

Apex Sports Chiltern League Division Two 2008/2009 Round 1

Held at Watford (Cassiobury Park) on 11 October 2008

Senior/Junior/Veteran Men

1	J. MCGINN (WATFORD).....	30.02	M	1	42	P. WHITE (THAME).....	35.46	M50	4	83	M. SNOWDEN (LEIGHTON B).....	40.53	M	36
2	R. GLASTONBURY (RADLEY).....	30.39	M20	1	43	J. WOODISSE (HANDY CROSS).....	35.46	M	21	84	R. DAVIES (Q.P.H.).....	40.57	M40	33
3	W. LANGLEY (WYCOMBE).....	30.39	M20	2	44	N. CLAY (LEIGHTON B).....	35.54	M40	15	85	D. STRINGFELLOW (WVH).....	41.00	M40	34
4	F. FULCHER (HANDY CROSS).....	30.41	M40	1	45	S. ROUSE (WATFORD).....	35.54	M	22	86	B. LAYTON (TRING).....	41.13	M50	10
5	T. WRIGHT (BANBURY).....	30.59	M	2	46	P. JONES (WYCOMBE).....	36.25	M40	16	87	J. HULL (LEIGHTON B).....	41.19	M	37
6	P. ALLAN (TRING).....	31.59	M40	2	47	J. HURLEY (LEIGHTON B).....	36.25	M40	17	88	D. PERCIVAL (GADE VALLEY).....	41.23	M	38
7	B. GREENE (Q.P.H.).....	32.11	M	3	48	D. DRUMMOND (BANBURY).....	36.32	M40	18	89	R. WHITE (TRING).....	41.29	M50	11
8	R. COLES (GADE VALLEY).....	32.23	M	4	49	D. STEEDMAN (BEARBROOK).....	36.46	M40	19	90	J. WALERYCH (Q.P.H.).....	41.31	M20	5
9	K. HARDING (TRING).....	32.32	M40	3	50	A. KELLY (WATFORD).....	36.51	M	23	91	S. THURKETTLE (BEARBROOK).....	41.34	M40	35
10	M. BOOTH (WYCOMBE).....	32.42	M20	3	51	A. BENJAMIN (HANDY CROSS).....	37.00	M50	5	92	G. SMITH (BEARBROOK).....	41.40	M40	36
11	J. HILLIER (WYCOMBE).....	32.44	M20	4	52	A. ANGUS (Q.P.H.).....	37.01	M40	20	93	J. WRAY (WATFORD).....	42.03	M50	12
12	N. BUNN (TRING).....	32.50	M40	4	53	V. ELLERBY (GADE VALLEY).....	37.07	M40	21	94	B. CRADDEN (BEARBROOK).....	42.07	M60	3
13	J. HISCOX (THAME).....	32.56	M	5	54	A. HARRISON (HANDY CROSS).....	37.07	M	24	95	G. SMITH (WHITE HORSE).....	42.11	M50	13
14	G. SMITH (BEARBROOK).....	33.19	M40	5	55	J. AINSWORTH (Q.P.H.).....	37.12	M40	22	96	A. NEWING (GADE VALLEY).....	43.10	M40	37
15	M. DMITRZAK (Q.P.H.).....	33.25	M	6	56	G. SOUTAR (THAME).....	37.25	M	25	97	M. DAVIS (BEARBROOK).....	43.14	M	39
16	M. ROCHESTER (TRING).....	33.28	M	7	57	G. MAYOH (WATFORD).....	37.27	M40	23	98	T. CHAPMAN (BEARBROOK).....	43.23	M40	38
17	A. WHELAN (TRING).....	33.39	M40	6	58	P. ILLING (WATFORD).....	37.39	M40	24	99	A. AIREY (THAME).....	43.25	M60	4
18	S. ROBERTS (HANDY CROSS).....	33.42	M40	7	59	T. INCHCLIFFE (BANBURY).....	37.43	M	26	100	F. NOLAN (Q.P.H.).....	43.30	M50	14
19	G. WOOLLETT (GADE VALLEY).....	33.45	M	8	60	B. HENDRIE (BANBURY).....	37.44	M60	1	101	S. GRAHAM (THAME).....	43.32	M50	15
20	D. VANNEN (WATFORD).....	33.45	M	9	61	S. BOYD (GADE VALLEY).....	37.45	M40	25	102	C. HAMLET (WATFORD).....	43.33	M60	5
