	29.41	F	31	86 C. DEARMAN (WATFORD).....	39.50	F45	23
28 A. HARDING (TRING).....	26.40	F45	3	57 D. HEYDECKER (STAL).....	29.47	F55	3	87 F. CALDER (CHILTERN H.).....	40.14	F	41
29 Z. LOWE (ST. ALBANS STR).....	26.47	F45	4	58 L. SPENCELEY (SILSON).....	29.54	F35	13	88 C. STEPHENSON (TRING).....	43.13	F55	7
				59 E. WALLS (ST. ALBANS STR).....	29.59	F55	4				

TEAM RESULT

1 BEDFORD & COUNTY	333	1	3	4	15
2 LUTON A.C.	309	6	9	14	18
3 ST. ALBANS STRIDERS	302	7	11	16	20
4 MARSHALL MILTON KEYNES	292	8	10	22	24
5 WINDSOR SE&H	272	2	13	25	44
6 VALE OF AYLESBURY	237	19	21	39	40
7 CHILTERN HARRIERS	224	5	17	27	83
8 HEADINGTON R.R.	223	23	32	37	41
9 LEIGHTON BUZZARD	219	12	34	38	53
10 TRING RUNNING CLUB	197	28	36	45	50
11 SILSON JOGGERS	142	46	49	58	61
12 HARROW A.C.	54	35			
13 WATFORD	20	72	86		

DIVISION RESULT

1 BEDFORD & COUNTY	1894	444	367	397	353	333
2 MARSHALL MILTON KEYNES	1869	458	386	358	375	292
3 ST. ALBANS STRIDERS	1770	406	350	343	369	302
4 LUTON A.C.	1664	418	399	366	172	309
5 CHILTERN HARRIERS	1643	426	347	280	366	224
6 WINDSOR SE&H	1580	465	176	276	391	272
7 HEADINGTON R.R.	1572	404	343	320	282	223
8 VALE OF AYLESBURY	1518	376	298	272	335	237
9 HARROW A.C.	1185	402	325	241	163	54
10 WATFORD	1067	383	90	254	320	20
11 LEIGHTON BUZZARD	1064	221	149	236	239	219
12 TRING RUNNING CLUB	1044	257	169	200	221	197
13 SILSON JOGGERS	885	206	130	200	207	142
14 WYCOMBE PHOENIX	554	104	139	144	167	

Veteran Ladies Race

1 ST. ALBANS STRIDERS	270	11	20	26	29
2 TRING RUNNING CLUB	197	28	36	45	50
3 MARSHALL MILTON KEYNES	193	8	42	43	70
4 VALE OF AYLESBURY	186	19	40	48	63
5 LUTON A.C.	142	6	30		
6 LEIGHTON BUZZARD	106	34	38		
7 SILSON JOGGERS	93	58	61	71	73
8 HEADINGTON R.R.	89	23	75	80	
9 CHILTERN HARRIERS	72	27	83	85	
10 BEDFORD & COUNTY	61	52	65		
11 WINDSOR SE&H	45	44			
12 WATFORD	20	72	86		

DIVISION RESULT

1 ST. ALBANS STRIDERS	1478	370	258	263	317	270
2 MARSHALL MILTON KEYNES	1385	368	290	270	264	193
3 CHILTERN HARRIERS	1093	308	261	115	337	72
4 VALE OF AYLESBURY	1062	235	213	211	217	186
5 LUTON A.C.	983	284	154	231	172	142
6 TRING RUNNING CLUB	930	257	145	110	221	197
7 WATFORD	892	383	90	159	240	20
8 SILSON JOGGERS	665	179	105	146	142	93
9 HEADINGTON R.R.	660	119	202	93	157	89
10 LEIGHTON BUZZARD	536	123	59	134	114	106
11 BEDFORD & COUNTY	430	66	57	201	45	61
12 WYCOMBE PHOENIX	332	104	71	70	87	
13 HARROW A.C.	251	101	77		73	
14 WINDSOR SE&H	210	48	34		83	45

