

# Apex Sports Chiltern League Division Two 2007/2008 Round 4

Held at Slough (Upton Court Park) on 12 January 2008

## Senior/Junior/Veteran Men

1	D. POULTON (STEVENAGE).....	29.26	M	1	37	S. MANNERING (MAIDENHEAD).....	33.56	M	20	74	S. ALLEN (BEARBROOK).....	37.38	M40	24
2	M. HOSCOT (MAIDENHEAD).....	29.39	M	2	38	J. HURLEY (LEIGHTON B).....	34.03	M40	13	75	G. SMITH (BANBURY).....	38.05	M60	2
3	T. WRIGHT (BANBURY).....	30.02	M	3	39	I. ROBERTS (LEIGHTON B).....	34.06	M40	14	76	J. IRWIN (BURNHAM J.).....	38.12	M50	13
4	M. HOLLANDS (MAIDENHEAD).....	30.08	M40	1	40	P. BRADLEY (MAIDENHEAD).....	34.13	M50	2	77	P. BARK (MAIDENHEAD).....	38.18	M40	25
5	A. SEARLE (STEVENAGE).....	30.14	M	4	41	J. REDSHAW (ST. ALBANS).....	34.24	M	21	78	W. WESSLEY (BURNHAM J.).....	38.49	M60	3
6	S. O'CONNOR (WYCOMBE).....	30.15	M20	1	42	J. TARRANT (MAIDENHEAD).....	34.26	M50	3	79	G. KILLEN (MAIDENHEAD).....	38.53	M50	14
7	S. PRITCHARD (BANBURY).....	30.23	M	5	43	J. SINCLAIR (Q.P.H.).....	34.34	M	22	80	P. KEEBLE (STEVENAGE).....	38.55	M40	26
8	B. CORFIELD (LEIGHTON B).....	30.36	M20	2	44	A. ANGUS (Q.P.H.).....	34.35	M40	15	81	S. PIKE (STEVENAGE).....	39.00	M40	27
9	R. COLES (GADE VALLEY).....	30.49	M	6	45	R. BROWN (TRING).....	34.38	M50	4	82	S. GRAHAM (THAME).....	39.07	M50	15
10	S. ALLISON (MAIDENHEAD).....	30.50	M40	2	46	D. RANDALL (WYCOMBE).....	34.40	M40	16	83	D. BRESSINGTON (MAID).....	39.09	M40	28
11	M. MCKECHNIE (STEVENAGE).....	31.12	M20	3	47	P. CAIRNIE (BEARBROOK).....	34.46	M40	17	84	S. PICKETT (STEVENAGE).....	39.12	M40	29
12	B. GREENE (Q.P.H.).....	31.20	M	7	48	M. ALEXANDER (GADE VALLEY).....	34.47	M40	18	85	M. DAVIS (BEARBROOK).....	39.15	M	33
13	D. CROSSLAND (MAIDENHEAD).....	31.26	M40	3	49	J. POWELL (BEARBROOK).....	34.48	M	23	86	M. COATES (BURNHAM J.).....	39.46	M60	4
14	S. POULTON (STEVENAGE).....	31.38	M20	4	50	I. ROBINSON (BANBURY).....	35.00	M	24	87	N. BENNETT (MAIDENHEAD).....	39.53	M40	30
15	G. WOOLLETT (GADE VALLEY).....	31.38	M	8	51	R. LAVERS (THAME).....	35.02	M50	5	88	T. LOYD (RADLEY).....	39.58	M50	16
16	R. LANGLEY (TRING).....	31.57	M	9	52	J. COOMBS (MAIDENHEAD).....	35.06	M	25	89	M. TRAVERS (GADE VALLEY).....	40.04	M40	31
17	A. BYERLEY (THAME).....	32.04	M	10	53	N. CLAY (LEIGHTON B).....	35.12	M40	19	90	P. NEILAN (LEIGHTON B).....	40.06	M60	5
18	P. SUMMERS (BURNHAM J.).....	32.05	M40	4	54	T. LARK (TRING).....	35.20	M40	20	91	G. TAYLOR (BEARBROOK).....	40.15	M40	32
