



289 A. GARDNER (BEARBROOK).....48.58	<i>M</i> 111	292 T. BRAWN (CHILTERN H.).....51.17	<i>M60</i> 20	295 P. RANCE (BEARBROOK).....53.35	<i>M60</i> 22
290 R. KOSTER (THAME).....50.19	<i>M50</i> 49	293 K. MOORE (LEIGHTON B TRI).....51.25	<i>M50</i> 51	296 J. LAWRENCE (MILTON K).....60.02	<i>M50</i> 52
291 P. GRIMSDALE (OXFORD).....50.52	<i>M50</i> 50	294 P. DOLMAN (DACORUM).....52.34	<i>M60</i> 21	297 M. CARTWRIGHT (CHIL).....61.39	<i>M60</i> 23

**TEAM RESULT** non scorers excluded

1 BEDFORD & COUNTY	2328	1	3	4	5	7	10	12	14
2 MARSHALL MILTON KEYNES	2217	2	8	20	21	25	28	29	34
3 HARROW A.C.	1967	6	13	15	30	64	79	89	121
4 SILSON JOGGERS	1872	35	36	40	57	73	86	91	94
5 LEIGHTON BUZZARD	1801	18	42	52	66	82	97	109	117
6 HEADINGTON R.R.	1719	9	71	76	77	78	99	113	142
7 CHILTERN HARRIERS	1708	26	41	59	70	83	105	119	173
8 ST. ALBANS STRIDERS	1598	33	51	65	96	116	124	145	156
9 QUEENS PARK H.	1554	31	50	63	93	139	140	150	164
10 GADE VALLEY	1513	38	67	95	111	115	125	149	171
11 VALE OF AYLESBURY	1435	24	47	61	80	100	159	180	
12 OXFORD CITY	1403	43	85	114	128	131	143	160	177
13 WATFORD	1373	22	92	98	136	147	155	172	189
14 TRING RUNNING CLUB	1271	44	75	87	123	132	179	187	286
15 DACORUM & TRING	1074	56	60	107	133	182	254	255	263
16 LEIGHTON BUZZ TRIATHLON	1074	54	108	137	166	196	201	218	230
17 WINDSOR SE&H	1063	11	19	27	72				
18 WYCOMBE PHOENIX	966	39	74	158	175	183	193		
19 BANBURY	881	23	32	81	215	258			
20 BEARBROOK RUNNING CLUB	871	88	90	184	188	210	220	266	267
21 LUTON A.C.	854	17	45	126	214	245	287		
22 PURPLE PATCH RUNNERS	676	148	161	198	202	204	229	268	
23 HIGHAM HARRIERS	581	58	168	211	224	248			
24 THAME RUNNERS	571	104	106	217	250	273	275	290	
25 STEVENAGE & NH	358	84	238	265	269	276			
26 HANDY CROSS	314	103	206	284	285				
27 BIGGLESWADE	295	68	233						
28 MAIDENHEAD	290	195	221	239	257	288			
29 BRACKNELL	157	141							
30 AMPHILL & FLITWICK	131	167							

**Veteran Mens Race**

1 SILSON JOGGERS	940	36	57	73	86
2 HEADINGTON R.R.	935	9	71	78	99
3 HARROW A.C.	883	13	15	89	192
4 MARSHALL MILTON KEYNES	847	48	49	110	138
5 ST. ALBANS STRIDERS	835	51	65	96	145
6 CHILTERN HARRIERS	776	41	83	119	173
7 TRING RUNNING CLUB	775	75	87	123	132
8 LEIGHTON BUZZARD	738	52	118	130	154
9 GADE VALLEY	733	67	95	111	186
10 OXFORD CITY	676	114	128	131	143
11 VALE OF AYLESBURY	673	80	100	159	180
12 WATFORD	540	136	155	172	189
13 QUEENS PARK H.	506	139	164	170	213
14 PURPLE PATCH RUNNERS	483	148	161	198	202
15 LEIGHTON BUZZ TRIATHLON	399	137	201	218	237
16 WYCOMBE PHOENIX	368	158	175	193	
17 DACORUM & TRING	368	133	182	254	255
18 THAME RUNNERS	344	106	217	250	275
19 BANBURY	340	81	215	258	
20 LUTON A.C.	320	126	214	245	287
21 HIGHAM HARRIERS	267	168	211	248	
22 WINDSOR SE&H	226	72			
23 BEARBROOK RUNNING CLUB	172	210	266	267	277
24 BEDFORD & COUNTY	164	134			
25 AMPHILL & FLITWICK	131	167			
26 STEVENAGE & NH	111	238	269	276	
27 HANDY CROSS	105	206	285		
28 MAIDENHEAD	51	257	288		