21	R. HOLLAND (WATFORD).....	33.52	M	10	62	A. TWISSELL (BEARBROOK).....	37.45	M40	26	103	A. BARTLETT (BANBURY).....	43.49	M50	16
22	O. BYRNE (BEARBROOK).....	34.05	M40	8	63	J. SARGEANT (GADE VALLEY).....	37.51	M	27	104	D. LUKIC (BEARBROOK).....	44.00	M	40
23	M. BURGESS (TRING).....	34.15	M40	9	64	J. PEERLESS (HANDY CROSS).....	38.03	M50	6	105	N. AMHEISER (HANDY CROSS).....	44.23	M	41
24	M. BRADLEY (WATFORD).....	34.19	M50	1	65	J. POWELL (BEARBROOK).....	38.07	M	28	106	C. POWELL (BEARBROOK).....	44.40	M60	6
25	J. HOBBS (LEIGHTON B).....	34.23	M	11	66	N. WAITE (HANDY CROSS).....	38.09	M40	27	107	C. O'MALLEY (Q.P.H.).....	45.02	M	42
26	N. HARRIS (WATFORD).....	34.25	M	12	67	M. BRYANT (LEIGHTON B).....	38.22	M	29	108	P. WATKINS (LEIGHTON B).....	45.08	M50	17
27	H. PAPWORTH (THAME).....	34.26	M50	2	68	M. EMMETT (THAME).....	38.31	M40	28	109	M. HICKMAN (HANDY CROSS).....	45.26	M60	7
28	A. BYERLEY (THAME).....	34.28	M	13	69	I. ROBINSON (BANBURY).....	38.56	M	30	110	D. CRAWLEY (LEIGHTON B).....	45.43	M50	18
29	S. WILLIAMSON (TRING).....	34.32	M40	10	70	S. WICKHAM (BEARBROOK).....	38.59	M50	7	111	A. SMITH (Q.P.H.).....	45.52	M	43
30	J. COOKE (WHITE HORSE).....	34.35	M	14	71	Z. MCDONOUGH (WATFORD).....	39.08	M	31	112	M. DEAN (HANDY CROSS).....	46.27	M60	8
31	B. GILBERT (HANDY CROSS).....	34.36	M	15	72	S. NEWING (GADE VALLEY).....	39.16	M	32	113	F. ASHFORD (HANDY CROSS).....	46.44	M60	9
32	M. ADCOCK (WATFORD).....	34.50	M40	11	73	P. CLARKE (BEARBROOK).....	39.23	M40	29	114	P. RANCE (BEARBROOK).....	47.38	M50	19
33	R. SLATER (THAME).....	34.59	M	16	74	M. HOLLIS (HANDY CROSS).....	39.33	M50	8	115	A. BRODIE (Q.P.H.).....	47.48	M50	20
34	C. NELSON (LEIGHTON B).....	35.05	M	17	75	F. WATT (LEIGHTON B).....	39.53	M60	2	116	J. ADAM (LEIGHTON B).....	48.04	M60	10
35	A. INCHLEY (LEIGHTON B).....	35.06	M	18	76	S. MILLINGTON (THAME).....	40.03	M	33	117	K. HALLEN (GADE VALLEY).....	48.24	M40	39
36	R. ANSELL (TRING).....	35.21	M40	12	77	M. WILKINS (WATFORD).....	40.16	M	34	118	M. LIVESLEY (ST. ALBANS).....	48.43	M	44
37	S. BARNETT (TRING).....	35.21	M	19	78	M. GRIMSDALE (WATFORD).....	40.20	M50	9	119	N. LACEY (TRING).....	50.04	M50	21
38	R. PALMER (BEARBROOK).....	35.30	M	20	79	S. DANIEL (WATFORD).....	40.21	M40	30	120	M. LANDERS (ST. ALBANS).....	50.24	M	45
39	J. DOOEY (HANDY CROSS).....	35.32	M50	3	80	S. BENJAMIN (THAME).....	40.33	M40	31	121	J. MARTIN (WATFORD).....	51.03	M	46
40	N. SANDERSON (HANDY CROSS).....	35.34	M40	13	81	M. TRAVERS (GADE VALLEY).....	40.36	M40	32	122	J. WALERYCH (Q.P.H.).....	55.56	M50	22
41	D. WALKER (WATFORD).....	35.39	M40	14	82	L. DAWSON (BEARBROOK).....	40.38	M	35	123	D. BENJAMIN (Q.P.H.).....	64.00	M50	23