19	O. BYRNE (BEARBROOK).....	32.14	M40	5	55	R. SLATER (THAME).....	35.21	M	26	92	D. READMAN (THAME).....	40.20	M	34
20	J. RACKHAM (STEVENAGE).....	32.16	M40	6	56	D. JOHNSON (BURNHAM J.).....	35.26	M	27	93	A. AIREY (THAME).....	40.22	M60	6
21	D. STOWKER (STEVENAGE).....	32.26	M40	7	57	K. SCUDAMORE (BURNHAM J.).....	35.41	M60	1	94	A. NEWING (GADE VALLEY).....	40.25	M40	33
22	A. WHELAN (TRING).....	32.28	M40	8	58	S. CHARLESTON (BEARBROOK).....	35.55	M50	6	95	R. COLEMAN (BURNHAM J.).....	40.31	M50	17
23	K. DYER (BEARBROOK).....	32.35	M40	9	59	T. CHINN (BURNHAM J.).....	36.04	M	28	96	J. BINKS (BEARBROOK).....	40.50	M60	7
24	A. WRIGHT (BEARBROOK).....	32.35	M	11	60	S. WICKHAM (BEARBROOK).....	36.12	M50	7	97	A. BARTLETT (BANBURY).....	41.11	M50	18
25	J. MIDDLETON (MAIDENHEAD).....	32.42	M	12	61	F. NOLAN (Q.P.H.).....	36.25	M50	8	98	R. DAVIES (Q.P.H.).....	41.20	M40	34
26	A. INCHLEY (LEIGHTON B).....	32.46	M	13	62	M. BRYANT (LEIGHTON B).....	36.35	M	29	99	A. SMITH (Q.P.H.).....	41.26	M	35
27	L. HARRIS (BURNHAM J.).....	32.57	M	14	63	B. BAKER (WYCOMBE).....	36.38	M20	5	100	S. STASICK (BURNHAM J.).....	41.35	M50	19
28	C. BRIMACOMBE (GADE).....	33.00	M	15	64	C. MCCRABBE (MAIDENHEAD).....	36.41	M	30	101	D. WATERMAN (MAIDENHEAD).....	41.37	M60	8
29	A. GRAY (THAME).....	33.06	M	16	65	C. COHEN (TRING).....	36.44	M50	9	102	W. SMITH (MAIDENHEAD).....	41.53	M50	20
30	I. LEE (BANBURY).....	33.14	M	17	66	D. STEEDMAN (BEARBROOK).....	36.54	M40	21	103	C. BENNETT (BURNHAM J.).....	42.11	M40	35
31	M. BOXALL (BEARBROOK).....	33.16	M	18	67	P. EAMES (STEVENAGE).....	37.13	M40	22	104	S. BRIGHT (GADE VALLEY).....	42.17	M40	36
32	P. WALKER (BURNHAM J.).....	33.29	M40	10	68	N. PATTERSON (MAIDENHEAD).....	37.15	M50	10	105	R. LACH (BURNHAM J.).....	42.33	M40	37
33	A. TWISSELL (BEARBROOK).....	33.35	M	19	69	M. BROOKE (BEARBROOK).....	37.19	M	31	106	P. HEARN (BEARBROOK).....	42.38	M40	38
34	B. HODGES (BEARBROOK).....	33.37	M50	1	70	F. WATT (LEIGHTON B).....	37.31	M50	11	107	A. BUTLER (BEARBROOK).....	42.48	M40	39
35	B. HAWES (GADE VALLEY).....	33.45	M40	11	71	K. MCCORD (BURNHAM J.).....	37.36	M40	23	108	P. RANCE (BEARBROOK).....	44.07	M50	21
36	C. ROSE (BURNHAM J.).....	33.48	M40	12	72	P. COY (BANBURY).....	37.42	M50	12	109	N. LACEY (TRING).....	44.22	M50	22
					73	S. BOYD (GADE VALLEY).....	37.57	M	32	110	D. BENJAMIN (Q.P.H.).....	56.36	M50	23