**Junior Men**

1 BEDFORD & COUNTY	870	5	7	12
2 MARSHALL MILTON KEYNES	766	25	34	69
3 WYCOMBE PHOENIX	483	39	74	
4 HARROW A.C.	453	64	79	
5 VALE OF AYLESBURY	274	24		
6 WINDSOR SE&H	271	27		
7 QUEENS PARK H.	267	31		
8 OXFORD CITY	255	43		
9 LUTON A.C.	253	45		
10 CHILTERN HARRIERS	239	59		
11 DACORUM & TRING	238	60		
12 BIGGLESWADE	230	68		
13 STEVENAGE & NH	214	84		
14 ST. ALBANS STRIDERS	174	124		
15 MAIDENHEAD	77	221		

**Under 17 Men**

1 J. JANES (BEDFORD & C).....19.41	<i>M17</i> 1	12 W. COOPER (BEDFORD & C).....21.58	<i>M17</i> 12	24 H. LANDER (LUTON).....22.38	<i>M17</i> 24
2 J. WAGER-LEIGH (CHIL).....20.15	<i>M17</i> 2	13 J. MEDLEY (BEDFORD & C).....21.59	<i>M17</i> 13	25 D. CLARK (WYCOMBE).....22.43	<i>M17</i> 25
3 S. HEADLEY (BEDFORD & C).....20.20	<i>M17</i> 3	14 R. BOLTON (STEVENAGE).....22.01	<i>M17</i> 14	26 C. MEAD (LEIGHTON B).....22.49	<i>M17</i> 26
4 O. SEAMARK (MILTON K).....20.40	<i>M17</i> 4	15 M. SIMPSON (CHILTERN H.).....22.13	<i>M17</i> 15	27 T. SMITH (CHILTERN H.).....22.50	<i>M17</i> 27
5 A. HEADLEY (BEDFORD & C).....20.54	<i>M17</i> 5	16 S. FENN (HARROW).....22.15	<i>M17</i> 16	28 T. HERDMAN-SMITH (MK).....23.16	<i>M17</i> 28
6 T. BURNS (BRACKNELL).....21.01	<i>M17</i> 6	17 M. CARR (ST. ALBANS STR).....22.16	<i>M17</i> 17	29 NO. 482 (WATFORD).....23.17	<i>M17</i> 29
7 J. CLAY (LEIGHTON B).....21.28	<i>M17</i> 7	18 G. GLINSKI (MILTON K).....22.22	<i>M17</i> 18	30 F. CRYAN (HARROW).....23.18	<i>M17</i> 30
8 T. HOLLAND (BEDFORD & C).....21.43	<i>M17</i> 8	19 J. HINE (ST. ALBANS STR).....22.24	<i>M17</i> 19	31 C. TRUDGILL (BIGGLESWADE).....23.30	<i>M17</i> 31
9 H. MORTON (MILTON K).....21.47	<i>M17</i> 9	20 J. HILL (HARROW).....22.28	<i>M17</i> 20	32 C. WHEELER (MILTON K).....23.34	<i>M17</i> 32
10 A. RIPPIN (MILTON K).....21.55	<i>M17</i> 10	21 J. WILLIAMSON (CHIL).....22.29	<i>M17</i> 21	33 G. WHEELER (MILTON K).....23.36	<i>M17</i> 33
11 B. SENDALL (WYCOMBE).....21.57	<i>M17</i> 11	22 J. HOLLIDAY (LBTR).....22.32	<i>M17</i> 22	34 J. BLYTH (WYCOMBE).....23.46	<i>M17</i> 34
		23 J. KINGSTON (WYCOMBE).....22.36	<i>M17</i> 23	35 W. OLEKSIUK (CHILTERN H.).....26.03	<i>M17</i> 35

**TEAM RESULT**

1 BEDFORD & COUNTY	99	1	3	5
2 MARSHALL MILTON KEYNES	85	4	9	10
3 CHILTERN HARRIERS	70	2	15	21
4 WYCOMBE PHOENIX	49	11	23	25
5 HARROW A.C.	42	16	20	30
6 LEIGHTON BUZZARD	39	7	26	
7 ST. ALBANS STRIDERS	36	17	19	
8 BRACKNELL	30	6		
9 STEVENAGE & NH	22	14		
10 LEIGHTON BUZZ TRIATHLON	14	22		
11 LUTON A.C.	12	24		
12 WATFORD	7	29		
13 BIGGLESWADE	5	31		

