

Apex Sports Chiltern League Division Two 2008/2009 Round 4

Held at Wing on 03 January 2009

Senior/Junior/Veteran Men

1	T. WRIGHT (BANBURY).....	32.28	M	1	38	D. STEEDMAN (BEARBROOK).....	38.56	M40	14	76	S. WICKHAM (BEARBROOK).....	42.21	M50	15
2	F. FULCHER (HANDY CROSS).....	32.32	M40	1	39	M. KLEANTHOUS (LEIGHTON B).....	38.59	M40	15	77	D. SANDERSON (HANDY CROSS).....	42.37	M50	16
3	W. LANGLEY (WYCOMBE).....	32.47	M20	1	40	M. SNOWDEN (LEIGHTON B).....	39.02	M	19	78	A. HORTON (TRING).....	42.41	M	31
4	N. BUNN (TRING).....	33.39	M40	2	41	I. LEE (BANBURY).....	39.11	M	20	79	P. CLARKE (BEARBROOK).....	42.51	M40	29
5	J. EL BAHROO (Q.P.H.).....	33.47	M	2	42	S. CHARLESTON (BEARBROOK).....	39.23	M50	5	80	T. BARROWS (BEARBROOK).....	42.54	M50	17
6	J. HISCOX (THAME).....	34.13	M	3	43	R. BROWN (TRING).....	39.23	M50	6	81	L. THOMAS (Q.P.H.).....	42.59	M50	18
7	R. HOLLAND (WATFORD).....	34.17	M	4	44	M. BRYANT (LEIGHTON B).....	39.27	M	21	82	D. ODWYER (LEIGHTON B).....	43.11	M	32
8	B. GILBERT (HANDY CROSS).....	34.28	M	5	45	M. EMMETT (THAME).....	39.33	M40	16	83	Z. MCDONOUGH (WATFORD).....	43.11	M	33
9	B. GREENE (Q.P.H.).....	34.32	M	6	46	J. MANNING (TRING).....	39.44	M50	7	84	M. TRAVERS (GADE VALLEY).....	43.50	M40	30
10	G. SMITH (BEARBROOK).....	34.32	M40	3	47	A. BENJAMIN (HANDY CROSS).....	39.58	M50	8	85	M. BIRD (GADE VALLEY).....	44.06	M	34
11	P. ALLAN (TRING).....	34.44	M40	4	48	C. HOBBS (THAME).....	40.04	M40	17	86	J. HULL (LEIGHTON B).....	44.09	M40	31
12	A. BYERLEY (THAME).....	35.15	M40	5	49	R. PALMER (BEARBROOK).....	40.05	M	22	87	J. YARNALL (BEARBROOK).....	44.17	M	35
13	K. HARDING (TRING).....	35.23	M40	6	50	A. KELLY (WATFORD).....	40.06	M	23	88	L. DAWSON (BEARBROOK).....	44.20	M	36
14	M. DMITRZAK (Q.P.H.).....	35.38	M	7	51	P. COWAN (TRING).....	40.10	M40	18		N. ROWE (ABINGDON) N/S.....	44.29	M50	
15	R. LANGLEY (TRING).....	35.49	M	8	52	J. POWELL (BEARBROOK).....	40.15	M	24	89	S. DANIEL (WATFORD).....	44.37	M40	32
16	M. BURGESS (TRING).....	35.54	M40	7	53	P. CAIRNIE (BEARBROOK).....	40.15	M40	19	90	G. SMITH (BANBURY).....	44.38	M60	2
	P. DOUGLAS (LFR) N/S.....	36.03	M40		54	F. NOLAN (Q.P.H.).....	40.18	M50	9	91	J. WRAY (WATFORD).....	44.42	M50	19
17	D. VANNEN (WATFORD).....	36.07	M	9	55	P. JONES (WYCOMBE).....	40.23	M40	20	92	NO. 495 (WATFORD).....	44.42	M	37
18	M. ADCOCK (WATFORD).....	36.12	M40	8	56	G. MAYOH (WATFORD).....	40.25	M40	21	93	S. BENJAMIN (THAME).....	44.47	M40	33