Junior/U17 Ladies

1 H. MORTON (CHILTERN H.).....	17.21	F17	1
2 A. HARRIS (BEDFORD & C).....	17.41	F20	1
3 E. DELGADO (WYCOMBE).....	17.46	F17	2
4 K. DITTON (WINDSOR).....	17.59	F17	3
5 R. PARLOUR (STAL).....	18.05	F17	4
6 S. NEEDLEMAN (CHILTERN H.).....	18.10	F20	2
7 A. RADFORD (MILTON K).....	18.31	F17	5
8 K. BENCH (CHILTERN H.).....	18.42	F17	6
9 S. CLIFFE (MILTON K).....	18.46	F17	7
10 M. MCKENZIE (BEDFORD & C).....	18.50	F20	3

11 C. HUNTER (BEDFORD & C).....	18.55	F17	8
12 E. O'GRADY (HARROW).....	19.02	F17	9
13 E. ROSE-SENIOR (HARROW).....	19.13	F20	4
14 L. ECKLEY (ST. ALBANS STR).....	19.15	F17	10
15 S. HANNELLY (MILTON K).....	19.15	F17	11
16 A. GANT (WYCOMBE).....	19.31	F17	12
17 C. BAXTER (CHILTERN H.).....	19.34	F17	13
18 M. HILL (HARROW).....	19.37	F17	14
19 C. SCHAUFELBERGER (MK).....	19.41	F20	5
20 J. FINLAY (MILTON K).....	19.52	F20	6
21 C. DEARMAN (WATFORD).....	20.19	F17	15

T. MCGOVEN (BED) N/S.....	20.49	F20	
22 H. DOUGLAS-MILLER (MK).....	20.57	F20	7
23 E. WALLIS (WINDSOR).....	20.59	F20	8
24 N. SMART (HARROW).....	21.00	F20	9
25 R. SMART (HARROW).....	21.19	F17	16
26 C. HUNT (MILTON K).....	21.22	F20	10
27 K. WATKINS (HARROW).....	21.25	F17	17
28 F. VAFADARI (LUTON).....	21.28	F17	18
29 S. CRISP (MILTON K).....	22.19	F17	19
30 C. FIDA (WINDSOR).....	22.21	F17	20
31 S. EDWARDSON (HARROW).....	26.06	F20	11

TEAM RESULT non scorers excluded

1 CHILTERN HARRIERS	81	1	6	8
2 BEDFORD & COUNTY	73	2	10	11
3 MARSHALL MILTON KEYNES	65	7	9	15
4 HARROW A.C.	53	12	13	18
5 WYCOMBE PHOENIX	45	3	16	
6 ST. ALBANS STRIDERS	45	5	14	
7 WINDSOR SE&H	39	4	23	30
8 WATFORD	11	21		
9 LUTON A.C.	4	28		

DIVISION RESULT

1 BEDFORD & COUNTY	476	92	130	103	78	73
2 WINDSOR SE&H	460	107	148	110	56	39
3 CHILTERN HARRIERS	449	103	103	75	87	81
4 MARSHALL MILTON KEYNES	439	98	106	91	79	65
5 ST. ALBANS STRIDERS	297	81	85	37	49	45
6 LUTON A.C.	285	78	76	89	38	4
7 HARROW A.C.	269	48	61	51	56	53
8 WYCOMBE PHOENIX	213	39	47	32	50	45
9 WATFORD	101	22	36	14	18	11
10 VALE OF AYLESBURY	62	26	18	18		
11 SILSON JOGGERS	13	6	7			