**Under 15 Boys**

1 W. PERKIN (CHILTERN H.).....14.32	<i>M15</i> 1	21 H. GREEN (MILTON K).....16.24	<i>M15</i> 21	41 W. RALSTON (AYLESBURY).....17.21	<i>M15</i> 41
2 B. DAVIES (BEDFORD & C).....14.43	<i>M15</i> 2	22 M. HINDE (WINDSOR).....16.26	<i>M15</i> 22	42 S. HOWELL (CHILTERN H.).....17.23	<i>M15</i> 42
3 W. MULLINS (BEDFORD & C).....15.04	<i>M15</i> 3	23 C. GARDNER (LUTON).....16.28	<i>M15</i> 23	43 J. VAN HEININGEN (DACORUM).....17.33	<i>M15</i> 43
4 C. ALMAND (WYCOMBE).....15.05	<i>M15</i> 4	24 J. TRESHAM (MILTON K).....16.34	<i>M15</i> 24	44 D. JOHAL (WATFORD).....17.37	<i>M15</i> 44
5 F. AYRE (BEDFORD & C).....15.05	<i>M15</i> 5	25 H. KETTLE (CHILTERN H.).....16.35	<i>M15</i> 25	45 C. RICHARDSON (AYLESBURY).....17.39	<i>M15</i> 45
6 T. ANGELL (BEDFORD & C).....15.22	<i>M15</i> 6	26 J. ALDERSON (CHILTERN H.).....16.35	<i>M15</i> 26	46 E. FORSYTHE (MILTON K).....17.43	<i>M15</i> 46
7 D. HYNES (MILTON K).....15.27	<i>M15</i> 7	27 D. HARFORD (MILTON K).....16.37	<i>M15</i> 27	47 G. KELLING (BANBURY).....17.47	<i>M15</i> 47
8 D. PEACHEY (BEDFORD & C).....15.32	<i>M15</i> 8	28 J. COX (MILTON K).....16.38	<i>M15</i> 28	48 M. RENPHREY (DACORUM).....17.50	<i>M15</i> 48
9 T. RAYNER (WATFORD).....15.35	<i>M15</i> 9	29 J. DAVIES (WINDSOR).....16.41	<i>M15</i> 29	49 Z. RYCROFT (SILSON).....18.06	<i>M15</i> 49
10 D. WEATHERS (WYCOMBE).....15.39	<i>M15</i> 10	30 S. MILLS (CHILTERN H.).....16.42	<i>M15</i> 30	50 A. DOHERTY (STAL).....18.08	<i>M15</i> 50
11 A. SUTTON (PURPLE PATCH).....15.43	<i>M15</i> 11	31 J. ROGERS (BEDFORD & C).....16.43	<i>M15</i> 31	51 J. KARMOUN (HARROW).....18.25	<i>M15</i> 51
12 R. WARD (BEDFORD & C).....15.45	<i>M15</i> 12	32 T. DORE (DACORUM).....16.48	<i>M15</i> 32	52 S. TAYLOR (WYCOMBE).....18.41	<i>M15</i> 52
13 R. SLADE (CHILTERN H.).....15.46	<i>M15</i> 13	33 A. KINGMAN (WYCOMBE).....16.48	<i>M15</i> 33	53 B. JOHAL (WATFORD).....19.18	<i>M15</i> 53
14 I. WRIGHT (BEDFORD & C).....15.50	<i>M15</i> 14	34 R. ROWLANDS (DACORUM).....16.49	<i>M15</i> 34	54 A. READ (BRACKNELL).....19.22	<i>M15</i> 54
15 W. BROWN (CHILTERN H.).....15.54	<i>M15</i> 15	35 C. MARLEY (MILTON K).....16.49	<i>M15</i> 35	55 L. GREGORY (STEVENAGE).....19.44	<i>M15</i> 55
16 C. MULLINS (BEDFORD & C).....15.59	<i>M15</i> 16	36 M. MCGEARY (HARROW).....16.50	<i>M15</i> 36	56 L. TYE (MILTON K).....20.01	<i>M15</i> 56
17 B. CLARKE (ST. ALBANS STR).....16.01	<i>M15</i> 17	37 A. MASON (STEVENAGE).....16.53	<i>M15</i> 37	57 D. STANTON (BEDFORD & C).....20.06	<i>M15</i> 57
18 J. GODDARD (WINDSOR).....16.03	<i>M15</i> 18	38 J. COSTELLO (WATFORD).....17.11	<i>M15</i> 38	58 M. KINGMAN (WYCOMBE).....20.58	<i>M15</i> 58
19 L. KING (LUTON).....16.06	<i>M15</i> 19	39 T. KONTOS (CHILTERN H.).....17.13	<i>M15</i> 39	59 C. MCCREARY (AMPHILL & F).....22.23	<i>M15</i> 59
20 S. BARTON (BIGGLESWADE).....16.06	<i>M15</i> 20	40 L. SEYMOUR (WYCOMBE).....17.15	<i>M15</i> 40	60 J. HUMPHRIES (MAIDENHEAD)......00	<i>M15</i> 60