TEAM RESULT

1	TRING RUNNING CLUB	844	6	9	12	16	17	23	29	36
2	WATFORD	782	1	20	21	24	26	32	41	45
3	HANDY CROSS	712	4	18	31	39	40	43	51	54
4	THAME RUNNERS	649	13	27	28	33	42	56	68	76
5	BEARBROOK JOGGERS	599	14	22	38	49	62	65	70	73
6	LEIGHTON BUZZARD	582	25	34	35	44	47	67	75	83
7	GADE VALLEY	547	8	19	53	61	63	72	81	88
8	QUEENS PARK H.	482	7	15	52	55	84	90	100	107
9	WYCOMBE PHOENIX	426	3	10	11	46				
10	BANBURY	400	5	48	59	60	69	103		
11	WHITE HORSE	162	30	85	95					
12	RADLEY A.C.	122	2							
13	ST. ALBANS A.C.	10	118	120						

DIVISION RESULT

1	TRING RUNNING CLUB	844	844
2	WATFORD	782	782
3	HANDY CROSS	712	712
4	THAME RUNNERS	649	649
5	BEARBROOK JOGGERS	599	599
6	LEIGHTON BUZZARD	582	582
7	GADE VALLEY	547	547
8	QUEENS PARK H.	482	482
9	WYCOMBE PHOENIX	426	426
10	BANBURY	400	400
11	WHITE HORSE	162	162
12	RADLEY A.C.	122	122
13	ST. ALBANS A.C.	10	10

Veteran Mens Race

1	TRING RUNNING CLUB	452	6	9	12	17
2	HANDY CROSS	395	4	18	39	40
3	BEARBROOK JOGGERS	349	14	22	49	62
4	WATFORD	342	24	32	41	57
5	THAME RUNNERS	279	27	42	68	80
6	LEIGHTON BUZZARD	222	44	47	75	108
7	GADE VALLEY	205	53	61	81	96
8	QUEENS PARK H.	205	52	55	84	100
9	BANBURY	161	48	60	103	
10	WYCOMBE PHOENIX	78	46			
11	WHITE HORSE	68	85	95		

DIVISION RESULT

1	TRING RUNNING CLUB	452	452
2	HANDY CROSS	395	395
3	BEARBROOK JOGGERS	349	349
4	WATFORD	342	342
5	THAME RUNNERS	279	279
6	LEIGHTON BUZZARD	222	222
7	QUEENS PARK H.	205	205
8	GADE VALLEY	205	205
9	BANBURY	161	161
10	WYCOMBE PHOENIX	78	78
11	WHITE HORSE	68	68

Under 17 Men

1	G. MILLER (RADLEY).....	22.00	M17	1	4	E. POULAIN (ST. ALBANS).....	22.48	M17	4	8	J. DORMER (WATFORD).....	24.15	M17	8
2	S. FERGUSON (RADLEY).....	22.14	M17	2	5	P. ESSINK (RADLEY).....	23.02	M17	5	9	S. PULLEY (WYCOMBE).....	25.43	M17	9
3	A. BRACE (WYCOMBE).....	22.40	M17	3	6	S. SILVIA (WYCOMBE).....	23.25	M17	6	10	M. LOCKYER (BUCKINGHAM).....	30.14	M17	10
					7	T. OSBORNE (BUCKINGHAM).....	24.05	M17	7	11	M. JONES (BUCKINGHAM).....	30.00	M17	11