19	O. BYRNE (BEARBROOK).....	36.40	M40	9	57	J. HURLEY (LEIGHTON B).....	40.32	M40	22	94	C. HAMLET (WATFORD).....	44.50	M60	3
20	M. BRADLEY (WATFORD).....	36.42	M50	1	58	D. HILL (LEIGHTON B).....	40.42	M	25	95	B. STONE (WYCOMBE).....	45.00	M50	20
21	J. DOOEY (HANDY CROSS).....	36.47	M50	2	59	? UNKNOWN (?).....	40.45	M	26	96	D. STRINGFELLOW (WVH).....	45.07	M40	34
22	C. BRIMACOMBE (GADE).....	36.55	M	10	60	G. SMITH (BEARBROOK).....	40.48	M	27	97	P. HEARN (BEARBROOK).....	45.12	M40	35
23	S. BOYD (GADE VALLEY).....	37.13	M40	10	61	S. THURKETTLE (BEARBROOK).....	40.49	M40	23	98	R. COLEMAN (BURNHAM J.).....	45.22	M50	21
24	A. TWISSELL (BEARBROOK).....	37.25	M	11	62	P. ILLING (WATFORD).....	41.00	M40	24	99	S. GRAHAM (THAME).....	45.34	M50	22
25	C. THOMPSON (LEIGHTON B).....	37.35	M	12	63	G. STRATFORD (LEIGHTON B).....	41.01	M	28	100	A. NEWING (GADE VALLEY).....	45.54	M40	36
26	N. CLAY (LEIGHTON B).....	37.54	M40	11	64	P. WHITE (THAME).....	41.03	M50	10	101	G. TURNER (THAME).....	46.13	M40	37
27	J. ROBERTS (GADE VALLEY).....	37.57	M	13	65	C. COHEN (TRING).....	41.06	M50	11	102	A. BARTLETT (BANBURY).....	47.23	M50	23
28	D. WALKER (WATFORD).....	38.03	M40	12	66	M. GRIMSDALE (WATFORD).....	41.18	M50	12	103	S. BRIGHT (GADE VALLEY).....	47.39	M40	38
29	C. BRIMACOMBE (GADE).....	38.05	M	14	67	S. NEWING (GADE VALLEY).....	41.33	M	29	104	P. RANCE (BEARBROOK).....	47.45	M50	24
30	B. HENDRIE (BANBURY).....	38.08	M60	1	68	R. DAVIES (Q.P.H.).....	41.36	M40	25	105	P. MASON (BEARBROOK).....	47.50	M60	4
31	B. HODGES (BEARBROOK).....	38.09	M50	3	69	P. COY (BANBURY).....	41.37	M50	13	106	M. HICKMAN (HANDY CROSS).....	48.13	M60	5
32	D. JOHNSON (BURNHAM J.).....	38.23	M	15	70	A. TUPPEN (ST. ALBANS).....	41.43	M20	2	107	P. WOODAGE (BEARBROOK).....	48.24	M50	25
33	B. HAWES (GADE VALLEY).....	38.27	M40	13	71	S. ALLEN (BEARBROOK).....	41.49	M40	26	108	B. LAYTON (TRING).....	48.35	M50	26
34	A. HARRISON (HANDY CROSS).....	38.43	M	16	72	J. SMITH (TRING).....	41.51	M	30	109	A. SMITH (Q.P.H.).....	48.43	M	38
35	E. PRICE (GADE VALLEY).....	38.44	M	17	73	M. HOLLIS (HANDY CROSS).....	41.52	M50	14	110	D. BENJAMIN (Q.P.H.).....	60.48	M50	27
36	M. ALEXANDER (GADE VALLEY).....	38.44	M50	4	74	M. GARLAND (WYCOMBE).....	41.54	M40	27	111	B. O'CONNOR (Q.P.H.).....	64.13	M60	6
37	R. SLATER (THAME).....	38.52	M	18	75	T. CORY (WATFORD).....	42.05	M40	28	112	R. HOYLE (WATFORD).....	75.36	M60	7