## TEAM RESULT

1	MAIDENHEAD	715	2	4	10	13	25	37	40	42
2	STEVENAGE & NH	669	1	5	11	14	20	21	67	80
3	BEARBROOK JOGGERS	628	19	23	24	31	33	34	47	49
4	BURNHAM JOGGERS	532	18	27	32	36	56	57	59	71
5	LEIGHTON BUZZARD	502	8	26	38	39	53	62	70	90
6	GADE VALLEY	497	9	15	28	35	48	73	89	94
7	BANBURY	443	3	7	30	50	72	75	97	
8	THAME RUNNERS	358	17	29	51	55	82	92	93	
9	TRING RUNNING CLUB	355	16	22	45	54	65	109		
10	QUEENS PARK H.	310	12	43	44	61	98	99	110	
11	WYCOMBE PHOENIX	218	6	46	63					
12	ST. ALBANS A.C.	70	41							
13	RADLEY A.C.	23	88							

## DIVISION RESULT

1	MAIDENHEAD	2343	660	499	469	715
2	BEARBROOK JOGGERS	2171	623	498	422	628
3	STEVENAGE & NH	1942	446	476	351	669
4	LEIGHTON BUZZARD	1839	599	405	333	502
5	TRING RUNNING CLUB	1668	381	519	413	355
6	BANBURY	1505	427	408	227	443
7	GADE VALLEY	1414	477	294	146	497
8	THAME RUNNERS	1161	216	287	300	358
9	WYCOMBE PHOENIX	1087	404	324	141	218
10	QUEENS PARK H.	1070	318	219	223	310
11	BURNHAM JOGGERS	663	103	28		532
12	BIGGLESWADE	637	337	104	196	
13	ST. ALBANS A.C.	118			48	70
14	RADLEY A.C.	75	26		26	23
15	BUCKINGHAM & STOWE	21	21			

## Veteran Mens Race

1	MAIDENHEAD	377	4	10	13	40
2	BEARBROOK JOGGERS	321	19	23	34	47
3	BURNHAM JOGGERS	301	18	32	36	57
4	TRING RUNNING CLUB	258	22	45	54	65
5	STEVENAGE & NH	256	20	21	67	80
6	LEIGHTON BUZZARD	244	38	39	53	70
7	GADE VALLEY	178	35	48	89	94
8	QUEENS PARK H.	131	44	61	98	110
9	THAME RUNNERS	107	51	82	93	
10	BANBURY	89	72	75	97	
11	WYCOMBE PHOENIX	65	46			
12	RADLEY A.C.	23	88			

## DIVISION RESULT

1	MAIDENHEAD	1192	337	254	224	377
2	BEARBROOK JOGGERS	1181	334	298	228	321
3	TRING RUNNING CLUB	995	207	300	230	258
4	LEIGHTON BUZZARD	719	197	192	86	244
5	STEVENAGE & NH	558	45	134	123	256
6	GADE VALLEY	529	198	107	46	178
7	THAME RUNNERS	462	120	105	130	107
8	BURNHAM JOGGERS	432	103	28		301
9	QUEENS PARK H.	424	142	44	107	131
10	BANBURY	399	118	128	64	89
11	BIGGLESWADE	352	213	50	89	
12	WYCOMBE PHOENIX	248	71	112		65
13	RADLEY A.C.	75	26		26	23
14	BUCKINGHAM & STOWE	21	21			

## Under 17 Men

1	W. LANGLEY (WYCOMBE).....	18.46	M17	1	6	C. MCKECHNIE (STEVENAGE).....	20.57	M17	6	11	J. GODFREY (RADLEY).....	25.13	M17	11
2	J. MOSS (STEVENAGE).....	19.23	M17	2	7	P. MANNING (RADLEY).....	21.05	M17	7	12	M. LEWIS (BUCKINGHAM).....	25.48	M17	12
3	I. NAHOOR (WYCOMBE).....	19.42	M17	3	8	A. REYNOLDS (STEVENAGE).....	22.32	M17	8	13	N. UGLAND (BUCKINGHAM).....	26.16	M17	13
4	M. BOOTH (WYCOMBE).....	19.57	M17	4	9	T. OSBORNE (BUCKINGHAM).....	23.32	M17	9	14	A. BODIAN (BUCKINGHAM).....	26.16	M17	14
5	S. SILVIA (WYCOMBE).....	20.36	M17	5	10	H. HARRISON (BUCKINGHAM).....	24.50	M17	10	15	A. CONSETT (BUCKINGHAM).....	26.39	M17	15