TEAM RESULT

1	RADLEY A.C.	28	1	2	5
2	WYCOMBE PHOENIX	18	3	6	9
3	ST. ALBANS A.C.	8	4		
4	BUCKINGHAM & STOWE	8	7	10	11
5	WATFORD	4	8		

DIVISION RESULT

1	RADLEY A.C.	28	28
2	WYCOMBE PHOENIX	18	18
3	ST. ALBANS A.C.	8	8
4	BUCKINGHAM & STOWE	8	8
5	WATFORD	4	4

Under 15 Boys

1	J. MCMURRAY (ST. ALBANS).....	17.39	M15	1	6	R. THOMAS (BIGGLESWADE).....	19.54	M15	6	12	K. GILFEDDER (WYCOMBE).....	22.00	M15	12
2	S. JAMIESON-WEST (SAGD).....	19.09	M15	2	7	S. SMITH (BIGGLESWADE).....	19.56	M15	7	13	J. HARTLEY (BUCKINGHAM).....	22.08	M15	13
3	L. DORMER (WATFORD).....	19.24	M15	3	8	C. DICKINSON (BUCKINGHAM).....	20.21	M15	8	14	C. SEARBY (WYCOMBE).....	22.20	M15	14
4	E. DOWNS (WYCOMBE).....	19.47	M15	4	9	S. BRABHAM (WYCOMBE).....	20.28	M15	9	15	S. PRICE (WYCOMBE).....	22.51	M15	15
5	T. CLAESSANS (WYCOMBE).....	19.49	M15	5	10	A. WELHAM (BIGGLESWADE).....	20.56	M15	10	16	A. ALHASHEMI (BUCKINGHAM).....	23.49	M15	16
					11	K. ENGLAND-ARCHIBALD (WYC).....	21.29	M15	11					

TEAM RESULT

1	WYCOMBE PHOENIX	33	4	5	9
2	ST. ALBANS A.C.	31	1	2	
3	BIGGLESWADE	28	6	7	10
4	WATFORD	14	3		
5	BUCKINGHAM & STOWE	14	8	13	16

DIVISION RESULT

1	WYCOMBE PHOENIX	33	33
2	ST. ALBANS A.C.	31	31
3	BIGGLESWADE	28	28
4	WATFORD	14	14
5	BUCKINGHAM & STOWE	14	14

Under 13 Boys

1	C. VON EITZEN (RADLEY).....	9.51	M13	1
2	M. CLOKE (ST. ALBANS).....	10.10	M13	2
3	T. WARSHARE (WYCOMBE).....	10.12	M13	3
4	T. VERBENA (WATFORD).....	10.13	M13	4
5	L. DEE (ST. ALBANS).....	10.17	M13	5
6	J. THOMAS (BIGGLESWADE).....	10.22	M13	6
7	C. MCCORMICK (SHAFTESBURY).....	10.23	M13	7

8	R. GEORGE (BANBURY).....	10.27	M13	8
9	A. WHEATCROFT (ST. ALBANS).....	10.28	M13	9
10	S. DELGADO (WYCOMBE).....	10.32	M13	10
11	Z. OLLIFFE (WHITE HORSE).....	10.42	M13	11
12	G. WILLIAMS (ST. ALBANS).....	10.46	M13	12
13	B. WHITLEY (WATFORD).....	11.02	M13	13
14	C. MILLER (RADLEY).....	11.14	M13	14

15	J. CLAY (LEIGHTON B).....	11.15	M13	15
16	E. MARSH (WATFORD).....	11.28	M13	16
17	H. WICKINGS (WATFORD).....	11.46	M13	17
18	H. O'BRYEN (WATFORD).....	11.51	M13	18
19	R. TURNLEY (WATFORD).....	12.14	M13	19
20	C. FOSTER (BIGGLESWADE).....	12.26	M13	20
21	J. PHILLIPS (WATFORD).....	12.38	M13	21

TEAM RESULT

1	ST. ALBANS A.C.	50	2	5	9
2	WATFORD	33	4	13	16
3	WYCOMBE PHOENIX	31	3	10	16
4	RADLEY A.C.	29	1	14	
5	BIGGLESWADE	18	6	20	
6	SHAFTESBURY BARNET	15	7		
7	BANBURY	14	8		
8	WHITE HORSE	11	11		
9	LEIGHTON BUZZARD	7	15		

DIVISION RESULT

1	ST. ALBANS A.C.	50	50
2	WATFORD	33	33
3	WYCOMBE PHOENIX	31	31
4	RADLEY A.C.	29	29
5	BIGGLESWADE	18	18
6	SHAFTESBURY BARNET	15	15
7	BANBURY	14	14
8	WHITE HORSE	11	11
9	LEIGHTON BUZZARD	7	7