---

**Total Overall Score**

1	BEDFORD & COUNTY	3899	2818	1081
2	MARSHALL MILTON KEYNES	3598	2640	958
3	CHILTERN HARRIERS	3131	2183	948
4	ST. ALBANS STRIDERS	2919	1931	988
5	HARROW A.C.	2669	2213	456
6	SILSON JOGGERS	2421	1953	468
7	LEIGHTON BUZZARD	2388	1840	548
8	WINDSOR SE&H	2357	1427	930
9	VALE OF AYLESBURY	2185	1661	524
10	HEADINGTON R.R.	2133	1719	414
11	OXFORD CITY	1992	1403	589
12	GADE VALLEY	1903	1513	390
13	LUTON A.C.	1889	1145	744
14	DACORUM & TRING	1794	1304	490
15	WYCOMBE PHOENIX	1739	1338	401
16	WATFORD	1671	1483	188
17	QUEENS PARK H.	1663	1554	109
18	TRING RUNNING CLUB	1643	1271	372
19	LEIGHTON BUZZ TRIATHLON	1178	1112	66
20	BEARBROOK RUNNING CLUB	1159	871	288
21	BANBURY	1126	895	231
22	PURPLE PATCH RUNNERS	1015	726	289
23	BRACKNELL	914	409	505
24	THAME RUNNERS	794	571	223
25	HIGHAM HARRIERS	773	581	192
26	MAIDENHEAD	760	291	469
27	STEVENAGE & NH	748	477	271
28	BIGGLESWADE	404	377	27
29	HANDY CROSS	392	314	78
30	AMPTHILL & FLITWICK	201	164	37

---

**Male Overall Score**

1	BEDFORD & COUNTY	2818	2328	99	173	218
2	MARSHALL MILTON KEYNES	2640	2217	85	131	207
3	HARROW A.C.	2213	1967	42	35	169
4	CHILTERN HARRIERS	2183	1708	70	154	251
5	SILSON JOGGERS	1953	1872		12	69
6	ST. ALBANS STRIDERS	1931	1598	36	55	242
7	LEIGHTON BUZZARD	1840	1801	39		
8	HEADINGTON R.R.	1719	1719			
9	VALE OF AYLESBURY	1661	1435		36	190
10	QUEENS PARK H.	1554	1554			
11	GADE VALLEY	1513	1513			
12	WATFORD	1483	1373	7	92	11
13	WINDSOR SE&H	1427	1063		114	250
14	OXFORD CITY	1403	1403			
15	WYCOMBE PHOENIX	1338	966	49	136	187
16	DACORUM & TRING	1304	1074		74	156
17	TRING RUNNING CLUB	1271	1271			
18	LUTON A.C.	1145	854	12	80	199
19	LEIGHTON BUZZ TRIATHLON	1112	1074	14		24
20	BANBURY	895	881		14	
21	BEARBROOK RUNNING CLUB	871	871			
22	PURPLE PATCH RUNNERS	726	676		50	
23	HIGHAM HARRIERS	581	581			
24	THAME RUNNERS	571	571			
25	STEVENAGE & NH	477	358	22	30	67
26	BRACKNELL	409	157	30	7	215
27	BIGGLESWADE	377	295	5	41	36
28	HANDY CROSS	314	314			
29	MAIDENHEAD	291	290		1	
30	AMPTHILL & FLITWICK	164	131		2	31

---

**Female Overall Score**

1	BEDFORD & COUNTY	1081	555	80	182	264
2	ST. ALBANS STRIDERS	988	518	49	153	268
3	MARSHALL MILTON KEYNES	958	506	68	169	215
4	CHILTERN HARRIERS	948	385	91	188	284
5	WINDSOR SE&H	930	477	44	171	238
6	LUTON A.C.	744	528	5		211
7	OXFORD CITY	589	214	97	53	225
8	LEIGHTON BUZZARD	548	405		54	89
9	VALE OF AYLESBURY	524	433		71	20
10	BRACKNELL	505		36	187	282
11	DACORUM & TRING	490	380		52	58
12	MAIDENHEAD	469	272	4	61	132
13	SILSON JOGGERS	468	293		43	132
14	HARROW A.C.	456	102	56	126	172
15	HEADINGTON R.R.	414	414			
16	WYCOMBE PHOENIX	401		51	100	250
17	GADE VALLEY	390	390			
18	TRING RUNNING CLUB	372	372			
19	PURPLE PATCH RUNNERS	289	289			
20	BEARBROOK RUNNING CLUB	288	288			
21	STEVENAGE & NH	271		33	78	160
22	BANBURY	231	231			
23	THAME RUNNERS	223	223			
24	HIGHAM HARRIERS	192	192			
25	WATFORD	188	45	12	17	114
26	QUEENS PARK H.	109	109			
27	HANDY CROSS	78	78			
28	LEIGHTON BUZZ TRIATHLON	66	66			
29	AMPTHILL & FLITWICK	37	23			14
30	BIGGLESWADE	27			27	

---