## TEAM RESULT

1	WYCOMBE PHOENIX	40	1	3	4
2	STEVENAGE & NH	32	2	6	8
3	BUCKINGHAM & STOWE	17	9	10	12
4	RADLEY A.C.	14	7	11	

## DIVISION RESULT

1	WYCOMBE PHOENIX	131	43	31	17	40
2	STEVENAGE & NH	94	34	17	11	32
3	RADLEY A.C.	66	12	25	15	14
4	BUCKINGHAM & STOWE	36	19			17
5	ST. ALBANS A.C.	10	5	5		
6	QUEENS PARK H.	8	6	2		
7	LEIGHTON BUZZARD	5		3	2	

## Under 15 Boys

1	G. MILLER (RADLEY).....	12.52	M15	1	6	K. AL ABANDY (ST. ALBANS).....	13.59	M15	6	12	D. PICKETT (STEVENAGE).....	14.50	M15	12
2	S. FERGUSON (RADLEY).....	13.22	M15	2	7	A. IMRE (WYCOMBE).....	14.14	M15	7	13	D. O'CONNELL (STEVENAGE).....	14.56	M15	13
3	L. LANGLEY (STEVENAGE).....	13.50	M15	3	8	E. O'HARA (RADLEY).....	14.20	M15	8	14	W. HERRIDGE (STEVENAGE).....	15.05	M15	14
4	E. POULLEIN (ST. ALBANS).....	13.55	M15	4	9	S. PULLEY (WYCOMBE).....	14.36	M15	9	15	W. HOLLENS (ST. ALBANS).....	15.07	M15	15
5	L. KEEBLE (STEVENAGE).....	13.57	M15	5	10	J. NASH (LEIGHTON B).....	14.48	M15	10	16	T. CLAESSANS (WYCOMBE).....	15.19	M15	16
					11	P. SPICER (STEVENAGE).....	14.49	M15	11	17	C. SLADE (WYCOMBE).....	15.24	M15	17

## TEAM RESULT

1	RADLEY A.C.	43	1	2	8
2	STEVENAGE & NH	35	3	5	11
3	ST. ALBANS A.C.	29	4	6	15
4	WYCOMBE PHOENIX	22	7	9	16
5	LEIGHTON BUZZARD	8	10		

## DIVISION RESULT

1	RADLEY A.C.	162	33	36	50	43
2	STEVENAGE & NH	156	36	41	44	35
3	WYCOMBE PHOENIX	133	35	36	40	22
4	ST. ALBANS A.C.	116	37	29	21	29
5	LEIGHTON BUZZARD	32		11	13	8
6	BIGGLESWADE	15	2		13	
7						

**Under 13 Boys**

1 J. MCMURRAY (ST. ALBANS).....9.38 M13 1	5 A. WHEATCROFT (ST. ALBANS).....11.35 M13 5	9 J. SMITH (ST. ALBANS)..... 11.46 M13 9
2 O. POULAIN (ST. ALBANS).....10.04 M13 2	6 K. ENGLAND-ARCHIBALD (WYC).....11.37 M13 6	10 R. POSTINGS (WYCOMBE)..... 11.46 M13 10
3 R. SUTHERLAND (WYCOMBE).....10.20 M13 3	7 S. PRICE (WYCOMBE).....11.37 M13 7	11 S. ILOTT (MAIDENHEAD)..... 12.26 M13 11
4 C. MCCORMICK (SHAFTESBURY) 10.59 M13 4	8 G. WILLIAMS (ST. ALBANS).....11.40 M13 8	12 J. CLAY (LEIGHTON B)..... 12.26 M13 12

**TEAM RESULT**

1 ST. ALBANS A.C.	31	1	2	5
2 WYCOMBE PHOENIX	23	3	6	7
3 SHAFTESBURY BARNET	9	4		
4 MAIDENHEAD	2	11		
5 LEIGHTON BUZZARD	1	12		

**DIVISION RESULT**

1 ST. ALBANS A.C.	121	35	28	27	31
2 WYCOMBE PHOENIX	90	27	17	23	23
3 BIGGLESWADE	28	10	8	10	
4 SHAFTESBURY BARNET	13			4	9
5 STEVENAGE & NH	5			5	
6 MAIDENHEAD	2				2
7 LEIGHTON BUZZARD	1				1