TEAM RESULT non scorers excluded

1	TRING RUNNING CLUB	705	4	11	13	15	16	43	46	51
2	WATFORD	646	7	17	18	20	28	50	56	62
3	BEARBROOK JOGGERS	639	10	19	24	31	38	42	49	52
4	LEIGHTON BUZZARD	593	22	25	26	39	40	44	57	58
5	GADE VALLEY	570	23	27	29	33	35	36	67	84
6	HANDY CROSS	536	2	8	21	34	47	73	77	106
7	THAME RUNNERS	500	6	12	37	45	48	64	93	99
8	QUEENS PARK H.	454	5	9	14	54	68	81	109	110
9	BANBURY	345	1	30	41	69	90	102		
10	WYCOMBE PHOENIX	225	3	55	74	95				
11	BURNHAM JOGGERS	96	32	98						
12	ST. ALBANS A.C.	43	70							
13	WHITE HORSE	17	96							

DIVISION RESULT

1	TRING RUNNING CLUB	2841	844	823	469	705
2	WATFORD	2792	782	799	565	646
3	HANDY CROSS	2436	712	707	481	536
4	BEARBROOK JOGGERS	2351	599	649	464	639
5	GADE VALLEY	2220	547	563	540	570
6	THAME RUNNERS	2150	649	586	415	500
7	LEIGHTON BUZZARD	1852	582	416	261	593
8	QUEENS PARK H.	1621	482	418	267	454
9	BANBURY	1430	400	381	304	345
10	WYCOMBE PHOENIX	1366	426	573	142	225
11	WHITE HORSE	465	162	252	34	17
12	BURNHAM JOGGERS	430		90	244	96
13	ST. ALBANS A.C.	248	10	74	121	43
14	RADLEY A.C.	241	122	119		
15	BIGGLESWADE	169		169		
16	SHAFTESBURY BARNET	97			97	
17	BUCKINGHAM & STOWE	48		48		

Veteran Mens Race

1	TRING RUNNING CLUB	408	4	11	13	16
2	BEARBROOK JOGGERS	354	10	19	31	38
3	WATFORD	330	18	20	28	56
4	HANDY CROSS	309	2	21	47	73
5	THAME RUNNERS	283	12	45	48	64
6	GADE VALLEY	276	23	33	36	84
7	LEIGHTON BUZZARD	244	26	39	57	86
8	BANBURY	161	30	69	90	102
9	QUEENS PARK H.	139	54	68	81	110
10	WYCOMBE PHOENIX	115	55	74	95	
11	WHITE HORSE	17	96			
12	BURNHAM JOGGERS	15	98			

DIVISION RESULT

1	TRING RUNNING CLUB	1563	452	416	287	408
2	HANDY CROSS	1381	395	396	281	309
3	BEARBROOK JOGGERS	1371	349	383	285	354
4	WATFORD	1307	342	368	267	330
5	THAME RUNNERS	1050	279	284	204	283
6	GADE VALLEY	884	205	203	200	276
7	LEIGHTON BUZZARD	817	222	225	126	244
8	BANBURY	655	161	191	142	161
9	QUEENS PARK H.	614	205	68	202	139
10	WYCOMBE PHOENIX	270	78	25	52	115
11	WHITE HORSE	209	68	90	34	17
12	BURNHAM JOGGERS	195		13	167	15
13	BIGGLESWADE	93		93		

Under 17 Men

1	S. FERGUSON (RADLEY).....	20.27	M17	1	2	G. MILLER (RADLEY).....	21.23	M17	2	
						3	I. NAHOOR (WYCOMBE).....	21.43	M17	3

TEAM RESULT

1	RADLEY A.C.	9	1	2
2	WYCOMBE PHOENIX	3	3	
3	BIGGLESWADE	2	4	
4	ST. ALBANS A.C.	1	5	

Under 15 Boys

5	S. SMITH (BIGGLESWADE).....	17.41	M15	5	4	A. MURPHY (BIGGLESWADE).....	24.38	M17	4
6	K. ENGLAND-ARCHIBALD (WYC).....	17.46	M15	6	5	J. ROMAIN (ST. ALBANS).....	31.18	M17	5
7	E. DOWNS (WYCOMBE).....	17.48	M15	7					
8	L. ROONEY (WYCOMBE).....	17.56	M15	8					