Senior/Veteran Ladies

	D. STEER (ST. ALBANS) N/S.....	25.36	F45	
1	M. BARTLETT (BANBURY).....	26.10	F35	1
2	J. DREW (DAVID LLOYD).....	27.14	F35	2
3	E. HAYNES (HANDY CROSS).....	27.16	F35	3
4	G. DUCKWORTH (LEIGHTON B).....	27.31	F45	1
5	P. AGNIESZKA (WATFORD).....	27.39	F	1
6	H. MULHALL (BEARBROOK).....	27.58	F35	4
7	M. DUBLON (BEARBROOK).....	28.04	F	2
8	A. HARDING (TRING).....	28.06	F45	2
9	A. REINIKKALA (BEARBROOK).....	28.11	F35	5
10	C. MCDONNELL (GADE VALLEY).....	28.14	F35	6
11	C. FINDLEY (DAVID LLOYD).....	28.36	F45	3
12	C. TWOMEY (WATFORD).....	28.59	F	3
13	A. CROUGHTON (THAME).....	29.25	F35	7
14	L. ANNETTS (BURNHAM J.).....	29.40	F45	4

15	J. TURNLEY (WATFORD).....	30.00	F35	8
16	L. BERRY (TRING).....	30.19	F	4
17	K. HOGAN (GADE VALLEY).....	30.35	F	5
18	J. BLASI (DAVID LLOYD).....	30.39	F35	9
19	D. GATESMAN (HANDY CROSS).....	30.49	F	6
20	R. RUTT (TRING).....	30.51	F45	5
21	P. HERBERT (BEARBROOK).....	30.53	F35	10
22	M. BOOTH (HANDY CROSS).....	30.59	F45	6
23	V. CRAWLEY (GADE VALLEY).....	31.00	F	7
24	D. CHANNER (BEARBROOK).....	31.01	F35	11
25	M. BONTRON (TRING).....	31.11	F45	7
26	H. PARRY (THAME).....	31.40	F35	12
27	A. PRICE (LEIGHTON B).....	32.15	F	8
28	K. BARNETT (TRING).....	32.26	F	9
29	H. ALSTON (BEARBROOK).....	32.29	F45	8
30	M. COOK (TRING).....	32.42	F45	9

31	J. PORTEOUS (TRING).....	32.50	F45	10
32	L. RZEWUSKI (WYCOMBE).....	33.02	F	10
33	N. POULAIN (ST. ALBANS).....	33.36	F35	13
34	S. PATCH (SHAFTESBURY).....	33.37	F	11
35	A. HALFORD (WATFORD).....	33.46	F	12
36	N. PITTAN (BEARBROOK).....	33.51	F35	14
37	N. ECONOMIA (WATFORD).....	33.52	F	13
38	J. ROGERS (THAME).....	34.28	F35	15
39	L. WEEDON (HANDY CROSS).....	34.37	F55	1
40	J. ESKERDALE (GADE VALLEY).....	35.06	F45	11
41	S. SMITH (BANBURY).....	35.39	F55	2
42	A. SMITH (BEARBROOK).....	35.54	F	14
43	M. BRADLEY (WATFORD).....	39.26	F35	16
44	G. FOREMAN (GADE VALLEY).....	40.35	F	15
45	J. YATAGAI (SHAFTESBURY).....	41.56	F	16
46	A. LIPMAN (WYCOMBE).....	41.58	F	17

TEAM RESULT non scorers excluded

1	BEARBROOK JOGGERS	145	6	7	9	21
2	WATFORD	121	5	12	15	35
3	TRING RUNNING CLUB	119	8	16	20	25
4	DAVID LLOYD PACERS	110	2	11	18	
5	HANDY CROSS	105	3	19	22	39
6	GADE VALLEY	98	10	17	23	40
7	THAME RUNNERS	64	13	26	38	
8	LEIGHTON BUZZARD	63	4	27		
9	BANBURY	52	1	41		
10	BURNHAM JOGGERS	33	14			
11	WYCOMBE PHOENIX	16	32	46		
12	SHAFTESBURY BARNET	15	34	45		
13	ST. ALBANS A.C.	14	33			