Under 15 Girls

1 M. GOODRUM (WINDSOR).....	13.21	F15	1
2 M. WHITFIELD (HARROW).....	13.51	F15	2
3 E. MEARS (MILTON K).....	14.04	F15	3
4 H. THEAR (CHILTERN H.).....	14.09	F15	4
5 M. THOMSETT (WINDSOR).....	14.10	F15	5
6 S. WAGER-LEIGH (CHIL).....	14.15	F15	6
7 B. MURPHY (BEDFORD & C).....	14.17	F15	7
8 L. NICHOLS (BEDFORD & C).....	14.23	F15	8
9 T. WEDDELL (STAL).....	14.25	F15	9
10 M. MIDDLETON (BEDFORD & C).....	14.29	F15	10
11 J. ORR (CHILTERN H.).....	14.30	F15	11
12 R. GRANT (MILTON K).....	14.34	F15	12
13 M. PRITCHARD (BEDFORD & C).....	14.48	F15	13
14 O. DWYER (BEDFORD & C).....	14.51	F15	14
15 M. STYLES (WYCOMBE).....	14.54	F15	15
16 S. OLNEY (ST. ALBANS STR).....	14.59	F15	16
17 E. BANNISTER (CHILTERN H.).....	15.01	F15	17
18 O. FAWCETT (CHILTERN H.).....	15.04	F15	18

19 N. TAYLOR (WYCOMBE).....	15.05	F15	19
20 E. TASWELL-FRYER (AY).....	15.10	F15	20
21 S. BOTHAM (MILTON K).....	15.21	F15	21
22 A. VINNICOMBE (BED).....	15.22	F15	22
23 M. LACEY (CHILTERN H.).....	15.26	F15	23
24 H. RAYDEN (ST. ALBANS STR).....	15.27	F15	24
25 A. BENTLEY (STAL).....	15.29	F15	25
26 C. MOYSE (MILTON K).....	15.30	F15	26
27 N. NURSE (MILTON K).....	15.35	F15	27
28 E. HOBBS (ST. ALBANS STR).....	15.37	F15	28
29 S. THIND (WINDSOR).....	15.40	F15	29
30 C. ECKLEY (ST. ALBANS STR).....	15.41	F15	30
31 R. POPE (WINDSOR).....	15.54	F15	31
32 S. PLUMMER (LEIGHTON B).....	16.11	F15	32

TEAM RESULT

1	BEDFORD & COUNTY	186	7	8	10	13
2	CHILTERN HARRIERS	186	4	6	11	17
3	MARSHALL MILTON KEYNES	162	3	12	21	26
4	WINDSOR SE&H	158	1	5	29	31
5	ST. ALBANS STRIDERS	150	9	16	24	25
6	HARROW A.C.	99	2	33	36	54
7	WYCOMBE PHOENIX	78	15	19		
8	VALE OF AYLESBURY	53	20	39		
9	LEIGHTON BUZZARD	39	32	41		
10	SILSON JOGGERS	34	43	46	50	51
11	WATFORD	12	44			

DIVISION RESULT

1	BEDFORD & COUNTY	1104	288	205	207	218	186
2	CHILTERN HARRIERS	1038	274	172	198	208	186
3	WINDSOR SE&H	961	275	126	202	200	158
4	ST. ALBANS STRIDERS	861	243	126	170	172	150
5	MARSHALL MILTON KEYNES	826	227	137	135	165	162
6	HARROW A.C.	784	247	148	110	180	99
7	WYCOMBE PHOENIX	399	81	65	76	99	78
8	LEIGHTON BUZZARD	266	91	37	43	56	39
9	VALE OF AYLESBURY	216	77	1	47	38	53
10	SILSON JOGGERS	186	46	41	30	35	34
11	LUTON A.C.	78	30		26	22	
12	WATFORD	67	29		12	14	12