**Senior/Veteran Ladies**

1 L. HARTNEY (READING RR).....21.04 F35 1	14 C. MCDONNELL (GADE VALLEY).....24.51 F35 6	27 M. BONTRHONE (TRING).....27.39 F45 11
2 M. STEDMAN (READING RR).....21.53 F45 1	15 J. STRINGER (BURNHAM J.).....24.53 F35 7	28 N. ANDREWS (STEVENAGE).....28.29 F 9
3 T. MEADOWS (BURNHAM J.).....22.17 F35 2	16 B. ORTH (THAME).....24.55 F45 4	29 L. SHAW (BURNHAM J.).....28.41 F 10
4 S. BLACKETT (MAIDENHEAD).....22.23 F 1	17 K. BARNETT (TRING).....25.51 F 6	30 P. COOK (GADE VALLEY).....28.48 F35 9
5 E. BARNES (READING RR).....22.33 F 2	18 S. RIDGWAY (BEARBROOK).....25.58 F45 5	31 E. COOMBS (MAIDENHEAD).....28.56 F 11
6 S. JAMES (MAIDENHEAD).....22.38 F 3	19 D. CHANNER (BEARBROOK).....25.59 F35 8	32 J. ROGERS (THAME).....30.03 F35 10
7 S. HOLT (READING RR).....23.07 F35 3	20 V. CRAWLEY (GADE VALLEY).....26.04 F 7	33 S. MOGAN (GADE VALLEY).....30.17 F35 11
8 M. BARTLETT (BANBURY).....23.12 F35 4	21 L. ANNETTS (BURNHAM J.).....26.11 F45 6	34 D. BIGNELL (BEARBROOK).....30.38 F 12
9 C. DONALD (MAIDENHEAD).....23.17 F45 2	22 A. ALLEN (BURNHAM J.).....26.19 F45 7	35 J. ESKERDALE (GADE VALLEY).....30.46 F45 12
10 M. DUBLON (BEARBROOK).....23.45 F 4	23 L. HUXLEY (BEARBROOK).....26.22 F45 8	36 S. SMITH (BANBURY).....30.52 F55 1
11 S. HEATH (SHAFTESBURY).....23.46 F45 3	24 L. OLIVER (MAIDENHEAD).....26.33 F 8	37 K. SHAW (BURNHAM J.).....30.55 F 13
12 C. RELF (READING RR).....24.32 F 5	25 R. EDMONDSON (READING RR).....26.42 F45 9	38 A. PRICE (LEIGHTON B).....34.49 F 14
13 H. MULHALL (BEARBROOK).....24.48 F35 5	26 S. MCEWAN (MAIDENHEAD).....26.49 F45 10	39 NO. 780 (BURNHAM J.)......00 F 15

**TEAM RESULT**

1 READING ROADRUNNERS	145	1	2	5	7
2 MAIDENHEAD	117	4	6	9	24
3 BEARBROOK JOGGERS	100	10	13	18	19
4 BURNHAM JOGGERS	99	3	15	21	22
5 GADE VALLEY	63	14	20	30	33
6 TRING RUNNING CLUB	36	17	27		
7 BANBURY	36	8	36		
8 THAME RUNNERS	32	16	32		
9 SHAFTESBURY BARNET	29	11			
10 STEVENAGE & NH	12	28			
11 LEIGHTON BUZZARD	2	38			

**DIVISION RESULT**

1 READING ROADRUNNERS	645	161	189	150	145
2 MAIDENHEAD	449	142	95	95	117
3 BEARBROOK JOGGERS	418	118	111	89	100
4 BURNHAM JOGGERS	362	65	120	78	99
5 TRING RUNNING CLUB	332	118	122	56	36
6 GADE VALLEY	316	62	101	90	63
7 BANBURY	261	49	140	36	36
8 STEVENAGE & NH	175	88	63	12	12
9 THAME RUNNERS	160	35	66	27	32
10 SHAFTESBURY BARNET	132		71	32	29
11 BIGGLESWADE	75	37		38	
12 LEIGHTON BUZZARD	65	40	9	14	2
13 QUEENS PARK H.	14	14			