DIVISION RESULT

1	BEARBROOK JOGGERS	145	145
2	WATFORD	121	121
3	TRING RUNNING CLUB	119	119
4	DAVID LLOYD PACERS	110	110
5	HANDY CROSS	105	105
6	GADE VALLEY	98	98
7	THAME RUNNERS	64	64
8	LEIGHTON BUZZARD	63	63
9	BANBURY	52	52
10	BURNHAM JOGGERS	33	33
11	WYCOMBE PHOENIX	16	16
12	SHAFTESBURY BARNET	15	15
13	ST. ALBANS A.C.	14	14

Veteran Ladies Race

1	BEARBROOK JOGGERS	128	6	9	21	24
2	DAVID LLOYD PACERS	110	2	11	18	
3	TRING RUNNING CLUB	105	8	20	25	30
4	HANDY CROSS	77	3	22	39	
5	THAME RUNNERS	64	13	26	38	
6	BANBURY	52	1	41		
7	GADE VALLEY	44	10	40		
8	LEIGHTON BUZZARD	43	4			
9	WATFORD	36	15	43		
10	BURNHAM JOGGERS	33	14			
11	ST. ALBANS A.C.	14	33			

DIVISION RESULT

1	BEARBROOK JOGGERS	128	128
2	DAVID LLOYD PACERS	110	110
3	TRING RUNNING CLUB	105	105
4	HANDY CROSS	77	77
5	THAME RUNNERS	64	64
6	BANBURY	52	52
7	GADE VALLEY	44	44
8	LEIGHTON BUZZARD	43	43
9	WATFORD	36	36
10	BURNHAM JOGGERS	33	33
11	ST. ALBANS A.C.	14	14

Junior/U17 Ladies

1	S. CONNOR (SHAFTESBURY).....	19.12	F17	1
2	V. WALKER (WATFORD).....	19.19	F17	2
3	A. KEANE (SHAFTESBURY).....	20.09	F17	3
4	H. JOHNSON (SHAFTESBURY).....	21.00	F17	4

5	L. GRAHAM (SHAFTESBURY).....	21.51	F17	5
6	D. YEOMANS (ST. ALBANS).....	22.27	F17	6
7	H. KITCHEN (WATFORD).....	22.30	F20	1
8	M. JOHNSTON (SHAFTESBURY).....	22.48	F17	7
9	L. EDEN (BUCKINGHAM).....	22.51	F20	2

10	M. JAQUES (WATFORD).....	23.11	F17	8
11	E. KASCHE (BUCKINGHAM).....	23.29	F17	9
12	G. CORKETT (WYCOMBE).....	24.05	F17	10
13	V. WELLS (BANBURY).....	24.08	F20	3
14	N. MCDAID (BUCKINGHAM).....	27.50	F20	4

TEAM RESULT

1	SHAFTESBURY BARNET	37	1	3	4
2	WATFORD	26	2	7	10
3	BUCKINGHAM & STOWE	11	9	11	14
4	ST. ALBANS A.C.	9	6		
5	WYCOMBE PHOENIX	3	12		
6	BANBURY	2	13		

DIVISION RESULT

1	SHAFTESBURY BARNET	37	37
2	WATFORD	26	26
3	BUCKINGHAM & STOWE	11	11
4	ST. ALBANS A.C.	9	9
5	WYCOMBE PHOENIX	3	3
6	BANBURY	2	2

Under 15 Girls

1	C. MCMILLAN (BANBURY).....	13.21	F15	1
2	I. THOMPSON (ST. ALBANS).....	13.22	F15	2
3	C. STEWART (SHAFTESBURY).....	13.23	F15	3
4	K. MIMMS (SHAFTESBURY).....	13.32	F15	4
5	N. WICKINGS (WATFORD).....	14.06	F15	5
6	Y. YEWAT SMART (SB).....	14.07	F15	6
7	G. RUSSELL (WYCOMBE).....	14.17	F15	7
8	M. STEER (ST. ALBANS).....	14.18	F15	8

9	R. PRITCHARD (ST. ALBANS).....	14.19	F15	9
10	I. HILLIER (WYCOMBE).....	14.25	F15	10
11	M. PATCH (SHAFTESBURY).....	14.31	F15	11
12	S. SATO (SHAFTESBURY).....	14.41	F15	12
13	Y. WING-SMART (SB).....	14.50	F15	13
14	F. MCCORMICK (SHAFTESBURY).....	14.51	F15	14
15	E. YATAGAI (SHAFTESBURY).....	15.07	F15	15
16	H. HULL (ST. ALBANS).....	15.09	F15	16
17	R. DORMER (WATFORD).....	15.25	F15	17