DIVISION RESULT

1	RADLEY A.C.	45	28	5	3	9
2	WYCOMBE PHOENIX	27	18	3	3	3
3	ST. ALBANS A.C.	15	8	6		1
4	BUCKINGHAM & STOWE	9	8	1		
5	WATFORD	4	4			
6	BIGGLESWADE	2				2

Under 15 Boys

1	J. MCMURRAY (ST. ALBANS).....	14.59	M15	1	9	S. PRICE (WYCOMBE).....	17.57	M15	9
2	T. CLAESSANS (WYCOMBE).....	15.52	M15	2	10	L. DORMER (WATFORD).....	17.59	M15	10
3	R. THOMAS (BIGGLESWADE).....	16.30	M15	3	11	S. BRABHAM (WYCOMBE).....	18.40	M15	11
4	S. JAMIESON-WEST (SAGD).....	16.49	M15	4	12	I. HILL (WYCOMBE).....	21.22	M15	12

TEAM RESULT

1	WYCOMBE PHOENIX	24	2	6	7
2	ST. ALBANS A.C.	21	1	4	
3	BIGGLESWADE	18	3	5	
4	WATFORD	3	10		

DIVISION RESULT

1	ST. ALBANS A.C.	128	31	53	23	21
2	WYCOMBE PHOENIX	114	33	41	16	24
3	BIGGLESWADE	62	28	10	6	18
4	BUCKINGHAM & STOWE	58	14	44		
5	WATFORD	41	14	17	7	3
6	SHAFTESBURY BARNET	20		20		

Under 13 Boys

1 T. BIEGEL (BANBURY).....12.06 M13 1	5 S. DELGADO (WYCOMBE).....13.05 M13 5	9 S. WALKER (WATFORD).....13.52 M13 9
2 C. VON EITZEN (RADLEY).....12.09 M13 2	6 L. DEE (ST. ALBANS).....13.10 M13 6	10 J. CLIFFORD (SHAFTESBURY).....14.02 M13 10
3 T. WARSHARE (WYCOMBE).....12.13 M13 3	7 E. MARSH (WATFORD).....13.23 M13 7	11 J. CLAY (LEIGHTON B).....14.04 M13 11
4 T. VERBENA (WATFORD).....12.51 M13 4	8 J. THOMAS (BIGGLESWADE).....13.31 M13 8	12 C. MCCORMICK (SHAFTESBURY) 14.41 M13 12

TEAM RESULT

1 WATFORD	19	4	7	9
2 WYCOMBE PHOENIX	18	3	5	
3 BANBURY	12	1		
4 RADLEY A.C.	11	2		
5 ST. ALBANS A.C.	7	6		
6 BIGGLESWADE	5	8		
7 SHAFTESBURY BARNET	4	10	12	
8 LEIGHTON BUZZARD	2	11		

DIVISION RESULT

1 WYCOMBE PHOENIX	125	31	46	30	18
2 ST. ALBANS A.C.	96	50	23	16	7
3 WATFORD	95	33	31	12	19
4 RADLEY A.C.	64	29	15	9	11
5 BANBURY	34	14	8		12
6 BIGGLESWADE	24	18	1		5
7 SHAFTESBURY BARNET	19	15			4
8 LEIGHTON BUZZARD	19	7	6	4	2
9 WHITE HORSE	11	11			
10 QUEENS PARK H.	2			2	