**Veteran Ladies Race**

1 READING ROADRUNNERS	125	1	2	7	25
2 BURNHAM JOGGERS	99	3	15	21	22
3 BEARBROOK JOGGERS	87	13	18	19	23
4 GADE VALLEY	48	14	30	33	35
5 MAIDENHEAD	45	9	26		
6 BANBURY	36	8	36		
7 THAME RUNNERS	32	16	32		
8 SHAFTESBURY BARNET	29	11			
9 TRING RUNNING CLUB	13	27			

**DIVISION RESULT**

1 READING ROADRUNNERS	584	122	187	150	125
2 BURNHAM JOGGERS	362	65	120	78	99
3 BEARBROOK JOGGERS	339	118	65	69	87
4 TRING RUNNING CLUB	263	94	107	49	13
5 BANBURY	246	34	140	36	36
6 GADE VALLEY	166	31	52	35	48
7 THAME RUNNERS	160	35	66	27	32
8 MAIDENHEAD	143	67	16	15	45
9 SHAFTESBURY BARNET	97		36	32	29
10 QUEENS PARK H.	14	14			
11 STEVENAGE & NH	9		9		
12 LEIGHTON BUZZARD	1		1		

**Junior/U17 Ladies**

1 R. NEWSTEAD (STEVENAGE).....18.06 F20 1	5 V. LITTLE (STEVENAGE).....19.21 F17 4	10 L. GROSSICK (BUCKINGHAM).....21.00 F17 6
2 F. BRYANT (SHAFTESBURY).....18.48 F17 1	6 L. ROGERS (WYCOMBE).....19.23 F20 2	11 M. SCHEUBER (STEVENAGE).....21.35 F20 5
3 M. MARSH (SHAFTESBURY).....19.15 F17 2	7 J. FORDE (STEVENAGE).....19.25 F20 3	12 L. EDEN (BUCKINGHAM).....21.48 F17 7
4 A. KEANE (SHAFTESBURY).....19.16 F17 3	8 N. LITTLE (STEVENAGE).....19.26 F17 5	13 V. WELLS (BANBURY).....23.31 F20 6
	9 P. RYAN (SHAFTESBURY).....19.44 F20 4	14 E. KASCHE (BUCKINGHAM).....26.07 F17 8

**TEAM RESULT**

1 SHAFTESBURY BARNET	36	2	3	4
2 STEVENAGE & NH	32	1	5	7
3 WYCOMBE PHOENIX	9	6		
4 BUCKINGHAM & STOWE	9	10	12	14
5 BANBURY	2	13		

**DIVISION RESULT**

1 SHAFTESBURY BARNET	150	41	34	39	36
2 STEVENAGE & NH	149	48	39	30	32
3 WYCOMBE PHOENIX	102	35	32	26	9
4 BUCKINGHAM & STOWE	9				9
5 THAME RUNNERS	8		8		
6 BANBURY	6	1	1	2	2

**Under 15 Girls**

1 S. CONNOR (SHAFTESBURY).....9.54 F15 1	7 C. WARD (STEVENAGE).....11.06 F15 7	13 S. PIKE (STEVENAGE).....11.44 F15 13
2 P. WOOLVEN (WYCOMBE).....10.11 F15 2	8 L. FARRAR (ST. ALBANS).....11.12 F15 8	14 G. DUNFORD (SHAFTESBURY).....12.28 F15 14
3 I. HILLIER (WYCOMBE).....10.47 F15 3	9 Y. WING-SMART (SB).....11.25 F15 9	15 E. HUXLEY (ST. ALBANS).....12.38 F15 15
4 C. STEWART (SHAFTESBURY).....10.50 F15 4	10 J. WETTENHALL (WYCOMBE).....11.25 F15 10	16 K. MEADOWS (STEVENAGE).....13.06 F15 16
5 L. GRAHAM (SHAFTESBURY).....10.53 F15 5	11 F. MCCORMICK (SHAFTESBURY).....11.35 F15 11	17 A. SANDERSON (SHAFTESBURY).....13.21 F15 17
6 C. VERNON-HAMILTON (S&NH).....10.56 F15 6	12 M. PATEL (ST. ALBANS).....11.42 F15 12	18 B. HILLS (STEVENAGE).....13.25 F15 18