18	P. ANDREEVA (SHAFTESBURY).....	15.27	F15	18
19	G. DUNFORD (SHAFTESBURY).....	15.30	F15	19
20	E. GALVIN (WYCOMBE).....	16.03	F15	20
21	L. WALTON (SHAFTESBURY).....	16.10	F15	21
22	R. GURVITZ (SHAFTESBURY).....	16.22	F15	22
23	C. BRYAN (SHAFTESBURY).....	16.29	F15	23
24	C. BENTLEY (WATFORD).....	16.58	F15	24
25	L. ENGLISH (WYCOMBE).....	18.02	F15	25

TEAM RESULT

1	SHAFTESBURY BARNET	65	3	4	6
2	ST. ALBANS A.C.	59	2	8	9
3	WYCOMBE PHOENIX	41	7	10	20
4	WATFORD	32	5	17	24
5	BANBURY	25	1		

DIVISION RESULT

1	SHAFTESBURY BARNET	65	65
2	ST. ALBANS A.C.	59	59
3	WYCOMBE PHOENIX	41	41
4	WATFORD	32	32
5	BANBURY	25	25

Under 13 Girls

1	N. CONNOR (SHAFTESBURY).....	9.55	F13	1	9	S. MESSANT (ST. ALBANS).....	11.34	F13	9	18	E. TARGET (ST. ALBANS).....	12.08	F13	18
2	D. NEWMAN (SHAFTESBURY).....	10.21	F13	2	10	L. ECONOMU (WATFORD).....	11.39	F13	10	19	L. VARNHAM (WATFORD).....	12.11	F13	19
3	F. LENTON (SHAFTESBURY).....	10.40	F13	3	11	S. HARWOOD (WYCOMBE).....	11.43	F13	11	20	M. HOGAN (SHAFTESBURY).....	12.30	F13	20
4	S. LLOYD (WHITE HORSE).....	10.45	F13	4	12	R. GRAHAM (SHAFTESBURY).....	11.45	F13	12	21	G. HULL (ST. ALBANS).....	12.32	F13	21
5	N. HODSON (ST. ALBANS).....	10.57	F13	5	13	M. ROBERTSON (WYCOMBE).....	11.48	F13	13	22	G. CHESTER (WATFORD).....	12.50	F13	22
6	V. PRITCHARD (ST. ALBANS).....	11.14	F13	6	14	C. FALCONER (WATFORD).....	11.52	F13	14	23	K. HALL (ST. ALBANS).....	13.21	F13	23
7	N. SHAH (SHAFTESBURY).....	11.24	F13	7	15	S. BENTLEY (WATFORD).....	12.00	F13	15	24	J. JAMES (ST. ALBANS).....	14.28	F13	24
8	M. HOBBS (ST. ALBANS).....	11.28	F13	8	16	L. HAM (SHAFTESBURY).....	12.04	F13	16	25	P. SMITH (WATFORD).....	14.38	F13	25
					17	L. DEE (ST. ALBANS).....	12.05	F13	17	26	M. CAMPANINI (WATFORD).....	14.43	F13	26

TEAM RESULT

1	SHAFTESBURY BARNET	75	1	2	3
2	ST. ALBANS A.C.	62	5	6	8
3	WATFORD	42	10	14	15
4	WYCOMBE PHOENIX	30	11	13	
5	WHITE HORSE	23	4		

DIVISION RESULT

1	SHAFTESBURY BARNET	75	75
2	ST. ALBANS A.C.	62	62
3	WATFORD	42	42
4	WYCOMBE PHOENIX	30	30
5	WHITE HORSE	23	23

Total Overall Score

1	WATFORD	1054	833	221
2	TRING RUNNING CLUB	963	844	119
3	HANDY CROSS	817	712	105
4	BEARBROOK JOGGERS	744	599	145
5	THAME RUNNERS	713	649	64
6	LEIGHTON BUZZARD	652	589	63
7	GADE VALLEY	645	547	98
8	WYCOMBE PHOENIX	598	508	90
9	BANBURY	493	414	79
10	QUEENS PARK H.	482	482	
11	ST. ALBANS A.C.	243	99	144
12	SHAFTESBURY BARNET	207	15	192
13	WHITE HORSE	196	173	23
14	RADLEY A.C.	179	179	
15	DAVID LLOYD PACERS	110		110
16	BIGGLESWADE	46	46	
17	BUCKINGHAM & STOWE	33	22	11
18	BURNHAM JOGGERS	33		33