Under 13 Girls

1	S. MORTON (CHILTERN H.)	9.25	F13	1
2	N. HUDSON (WINDSOR)	9.58	F13	2
3	M. RELTON (BEDFORD & C)	9.59	F13	3
4	R. WATKINS (CHILTERN H.)	10.08	F13	4
5	K. THOMPSON (WINDSOR)	10.24	F13	5
6	E. ANDERS (ST. ALBANS STR)	10.27	F13	6
7	C. PRYOR (WYCOMBE)	10.30	F13	7
8	K. STERN (ST. ALBANS STR)	10.32	F13	8
9	S. STOVELL (BEDFORD & C)	10.32	F13	9
10	S. POHLMAN (CHILTERN H.)	10.34	F13	10
11	F. WEDDELL (STAL)	10.36	F13	11
12	G. NUNN (LUTON)	10.39	F13	12
13	E. ALDERSON (CHILTERN H.)	10.39	F13	13
14	K. JONES (WYCOMBE)	10.39	F13	14
15	O. LOWRIE (WYCOMBE)	10.41	F13	15
16	H. SHELTON (BEDFORD & C)	10.50	F13	16
17	J. NUTTALL (MILTON K)	10.50	F13	17
18	K. MALLAGHAN (MILTON K)	10.53	F13	18
19	M. PENNANT (WYCOMBE)	10.55	F13	19
20	S. ROBIN (ST. ALBANS STR)	10.56	F13	20
21	A. MONTGOMERY (WYCOMBE)	11.02	F13	21
22	H. SOANES (LUTON)	11.02	F13	22
23	C. MUNN (CHILTERN H.)	11.03	F13	23
24	S. PETERS (HARROW)	11.05	F13	24

25	S. VERWEY (SILSON)	11.06	F13	25
26	H. JAMIESON (MILTON K)	11.09	F13	26
27	H. TROTMAN (WATFORD)	11.11	F13	27
28	C. SABERI (BEDFORD & C)	11.11	F13	28
29	R. ABBOTT (BEDFORD & C)	11.13	F13	29
30	L. JAY (LUTON)	11.14	F13	30
31	R. COOPER (SILSON)	11.17	F13	31
32	M. RELTON (BEDFORD & C)	11.20	F13	32
33	N. HAYMAN (LUTON)	11.20	F13	33
34	A. HARMAN (MILTON K)	11.22	F13	34
35	S. TREMLETT (HARROW)	11.22	F13	35
36	A. HYDE (BEDFORD & C)	11.26	F13	36
37	A. FREELY (HARROW)	11.28	F13	37
38	F. ROSE (ST. ALBANS STR)	11.29	F13	38
39	A. LINZELL (STAL)	11.29	F13	39
40	E. RABBITTS (LEIGHTON B)	11.31	F13	40
41	L. KEITH (BEDFORD & C)	11.33	F13	41
42	M. EDGHILL (MILTON K)	11.35	F13	42
43	B. O'NEILL (WINDSOR)	11.39	F13	43
44	C. VICO (WYCOMBE)	11.40	F13	44
45	F. MCLEOD (WINDSOR)	11.44	F13	45
46	E. STYLES (WYCOMBE)	11.49	F13	46
47	R. MERRIN (MILTON K)	11.54	F13	47
48	K. LEWIS (LUTON)	11.55	F13	48
49	R. CROWDER (WATFORD)	11.56	F13	49