Senior/Veteran Ladies

1 T. NEALE (BURNHAM J.).....24.09 F35 1	18 P. HERBERT (BEARBROOK).....28.17 F35 9	36 A. SMITH (BEARBROOK).....31.46 F 12
2 L. ROGERS (WYCOMBE).....24.23 F 1	19 L. ANNETTS (BURNHAM J.).....28.33 F45 5	37 P. COOK (GADE VALLEY).....31.57 F45 11
3 M. BARTLETT (BANBURY).....24.43 F35 2	20 A. SCARTH (TRING).....28.39 F 5	38 S. FALLON (THAME).....31.59 F45 12
4 J. DREW (DAVID LLOYD).....25.54 F35 3	21 L. BERRY (TRING).....28.49 F 6	39 L. HINDS (DAVID LLOYD).....32.01 F35 13
5 A. HARDING (TRING).....26.10 F45 1	22 H. ALSTON (BEARBROOK).....28.56 F45 6	40 E. DAVIES (THAME).....32.03 F 13
6 C. MCDONNELL (GADE VALLEY) .26.15 F35 4	23 P. SPRINZ (THAME).....28.59 F 7	41 J. ESKERDALE (GADE VALLEY)....32.12 F45 13
7 M. RUSSELL (BEARBROOK).....26.22 F 2	24 S. RIDGWAY (BEARBROOK).....29.21 F45 7	42 S. MOGAN (GADE VALLEY).....32.18 F35 14
8 A. REINIKKALA (BEARBROOK).....26.33 F35 5	25 L. HUXLEY (BEARBROOK).....29.22 F45 8	43 S. EVANS (BEARBROOK).....32.33 F45 14
9 V. CRAWLEY (GADE VALLEY).....26.35 F 3	26 D. GATESMAN (HANDY CROSS) ..29.28 F 8	44 NO. 650 (WYCOMBE).....32.42 F 14
10 J. STRINGER (BURNHAM J.).....27.00 F35 6	27 M. BOOTH (HANDY CROSS).....29.29 F45 9	45 D. BIGNELL (BEARBROOK).....32.43 F 15
11 E. HAYNES (HANDY CROSS).....27.10 F35 7	28 J. RICHARDSON (LEIGHTON B).....29.37 F35 10	46 J. OWEN (WATFORD).....33.06 F45 15
12 D. CHANNER (BEARBROOK).....27.25 F35 8	29 J. PORTEOUS (TRING).....29.48 F45 10	47 N. PITTAN (BEARBROOK).....33.14 F35 15
13 M. MOODY (HANDY CROSS).....27.26 F55 1	30 NO. 649 (WYCOMBE).....30.02 F 9	48 S. SMITH (BANBURY).....33.28 F55 3
14 C. FINDLEY (DAVID LLOYD).....27.39 F45 2	31 A. PUTKO (WATFORD).....30.09 F 10	49 H. GOLDING (BEARBROOK).....34.12 F35 16
15 M. DUBLON (BEARBROOK).....27.56 F 4	32 A. HALFORD (WATFORD).....30.11 F 11	50 J. JACQUES (BEARBROOK).....34.27 F35 17
16 B. ORTH (THAME).....27.58 F45 3	33 A. CROUGHTON (THAME).....30.12 F35 11	51 G. FOREMAN (GADE VALLEY).....34.41 F 16
17 R. RUTT (TRING).....28.13 F45 4	34 L. GAZZANI (BEARBROOK).....30.14 F55 2	52 R. DAWSON (BEARBROOK).....36.04 F35 18
	35 N. ECONOMU (WATFORD).....31.04 F35 12	

TEAM RESULT

1 BEARBROOK JOGGERS	170	7	8	12	15
2 TRING RUNNING CLUB	149	5	17	20	21
3 HANDY CROSS	135	11	13	26	27
4 BURNHAM JOGGERS	129	1	10	19	
5 GADE VALLEY	119	6	9	37	41
6 DAVID LLOYD PACERS	102	4	14	39	
7 THAME RUNNERS	102	16	23	33	38
8 WYCOMBE PHOENIX	83	2	30	44	
9 WATFORD	68	31	32	35	46
10 BANBURY	55	3	48		
11 LEIGHTON BUZZARD	25	28			