DIVISION RESULT

1	WATFORD	1054	1054
2	TRING RUNNING CLUB	963	963
3	HANDY CROSS	817	817
4	BEARBROOK JOGGERS	744	744
5	THAME RUNNERS	713	713
6	LEIGHTON BUZZARD	652	652
7	GADE VALLEY	645	645
8	WYCOMBE PHOENIX	598	598
9	BANBURY	493	493
10	QUEENS PARK H.	482	482
11	ST. ALBANS A.C.	243	243
12	SHAFTESBURY BARNET	207	207
13	WHITE HORSE	196	196
14	RADLEY A.C.	179	179
15	DAVID LLOYD PACERS	110	110
16	BIGGLESWADE	46	46
17	BUCKINGHAM & STOWE	33	33
18	BURNHAM JOGGERS	33	33

Male Overall Score

1	TRING RUNNING CLUB	844	844			
2	WATFORD	833	782	4	14	33
3	HANDY CROSS	712	712			
4	THAME RUNNERS	649	649			
5	BEARBROOK JOGGERS	599	599			
6	LEIGHTON BUZZARD	589	582			7
7	GADE VALLEY	547	547			
8	WYCOMBE PHOENIX	508	426	18	33	31
9	QUEENS PARK H.	482	482			
10	BANBURY	414	400			14
11	RADLEY A.C.	179	122	28		29
12	WHITE HORSE	173	162			11
13	ST. ALBANS A.C.	99	10	8	31	50
14	BIGGLESWADE	46			28	18
15	BUCKINGHAM & STOWE	22		8	14	
16	SHAFTESBURY BARNET	15				15

DIVISION RESULT

1	TRING RUNNING CLUB	844	844
2	WATFORD	833	833
3	HANDY CROSS	712	712
4	THAME RUNNERS	649	649
5	BEARBROOK JOGGERS	599	599
6	LEIGHTON BUZZARD	589	589
7	GADE VALLEY	547	547
8	WYCOMBE PHOENIX	508	508
9	QUEENS PARK H.	482	482
10	BANBURY	414	414
11	RADLEY A.C.	179	179
12	WHITE HORSE	173	173
13	ST. ALBANS A.C.	99	99
14	BIGGLESWADE	46	46
15	BUCKINGHAM & STOWE	22	22
16	SHAFTESBURY BARNET	15	15

Female Overall Score

1	WATFORD	221	121	26	32	42
2	SHAFTESBURY BARNET	192	15	37	65	75
3	BEARBROOK JOGGERS	145	145			
4	ST. ALBANS A.C.	144	14	9	59	62
5	TRING RUNNING CLUB	119	119			
6	DAVID LLOYD PACERS	110	110			
7	HANDY CROSS	105	105			
8	GADE VALLEY	98	98			
9	WYCOMBE PHOENIX	90	16	3	41	30
10	BANBURY	79	52	2	25	
11	THAME RUNNERS	64	64			
12	LEIGHTON BUZZARD	63	63			
13	BURNHAM JOGGERS	33	33			
14	WHITE HORSE	23				23
15	BUCKINGHAM & STOWE	11		11		

DIVISION RESULT

1	WATFORD	221	221
2	SHAFTESBURY BARNET	192	192
3	BEARBROOK JOGGERS	145	145
4	ST. ALBANS A.C.	144	144
5	TRING RUNNING CLUB	119	119
6	DAVID LLOYD PACERS	110	110
7	HANDY CROSS	105	105
8	GADE VALLEY	98	98
9	WYCOMBE PHOENIX	90	90
10	BANBURY	79	79
11	THAME RUNNERS	64	64
12	LEIGHTON BUZZARD	63	63
13	BURNHAM JOGGERS	33	33
14	WHITE HORSE	23	23
15	BUCKINGHAM & STOWE	11	11