**TEAM RESULT**

1 SHAFTESBURY BARNET	47	1	4	5
2 WYCOMBE PHOENIX	42	2	3	10
3 STEVENAGE & NH	31	6	7	13
4 ST. ALBANS A.C.	22	8	12	15

**DIVISION RESULT**

1 SHAFTESBURY BARNET	201	58	51	45	47
2 WYCOMBE PHOENIX	173	50	43	38	42
3 STEVENAGE & NH	158	33	48	46	31
4 ST. ALBANS A.C.	143	46	39	36	22
5 TRING RUNNING CLUB	17		11	6	

**Under 13 Girls**

1 K. MIMMS (SHAFTESBURY).....8.54 F13 1	7 R. GRAHAM (SHAFTESBURY).....9.35 F13 7	14 S. MESSANT (ST. ALBANS).....10.24 F13 14
2 A. MACKENZIE (ST. ALBANS).....9.10 F13 2	8 I. THOMPSON (ST. ALBANS).....9.44 F13 8	15 M. ROBERTSON (WYCOMBE).....10.41 F13 15
3 D. NEWMAN (SHAFTESBURY).....9.10 F13 3	9 N. HODSON (ST. ALBANS).....9.47 F13 9	16 L. WESTON (SHAFTESBURY).....10.47 F13 16
4 F. LENTON (SHAFTESBURY).....9.13 F13 4	10 A. GATES (STEVENAGE).....9.50 F13 10	17 B. POUTNEY (WYCOMBE).....10.48 F13 17
5 M. STEER (ST. ALBANS).....9.15 F13 5	11 E. GALVIN (WYCOMBE).....10.03 F13 11	18 N. SHAH (SHAFTESBURY).....11.03 F13 18
6 Y. YEW SMART (SB).....9.23 F13 6	12 A. LAGNADO (SHAFTESBURY).....10.12 F13 12	19 K. HALL (ST. ALBANS).....11.04 F13 19
	13 H. HULL (ST. ALBANS).....10.21 F13 13	20 R. SEGLAH (ST. ALBANS).....11.08 F13 20

**TEAM RESULT**

1 SHAFTESBURY BARNET	55	1	3	4
2 ST. ALBANS A.C.	48	2	5	8
3 WYCOMBE PHOENIX	20	11	15	17
4 STEVENAGE & NH	11	10		

**DIVISION RESULT**

1 ST. ALBANS A.C.	195	61	38	48	48
2 SHAFTESBURY BARNET	194	62	32	45	55
3 WYCOMBE PHOENIX	83	31	16	16	20
4 STEVENAGE & NH	70	24	22	13	11
5 BANBURY	61	24	18	19	
6 RADLEY A.C.	23		23		
7 BIGGLESWADE	8				8

<b>Total Overall Score</b>					<b>DIVISION RESULT</b>						
1	MAIDENHEAD	834	717	117	1	MAIDENHEAD	2796	802	595	565	834
2	STEVENAGE & NH	822	736	86	2	STEVENAGE & NH	2749	709	706	512	822
3	BEARBROOK JOGGERS	728	628	100	3	BEARBROOK JOGGERS	2589	741	609	511	728
4	BURNHAM JOGGERS	631	532	99	4	TRING RUNNING CLUB	2017	499	652	475	391
5	GADE VALLEY	560	497	63	5	LEIGHTON BUZZARD	1942	639	428	362	513
6	LEIGHTON BUZZARD	513	511	2	6	BANBURY	1833	501	567	284	481
7	BANBURY	481	443	38	7	WYCOMBE PHOENIX	1799	625	499	301	374
8	TRING RUNNING CLUB	391	355	36	8	GADE VALLEY	1730	539	395	236	560
9	THAME RUNNERS	390	358	32	9	THAME RUNNERS	1329	251	361	327	390
10	WYCOMBE PHOENIX	374	303	71	10	QUEENS PARK H.	1092	338	221	223	310
11	QUEENS PARK H.	310	310		11	BURNHAM JOGGERS	1025	168	148	78	631
12	ST. ALBANS A.C.	200	130	70	12	BIGGLESWADE	763	386	112	265	
13	SHAFTESBURY BARNET	176	9	167	13	ST. ALBANS A.C.	703	184	139	180	200
14	READING ROADRUNNERS	145		145	14	SHAFTESBURY BARNET	690	161	188	165	176
15	RADLEY A.C.	80	80		15	READING ROADRUNNERS	645	161	189	150	145
16	BUCKINGHAM & STOWE	26	17	9	16	RADLEY A.C.	326	71	84	91	80
					17	BUCKINGHAM & STOWE	66	40			26