DIVISION RESULT

1 BEARBROOK JOGGERS	604	145	172	117	170
2 TRING RUNNING CLUB	504	119	149	87	149
3 HANDY CROSS	470	105	162	68	135
4 GADE VALLEY	396	98	115	64	119
5 BANBURY	308	52	161	40	55
6 BURNHAM JOGGERS	301	33	39	100	129
7 WATFORD	298	121	89	20	68
8 DAVID LLOYD PACERS	291	110	79	102	
9 THAME RUNNERS	286	64	78	42	102
10 WYCOMBE PHOENIX	138	16	39		83
11 LEIGHTON BUZZARD	96	63		8	25
12 WHITE HORSE	35		35		
13 SHAFTESBURY BARNET	15	15			
14 ST. ALBANS A.C.	14	14			
15 QUEENS PARK H.	4			4	

Veteran Ladies Race

1 BEARBROOK JOGGERS	152	8	12	18	22
2 BURNHAM JOGGERS	129	1	10	19	
3 HANDY CROSS	108	11	13	27	
4 TRING RUNNING CLUB	108	5	17	29	
5 DAVID LLOYD PACERS	102	4	14	39	
6 GADE VALLEY	86	6	37	41	42
7 THAME RUNNERS	72	16	33	38	
8 BANBURY	55	3	48		
9 WATFORD	25	35	46		
10 LEIGHTON BUZZARD	25	28			

DIVISION RESULT

1 BEARBROOK JOGGERS	496	128	150	66	152
2 TRING RUNNING CLUB	426	105	136	77	108
3 HANDY CROSS	340	77	103	52	108
4 BANBURY	308	52	161	40	55
5 BURNHAM JOGGERS	301	33	39	100	129
6 DAVID LLOYD PACERS	291	110	79	102	
7 GADE VALLEY	260	44	90	40	86
8 THAME RUNNERS	256	64	78	42	72
9 WATFORD	103	36	35	7	25
10 LEIGHTON BUZZARD	76	43		8	25
11 WHITE HORSE	35		35		
12 ST. ALBANS A.C.	14	14			
13 QUEENS PARK H.	1			1	

Junior/U17 Ladies

1 P. WOOLVEN (WYCOMBE).....18.37 F17 1	4 V. WALKER (WATFORD).....19.45 F17 4	7 H. KITCHEN (WATFORD).....23.22 F20 2
2 S. CONNOR (SHAFTESBURY).....19.07 F17 2	5 A. KEANE (SHAFTESBURY).....20.50 F17 5	8 NO. 645 (WYCOMBE).....24.25 F20 2
3 J. BLACKSTOCK (WYCOMBE).....19.19 F17 3	6 D. YEOMANS (ST. ALBANS).....23.11 F17 6	9 V. WELLS (BANBURY).....24.31 F20 3

TEAM RESULT

1 WYCOMBE PHOENIX	18	1	3	8
2 SHAFTESBURY BARNET	13	2	5	
3 WATFORD	9	4	7	
4 ST. ALBANS A.C.	4	6		
5 BANBURY	1	9		

DIVISION RESULT

1 SHAFTESBURY BARNET	66	37	16		13
2 WATFORD	55	26	15	5	9
3 WYCOMBE PHOENIX	48	3	23	4	18
4 ST. ALBANS A.C.	21	9	8		4
5 BUCKINGHAM & STOWE	18	11	7		
6 BANBURY	7	2	3	1	1
7 BIGGLESWADE	6		6		

Under 15 Girls

1 C. MCMILLAN (BANBURY).....12.44 F15 1	6 H. CLIFFORD (SHAFTESBURY).....13.15 F15 6	12 M. OMAR (WATFORD).....14.23 F15 12
2 I. THOMPSON (ST. ALBANS).....12.53 F15 2	7 G. RUSSELL (WYCOMBE).....13.23 F15 7	13 A. MCKENZIE (SHAFTESBURY)....14.39 F15 13
3 L. FARRAR (ST. ALBANS).....12.57 F15 3	8 Y. WING-SMART (SB).....13.37 F15 8	14 H. HULL (ST. ALBANS).....14.48 F15 14
4 K. MIMMS (SHAFTESBURY).....13.06 F15 4	9 M. PATEL (ST. ALBANS).....13.46 F15 9	15 N. PEPEVERZINA (SB).....15.40 F15 15
5 C. STEWART (SHAFTESBURY).....13.07 F15 5	10 N. WICKINGS (WATFORD).....14.12 F15 10	16 A. LAGNADO (SHAFTESBURY)....16.14 F15 16
	11 Y. YEWETT SMART (SB).....14.21 F15 11	