50	R. BAILEY (BEDFORD & C)	11.58	F13	50
51	E. BARNES (ST. ALBANS STR)	11.59	F13	51
52	G. MILNE (MILTON K)	12.04	F13	52
53	C. BELL (LEIGHTON B)	12.05	F13	53
54	S. HARRIS (WINDSOR)	12.06	F13	54
55	J. PRESHO (WYCOMBE)	12.09	F13	55
56	S. VICO (WYCOMBE)	12.11	F13	56
57	L. HERDMAN-SMITH (MK)	12.13	F13	57
58	H. WEATHERLEY (MILTON K)	12.14	F13	58
59	F. MILBURN (BEDFORD & C)	12.14	F13	59
60	J. TASWELL-FRYER (AY)	12.15	F13	60
61	C. BARCLAY (WINDSOR)	12.17	F13	61
62	E. RAYDEN (ST. ALBANS STR)	12.18	F13	62
63	S. ASHBY (WATFORD)	12.18	F13	63
64	N. 82 AGAIN (BEDFORD & C)	12.20	F13	64
65	E. COTTER (ST. ALBANS STR)	12.25	F13	65
66	C. MAY (LEIGHTON B)	12.28	F13	66
67	C. JOHAL (WATFORD)	12.48	F13	67
68	C. COOKE (MILTON K)	12.52	F13	68
69	E. KING (SILSON)	13.49	F13	69
70	M. CHAPMAN (LEIGHTON B)	14.57	F13	70
71	J. HAWES (LEIGHTON B)	15.10	F13	71
72	J. PINCHIN (SILSON)	15.44	F13	72
73	H. STANTON (LEIGHTON B)	16.59	F13	73
74	M. KEEFE (LEIGHTON B)	16.59	F13	74

TEAM RESULT

1	CHILTERN HARRIERS	272	1	4	10	13
2	ST. ALBANS STRIDERS	255	6	8	11	20
3	WYCOMBE PHOENIX	245	7	14	15	19
4	BEDFORD & COUNTY	244	3	9	16	28
5	MARSHALL MILTON KEYNES	205	17	18	26	34
6	WINDSOR SE&H	205	2	5	43	45
7	LUTON A.C.	203	12	22	30	33
8	HARROW A.C.	129	24	35	37	
9	SILSON JOGGERS	103	25	31	69	72
10	WATFORD	94	27	49	63	67
11	LEIGHTON BUZZARD	71	40	53	66	70
12	VALE OF AYLESBURY	15	60			

DIVISION RESULT

1	CHILTERN HARRIERS	1424	297	269	260	326	272
2	BEDFORD & COUNTY	1344	294	219	254	333	244
3	ST. ALBANS STRIDERS	1304	293	169	262	325	255
4	WYCOMBE PHOENIX	1272	264	224	241	298	245
5	WINDSOR SE&H	1221	297	244	231	244	205
6	LUTON A.C.	1217	273	248	224	269	203
7	MARSHALL MILTON KEYNES	1110	223	213	206	263	205
8	HARROW A.C.	850	190	196	111	224	129
9	WATFORD	558	76	104	108	176	94
10	SILSON JOGGERS	532	105	84	98	142	103
11	LEIGHTON BUZZARD	363	92	72	62	66	71
12	VALE OF AYLESBURY	216	72	24	105	15	

Total Overall Score

1	BEDFORD & COUNTY	3004	2168	836
2	MARSHALL MILTON KEYNES	2751	2027	724
3	CHILTERN HARRIERS	2244	1481	763
4	ST. ALBANS STRIDERS	1991	1239	752
5	HARROW A.C.	1799	1464	335
6	WINDSOR SE&H	1652	978	674
7	SILSON JOGGERS	1563	1284	279
8	LEIGHTON BUZZARD	1517	1188	329
9	HEADINGTON R.R.	1281	1058	223
10	VALE OF AYLESBURY	1267	962	305
11	LUTON A.C.	1248	732	516
12	WYCOMBE PHOENIX	1206	838	368
13	WATFORD	958	821	137
14	TRING RUNNING CLUB	838	641	197