  

<b>Male Overall Score</b>					<b>DIVISION RESULT</b>								
1	STEVENAGE & NH	736	669	32	35								
2	MAIDENHEAD	717	715			2	STEVENAGE & NH	2197	516	534	411	736	
3	BEARBROOK JOGGERS	628	628			3	BEARBROOK JOGGERS	2171	623	498	422	628	
4	BURNHAM JOGGERS	532	532			4	LEIGHTON BUZZARD	1877	599	419	348	511	
5	LEIGHTON BUZZARD	511	502		8	1	TRING RUNNING CLUB	1668	381	519	413	355	
6	GADE VALLEY	497	497			6	BANBURY	1505	427	408	227	443	
7	BANBURY	443	443			7	WYCOMBE PHOENIX	1441	509	408	221	303	
8	THAME RUNNERS	358	358			8	GADE VALLEY	1414	477	294	146	497	
9	TRING RUNNING CLUB	355	355			9	THAME RUNNERS	1161	216	287	300	358	
10	QUEENS PARK H.	310	310			10	QUEENS PARK H.	1078	324	221	223	310	
11	WYCOMBE PHOENIX	303	218	40	22	23	BIGGLESWADE	680	349	112	219		
12	ST. ALBANS A.C.	130	70	29	29	31	BURNHAM JOGGERS	663	103	28		532	
13	RADLEY A.C.	80	23	14	43		12	ST. ALBANS A.C.	365	77	62	96	130
14	BUCKINGHAM & STOWE	17		17			14	RADLEY A.C.	303	71	61	91	80
15	SHAFTESBURY BARNET	9				9	15	BUCKINGHAM & STOWE	57	40			17
							16	SHAFTESBURY BARNET	13			4	9

  

<b>Female Overall Score</b>					<b>DIVISION RESULT</b>								
1	SHAFTESBURY BARNET	167	29	36	47	55	1	SHAFTESBURY BARNET	677	161	188	161	167
2	READING ROADRUNNERS	145	145				2	READING ROADRUNNERS	645	161	189	150	145
3	MAIDENHEAD	117	117				3	STEVENAGE & NH	552	193	172	101	86
4	BEARBROOK JOGGERS	100	100				4	MAIDENHEAD	449	142	95	95	117
5	BURNHAM JOGGERS	99	99				5	BEARBROOK JOGGERS	418	118	111	89	100
6	STEVENAGE & NH	86	12	32	31	11	6	BURNHAM JOGGERS	362	65	120	78	99
7	WYCOMBE PHOENIX	71		9	42	20	7	WYCOMBE PHOENIX	358	116	91	80	71
8	ST. ALBANS A.C.	70			22	48	8	TRING RUNNING CLUB	349	118	133	62	36
9	GADE VALLEY	63	63				9	ST. ALBANS A.C.	338	107	77	84	70
10	BANBURY	38	36	2			10	BANBURY	328	74	159	57	38
11	TRING RUNNING CLUB	36	36				11	GADE VALLEY	316	62	101	90	63
12	THAME RUNNERS	32	32				12	THAME RUNNERS	168	35	74	27	32
13	BUCKINGHAM & STOWE	9		9			13	BIGGLESWADE	83	37		46	
14	LEIGHTON BUZZARD	2	2				14	LEIGHTON BUZZARD	65	40	9	14	2
							15	RADLEY A.C.	23		23		
							16	QUEENS PARK H.	14	14			
							17	BUCKINGHAM & STOWE	9				9

As usual, round 5 will have a special timetable with the senior men's race early to facilitate prompt awards presentation.