TEAM RESULT

1 ST. ALBANS A.C.	37	2	3	9
2 SHAFTESBURY BARNET	36	4	5	6
3 BANBURY	16	1		
4 WATFORD	12	10	12	
5 WYCOMBE PHOENIX	10	7		

DIVISION RESULT

1 SHAFTESBURY BARNET	170	65	39	30	36
2 ST. ALBANS A.C.	169	59	44	29	37
3 WYCOMBE PHOENIX	99	41	29	19	10
4 WATFORD	96	32	34	18	12
5 BANBURY	61	25	20		16
6 WHITE HORSE	16		16		

Under 13 Girls

1 T. MOBLEY (BANBURY).....	9.50	F13	1	6 M. PEREVERZINA (SB).....	10.50	F13	6	12 S. HARWOOD (WYCOMBE)	11.41	F13	12
2 N. HODSON (ST. ALBANS).....	9.58	F13	2	7 H. HOLLIS (WATFORD).....	10.55	F13	7	13 C. NEALE (WYCOMBE).....	12.38	F13	13
3 V. PRITCHARD (ST. ALBANS).....	10.02	F13	3	8 R. GRAHAM (SHAFTESBURY).....	11.02	F13	8	14 L. PRITCHARD (ST. ALBANS).....	12.41	F13	14
4 F. LENTON (SHAFTESBURY).....	10.05	F13	4	9 L. DEE (ST. ALBANS).....	11.28	F13	9	15 C. BROOKE (ST. ALBANS).....	12.45	F13	15
5 L. HAM (SHAFTESBURY).....	10.44	F13	5	10 L. ECONOMU (WATFORD).....	11.29	F13	10	16 P. BAILEY (ST. ALBANS).....	13.02	F13	16
				11 D. NEWMAN (SHAFTESBURY).....	11.32	F13	11	17 C. FULLER (WATFORD).....	15.20	F13	17

TEAM RESULT

1 ST. ALBANS A.C.	40	2	3	9
2 SHAFTESBURY BARNET	39	4	5	6
3 WATFORD	20	7	10	17
4 BANBURY	17	1		
5 WYCOMBE PHOENIX	11	12	13	

DIVISION RESULT

1 SHAFTESBURY BARNET	180	75	44	22	39
2 ST. ALBANS A.C.	140	62	18	20	40
3 WATFORD	125	42	37	26	20
4 WYCOMBE PHOENIX	65	30	19	5	11
5 WHITE HORSE	23	23			
6 BANBURY	17				17

Total Overall Score

1 TRING RUNNING CLUB	854	705	149
2 BEARBROOK JOGGERS	809	639	170
3 WATFORD	777	668	109
4 GADE VALLEY	689	570	119
5 HANDY CROSS	671	536	135
6 LEIGHTON BUZZARD	620	595	25
7 THAME RUNNERS	602	500	102
8 QUEENS PARK H.	454	454	
9 BANBURY	446	357	89
10 WYCOMBE PHOENIX	392	270	122
11 BURNHAM JOGGERS	225	96	129
12 ST. ALBANS A.C.	153	72	81
13 DAVID LLOYD PACERS	102		102
14 SHAFTESBURY BARNET	92	4	88
15 BIGGLESWADE	25	25	
16 RADLEY A.C.	20	20	
17 WHITE HORSE	17	17	