DIVISION RESULT

1	BEDFORD & COUNTY	17713	3932	3759	3664	3354	3004
2	MARSHALL MILTON KEYNES	16003	3657	3361	3116	3118	2751
3	CHILTERN HARRIERS	14967	3441	3138	3120	3024	2244
4	ST. ALBANS STRIDERS	13651	3250	2861	2883	2666	1991
5	HARROW A.C.	13249	3490	3141	2389	2430	1799
6	WINDSOR SE&H	12920	2964	2703	2856	2745	1652
7	LUTON A.C.	9844	2743	1919	2531	1403	1248
8	VALE OF AYLESBURY	9582	2748	1819	1749	1999	1267
9	WYCOMBE PHOENIX	8744	2071	1791	1694	1982	1206
10	LEIGHTON BUZZARD	8571	2018	1679	1622	1735	1517
11	SILSON JOGGERS	8234	1729	1558	1634	1750	1563
12	WATFORD	7917	2322	1612	1401	1624	958
13	HEADINGTON R.R.	7723	1415	1994	1615	1418	1281
14	TRING RUNNING CLUB	5775	1793	1296	1051	797	838

Male Overall Score

1	BEDFORD & COUNTY	2168	1636	112	180	240
2	MARSHALL MILTON KEYNES	2027	1574	91	123	239
3	CHILTERN HARRIERS	1481	980	70	146	285
4	HARROW A.C.	1464	1220	37	23	184
5	SILSON JOGGERS	1284	1201		8	75
6	ST. ALBANS STRIDERS	1239	894	32	40	273
7	LEIGHTON BUZZARD	1188	1153	35		
8	HEADINGTON R.R.	1058	1058			
9	WINDSOR SE&H	978	609		83	286
10	VALE OF AYLESBURY	962	754		23	185
11	WYCOMBE PHOENIX	838	476	46	117	199
12	WATFORD	821	734	6	71	10
13	LUTON A.C.	732	452	11	59	210
14	TRING RUNNING CLUB	641	641			

DIVISION RESULT

1	BEDFORD & COUNTY	12895	2814	2838	2703	2372	2168
2	MARSHALL MILTON KEYNES	11759	2651	2519	2326	2236	2027
3	CHILTERN HARRIERS	10413	2341	2247	2307	2037	1481
4	HARROW A.C.	10161	2603	2411	1876	1807	1464
5	ST. ALBANS STRIDERS	9419	2227	2131	2071	1751	1239
6	WINDSOR SE&H	8698	1820	2009	2037	1854	978
7	VALE OF AYLESBURY	7570	2197	1478	1412	1521	962
8	LEIGHTON BUZZARD	6878	1614	1421	1281	1374	1188
9	SILSON JOGGERS	6618	1366	1296	1306	1366	1284
10	LUTON A.C.	6600	1944	1196	1826	902	732
11	WYCOMBE PHOENIX	6306	1583	1316	1201	1368	838
12	HEADINGTON R.R.	6151	1011	1651	1295	1136	1058
13	WATFORD	6124	1812	1382	1013	1096	821
14	TRING RUNNING CLUB	4731	1536	1127	851	576	641

Female Overall Score

1	BEDFORD & COUNTY	836	333	73	186	244
2	CHILTERN HARRIERS	763	224	81	186	272
3	ST. ALBANS STRIDERS	752	302	45	150	255
4	MARSHALL MILTON KEYNES	724	292	65	162	205
5	WINDSOR SE&H	674	272	39	158	205
6	LUTON A.C.	516	309	4	203	
7	WYCOMBE PHOENIX	368		45	78	245
8	HARROW A.C.	335	54	53	99	129
9	LEIGHTON BUZZARD	329	219		39	71
10	VALE OF AYLESBURY	305	237		53	15
11	SILSON JOGGERS	279	142		34	103
12	HEADINGTON R.R.	223	223			
13	TRING RUNNING CLUB	197	197			
14	WATFORD	137	20	11	12	94

DIVISION RESULT

1	BEDFORD & COUNTY	4818	1118	921	961	982	836
2	CHILTERN HARRIERS	4554	1100	891	813	987	763
3	MARSHALL MILTON KEYNES	4244	1006	842	790	882	724
4	ST. ALBANS STRIDERS	4232	1023	730	812	915	752
5	WINDSOR SE&H	4222	1144	694	819	891	674
6	LUTON A.C.	3244	799	723	705	501	516
7	HAR						