DIVISION RESULT

1 WATFORD	3506	1054	1022	653	777
2 TRING RUNNING CLUB	3345	963	972	556	854
3 BEARBROOK JOGGERS	2955	744	821	581	809
4 HANDY CROSS	2906	817	869	549	671
5 GADE VALLEY	2616	645	678	604	689
6 THAME RUNNERS	2436	713	664	457	602
7 WYCOMBE PHOENIX	1982	598	773	219	392
8 LEIGHTON BUZZARD	1967	652	422	273	620
9 BANBURY	1857	493	573	345	446
10 QUEENS PARK H.	1627	482	424	267	454
11 ST. ALBANS A.C.	831	243	226	209	153
12 BURNHAM JOGGERS	731	33	129	344	225
13 SHAFTESBURY BARNET	567	207	119	149	92
14 WHITE HORSE	550	196	303	34	17
15 RADLEY A.C.	350	179	139	12	20
16 DAVID LLOYD PACERS	291	110		79	102
17 BIGGLESWADE	263	46	186	6	25
18 BUCKINGHAM & STOWE	133	33	100		

Male Overall Score

1 TRING RUNNING CLUB	705	705		
2 WATFORD	668	646	3	19
3 BEARBROOK JOGGERS	639	639		
4 LEIGHTON BUZZARD	595	593		2
5 GADE VALLEY	570	570		
6 HANDY CROSS	536	536		
7 THAME RUNNERS	500	500		
8 QUEENS PARK H.	454	454		
9 BANBURY	357	345		12
10 WYCOMBE PHOENIX	270	225	3	24
11 BURNHAM JOGGERS	96	96		18
12 ST. ALBANS A.C.	72	43	1	21
13 BIGGLESWADE	25		2	18
14 RADLEY A.C.	20		9	11
15 WHITE HORSE	17	17		
16 SHAFTESBURY BARNET	4			4

DIVISION RESULT

1 WATFORD	2932	833	847	584	668
2 TRING RUNNING CLUB	2841	844	823	469	705
3 HANDY CROSS	2436	712	707	481	536
4 BEARBROOK JOGGERS	2351	599	649	464	639
5 GADE VALLEY	2220	547	563	540	570
6 THAME RUNNERS	2150	649	586	415	500
7 LEIGHTON BUZZARD	1871	589	422	265	595
8 WYCOMBE PHOENIX	1632	508	663	191	270
9 QUEENS PARK H.	1623	482	420	267	454
10 BANBURY	1464	414	389	304	357
11 ST. ALBANS A.C.	487	99	156	160	72
12 WHITE HORSE	476	173	252	34	17
13 BURNHAM JOGGERS	430		90	244	96
14 RADLEY A.C.	350	179	139	12	20
15 BIGGLESWADE	257	46	180	6	25
16 SHAFTESBURY BARNET	136	15	20	97	4
17 BUCKINGHAM & STOWE	115	22	93		

Female Overall Score

1 BEARBROOK JOGGERS	170	170		
2 TRING RUNNING CLUB	149	149		
3 HANDY CROSS	135	135		
4 BURNHAM JOGGERS	129	129		
5 WYCOMBE PHOENIX	122	83	18	10
6 GADE VALLEY	119	119		
7 WATFORD	109	68	9	12
8 THAME RUNNERS	102	102		
9 DAVID LLOYD PACERS	102	102		
10 BANBURY	89	55	1	16
11 SHAFTESBURY BARNET	88		13	36
12 ST. ALBANS A.C.	81		4	37
13 LEIGHTON BUZZARD	25	25		

DIVISION RESULT

1 BEARBROOK JOGGERS	604	145	172	117	170
2 WATFORD	574	221	175	69	109
3 TRING RUNNING CLUB	504	119	149	87	149
4 HANDY CROSS	470	105	162	68	135
5 SHAFTESBURY BARNET	431	192	99	52	88
6 GADE VALLEY	396	98	115	64	119
7 BANBURY	393	79	184	41	89
8 WYCOMBE PHOENIX	350	90	110	28	122
9 ST. ALBANS A.C.	344	144	70	49	81
10 BURNHAM JOGGERS	301	33	39	100	129
11 DAVID LLOYD PACERS	291	110		79	102
12 THAME RUNNERS	286	64	78	42	102
13 LEIGHTON BUZZARD	96	63		8	25
14 WHITE HORSE	74	23	51		
15 BUCKINGHAM & STOWE	18	11	7		
16 BIGGLESWADE	6		6		
17 QUEENS PARK H.	4		4		